

Crawley Athletic Club - Pre Season Open Meeting
Sunday 29th March 2009 - K2

			Number	Name	Club	Time
60m	Boys U11	1st	128	Ocean Schwartz	Holland Sports	9.3
		2nd	113	Benjamin Spanton	HBS	9.8
		3rd	122	Joshua Langley-Fineing	EBR	10.0
		4th	124	George Chandler	Reigate Priory	10.9
60m	Boys U11	1st	115	Henry J McCann	Reigate Priory	9.5
		2nd	4	Matthew Borthwick	Crawley A.C	9.6
		3rd	109	Ira Perrier	B&H	9.7
60m	Girls U11	1st	169	Emily Horneing	D & MV	9.8
		2nd	167	Lucy Sumner	Holland Sports	10.0
		3rd	44	Rachel Drewicz	Crawley A.C	10.3 U13
		4th	152	Lilly Pinggera	Reigate Priory	10.9
60m	Girls U11	1st	173	Maisie Chamberlain	Reigate Priory	9.9
		2nd	154	Letitia Fuller	Crawley A.C	10.4
		3rd	174	Sarah Tabatabai	Sutton	10.5
		4th	168	Alexandra Wren	Holland Sports	11.2
60m	Girls U11	1st	164	Helen Sheffield	U/A	10.2
		2nd	75	Emma Tullett	HHH	10.5
		3rd	57	Tanyth Laing	Crawely AC	10.6
		4th	61	Erin McKenzie	Crawely AC	10.8
60m	Girls U11	1st	172	Zoe Sawicki	Phoenix	10.1
		2nd	161	Sian Bishop	U/A	10.2
		3rd	176	Holly Dawson	HHH	10.4
		4th	165	Laura Sheffield	U/A	10.9
80m	Boys U13	1st	108	Laurie Overtoom	Reigate Priory	11.0
		2nd	3	David Bishop	Crawley AC	11.4
		3rd	8	Jason Shackel	Crawley AC	12.0
80m	Boys U13	1st	136	Ian Thomas	HBS	11.9
		2nd	26	George Palmer	HBS	12.0
		3rd	128	Ocean Schwartz	Holland Sports	12.2 U11
80m	Boys U15	1st	23	James Mackman	HBS	10.3
		2nd	131	Evan Carter	Lewes	10.9
		3rd	21	Archie Isteo	WDH	11.0
		4th	9	Kieran Buxton	Crawley AC	11.1
80m	Boys U15	1st	29	Matthew Ranger	WDH	11.0
		2nd	127	Jack hayden	Holland Sports	11.6
		3rd	117	Jacob Lane	Med & Maid	12.0
80m	Men U17	1st	13	Dominic Durrell	Crawley AC	9.6
		2nd	130	Jack Valeri	B&H	9.7
		3rd	11	Lewis Cullen	WDH	9.7
		4th	27	David Patey	HBS	9.9
80m	Men U20	1st	126	Alex Hunt	B&H	9.2
		2nd	132	Dominic Sebele	Sutton	9.5
		3rd	125	Ben Jeffcott	B & H	9.6
		4th	129	Bradley Hall	Crawley AC	10.1
80m	Men Snr	1st	145	Craig Jackman	HHH	9.9

