

**HAVANT AC OPEN MEETING**  
**Mountbatten Centre, Portsmouth**  
**Saturday 19th April 2008**

**100m U13G H1**

Pos	Name	Club	Age	Performance
1	T Canning	Isle of Wight AC	U13G	15.2
2	L Mudd	Gloucester AC	U13G	15.2
3	E Cowell	Team Southampton	U13G	15.5
4	W Canning	Isle of Wight AC	U13G	17.1
5	H Knapton	Winchester AC	U13G	17.3

**100m U13G H2**

Pos	Name	Club	Age	Performance
1	G Sunderland	Radley AC	U13G	15.4
2	H Cousins	Banbury Harriers	U13G	15.5
3	Georgia Henderson	Radley AC	U13G	18.6
4	Gemma Henderson	Radley AC	U13G	19

**100m U15G**

Pos	Name	Club	Age	Performance
1	R Elliott	City of Portsmouth AC	U15G	14.3
2	D Giddings	City of Portsmouth AC	U15G	14.3
3	L Collins	City of Portsmouth AC	U15G	14.4
4	H Jarvis	Witney Road Runners	U15G	15.8
5	A Cook	Isle of Wight AC	U15G	16.4

**100m U17W**

Pos	Name	Club	Age	Performance
1	F Norster	Isle of Wight AC	U17W	13.6
2	C Patterson	Andover AC	U17W	13.6
3	S Grace	Isle of Wight AC	U17W	14.2
4	D Horner	Andover AC	U17W	14.6
5	H Roberts	Camberley & District AC	U17W	14.9

**100m U20W/SW**

Pos	Name	Club	Age	Performance
1	S Vaile	City of Portsmouth AC	SW	13.4
2	A Matthews	Team Southampton	U20W	13.7
3	A Onions	University of Portsmouth AC	SW	14.7
4	R Hill	Unattached	SW	15.6

**100m U13B**

Pos	Name	Club	Age	Performance
1	K Phillips	Isle of Wight AC	U13B	14.2
2	M Chant	Andover AC	U13B	14.2
3	D Munden	City of Portsmouth AC	U13B	15.4
4	W Olwage	AFD	U13B	16.3
5	M Flitcroft	Basingstoke & Mid Hants AC	U13B	17.1
6	T Harriskine-Cook	Isle of Wight AC	U13B	18.4

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Pos	Name	Club	Age	Performance
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**100m U17M**

Pos	Name	Club	Age	Performance
1	A. Harwood	Andover AC	U17M	12.7
2	M Woodhouse	Andover AC	U17M	13.2
3	R Taylor	Andover AC	U17M	13.2
4	D Bache	basingstoke & Mid Hants AC	U17M	13.5
5	P Brown	City of Portsmouth AC	U17M	13.7

**100m U20M**

Pos	Name	Club	Age	Performance
1	C Tandi	City of Portsmouth AC	U20M	11.5
2	K Callender	Reading AC	U20M	11.6
3	H Byrne	Newham & Essex Beagles	U20M	11.7
4	A Millen	Worthing Harriers	U20M	12.0
5	A Wardell	Worthing Harriers	U20M	12.8
6	J Flitcroft	Basingstoke & Mid Hants AC	U20M	13.1

**100m SM**

Pos	Name	Club	Age	Performance
1	J Gabbidon	City of Portsmouth AC	SM	11.8
2	F Deans	Newham & Essex Beagles	SM	11.9
3	L Fulham	Worthing Harriers	SM	12.2
4	D Koroma	Oxford City AC	SM	12.5
5	J Oviasu	University of Portsmouth AC	SM	13.3

**100m SM/VM**

Pos	Name	Club	Age	Performance
1	J Folkes	Andover AC	SM	11.9
2	D Elderfield	Newbury AC	MV	12.7
3	J Whiteman	Andover AC	SM	13.0
4	R Watkins	Basingstoke & Mid Hants AC	MV	13.5
5	K Wheeler	Gosport Road Runners	SM	14.3

**200m U13G**

Pos	Name	Club	Age	Performance
1	L Mudd	Gloucester AC	U13G	29.8
2	T Hole	New Forest Juniors	U13G	30.2
3	T Canning	Isle of Wight AC	U13G	31.5
4	H Cousins	Banbury Harriers	U13G	32.0
5	H Henwood	Team Southampton	U13G	32.4
6	W Canning	Isle of Wight AC	U13G	35.0
7	Georgia Henderson	Radley AC	U13G	38.9

