

Event: **Southern Men's League Div 3W**  
 Venue: **Portsmouth RN**  
 Date: **6th June 2009**

# Results

SM 100m		'A' String		
pos.	Name	Team	Perf.	
1	X James Folkes	Andover	11.3	G3
2	S Abe Newell	Team Southampton	11.9	
3	V Ed Law	Havant	12.1	
4	D B Amey	Dorset	12.4	

SM 100m		'B' String		
pos.	Name	Team	Perf.	
1	XX A Young	Andover	11.6	
2	SS Sam Derham	Team Southampton	12.0	
3	VV A Reynolds	Havant	12.5	
4	DD S Snook	Dorset	14.2	

SM 200m		'A' String		
pos.	Name	Team	Perf.	
1	X J Folkes	Andover	22.6	
2	S Abe Newell	Team Southampton	22.8	
3	V E Law	Havant	24.2	
4	D B Amen	Dorset	24.9	

SM 200m		'B' String		
pos.	Name	Team	Perf.	
1	XX A Young	Andover	23.8	
2	SS Adam Cowburn	Team Southampton	24.3	
3	DD E Preston	Dorset	25.8	
4	VV L Holden	Havant	28.3	

SM 400m		'A' String		
pos.	Name	Team	Perf.	
1	X A Harwood	Andover	50.4	
2	S James Sutton	Team Southampton	51.0	
3	V A Reynolds	Havant	56.0	
4	D A Carpenter	Dorset	56.4	

SM 400m		'B' String		
pos.	Name	Team	Perf.	
1	XX C Adams	Andover	53.8	
2	SS Dan Hoyle	Team Southampton	56.8	
3	VV R Hawks	Havant	59.3	
4	DD G Davies	Dorset	60.0	

SM 800m		'A' String		
pos.	Name	Team	Perf.	
1	X K Hooley	Andover	2:02.5	
2	S Harry Fisher	Team Southampton	2:02.8	
3	V C Spinks	Havant	2:10.0	
4	D G Thompson	Dorset	2:28.5	

SM 800m		'B' String		
pos.	Name	Team	Perf.	
1	SS Alex Wall-Clarke	Team Southampton	2:06.9	
2	XX D Grinham	Andover	2:09.8	
3	VV D Symonds	Havant	2:36.7	
4	DD S Snook	Dorset	2:50.0	

SM 1500m		'A' String		
pos.	Name	Team	Perf.	
1	X T Bennett	Andover	4:12.5	
2	S Alex Wall-Clarke	Team Southampton	4:15.3	
3	V M Gordon	Havant	4:51.6	
4	D G Thompson	Dorset	5:00.2	

SM 1500m		'B' String		
pos.	Name	Team	Perf.	
1	SS Aaron Bennett	Team Southampton	4:28.3	
2	XX A Pudge	Andover	4:31.3	
3	VV D Symonds	Havant	5:15.9	
4	DD D Pearson	Dorset	6:13.1	

SM 5000m		'A' String		
pos.	Name	Team	Perf.	
1	S Peter Collins	Team Southampton	17:33.5	
2	X J Jones	Andover	17:56.8	
3	V Ferguson	Havant	18:15.2	
4	D T Harris	Dorset	23:29.5	

SM 5000m		'B' String		
pos.	Name	Team	Perf.	
1	XX M Lane	Andover	18:29.0	
2	SS John MacInnes	Team Southampton	18:48.1	
3	VV J Halliwell	Havant	21:20.9	
4	---			

SM 110m Hurdles		'A' String		
pos.	Name	Team	Perf.	
1	X D Awde	Andover	19.7	
2	D E Preston	Dorset	20.2	
3	S Derek Warn	Team Southampton	23.7	
4	---			

SM 110m Hurdles		'B' String		
pos.	Name	Team	Perf.	
1	XX C Hawkins	Andover	21.7	
2	DD D Pearson	Dorset	42.7	
3	---			
4	---			

SM 400m Hurdles		'A' String		
pos.	Name	Team	Perf.	
1	X Dave Awde	Andover	58.5	
2	V Ed Law	Havant	62.4	
3	S Tom Pointer	Team Southampton	53.3	G1
4	D E Preston	Dorset	73.0	

