

**St Mary's Masters & Open Meeting - 13-Sep-09**

**Results - last updated 15-Sep-09**

Sequence: Time/Distance within Event within Men/Women

Position column = position within age group

**MEN**

	<b>MEN</b>		<b>100m</b>		
<b>Number</b>	<b>Age Group</b>	<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Time/Dist</b>
2	U13M	1	Roshan Hansla	SMRAC	13.8
21	U13M	2	Scott Rees	SMRAC	13.9
25	U13M	3	Callum Sirker	SMRAC	15.2
65	U13M	4	Christian Jones	SMRAC	15.4
29	U13M	5	Maxwell Kopenski	SMRAC	18.5
18	U15M	1	Eugene Carnell	SMRAC	12.1
124	U15M	2	Matthew Zammit	Athletica Athletics	12.8
37	U15M	3	Nicholas Shekerdemian	SMRAC	12.8
36	U15M	4=	James Bell	SMRAC	12.9
8	U15M	4=	Linus Field	SMRAC	12.9
142	U15M	6	Alexander Macdonald	Doncaster AC	13.1
120	U15M	7	Luke Hodgetts	Team Southampton	13.3
230	U15M	8	Daya Akinsola	Unattached	13.4
118	U17M	1	David Patey	Horsham Blue Star	12.1
119	U17M	2	Will Hodgetts	Team Southampton	12.6
205	U17M	4	Jamie Brown	Kent AC	13.2
210	U20M	1	Bill Porter	South London	11.5
221	U20M	2	Tamouy Black	Enfield and Harringey	12.3
35	U17M	3	George Bell	SMRAC	13.1
192	SENIOR M	3=	Matthew Quine	City of Sheffield	11.5
234	SENIOR M	5	Draco Mkpa	Kingston AC and Poly	11.8
202	SENIOR M	6	Adam Gaabi	Herne Hill Harriers	13.1
211	SENIOR M	1	Set Osho	Belgrave	10.8
224	SENIOR M	2	Marimba Odundo-Mene	Enfield and Harringey	11.2
186	SENIOR M	3=	Peter Edmunds	Highgate Harriers	11.5
139	55M	1	Alasdair Ross	?	12.7
109	50M	1	Dennis Minn	Southern Vets & Worthing	12.8
134	55M	2	Ray Watkins	Basingstoke	12.8
194	55M	3	Mike Applegate	City of Salisbury ARC	13.5
117	55M	4	Phil Bell	Harrow/Val	13.8
193	65M	1	Charles Isetts	Kingston AC and Poly	14.4
210	U20M	1	Bill Porter	South London	11.5
182	40M	1	Rohan Samuels	Harrow AC	11.6
189	40M	2	Scott Dorset	WSE & H.A.C.	12.0
181	40M	3	Barrington King	Harrow AC	12.2
213	40M	4	Trevor Lake	Unattached	16.5
159	45M	1	Robert Allen	Harrow	12.6
116	45M	2	Alan Zammit	Athletica Athletics	12.8
115	45M	3	Sholto Douglas-Home	SCVAC	13.6
191	45M	4	Michael May	Unattached	13.8