**200m U15G**

Pos	Name	Club	Age	Performance
1	R Elliott	City of Portsmouth AC	U15G	29.8
2	L Collins	City of Portsmouth AC	U15G	29.8
3	I Street	Portsmouth Grammar School	U15G	30.9
4	H Jarvis	Witney Road Runners	U15G	31.1
5	A H-Cook	Isle of Wight AC	U15G	34.3

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**100m U13G H1**

Pos	Name	Club	Age	Performance
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**200m U17W/U20W/SW**

Pos	Name	Club	Age	Performance
1	S Vaile	City of Portsmouth AC	SW	27.2
2	C Paterson	Andover AC	U17W	27.6
3	A Matthews	Team Southampton	U20W	28.4
4	K Lysons	Basingstoke & Mid Hants AC	U20W	28.7
5	R Hill	Unattached	SW	32.1

**200m U13B**

Pos	Name	Club	Age	Performance
1	M Chant	Andover AC	U13B	29.1
2	D Munden	City of Portsmouth AC	U13B	31
3	G Robinson	WSEH	U13B	32.6
4	S Hickman	Havant AC	U13B	33.6
5	T H-Cook	Isle of Wight AC	U13B	37

**200m U15B/U17M**

Pos	Name	Club	Age	Performance
1	J Gilbey	Isle of Wight AC	U17M	24.3
2	N Stalker	Bracknell AC	U17M	25.0
3	A Harwood	Andover AC	U17M	25.8
4	M Woodhouse	Andover AC	U17M	26.7
5	R Taylor	Andover AC	U17M	27.1
6	B Cook	City of Portsmouth AC	U15B	27.1
7	D Bache	Basingstoke & Mid Hants AC	U17M	27.5

**200m U20M**

Pos	Name	Club	Age	Performance
1	C Tandi	City of Portsmouth AC	U20M	22.5
2	H Byrne	Newham & Essex Beagles	U20M	22.5
3	A Millen	Worthing Harriers	U20M	24.6
4	R Goble	Unattached	U20M	24.9
5	A Wardell	Worthing Harriers	U20M	25.2
6	J Flitcroft	Basingstoke & Mid Hants AC	U20M	25.4

**200m SM/VM**

Pos	Name	Club	Age	Performance
1	F Deans	Newham & Essex Beagles	SM	24.6
2	J Gibbidon	City of Portsmouth AC	SM	24.6
3	L Fulham	Worthing Harriers	SM	24.7
4	D Terry	University of Portsmouth AC	SM	25.7
5	D Elderfield	Newbury AC	MV	25.8
6	J Oviasu	University of Portsmouth AC	SM	26.8
7	T B-Eayle	University of Portsmouth AC	SM	26.9

**200m SM/VM**

Pos	Name	Club	Age	Performance
1	D Campbell	Team Southampton	SM	23.6
2	J Elderfield	Basingstoke & Mid Hants AC	SM	23.7
3	J Folkes	Andover AC	SM	24.2
4	J Whitman	Andover AC	SM	25.6
5	R Watkins	Basingstoke & Mid Hants AC	MV	27.1
6	L Christophe	Bournemouth AC	SM	27.2
7	K Wheeler	Gosport Road Runners	SM	29

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**100m U13G H1**

Pos	Name	Club	Age	Performance
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**300m U13G/U15G**

Pos	Name	Club	Age	Performance
1	D Giddings	City of Portsmouth AC	U15G	47.8
2	S Baker	New Forest Juniors	U15G	48.7
3	M Baverstock	Gloucester AC	U15G	49.2
4	M Biggs	Basingstoke & Mid Hants AC	U13G	53.6

**300m U17W**

Pos	Name	Club	Age	Performance
1	C Paterson	Andover AC	U17W	45.4
2	J Shuttleworth	City of Portsmouth AC	U17W	46.1
3	O Lade	Unattached	U17W	46.1

**300m U15B**

Pos	Name	Club	Age	Performance
1	M Leight	New Forest Juniors AC	U13B	54.7

**400m U13B/U13G**

Pos	Name	Club	Age	Performance
1	S Lawe	Andover AC	U13B	73.3
2	G Robinson	WSEH	U13B	75.7
3	Gemma Henderson	Radley AC	U13G	83.6
4	Georgia Henderson	Radley AC	U13G	91.5