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		2nd	118	Alastair Duncan	Rad	10.3 M50
		3rd	25	Peter Mayfield	Bel	10.7
80m	Men Snr	1st	143	M Thomas	New EB	9.0
		2nd	119	Ben Owen	Radley	9.3
		3rd	123	Lee Fulham	WDH	9.3
		4th	120	Chris Morgan	Crawley AC	9.4
80m	Girls U13	1st	53	Samantha Heydon	Reigate Priory	11.4
		2nd	151	Amina Coppin	Sutton	12.0
		3rd	157	Emily Harmond	WDH	12.3
		4th	55	Bekki Keyte	Blackheath & Bror	12.4
80m	Girls U13	1st	69	Anna Short	WDH	11.3
		2nd	175	Chloe Hollamby	EG	12.5
		3rd	166	Charlotte Ralph	Sutton	12.9
		4th	73	Jade Stocker	HBS	13.8
80m	Girls U13	1st	70	Sophie Spinner	WDH	11.3
		2nd	100	Rohmina Coppin	Sutton	11.8
		3rd	68	Stephanie Shackel	Crawley AC	13.0
		4th	81	Florence Webb	HBS	13.1
80m	Girls U13	1st	159	Fleur Dicke	WDH	11.9
		2nd	153	Eloise Stenner	Sutton	12.4
		3rd	50	Elise Haworth	Crawley AC	13.0
		4th	171	Lea Sawicki	Phoenix	13.3
80m	Girls U15	1st	83	Cadie Willis	HBS	10.8
		2nd	94	India Coaker	B & H	11.3
		3rd	190	Stacey McDermott	Crawley AC	11.7
		4th	82	Shannon Wheatley	Crawley AC	12.7
80m	Girls U15	1st	77	Katie Urquhart	B & H	10.9
		2nd	99	Sam Ross	Reigate Priory	12.1
		3rd	98	Sian Perrier	B & H	12.2
		4th	93	Amelia Thompson	WDH	12.3
80m	Women U17	1st	160	Joanna Morgan	EBR	10.6
		2nd	170	Poppy Moore	Holland Sports	10.9
		3rd	52	Natalie Herbert	EBR	11.1
		4th	49	Gabi Harris	B & H	11.8
80m	Women U17	1st	153	Laura Chacksfield	Crawley AC	11.2
		2nd	92	Katharine Bird	WDH	11.3
		3rd	64	Rachel Robinson	Blackheath & Bror	11.4
		4th	184	Nida Khan	WDH	11.7
80m	Women U20/Snr	1st	155	Paula Woodland	Radley	10.7 SW
		2nd	158	Lucy Lintott	EBR	11.4 U20
150m	Boys U11	1st	5	Matthew Boxall	Crawley AC	23.0
		2nd	31	George Turner	B & H	23.9 U13
		3rd	4	Matthew Borthwick	Crawley AC	24.1
		4th	222	Luke Featherstine	WDH	24.2
		5th	113	Benjamin Spanton	HBS	24.3
		6th	124	George Chandler	Reigate Priory	27.4
		7th	237	Daniel Buckett	Crawley AC	27.7
150m	Boys U13	1st	108	Laurie Overtoom	Reigate Priory	20.4