**SMRAC Open Event 13th September 2009 - Final Results**

	<b>MEN</b>		<b>200m</b>		
<b>Number</b>	<b>Age Group</b>	<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Time/Dist</b>
70	U13M	1	Jivendra Sign	SMRAC	27.2
21	U13M	2	Scott Rees	SMRAC	28.6
25	U13M	3	Callum Sirker	SMRAC	32.0
29	U13M	4	Maxwell Kopenski	SMRAC	41.0
8	U15M	1	Linus Field	SMRAC	24.2
18	U15M	2	Eugene Carnell	SMRAC	24.5
24	U15M	3	Jacques Ezzeldin	SMRAC	25.9
124	U15M	4	Matthew Zammit	Athletica Athletics	25.9
37	U15M	5	Nicholas Shekerdemian	SMRAC	26.4
36	U15M	6	James Bell	SMRAC	26.7
183	U17M	1	Edmond Amaning	TVH	22.4
118	U17M	2	David Patey	Horsham Blue Star	24.0
221	U20M	3	Tamouy Black	Enfield and Harringey	24.6
248	U17M	3	Dominic Morris	Harrow AC	24.9
241	U20M	1	Cameron Webb	Stevanage	22.8
210	U20M	2	Bill Porter	South London	23.8
253	U20M	4	Marko Djurvic		0 25.0
211	SENIOR M	1	Set Osho	Belgrave	22.0
224	SENIOR M	2	Marimba Odundo-Mene	Enfield and Harringey	22.8
192	SENIOR M	3	Matthew Quine	City of Sheffield	23.3
255	SENIOR M	5	Jason-Louis Bernard	Kingston AC and Poly	23.7
202	SENIOR M	8	Adam Gaabi	Herne Hill Harriers	26.7
260	SENIOR M	9	Behzad Shayamfar		0 28.8
186	SENIOR M	4	Peter Edmunds	Highgate Harriers	23.6
247	35M	1	Morgan Charles	Unattached	23.8
234	SENIOR M	6	Draco Mkpa	Kingston AC and Poly	23.9
259	SENIOR M	7	Victor Malia	Kingston AC and Poly	25.7
227	35M	2	Peter Clinch	Ilford	26.1
222	SENIOR M	10	Richard McMillan	Belgrave	29.1
182	40M	1	Rohan Samuels	Harrow AC	24.3
189	40M	2	Scott Dorset	WSE & H A.C.	24.3
252	40M	3	Mark Cook	Guildford and Godalming	26.2
181	40M	4	Barrington King	Harrow AC	26.9
246	45M	1	Errol Bryan	Harrow AC	25.3
159	45M	2	Robert Allen	Harrow	26.1
229	45M	3	Leroy Gould	Newham & Essex Beagles	26.1
116	45M	4	Alan Zammit	Athletica Athletics	26.5
109	50M	1	Dennis Minn	Southern Vets & Worthing	26.8
191	45M	5	Michael May	Unattached	28.6
139	55M	1	Alasdair Ross	?	26.0
134	55M	2	Ray Watkins	Basingstoke	26.7
117	55M	3	Phil Bell	Harrow/Val	27.9
228	55M	4	Tim Carter	VAC	28.0
194	55M	5	Mike Applegate	City of Salisbury ARC	28.2
193	65M	1	Charles Isetts	Kingston AC and Poly	30.4

**SMRAC Open Event 13th September 2009 - Final Results**

<b>MEN</b>			<b>400m</b>		
<b>Number</b>	<b>Age Group</b>	<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Time/Dist</b>
66	U13M	1	Aedan O'Brien	SMRAC	79.5
29	U13M	2	Maxwell Kopenski	SMRAC	100.0
24	U15M	1	Jacques Ezzeldin	SMRAC	60.2
49	U15M	2	Rufus Rose	SMRAC	63.0
233	U15M	3	Lawrence Fanutza-Dav	Enfield and Harringey	73.2
118	U17M	1	David Patey	Horsham Blue Star	53.5
46	U20M	1	Joseph Cumerbatch	SMRAC	54.7
249	SENIOR M	1	Jun Wone	Serpentine	55.3
222	SENIOR M	2	Richard McMillan	Belgrave	63.9
208	45M	1	Mark Baker	Hercules Wimbledon	57.3
229	45M	2	Leroy Gould	Newham & Essex Beagles	59.0
117	55M	1	Phil Bell	Harrow/Val	61.9
228	55M	2	Tim Carter	VAC	61.9
194	55M	3	Mike Applegate	City of Salisbury ARC	65.1
201	70M	1	Colin Field	Trent Park AC	75.6