**400m U15B**

Pos	Name	Club	Age	Performance
1	C Ladhams	Basingstoke & Mid Hants AC	U15B	56.8
2	J Longhurst-Gent	Unattached	U15B	62.4
3	M Bartlett	City of Portsmouth AC	U15B	63.0

**400m U17M**

Pos	Name	Club	Age	Performance
1	N Stalker	Bracknell AC	U17M	54.1
2	S Benfield	Witney Road Runners	U17M	55.6
3	C Adams	Andover AC	U17M	56.7
4	S Reid	Basingstoke & Mid Hants AC	U17M	59
5	A Orman	City of Portsmouth AC	U17M	59.5
6	B Placidi	City of Portsmouth AC	U17M	59.6
7	P Brown	City of Portsmouth AC	U17M	60.3
8	C Occamore	Isle of Wight AC	U17M	63.1

**400m U20M/SM**

Pos	Name	Club	Age	Performance
1	J Elderfield	Basingstoke & Mid Hants AC	SM	49.9
2	B Parnell	Team Southampton	U20M	53.3
3	L Fulham	Worthing Harriers	SM	53.6
4	M Prien	University of Portsmouth AC	SM	53.8
5	I Barrett	Worthing AC	SM	54.3
6	T B-Eales	University of Portsmouth AC	SM	57.6
7	R Hawkes	Haslemere Border AC	SM	57.8
8	J Flitcroft	Basingstoke & Mid Hants AC	U20M	61

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**100m U13G H1**

Pos	Name	Club	Age	Performance
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**800m U13G**

Pos	Name	Club	Age	Performance
1	E Clarke	Winchester AC	U13G	02:47.5
2	H Knapton	Winchester AC	U13G	02:53.5
3	R Rees	City of Portsmouth AC	U13G	02:59.9
4	I Gwyn	Havant AC	U13G	03:01.5
5	M Russell	City of Portsmouth AC	U13G	03:05.3

**800m U15G**

Pos	Name	Club	Age	Performance
1	C McMillan	Banbury Harriers	U15G	02:38.2
2	A. Rochford	Winchester AC	U15G	02:39.6
3	E Milsom	Andover AC	U15G	02:44.6
4	M Dobinson	Andover AC	U15G	02:54.9
5	M Rafferty	City of Portsmouth AC	U15G	03:12.9

**800m U17W/SW**

Pos	Name	Club	Age	Performance
1	H Winn	RNAC	SW	02:44.1
2	A Parnell	Team Southampton	U17W	02:44.2
3	C Brown	Andover AC	U17W	02:46.1
4	S Gardner	Unattached	U17W	02:58.3

**800m U13B**

Pos	Name	Club	Age	Performance
1	D Grinham	Andover AC	U15B	02:25.3
2	D Fisher	Team Southampton	U15B	02:43.3
3	W Olwage	AFD	U15B	02:46.3
4	M Flitcroft	Basingstoke & Mid Hants AC	U15B	02:51.7

**800m U17M**

Pos	Name	Club	Age	Performance
1	M Mooney	WSEH	U17M	02:07.0
2	A Orman	City of Portsmouth AC	U17M	02:08.8
3	D Grinham	Andover AC	U17M	02:09.8
4	D Bolton	Team Southampton	U17M	02:10.2
5	B Placidi	City of Portsmouth AC	U17M	02:20.9
6	J Timberlake	City of Portsmouth AC	U17M	02:26.2

**800m U20M/SM**

Pos	Name	Club	Age	Performance
1	M Di Laura	Worthing Harriers	U20M	02:03.0
2	K Hooley	Andover AC	SM	02:04.5
3	L mcGarrigle	Basingstoke & Mid Hants AC	U20M	02:08.0
4	G Cooke	University of Portsmouth AC	SM	02:08.7
5	I Cross	Team Southampton	SM	02:10.0

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**100m U13G H1**

Pos	Name	Club	Age	Performance
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**1 Mile Mixed Heat 1**

Pos	Name	Club	Age	Performance
1	B Cook	City of Portsmouth AC	U15B	05:18.0
2	E Gilmore	City of Portsmouth AC	U15G	05:26.0
3	J Longhurst-Gent	Unattached	U15B	05:28.8
4	S Haysom	Poole AC	U15G	05:39.8
5	R Bevis	City of Portsmouth AC	U13B	05:41.5
6	N Thorne	City of Portsmouth AC	U15B	05:43.8
7	S Price	City of Portsmouth AC	U20W	05:45.2
8	J Wilcox	MPGBA	U15G	05:45.7
9	C Harris	City of Portsmouth AC	U15G	05:48.6
10	E Bevis	City of Portsmouth AC	U13B	05:52.5
11	L Kidby	City of Portsmouth AC	U20W	05:59.1
12	S Lane	Andover AC	U13B	06:09.1
13	H Van-Okiel	City of Portsmouth AC	U13B	06:24.6
14	G Henderson	Radley AC	U13G	07:10.9