SM 400m Hurdles		'B' String		
pos.	Name	Team	Perf.	
1	XX Sam Deerey	Andover	66.0	
2	VV R Hawks	Havant	71.1	
3	SS Derek Warn	Team Southampton	74.2	
4	DD G Thompson	Dorset	95.3	

SM 3000m SC		'A' String		
pos.	Name	Team	Perf.	
1	S Matt Missen	Team Southampton	10:24.3	
2	X K Hooley	Andover	11:03.5	
3	D G Wright	Dorset	15:09.2	
4	---			

SM 3000m SC		'B' String		
pos.	Name	Team	Perf.	
1	XX D Bush	Andover	13:16.0	
2	SS Derek Warn	Team Southampton	13:29.3	
3	DD S Snook	Dorset	17:48.2	
4	---			

SM High Jump		'A' String		
pos.	Name	Team	Perf.	
1	D James Wright	Dorset	1.60	
2	X Ashley Froude	Andover	1.55	
3	S Dan Hoyle	Team Southampton	1.50	
4	V Ashley Reynolds	Havant	1.50	

SM High Jump		'B' String		
pos.	Name	Team	Perf.	
1	SS Sam Derham	Team Southampton	1.50	
2	VV Liam Holden	Havant	1.45	
3	XX Matthew Woodhouse	Andover	1.40	
4	DD E Preston	Dorset	1.40	

SM Pole Vault				'A' String	
pos.	Name	Team	Perf.		
1	D A Carpenter	Dorset	3.60		
2	S Derek Warn	Team Southampton	2.20		
3	X Dave Bush	Andover	2.20		
4	---				

SM Pole Vault				'B' String	
pos.	Name	Team	Perf.		
1	DD J Wright	Dorset	2.80		
2	XX D Awed	Andover	2.00		
3	---				
4	---				

SM Long Jump				'A' String	
pos.	Name	Team	Perf.		
1	X M Roberts-Bailey	Andover	5.85		
2	D A Carpenter	Dorset	5.83		
3	S Dan Hoyle	Team Southampton	5.34		
4	V J Seekings	Havant	3.90		

SM Long Jump				'B' String	
pos.	Name	Team	Perf.		
1	XX A Froude	Andover	4.98		
2	SS Sam Derham	Team Southampton	4.96		
3	DD B Arney	Dorset	4.94		
4	VV J Halliwell	Havant	3.66		

SM Triple Jump				'A' String	
pos.	Name	Team	Perf.		
1	X J Folkes	Andover	11.65		
2	S Sam Derham	Team Southampton	11.05		
3	D J Wright	Dorset	10.86		
4	V C Spinks	Havant	10.12		

SM Triple Jump				'B' String	
pos.	Name	Team	Perf.		
1	XX D Awde	Andover	10.73		
2	SS Tom Pointer	Team Southampton	10.44		
3	DD G Wright	Dorset	7.83		
4	VV J Seekings	Havant	7.75		

SM Shot Putt				'A' String	
pos.	Name	Team	Perf.		
1	S Maurice Hicks	Team Southampton	11.97	G3	
2	V Kim Pullen	Havant	9.86		
3	X Matthew Woodhouse	Andover	9.29		
4	D Pete Clarke	Dorset	5.92		

SM Shot Putt				'B' String	
pos.	Name	Team	Perf.		
1	XX Andre Young	Andover	8.84		
2	VV Dave Stead	Havant	7.32		
3	DD Tim Harris	Dorset	5.42		
4	SS John MacInnes	Team Southampton	4.71		

SM Discus				'A' String	
pos.	Name	Team	Perf.		
1	S Maurice Hicks	Team Southampton	35.06		
2	X Matthew Woodhouse	Andover	31.70		
3	V Kim Pullen	Havant	29.85		
4	D Pete Clarke	Dorset	15.67		

SM Discus				'B' String	
pos.	Name	Team	Perf.		
1	SS Richard Lainson	Team Southampton	31.90		
2	XX C Syrett	Andover	27.01		
3	DD G Davies	Dorset	15.38		
4	VV D Symmonds	Havant	6.65		