<b>MEN</b>			<b>800m</b>		
<b>Number</b>	<b>Age Group</b>	<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Time/Dist</b>
19	U15M	2	Oliver Garner	SMRAC	2.13.6
70	U13M	1	Jivendra Sign	SMRAC	2.18.8
67	U15M	3	Eoin O'Brien	SMRAC	2.26.5
73	U15M	4	Tomos Holmes Davies	SMRAC	2.30.4
219	U20M	1	Alex Jones	Enfield and Harringey	2.00.8
227	35M	1	Peter Clinch	Ilford	2.02.0
223	SENIOR M	1	Mark Curson	Reading AC	2.02.5
236	U15	1	Hugo Fleming	Walton AC	2.05.2
225	40M	1	Stuart Lenton	Unattached	2.11.5
226	40M	2	Andy Del Neuo	Dacorum and Tring AC	2.21.0
199	45M	1	Vince Stamp	City of Portsmouth	2.31.8
218	65M	1	John Sirder	Unattached	2.38.6
215	60M	1	Ray Lewis	City of Portsmouth	2.39.6
230	U15M	5	Daya Akinsola	Unattached	2.55.8

<b>MEN</b>			<b>1500m</b>		
<b>Number</b>	<b>Age Group</b>	<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Time/Dist</b>
195	U20M	1	Harry Carter	City of Portsmouth	4.06.3
244	U20M	2	Callum Sutton	Havering and Mayenbrook	4.17.3
200	U20M	3	Alistair Darwent	City of Portsmouth	4.37.5
101	55M	1	Steve Knight	Herne Hill Harriers	5.18.2
218	65M	1	John Sirder	Unattached	5.43.2
106	60M	1	Alan Davidson	VAC	5.57.7

<b>MEN</b>			<b>3000m</b>		
<b>Number</b>	<b>Age Group</b>	<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Time/Dist</b>
19	U15M	1	Oliver Garner	SMRAC	10.26.2
59	U15M	2	Rory Atkins	SMRAC	10.35.7
251	U15M	1	Thomas	SMRAC	10.40.3
256	50M	1	Nigel Burnell	VAC	10.40.7
199	45M	1	Vince Stamp	City of Portsmouth	11.45.8
240	SENIOR M	5	Steven Cotton	North Devon	12.26.2

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258	SENIOR M	1	Paul Martelletti	VPH&THAC	8.51.5
74	U20M	1	Grant Bridgman	SMRAC	9.22.9
43	SENIOR M	2	Tim Haughian	SMRAC	9.24.6
42	U17M	1	Ross Franks	SMRAC	9.25.2
41	U17M	2	Bradley Goater	SMRAC	9.39.3
9	U17M	3	Jack Killip	SMRAC	9.42.5
76	SENIOR M	3	Mark Gratton	SMRAC	9.50.7
126	SENIOR M	4	Richard Stewart	Highgate Harriers	10.13.6
238	50M	2	Colin Oxlade	Croydon Harriers	11.19.2

<b>MEN</b>		<b>HAMMER</b>			
Number	Age Group	Pos	Name	Club	Time/Dist
150	40M	1	M Wiseman	SCVAC	46.80
154	SENIOR M	1	Rob Smith	Kingston AC and Poly	40.93
112	45M	1	Tony Tipping	Cambridge Harriers	40.68
166	U15M	1	Louis Keen	Herne Hill Harriers	31.16
158	50M	1	Keith Seldon	Hillingdon	30.07
159	45M	2	Robert Allen	Harrow	29.03
162	35M	1	Alessandro Brandiarti	Serpentine	27.83
132	45M	3	Robert Lowe	Kingston AC and Poly	22.14
133	65M	1	Chris Melluish	Cambridge Harriers	46.10
174	60M	1	Kevin Sheppard	Walton AC	33.76
175	60M	2	Richard Jegou	White Horse Harriers	30.88
138	60M	3	Anthony Richards	Croydon Harriers	30.26
179	60M	4	Gerard Devereaux	SB Rovers	27.88
176	70M	1	John Webster	Hercules Wimbledon	35.45
155	70M	2	Peter Shevlane	VAC	30.23
103	75M	1	Jaroslav Hanus	SCVAC	28.75
185	75M	2	C. Taylor	VAC	26.74
160	75M	3	Philip Mcevoy	London Irish	25.29

<b>MEN</b>		<b>POLE VAULT</b>			
Number	Age Group	Pos	Name	Club	Time/Dist
151	60M	1	David Blunt	Epsom & Ewell Harriers	3.60
123	SENIOR M	1	Bilen Ahmet	Kingston AC and Poly	3.60
147	SENIOR M	2	Luke Williams	Paddock Wood	3.30
153	U17M	1	Rohit Naha	Kingston AC and Poly	3.10
145	U17M	1	Anthony Knowles	Harrow	2.70
120	U15M	1	Luke Hodgetts	Team Southampton	2.50
63	U15M	2	Tian Scott	SMRAC	1.70
149	U15M	3	Sam Bass-Cooper	Southampton	1.60
167	U15M		Mark Wood	SMRAC	