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		2nd	235	Ben Golding	Crawley AC	21.0
		3rd	3	David Bishop	Crawley AC	21.9
		4th	238	Efe Opone	Phoenix	22.2
150m	Boys U13	1st	30	Ryan Slater	HBS	21.6
		2nd	26	George Palmer	HBS	22.4
		3rd	236	Sam Cunningham	U/A	22.4
		4th	135	Sid Walters	Sutton	23.7
150m	Boys U15	1st	7	Ben Brooks	St Johns Sch	18.7
		2nd	29	Matthew Ranger	WDH	20.7
		3rd	9	Kieran Buxton	Crawley AC	21.2
		4th	117	Jacob Lane	Med & Maid	22.4
150m	Men U17	1st	11	Lewis Cullen	WDH	17.8
		2nd	13	Dominic Durrell	Crawley AC	17.9
		3rd	27	David Patey	HBS	18.2
		4th	111	Nemat Jafari	Sutton	18.4
		5th	112	Mohamed Amer	Sutton	18.5
		6th	28	Joe Pybus	B & H	18.6
		7th	226	Martin Dawson	HHH	20.5
150m	Men U20 & SM	1st	34	Fred Woods	St Johns Sch	17.0 SM
		2nd	133	Cyle Carty	Sutton	17.1 U20
		3rd	132	Dominic Sebele	Sutton	17.6 U20
		4th	146	Tom Kennedy	Sutton	17.9 U20
		5th	125	Ben Jeffcott	B & H	18.1 U20
		6th	210	Ben Osonaike	Sutton	18.7 U20
		7th	150	Noah Beda	U/A	21.8 U20
150m	Men U20 & SM	1st	219	Darren Robinson	RAF	17.5 SM
		2nd	218	Richard Fox	Bas MH	17.8 SM
		3rd	230	Steve Hoffman	Crawley AC	18.2 SM
		4th	215	Shaun Leigh	B & H	18.4 U20
		5th	118	Alastair Duncan	Radley	18.6 V50
150m	Men Snr	1st	143	M Thomas	NEB	16.7
		2nd	119	Ben Owen	Radley	17.2
		3rd	232	Matt Sinclair	Crawley AC	17.3
		4th	123	Lee Fulham	WDH	17.4
		5th	120	Chris Morgan	Crawley AC	17.8
150m	Girls U11	1st	282	Lucy Hoad	Reigate Priory	23.5
		2nd	169	Emily Horning	DMV	25.2
		3rd	154	Letitia Fuller	Crawley AC	25.5
		4th	174	Sarah Tabatabai	Sutton	25.7
		5th	61	Erin McKenzie	Crawley AC	27.5
		6th	48	Amy Hancock	Sutton	28.2
150m	Girls U13	1st	88	Holly Talbut Smith	Crawley AC	23.1
		2nd	159	Fleur Dicke	WDH	23.2
		3rd	163	Eloise Stenner	Sutton	23.3
		4th	166	Charlotte Ralph	Sutton	24.2
		5th	91	Lola Finch	Reigate Priory	28.8
150m	Girls U13	1st	69	Anna Short	WDH	21.8
		2nd	100	Rohmina Coppin	Sutton	22.2
		3rd	183	Holly Adams	HBS	22.8
		4th	162	Alice Chandler	Reigate Priory	23.0

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		5th	50	Elise Haworth	Crawley AC	23.2
150m	Girls U13	1st	70	Sophie Spinner	WDH	21.1
		2nd	53	Samantha Heydon	Reigate Priory	22.2
		3rd	151	Amina Coppin	Sutton	22.6
		4th	67	Holly Schofield	HBS	23.2
		5th	277	Beth Hickman	HBS	23.3
150m	Girls U15	1st	96	Sophie Ayre	Med & Maid	20.9
		2nd	190	Stacey McDermott	Crawley AC	22.1
		3rd	74	Samantha Tullett	HHH	22.7
		4th	87	Melissa Donaldson	B & H	23.4
		5th	279	Joanne Fallon	WS & E	23.4
150m	Girls U15	1st	83	Cadie Willis	HBS	20.1
		2nd	289	Eleanor White	Sutton	20.1
		3rd	77	Katie Urquhart	B & H	20.7
		4th	191	Amelia Gibbons	Bla Bro	23.0
150m	Women U17	1st	160	Joanna Morgan	EBR	19.6
		2nd	79	Emma Wakrim	Sutton	20.1
		3rd	37	Yimika Adewakun	Sutton	20.3
		4th	275	Amy Radcliffe	HHH	21.4
		5th	153	Laura Chacksfield	Crawley AC	21.5
		6th	52	Natalie Herbert	EBR	21.5
		7th	39	Maria Adlam	B & H	23.3
150m	Women U20/Snr	1st	199	Laura Hitchman	B & H	19.7 SW
		2nd	273	Alice Essam	EBR	20.6 U20
		3rd	56	Jody Kite	B & H	21.0 U20
		4th	281	Gemma Kersey	Basildon	21.2 U20
		5th	158	Lucy Lintott	EBR	21.4 U20
		6th	156	Louise Oliver	Rad	21.9 V35
300m	Boys U15	1st	7	Ben Brooks	St Johns School	39.5
		2nd	2	Alex Best	HBS	40.1
300m	Men U17	1st	27	David Patey	HBS	36.7
		2nd	12	Matthew Dorrington	B & H	37.1
		3rd	28	Joe Bybus	B & H	38.2
		4th	112	Mohamed Amer	Sutton	38.9
		5th	110	Mark Cryer	Med & Maid	39.1
		6th	214	Matthew Bartlett	Portsmouth	41.2
300m	Men U20	1st	133	Cyle Carty	Sutton	37.0
		2nd	208	Tom Parry	Kings. Poly	37.2
		3rd	215	Shaun Leigh	B & H	38.3
		4th	46	Tom Kennedy	Sutton	38.4
		5th	125	Ben Jeffcott	B & H	38.8
		6th	210	Ben Osonaika	Sutton	40.6
		7th	213	Karl Jenner	Crawley AC	41.1
300m	Men Snr	1st	204	Andrew Watson	Woking	36.4
		2nd	218	Richard Fox	Bas. H	37.2
		3rd	134	Joshua Swaray	Hillingdon	37.8
		4th	219	Darren Robinson	RAF	38.0
		5th	217	Mark Plowman	RAF	38.4
		6th	209	Sam Parsons	B & H	38.7
		7th	118	Alasdair Duncan	Radley	39.8