SM Hammer				'A' String	
pos.	Name	Team	Perf.		
1	S Maurice Hicks	Team Southampton	42.88	G3	
2	V Kim Pullen	Havant	33.74		
3	X Matthew Woodhouse	Andover	23.15		
4	D Tim Harris	Dorset	12.98		

SM Hammer				'B' String	
pos.	Name	Team	Perf.		
1	XX Carl Syrett	Andover	18.73		
2	SS John MacInnes	Team Southampton	13.72		
3	DD Peter Clarke	Dorset	12.7		
4	VV Dave Symmonds	Havant	1.74		

SM Javelin				'A' String	
pos.	Name	Team	Perf.		
1	S Richard Lainson	Team Southampton	50.34	G3	
2	D E Preston	Dorset	37.22		
3	X J Whiteman	Andover	35.58		
4	V Kim Pullen	Havant	25.22		

SM Javelin				'B' String	
pos.	Name	Team	Perf.		
1	XX Carl Syrett	Andover	29.88		
2	SS Dan Hoyle	Team Southampton	25.68		
3	DD G Davies	Dorset	15.88		
4	VV D Symmonds	Havant	12.49		

SM 4x100m Relay						
pos.	Team	First Leg	Second Leg	Third Leg	Forth Leg	Perf.
1	X Andover	Athlete # 1	Athlete # 2	Athlete # 3	Athlete # 4	44.9
2	S Team Southampton	Dan Hoyle	Abe Newell	Gary Gray	Adam Cowburn	46.9
3	D Dorset	Athlete # 1	Athlete # 2	Athlete # 3	Athlete # 4	49.9
4	V Havant	Athlete # 1	Athlete # 2	Athlete # 3	Athlete # 4	50.1

SM 4x400m Relay						
pos.	Team	First Leg	Second Leg	Third Leg	Forth Leg	Perf.
1	X Andover	Athlete # 1	Athlete # 2	Athlete # 3	Athlete # 4	3:38.3
2	S Team Southampton	Abe Newell	Tom Pointer	Adam Cowburn	James Sutton	3:39.7
3	V Havant	Athlete # 1	Athlete # 2	Athlete # 3	Athlete # 4	4:00.1
4	D Dorset	Athlete # 1	Athlete # 2	Athlete # 3	Athlete # 4	4:22.9

Event: **Southern Men's League Div 3W**  
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**Scores**

Events	Andover		Team Southampton		Dorset		Havant		Waste	
	A	B	A	B	A	B	A	B	A	B
SM 100m	4	4	3	3	1	1	2	2	0	0
SM 200m	4	4	3	3	1	2	2	1	0	0
SM 400m	4	4	3	3	1	1	2	2	0	0
SM 800m	4	3	3	4	1	1	2	2	0	0
SM 1500m	4	3	3	4	1	1	2	2	0	0
SM 5000m	3	4	4	3	1	0	2	2	0	1
SM 110m Hurdles	4	4	2	0	3	3	0	0	1	3
SM 400m Hurdles	4	4	2	2	1	1	3	3	0	0
SM 3000m SC	3	4	4	3	2	2	0	0	1	1
SM High Jump	3	2	2	4	4	1	1	3	0	0
SM Pole Vault	2	3	3	0	4	4	0	0	1	3
SM Long Jump	4	4	2	3	3	2	1	1	0	0
SM Triple Jump	4	4	3	3	2	2	1	1	0	0
SM Shot Putt	2	4	4	1	1	2	3	3	0	0
SM Discus	3	3	4	4	1	2	2	1	0	0
SM Hammer	2	4	4	3	1	2	3	1	0	0
SM Javelin	2	4	4	3	3	2	1	1	0	0
SM 4x100m Relay	4	---	3	---	2	---	1	---	0	---
SM 4x400m Relay	4	---	3	---	1	---	2	---	0	---
<b>Totals:</b>	64	62	59	46	34	29	30	25	3	8
<b>Team Totals:</b>	<b>126</b>		<b>105</b>		<b>63</b>		<b>55</b>		<b>11</b>	
<b>Adjustment:</b>										

Competition:	Pts
1 Andover	126
2 Team Southampton	105
3 Dorset	63
4 Havant	55