<b>MEN</b>		<b>SHOT</b>			
Number	Age Group	Pos	Name	Club	Time/Dist
150	40M	1	M Wiseman	SCVAC	15.64
169	55M	1	Mike Small	Swindon	13.40
166	U15M	1	Louis Keen	Herne Hill Harriers	13.14
170	U17M	1	Hussein Al-Kemakchi	Kingston AC and Poly	12.76
112	45M	1	Tony Tipping	Cambridge Harriers	11.04
162	35M	1	Alessandro Brandiarti	Serpentine	10.84
49	U15M	2	Rufus Rose	SMRAC	10.26
158	50M	1	Keith Seldon	Hillingdon	9.58
2	U13M	1	Roshan Hansla	SMRAC	8.27
173	40M	2	David Glendower	SCVAC	7.60
132	45M	2	Robert Lowe	Kingston AC and Poly	7.05

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138	60M	1	Anthony Richards	Croydon Harriers	11.99
175	60M	2	Richard Jegou	White Horse Harriers	11.49
174	60M	3	Kevin Sheppard	Walton AC	10.40
179	60M	4	Gerard Devereaux	SB Rovers	9.98
128	60M	5	John Donaghey	Bexley	9.89
243	60M	6	Robin Roach	Walton AC	9.20
237	70M	1	Terry Clegg	Unattached	9.38
185	75M	1	C. Taylor	VAC	8.89
155	70M	2	Peter Shevlane	VAC	8.75
103	75M	2	Jaroslav Hanus	SCVAC	8.23

<b>MEN HIGH JUMP</b>					
Number	Age Group	Pos	Name	Club	Time/Dist
69	U17M	1	Marvyn Glover	SMRAC	2.00
123	SENIOR M	1	Bilen Ahmet	Kingston AC and Poly	1.70
52	U17M	2	Sean Lee Rice	SMRAC	1.70
171	U17M	3	Ali Brannan	Unattached	1.70
24	U15M	1	Jacques Ezzeldin	SMRAC	1.70
2	U13M	1	Roshan Hansla	SMRAC	1.40
63	U15M	2	Tian Scott	SMRAC	1.30

<b>MEN LONG JUMP</b>					
	Age Group	Pos	Name	Club	Time/Dist
214	SENIOR M	1	Shamsher Pratar Singh	Unattached	7.10
212	U20M	1	Seb Wilson Dyer Goug	Corby	6.53
202	SENIOR M	2	Adam Gaabi	Herne Hill Harriers	4.83
36	U15M	1	James Bell	SMRAC	4.78
119	U17M	1	Will Hodgetts	Team Southampton	4.48
123	SENIOR M	3	Bilen Ahmet	Kingston AC and Poly	4.30
63	U15M	2	Tian Scott	SMRAC	4.19
149	U15M	3	Sam Bass-Cooper	Southampton	3.86
185	75M	1	C. Taylor	VAC	2.87
167	U15M	4	Mark Wood	SMRAC	2.74

<b>MEN JAVELIN</b>					
Number	Age Group	Pos	Name	Club	Time/Dist
52	U17M	1	Sean Lee Rice	SMRAC	43.48
174	60M	1	Kevin Sheppard	Walton AC	40.70
158	50M	1	Keith Seldon	Hillingdon	37.79
184	45M	1	Steve Rouault	Harrow AC	37.57
104	55M	1	Joe Eastwood	Walton AC	37.09
138	60M	2	Anthony Richards	Croydon Harriers	32.64
216	65M	1	Ashley Fox	WSE & H A.C.	29.90
176	70M	1	John Webster	Hercules Wimbledon	27.94
132	45M	2	Robert Lowe	Kingston AC and Poly	27.34
237	70M	2	Terry Clegg	Unattached	21.45