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300m	Women U17	1st	37	Yimika Adewakun	Sutton	42.3
		2nd	79	Emma Wakrim	Sutton	43.9
		3rd	270	Alison Moore	WDH	44.3
		4th	41	Samantha Beckett	Ashford	45.2
		5th	64	Rachel Robinson	Blackheath & Bror	47.5
300m	Women U17	1st	182	Naomi Carvalho	Sutton	44.6
		2nd	181	Grace King	Sutton	45.9
		3rd	271	Alice Sinno	WDH	46.5
		4th	66	Natalie Sampson	WDH	47.3
		5th	39	Maria Adlam	B & H	49.4
300m	Women U20	1st	200	Helena Corbin	Woking	43.4
		2nd	193	Jessica Lewis	Lewes	45.4
		3rd	56	Jody Kite	B & H	46.6
300m	Women Snr	1st	185	Carley Wenham	Crawley AC	40.7
		2nd	199	Laura Hitchman	B & H	43.0
		3rd	195	Natalie McManus	B & H	43.1
		4th	155	Paula Woodland	Radley	45.1
		5th	156	Louise Oliver	Radley	46.2 V35
600m	Boys & Girls U11	1st	115	Henry James McCann	Reigate Priory	1.55.8
		2nd	5	Matthew Boxall	Crawley AC	2.03.7
		3rd	4	Matthew Borthwick	Crawley AC	2.07.8
		4th	164	Helen Sheffield	U/A	2.15.6
		5th	24	Tom Mackman	HBS	2.17.8
		6th	165	Laura Sheffield	U/A	2.18.9
		7th	152	Lilly Pinggera	Reigate Priory	2.24.4
		8th	61	Erin McKenzie	Crawley AC	2.26.5
800m	Boys U13	1st	235	Ben Golding	Crawley AC	2.34.8
		2nd	20	James Hancock	Sutton	2.35.2
		3rd	242	Harry Sullivan Jones	B & H	2.43.2
		4th	229	Kames Keer	Sutton	2.44.9
		5th	136	Van Thomas	HBS	2.46.7
		6th	135	Sid Walters	Sutton	2.48.0
		7th	236	Sam Cunningham	U/A	2.48.0
		8th	244	Jack Foster	Phoenix	2.50.4
		9th	137	Daniel Pidgeon	HBS	2.53.2
		10th	144	Jack Milnthorpe	HBS	2.56.1
800m	Boys U15	1st	2	Alex Best	HBS	2.29.8
		2nd	17	Samuel Garland	Has	2.41.0
800m	Men U17/U20 Snr	1st	240	Ben Hoyslot	Lewes	2.03.3 U20
		2nd	231	Matthew Mooney	WSEH	2.05.6 SM
		3rd	22	Jonathan Ketley	EBR	2.08.1 U17
		4th	239	Tom Wilmott	B & H	2.10.9 U17
		5th	228	James Hickman	HBS	2.33.7 U17
		6th	226	Martin Dawson	HHH	2.51.4 U17
800m	Girls U13	1st	292	Paige Clark	Crawley AC	2.37.1
		2nd	45	Katie Garland	Hastings	2.39.2
		3rd	162	Alice Chandler	Reigate Priory	2.41.5
		4th	283	Louise Davison	Blackheath & Bror	2.45.1
		5th	55	Bekki Keyte	Blackheath & Bror	2.45.3
		6th	59	Imogen Marshall	WDH	2.47.7
		7th	67	Holly Schofield	HBS	2.53.2
		8th	88	Holly Talbut Smith	Crawley AC	3.00.2