**1 Mile Mixed Heat 2**

Pos	Name	Club	Age	Performance
1	R Larsen	Bracknell AC	SM	04:27.3
2	M Prien	University of Portsmouth AC	SM	04:43.3
3	J Teuten	City of Portsmouth AC	SM	04:45.7
4	A Teuten	City of Portsmouth AC	SM	04:54.3
5	A Darwent	City of Portsmouth AC	U17M	05:00.2
6	C Ore	University of Portsmouth AC	SM	05:01.1
7	C Adams	Andover AC	U17M	05:07.3
8	G Tracey	City of Portsmouth AC	U17M	05:22.6
9	S Munro	University of Portsmouth AC	SM	05:23.2
10	N O'Dowd	Eastleigh Running Club	MV	05:28.3
11	D Brown	University of Portsmouth AC	SM	05:35.9
12	B Leigh	Southampton Running Club	MV	05:36.7
13	C Kurth	University of Portsmouth AC	SM	05:37.5
14	L Davis	University of Portsmouth AC	U20M	05:37.5
15	K Wheeler	Gosport Road Runners	SM	05:51.1
16	M Lane	Andover AC	SM	06:07.2
17	L Goldsack	Ashford AC	MV	06:29.7
18	P Royce	Portsmouth Triathletes	MV	06:35.7
19	M Stares	Gosport Road Runners	MV	06:55.5

**3000m Mixed Heat 1**

Pos	Name	Club	Age	Performance
1	S Edgington	AFD	SM	09:51.5
2	M Cromati	Team Southampton	U20M	10:00.4
3	C Ore	University of Portsmouth AC	SM	10:02.5
4	P Collins	Southampton Running Club	SM	10:28.4
5	D Poinglustre	Isle of Wight AC	U20M	10:29.3
6	N O'Dowd	Eastleigh Running Club	MV	10:35.3
7	S Munro	University of Portsmouth AC	SM	10:40.0
8	D Symmonds	Havant AC	MV	10:46.4
9	D Brown	University of Portsmouth AC	SM	11:04.6
10	C Kurth	University of Portsmouth AC	SM	11:22.0
11	M Lane	Andover AC	SM	11:49.8
12	P Royce	Portsmouth Triathletes	MV	12:45.2
13	N MacDonald	University of Portsmouth AC	SW	12:55.3
14	Z Boyland	University of Portsmouth AC	SW	12:55.6
15	K Reeves	University of Portsmouth AC	MV	12:56.1
16	M Stares	Gosport Road Runners	MV	13:45.6

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**100m U13G H1**

Pos	Name	Club	Age	Performance
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**3000m Mixed Heat 2**

Pos	Name	Club	Age	Performance
1	W Newnham	Isle of Wight AC	U17M	09:36.4
2	L Gates	Team Southampton	U17M	09:53.0
3	A Bennett	Team Southampton	U17M	10:17.1
4	G Tracey	City of Portsmouth AC	U17M	10:28.0
5	A Rudge	Unattached	U15B	10:29.9
6	L Webb	Team Southampton	U20W	10:33.7
7	B Bradley	Camberley & District AC	U15B	10:50.8
8	A Abe	Team Southampton	U20W	11:21.7
9	F Leign	New Forest Juniors	U13B	11:45.1
10	A Lazenbury	City of Portsmouth AC	U17W	12:28.0
11	P Muckelt	City of Portsmouth AC	U17M	12:56.6

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**Hammer SW**

Pos	Name	Club	Age	Performance
1	E Edwards	Hunts AC	SW	41.13
2	S Wise	Luton AC	SW	37.66
3	S Darts	Havant AC	SW	27.92

**Hammer U20W**

Pos	Name	Club	Age	Performance
1	A Seabrook	Yate	U20W	30.76
2	M Accomore	Isle of Wight AC	U20W	23.18

**Hammer U15G**

Pos	Name	Club	Age	Performance
1	O Jones	Epsom & Ewell	U15G	18.1

Pos	Name	Club	Age	Performance
1	G Jennings	Banbury	SM	37.26
2	P Jennings	Abingdon	M60	28.39