<b>MEN DISCUS</b>					
	Age Group	Pos	Name	Club	Time/Dist
239		1			41.66
169	55M	1	Mike Small	Swindon	41.39
32	SENIOR M	1	Adam Richardson	SMRAC	33.01
141	SENIOR M	2	Kevin Aston	Crawley AC	32.09
52	U17M	1	Sean Lee Rice	SMRAC	31.46
158	50M	1	Keith Seldon	Hillingdon	31.03
49	U15M	1	Rufus Rose	SMRAC	25.64
132	45M	1	Robert Lowe	Kingston AC and Poly	20.06
173	40M	1	David Glendower	SCVAC	18.59

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138	60M	1	Anthony Richards	Croydon Harriers	39.64	
174	60M	2	Kevin Sheppard	Walton AC	33.69	
175	60M	3	Richard Jegou	White Horse Harriers	33.45	
128	60M	4	John Donaghey	Bexley	31.99	
179	60M	5	Gerard Devereaux	SB Rovers	31.65	
243	60M	6	Robin Roach	Walton AC	31.16	
155	70M	1	Peter Shevlane	VAC	27.99	
237	70M	2	Terry Clegg	Unattached	24.86	

<b>MEN</b>		<b>TRIPLE JUMP</b>				
Number	Age Group	Pos	Name	Club	Time/Dist	
254	SENIOR M	1	David Wellstead	Belgrave	14.19	
129	U20M	1	Patrick Hillyer	Kingston AC and Poly	12.59	
142	U15M	1	Alexander Macdonald	Doncaster AC	12.10	
123	SENIOR M	2	Bilen Ahmet	Kingston AC and Poly	11.42	
233	U15M	2	Lawrence Fanutza-Dav	Enfield and Haringey	8.73	
8	U15M		Linus Field	SMRAC		

**SMRAC Open Event 13th September 2009 - Final Results**

**WOMEN**

<b>WOMEN</b>		<b>100m</b>			
<b>Number</b>	<b>Age Group</b>	<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Time/Dist</b>
203	U13W	1	Sharai Williams	St. Matthews Academy	13.5
23	U13W	2	Poppy Stapleton	SMRAC	13.7
125	U13W	3	Robyn Zammit	Athletica Athletics	14.7
54	U13W	4	Kisten Giddy	SMRAC	15.0
13	U13W	5	Luisa Taylor	SMRAC	15.2
57	U13W	6	Emily Coates	SMRAC	15.9
58	U15W	1	Celia Quansah	SMRAC	13.4
235	U17W	1	Charlene Dixon	Ladywell	13.6
204	U17W	2	Cherise Hewitt	Unattached	14.4
16	U17W	3	Patricia Ferreika Mogn	SMRAC	14.8
51	U17W	4	Hannah Rogers	SMRAC	15.1
206	SENIOR W	1	Leanne Poingdestre	Guildford and Godalming	13.3
197	45W	1	Amanda Rochester	Barnet & District AC	14.6
113	40W	1	Shirley Rowbotham	Blackheath & Bromley Harriers	15.1
198	50W	1	Chris Salvary	Trent Park AC	15.5

<b>WOMEN</b>		<b>200m</b>			
<b>Number</b>	<b>Age Group</b>	<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Time/Dist</b>
23	U13W	1	Poppy Stapleton	SMRAC	29.4
10	U13W	2	Rebecca Killip	SMRAC	30.4
54	U13W	3	Kisten Giddy	SMRAC	32.1
57	U13W	4	Emily Coates	SMRAC	34.7
60	U13W	5	Alice Norton	SMRAC	36.0
77	U15W	1	Anna Richardson	SMRAC	27.4
58	U15W	2	Celia Quansah	SMRAC	27.7
180	45M	1	Lesley Hopkins	Dacorum and Tring AC	28.7
197	45W	2	Amanda Rochester	Barnet & District AC	30.0
113	40W	1	Shirley Rowbotham	Blackheath & Bromley Harriers	31.1
198	50W	1	Chris Salvary	Trent Park AC	32.5