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	9th	177	Emma Eatwell	HBS	3.04.2	
	10th	286	Sophie Burroughs	HBS	3.04.7	
	11th	280	Lauren Carter	Sutton	3.06.2	
	12th	68	Stephanie Shackel	Crawley AC	3.10.8	
800m	Girls U15	1st	276	Jessica Jones	Blackheath & Bror	2.30.8
		2nd	46	Laura Gent	Reigate Priory	2.33.2
		3rd	197	Holly Fletcher	Blackheath & Bror	2.33.3
		4th	287	Grace McDonagh	Sutton	2.37.9
		5th	279	Joanne Fallon	WSE	2.38.7
		6th	76	Holly turner	B & H	2.42.0
		7th	272	Emily Mills	Reigate Priory	2.44.3
		8th	298	Marie Conmee	Sutton	2.44.7
		9th	71	Lucinda Steel	Crawley AC	2.44.5
		10th	284	Abbie Chay	Reigate Priory	2.54.1
		11th	96	Sophie Ayre	Med & Maid	2.59.0
800m	Women U17/U20	1st	291	Chloe Crossman	Guildford	2.27.5 U17
	Snr	2nd	285	Jess Owen	Tonbridge	2.28.4 U20
		3rd	293	Lydia Carnell	Reigate Priory	2.35.3 U17
		4th	288	Leanne Kavanagh	Holland Sports	2.37.7 U17
		5th	294	Harriet Abbis	AFD	2.38.2 SW
		6th	297	Ellen Mason	Sutton	2.38.7 U15
		7th	64	Rachel Robinson	Blackheath & Bror	2.42.0 U17
		8th	198	Charlotte Harris	Portsmouth	2.42.1 U17
1200m	Boys & Girls U13	1st	148	Jake Alger	EBR	3.58.5
		2nd	223	Ed Clark	Reigate Priory	4.06.8
		3rd	121	Josh Batrtholomew	Sutton	4.17.2
		4th	220	Ben Barry	Sutton	4.20.4
		5th	196	Sonia Woolhouse	Blackheath & Bror	4.22.1 U13G
		6th	274	Sophie Mansfield	Crawley AC	4.26.5 U13G
		7th	278	Esther Lutz-Davies	B & H	4.37.8 U13G
1500m	Boys & Girls U15	1st	149	Keith Alger	EBR	4.48.2 U15B
		2nd	142	Bernie Spannagl	HBS	5.01.3 U15B
		3rd	63	Amber Reed	Blackheath & bron	5.09.8 U15G
		4th	206	Ben Foreman	SLH	5.10.8 U15B
		5th	207	Tom Aubertin	SLH	5.16.9 U15B
		6th	189	Sophie Foreman	SLH	5.20.0 U15G
		7th	89	Lisa Ferguson	Reigate Priory	5.49.0 U15G
		8th	179	Kassia Soards	Blackheath & Bror	5.56.0 U15G
		9th	191	Amelia Gibbons	Blackheath & Bror	6.19.1 U15G
1500m	Men & Women	1st	22	Jonathan Ketley	EBR	4.35.3 U17M
	U17	2nd	180	Johanna Spannagl	HBS	4.42.2 U17W
		3rd	147	Henry Teague-Smith	WDH	4.48.1 U17M
		4th	62	Emily Nolan	Blackheath & Bror	4.58.6 U17W
		5th	90	Calypso Finch	Reigate Priory	5.06.8 U17W
		6th	194	Beth Semikin	Sutton	5.27.0 U17W
		7th	54	Rosie Inman	HBS	5.29.5 U15G
1500m	Men & Women	1st	205	Adam Smith	B & H	4.18.6 U20M
		2nd	140	Paul Mealling	U/A	4.21.9 SM
		3rd	141	Alex Hookway	Tonbridge	4.22.2 U20M
		4th	202	Anupam Das	Oxford Univ	4.23.0 SM
		5th	203	Jamie Darling	Oxford Univ	4.25.3 SM
		6th	216	Harry Lloyd Gardner	Reigate Priory	4.27.9 U20M
		7th	1	Matthew Baker	HBS	4.52.6 U20M
		8th	139	Bill Arbury	Epsom & Ewell	4.58.0 V40
		9th	188	Sundai Bolton	Phoenix	5.00.5 U20W

