

Southampton AC Masters keep up the pace

It wasn't a vintage performance at the Sports Stadium, Winchester, but it was enough to keep Southampton level on points with the five times Hampshire and Surrey Champions, Basingstoke.

Last minute shuffling of the squad saw many Southampton athletes competing in unfamiliar events. Unfortunately Andy Morgan-Lee paid the price of attempting the 200m, 3000m steeplechase double and damaged his arm after hitting one of the hurdles. Fortunately Andy's injury isn't as bad as first feared and he should be back competing soon.

Dave Blackman's 2.09.3 in the 800m was the high point of the evening, dominating the field from the gun. In the field, Michael Coker demonstrated his versatility by taking the B string triple jump.

The women's team claimed wins for Michele Wakfield in the 200m (29.5) and Nicci Blandford, who cruised the 3000m in under 11 minutes.

Team manager, Derek Warn, was very pleased with the result saying, "I think tonight really showed the character of our team, this is only our third season in the league and we have already built a squad with both strength and depth. We have a great group of athletes who are prepared to take on a variety of events to help the team out. Whilst we only won a handful of events it was the consistency that kept us in the hunt"

Southampton need to win their last two matches to keep alive their dream of reaching the Southern counties final in Ashford on September 4th.

Picture by Paul Warn shows the SAC Masters team before the event.