<b>WOMEN</b>		<b>400m</b>			
<b>Number</b>	<b>Age Group</b>	<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Time/Dist</b>
4	U13W	1	Calista Davidson	SMRAC	73.2
60	U13W	2	Alice Norton	SMRAC	80.6
187	45W	1	Malireen Miller	Blackheath & Bromley Harriers	64.8
197	45W	2	Amanda Rochester	Barnet & District AC	66.9
30	SENIOR W	1	Kate Waskett	SMRAC	68.2
250	U20W	1	Jasmine Charles	Harrow	67.3

<b>WOMEN</b>		<b>800m</b>			
<b>Number</b>	<b>Age Group</b>	<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Time/Dist</b>
10	U13W	1	Rebecca Killip	SMRAC	2.37.6
6	U15W	1	Nina Harding	SMRAC	2.40.6
1	U15W	2	Tulsi Hansla	SMRAC	2.41.8
7	U13W	2	Ella Widdop-Gray	SMRAC	2.45.7
177	U15W	3	Claire Bentley	Watford Harriers	2.52.9
50	U13W	3	Kisty Maxwell	SMRAC	3.07.6

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<b>WOMEN 1500m</b>					
Number	Age Group	Pos	Name	Club	Time/Dist
11	45W	1	Liz Killip	SMRAC	5.17.4
242	U15W	1	Joanne Fallow	WSE & H A.C.	5.18.4
3	U17W	1	Emily Johnston- Purvis	SMRAC	5.19.5
75	U15W	2	Christina Hall	SMRAC	5.22.3
232	40W	1	Lisa Petit	Serpentine	5.29.8
39	U15W	3	Bella Taylor	SMRAC	5.42.2
38	U17W	2	Florence Taylor	SMRAC	5.47.6
245	SENIOR W	1	Liz Richardson	Kingston AC and Poly	6.08.6

<b>WOMEN 1500m SC</b>					
Number	Age Group	Pos	Name	Club	Time/Dist
12	35W	1	Jessica Reifer	SMRAC	5.29.6
20	U17W	1	Maddie Garner	SMRAC	5.33.3

<b>WOMEN 3000m</b>					
Numer	Age Group	Pos	Name	Club	Time/Dist
257	35W	1	Marielle Vestlund		11.25.2
45	U15W	1	Katie Iliffe	SMRAC	11.36.6
196	U17W	1	Charlie Carter	City of Portsmouth	11.45.7
61	U17W	2	Eve Edmunds	SMRAC	12.01.7
78	U17W	3	Katie Byrant	SMRAC	12.16.8
38	U17W	4	Florence Taylor	SMRAC	12.17.3
62	U20W	1	Lucy Edmunds	SMRAC	12.26.7
79	U15W	2	Faye Holder	SMRAC	12.34.1

<b>WOMEN HAMMER</b>					
Number	Age Group	Pos	Name	Club	Time/Dist
164	50W	1	Beatrice Simpson	Blackheath & Bromley Harriers	35.93
135	U17W	1	Carla Letheby	Walton AC	34.19
110	45W	1	Julie Wilson	Reading AC	31.79
31	U20W	1	Sophie Jones	SMRAC	30.75
163	50W	2	Sigrid Roberts	Cambridge Harriers	28.21
68	U15W	1	Rachel Koomson	SMRAC	27.68
127	55W	1	Linda Harrison	Croydon Harriers	20.40

<b>WOMEN POLE VAULT</b>					
Number	Age Group	Pos	Name	Club	Time/Dist
146	35W	1	Trudi Carter	Wimborne	3.00
161	U15W	1	Emilie Blackwell	Lewes	3.00
148	U15W	2	Naomi Lee	?	2.90
156	U15W	3	Claudia Noakes	Kingston AC and Poly	2.90
143	U17W	1	Amy Wentford	Harrow	2.40
144	U15W	2	Sarah Wentford	Harrow	2.20
121	U13W	1	Claire Humby	Team Southampton	2.10
137	U13W	2	Georgia Parker	Gregg School A.C.	1.70
152	U17W		Suzey Collins	Southampton	