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10th	10	Paul Cousins	Woking AC	5.02.3	V50
11th	178	Emily McLoughlin	Crawley AC	5.11.2	U20W
12th	212	John Evans	WDH	5.52.9	V55

3000m Men & Women

1st	243	Aaron Stone	Crawley AC	9.05.6	U20M
2nd	249	Ashley Williams	Lewes	9.11.6	U20M
3rd	202	Anupam Das	Oxford Univ	9.31.8	SM
4th	203	Jamie Darling	Oxford Univ	9.33.2	SM
5th	233	Tom Heslop	Camb Univ	9.37.3	SM
6th	245	Max Pickard	Phoenix	9.43.5	U17M
7th	234	Garon Heslop	Canterbury	9.47.9	V45
8th	246	Ollie Garrord	Epson	9.51.6	U17M
9th	247	Jack Bourne	SLH	9.52.0	U20M
10th	248	Garry Thayre	Crawley AC	10.18.8	SM
11th	281	Gemma Kersey	Basingstoke	10.23.8	U20W
12th	138	Emanuel Reineche	HBS	10.31.1	U20M
13th	241	Bonizwe McFadden	HBS	10.44.9	U15M
14th	299	Monica Isaac	Sutton	11.14.0	U20W
15th	296	Rachael Stewart	Med & Maid	12.26.3	SW

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Field Results				Number	Name	Club	Distance (m)	
Hammer	Men	U15	1st	106	James Lasis	Crawley AC	28.22	
			2nd	104	Thomas Kilner-Brown	HBS	19.31	
		U17	1st	105	Robert Duke	WDH	41.40	
			2nd	33	Paddy Vernes	B & H	27.48	
		U20	1st	14	Matthew Evans	WDH	44.82	
			2nd	15	Simon Evans	WDH	44.68	
	3rd		35	Fred Young	Southampton	31.81		
	Snr	1st	107	Karl Bricis	WDH	32.48		
		2nd	16	Dave Freeman	Crawley AC	17.30		
	Hammer	Women	U15	1st	102	Louisa James	Hastings	49.13
				2nd	85	Ellie Woolcott	B & H	19.69
				3rd	60	Eloise Marshall	WDH	19.19
U20			1st	72	Anna Stevens	Southampton	27.29	
Snr			1st	97	Laura Duke	WDH	37.54	
Shot			Men	U13	1st	36	Tom Young	Southampton
	2nd	148			Jake Alger	EBR	6.16	
	3rd	116			Gavin Brownlee	Crawley AC	5.36	
	4th	8			Jason Shackel	Crawley AC	5.05	
	5th	114			Craig Rawlings	Sutton	4.31	
	U15	1st		106	James Lasis	Crawley AC	8.97	
		2nd		104	Thomas Kilner-Brown	HBS	7.63	
	U17	1st		105	Robert Duke	WDH	10.77	
		2nd		19	Jonathan Gullett	HBS	10.15	
		3rd		33	Paddy Vernes	B & H	9.79	
	U20	1st		215	Shaun Leigh	B & H	11.85	
		2nd		35	Fred Young	Southampton	11.69	
		3rd	6	Luke Braden	B & H	11.20		
		4th	129	Bradley Hall	Crawley AC	10.78		
		5th	15	Simon Evans	WDH	9.95		
		6th	14	Matthew Evans	WDH	9.01		
	Snr	1st	227	Steve McCourt	Crawley AC	10.74		
		2nd	107	Karl Bricis	WDH	10.10		
		3rd	16	Dave Freeman	Crawley AC	8.10		
	Shot	Women	U13	1st	38	Isabelle Adlam	B & H	6.91
				2nd	157	Emily Harmond	WDH	6.66
		U15	1st	47	Nicola Gregory	Bexley	8.53	
			2nd	46	Laura Gent	Reigate Priory	7.74	
			3rd	186	Saisha Bassi	Crawley AC	7.48	
4th			80	Caitoin Ward	HBS	6.27		
5th			76	Holly Turner	B & H	6.06		