**Hammer U17M**

Pos	Name	Club	Age	Performance
1	C Accomore	Isle of Wight AC	U17M	27.66

**Hammer U15B**

Pos	Name	Club	Age	Performance
1	G Jones	Andover AC	U15B	39.95
2	D Avery	Team Southampton	U15B	33.98
3	B Fletcher	Team Southampton	U15B	19.24
4	J Banfield	Witney Road Runners	U15B	16.96
5	A Nightingale	Isle of Wight AC	U15B	5.32

**Hammer U13B**

Pos	Name	Club	Age	Performance
1	K Philips	Isle of Wight AC	U13B	26.7

**Long Jump SW**

Pos	Name	Club	Age	Performance
1	M Gault	City of Portsmouth AC	SW	5.28
2	A Onions	University of Portsmouth AC	SW	4.55

**Long Jump U20W**

Pos	Name	Club	Age	Performance
1	K Lysons	Basingstoke & Mid Hants AC	U20W	4.15

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**Long Jump U17W**

Pos	Name	Club	Age	Performance
1	O Lade	City of Portsmouth AC	U17W	4.30
2	H Roberts	Camberley & District AC	U17W	4.27

**Long Jump U15G**

Pos	Name	Club	Age	Performance
1	S Baker	New Forest Juniors	U15G	4.26
2	C McMillan	Banbury	U15G	4.01
3	R Ingham	Camberley & District AC	U15G	3.71

**Long Jump U13G**

Pos	Name	Club	Age	Performance
1	M Bigg	Basingstoke & Mid Habts AC	U13G	4.18
2	E Canell	Team Southampton	U13G	4.00
3	T Hole	New Forest Juniors	U13G	3.50
4	H Cousins	Banbury	U13G	3.44
5	G Sunderland	Radley AC	U13G	3.18
6	H Knapton	Winchester AC	U13G	2.95

**Long Jump SM**

Pos	Name	Club	Age	Performance
1	A Nicholson	Horsham Blue Star	SM	6.54
2	B Adcock	City of Portsmouth AC	SM	5.95
3	A Greaves	Harrow AC	SM	5.74
4	M Craven	Unattached	SM	5.2

**Long Jump U20M**

Pos	Name	Club	Age	Performance
1	D Morris	Worthing	U20M	5.05

**Long Jump U17M**

Pos	Name	Club	Age	Performance
1	L Philips	Isle of Wight AC	U17M	5.99
2	S Benfield	Witney Road Runners	U17M	5.32
3	D Bache	Basingstoke & Mid Hants AC	U17M	4.65

**Long Jump U13B**

Pos	Name	Club	Age	Performance
1	F Leigh	New Forest Juniors AC	U13B	3.69
	2 M Leigh	New Forest Juniors AC	U13B	3.47
	3 T Harriskine-Cook	Isle of Wight AC	U13B	2.62

**Shot SW**

Pos	Name	Club	Age	Performance
1	S Wise	Luton AC	SW	8.49

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**Shot U17W**

Pos	Name	Club	Age	Performance
1	E Varcoe	Team Southampton	U17W	8.72

**Shot U15G**

Pos	Name	Club	Age	Performance
1	J Harris	Isle of Wight AC	U15G	7.54
2	H Jarvis	Witney Road Runners	U15G	6.50
3	O Jones	Epsom & Ewell	U15G	6.30
3	R Ingham	Camberley & District AC	U15G	5.57

**Shot U13G**

Pos	Name	Club	Age	Performance
1	E Cowell	Team Southampton	U13G	6.52
2	M Bigg	Basingstoke & Mid Hants AC	U13G	5.73
3	G Sunderland	Radley AC	U13G	5.30

**Shot U20M**

Pos	Name	Club	Age	Performance
1	J Flitcroft	Basingstoke & Mid Hants AC	U20M	7.76

**Shot U17M**

Pos	Name	Club	Age	Performance
1	R Shuttleworth	City of Portsmouth AC	U17M	12.77

**Shot U15B**

Pos	Name	Club	Age	Performance
1	J Benfield	Witney Road Runners	U15B	7.33
2	B Fletcher	Team Southampton	U15B	6.79
3	A Nightingale	Isle of Wight AC	U15B	6.47

**Shot U13B**

Pos	Name	Club	Age	Performance
1	D Munden	City of Portsmouth AC	U13B	7.67
2	K Philips	Isle of Wight AC	U13B	7.58
3	M Wearn	Unattached	U13B	5.73