<b>WOMEN SHOT</b>					
Number	Age Group	Pos	Name	Club	Time/Dist
165	SENIOR W	1	Eleanor Gatrell	Woking AC	14.79
178	35W	1	Sue Lawrence	Thurrock H	9.96
48	U17W	1	Lydia Tella	SMRAC	9.60
135	U17W	2	Carla Letheby	Walton AC	9.15
110	45W	1	Julie Wilson	Reading AC	9.05
68	U15W	1	Rachel Koomson	SMRAC	9.04

**SMRAC Open Event 13th September 2009 - Final Results**

<b>WOMEN</b>		<b>HIGH JUMP</b>			
Number	Age Group	Pos	Name	Club	Time/Dist
168	35W	1	Ayamba Akim	Woodford & Essex Ladies	1.75
1	U15W	1	Tulsi Hansla	SMRAC	1.50
7	U13W	1	Ella Widdop-Gray	SMRAC	1.40
13	U13W	2	Luisa Taylor	SMRAC	1.40
51	U17W	1	Hannah Rogers	SMRAC	1.30
47	U13W	3=	Maddie Edwards	SMRAC	1.30
172	U13W	3=	Megan Houska	Unattached	1.30
177	U15W	2	Claire Bentley	Watford Harriers	1.25

<b>WOMEN</b>		<b>LONG JUMP</b>			
Number	Age Group	Pos	Name	Club	Time/Dist
188	U17W	1	Sarah Abrams	Sutton and District	5.25
209	SENIOR W	1	Juliet Fielden	Unattached	5.10
58	U15W	1	Celia Quansah	SMRAC	4.96
130	U17W	2	Tessa Martin	East Grinstead	4.71
190	U15W	2	Gabrielle Dunn	Harrow	4.70
231	U15W	3	Tyra Archer	Harrow AC	4.40
152	U17W	3	Suzey Collins	Southampton	4.37
198	50W	1	Chris Salvary	Trent Park AC	3.80
7	U13W	1	Ella Widdop-Gray	SMRAC	3.76
51	U17W	4	Hannah Rogers	SMRAC	3.70
54	U13W	2	Kisten Giddy	SMRAC	3.59
157	U17W	5	Ella May	Team Southampton	3.48
121	U13W	3	Claire Humby	Team Southampton	3.47
56	U13W	4	Esme Chong	SMRAC	3.43
137	U13W	5	Georgia Parker	Gregg School A.C.	3.26
55	U13W	6	Holly Stringer	SMRAC	3.10
57	U13W	7	Emily Coates	SMRAC	3.07

<b>WOMEN</b>		<b>JAVELIN</b>			
Number	Age Group	Pos	Name	Club	Time/Dist
135	U17W	1	Carla Letheby	Walton AC	32.75
72	U15W	1	Emma Hardy	SMRAC	23.98
12	35W	1	Jessica Reifer	SMRAC	23.84
110	45W	1	Julie Wilson	Reading AC	22.07
217	35W	2	Kristina Semple	SMRAC	18.58
22	U15W	2	Caroline Cooper	SMRAC	16.88
71	U15W	3	Emma Jones	SMRAC	15.33
127	55W	1	Linda Harrison	Croydon Harriers	14.23

<b>WOMEN</b>		<b>DISCUS</b>			
Number	Age Group	Pos	Name	Club	Time/Dist
165	SENIOR W	1	Eleanor Gatrell	Woking AC	40.19
178	35W	1	Sue Lawrence	Thurrock H	34.63
135	U17W	1	Carla Letheby	Walton AC	33.47
110	45W	1	Julie Wilson	Reading AC	31.01
164	50W	1	Beatrice Simpson	Blackheath & Bromley Harriers	25.31
47	U13W	1	Maddie Edwards	SMRAC	16.87
44	U15W	1	Harriet Connor	SMRAC	15.95
127	55W	1	Linda Harrison	Croydon Harriers	14.18
31	U20W		Sophie Jones	SMRAC	

<b>WOMEN</b>		<b>TRIPLE JUMP</b>			
Number	Age Group	Pos	Name	Club	Time/Dist
209	SENIOR W	1	Juliet Fielden	Unattached	11.59
130	U17W	1	Tessa Martin	East Grinstead	10.52
1	U15W	1	Tulsi Hansla	SMRAC	10.51
188	U17W		Sarah Abrams	Sutton and District	