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	6th	96	Sophie Ayre	Medway	5.86
	7th	87	Melissa Don	B & H	5.46
U17	1st	40	Rebecca Baines	Crawley AC	10.02
U20	1st	72	Anna Stevens	Southampton	9.56
Snr	1st	97	Laura Duke	WDH	10.33
	2nd	65	Jo Rowland	Crawley AC	9.91
V35	1st	156	Louise Oliver	Radley	9.21

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Discus	Men	U13	1st	36	Tom Young	Southampton	22.71	
			2nd	121	Josh Bartholomew	Sutton	14.32	
			3rd	114	Craig Rawlings	Sutton	14.16	
			4th	116	Gavin Brownlee	Crawley AC	14.08	
		U15	1st	106	James Lasis	Crawley AC	29.12	
			2nd	101	Rob James	Hastings	28.93	
			3rd	104	Thomas Kilner-Brown	HBS	21.10	
			-	201	Lewis Sides	B & H	-	
		U17	1st	19	Jonathan Gillett	HBS	35.89	
			2nd	33	Paddy Vernes	B & H	33.84	
			3rd	105	Robert Duke	WDH	33.47	
		U20	1st	6	Luke Braiden	B & H	40.55	
	2nd		129	Bradley Hall	Crawley AC	39.00		
	3rd		211	Harry Tilsley	HBS	34.34		
	4th		35	Fred Young	Southampton	32.92		
	5th		15	Simon Evans	WDH	31.65		
	6th		14	Matthew Evans	WDH	25.16		
	Snr	1st	217	Mark Plowman	RAF	39.81		
		2nd	25	Peter Mayfield	Belgravia	31.31		
		3rd	16	Dave Freeman	Crawley AC	21.60		
	V60	1st	221	Robin Roach	Walton	29.63		
	Discus	Women	U13	1st	43	Livvy Connor	Lewes	17.32
				2nd	42	Hannah Clarke	HBS	16.20
				3rd	38	Isabelle Adlam	B & H	12.92
4th				162	Alice Chandler	Reigate Priory	10.11	
U15			1st	51	Renee Hector	Stevenage	30.48	
			2nd	47	Nicola Gregory	Bexley	26.20	
U17			1st	40	Rebecca Baines	Crawley AC	30.15	
			2nd	102	Louisa James	Hastings	30.09	
			3rd	290	Lisa Normoyle	Hastings	27.96	
			4th	95	Melissa Kilner-Brown	HBS	19.23	
U20			1st	72	Anna Stevens	Southampton	28.26	
			2nd	295	Amelia Mougouber	DMV	27.31	
Snr		1st	97	Laura Duke	WDH	28.61		
High Jump		Men	U13	1st	148	Jake Alger	EBR	1.35
				2nd	31	George Turner	B & H	1.15
				3rd	36	Tom Young	Southampton	1.10
			U15	1st	117	Jake Lane	Med & maid	1.41
			U20	1st		Matt Baker	HBS	1.80
		Snr	1st	217	Mark Plowman	RAF	1.75	
		Women	U13	1st	45	Katie Garland	Hastings	1.35

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U17	1st	66	Natalie Sampson	WDH	1.35
	-	49	Gabbie Harris	B & H	NH

U20	1st	187	Elizabeth Maries	Crawley AC	1.55
	2nd	192	Megan Cox	B & H	1.40

Snr	1st	65	Jo Rowland	Crawley AC	1.55
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Long Jump Men

U11	1st	109	Ira Perrier	B & H	3.69
	2nd	128	Ocean Schwartz	Holland Sports	3.47
	3rd	113	Ben Spanton	HBS	3.19

U13	1st	30	Ryan Slater	HBS	3.96
	2nd	26	George Palmer	HBS	3.94
	3rd	121	Josh Bartholomew	Sutton	3.89
	4th	125	Sid Walters	Sutton	3.69
	5th	144	Jack Milnthorpe	HBS	2.74

U15	1st	17	Samuel Garland	Hastings	4.22
	2nd	201	Lewis Sides	B & H	4.05
	3rd	149	Keith Alger	EBR	3.91
	4th	131	Evan Carter	Lewes	3.81

U17	1st	11	Lewis Cullen	WDH	5.41
	2nd	110	Mark Cryer	Med & Maid	5.29
	3rd	130	Jack Valeri	B & H	2.15

U20	1st	224	Seb Rodger	EBR	6.49
	2nd	1	Matt Baker	HBS	5.89

Snr	1st	120	Chris Morgan	Crawley AC	6.27
	2nd	225	Ben Radcliffe	HHH	5.61 M35
	3rd	25	Peter Mayfield	Belgrave	5.01
	4th	150	Noel Beda	U/A	4.22

Long Jump Women

U11	1st	169	Emily Hornung	DMV	3.27
	2nd	164	Helen Sheffield	U/A	3.22
	3rd	57	Tanyth Laing	Crawley AC	3.11
	4th	172	Zoe Sawicki	Phoenix	2.85
	5th	75	Emma Tullett	HHH	2.75
	6th	165	Laura Sheffield	U/A	2.74
	7th	167	Lucy Sumner	Holland Sp	2.57
	8th	168	Alexandra Wray	Holland Sp	2.46

U13	1st	45	Katie Garland	Hastings	3.99
	2nd	59	Imogen Marshall	WDH	3.87
	3rd	69	Anna Short	WDH	3.84
	4th	43	Livvy Connor	Lewes	3.80
	5th	159	Fleur Duke	WDH	3.76
	6th	70	Sophie Spinner	WDH	3.64
	7th	81	Flo Webb	HBS	3.36
	8th	171	Lea Sawicki	Phoenix	3.34
	9th	183	Molly Adams	HBS	3.29
	10th	88	Holly Talbut-Smith	Crawley AC	3.15
	11th	73	Jade Stocker	HBS	2.79

U15	1st	94	India Coker	B & H	4.55
	2nd	74	Samantha Tullett	HHH	4.34

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	3rd	98	Sian Perrier	B & H	3.96
	4th	93	Amelia Thompson	WDH	3.83
	5th	80	Caitlin Ward	HBS	3.73
	6th	89	Lisa Ferguson	Reigate Priory	3.41
	7th	87	Melissa Donaldson	B & H	3.16
U17	1st	66	Natalie Sampson	WDH	4.59
	2nd	92	Katherine Bird	WDH	4.01
U20	1st	86	Verity Lipscombe	B & H	4.85
Snr	1st	78	Lucy Venables	HHH	4.21
Pole vault Men	U15 Boys 1st	23	James Mackman	HBS	2.60
Pole vault Women	U13 Girls 1st	43	Livvy Connor	Lewes	2.00
	U15 Girls 1st	103	Emilie Blackwell	Lewes	2.60
	2nd	58	Naomi Lee	Lewes	2.50
	3rd	80	Caitlin Ward	HBS	1.80
	4th	76	Holly Turner	B & H	1.70