



Southampton Athletic Club

Indoor Performances 2012

Corrigenda to alan.cropp@talktalk.net

Updated 10.4.12

p.b.	Date	Name	Age Group	Latest	Date	Venue	s.b.	Date	Venue	Coach
60m, H										
8.59	12.2.12	Karla Drew	SW	8.83	26.2.12	Sheffield	8.59	12.2.12	Sheffield	Antonio Minichiello
9.85	15.1.12	Adam Jones	U15B	9.85	15.1.12	Lee Valley	9.85	15.1.12	Lee Valley	
10.58	15.1.12	Owen Lawrence	U15B	10.58	15.1.12	Lee Valley	10.58	15.1.12	Lee Valley	
10.98	4.3.12	Ellie Hodgson	U13G	10.98	4.3.12	Eton	10.98	4.3.12	Eton	
11.17	11.3.12	Derek Warn	M45	11.58	17.3.12	Lee Valley	11.17	11.3.12	Lee Valley	
60m.										
7.17	25.2.12	Malcolm Gledhill	U23M	7.17	25.2.12	Sheffield	7.17	25.2.12	Sheffield	
7.22	22.2.09	Sean Foord	U23M	7.25	4.2.12	Eton	7.25	4.2.12	Eton	
7.58	8.1.12	Russell Jones	U23M	7.58	8.1.12	Eton	7.58	8.1.12	Eton	Erik Little
7.61	4.2.12	Jason Amartey	U17M	7.61	4.2.12	Eton	7.61	4.2.12	Eton	
7.98	11.3.12	Mark West	V35M	7.98	11.3.12	Lee Valley	7.98	11.3.12	Lee Valley	Erik Little
7.90	9.1.11	Emily Newton	SW	8.00	4.3.12	Eton	8.00	4.3.12	Eton	Andy Forman
8.30	10.3.12	Ellie Hodgson	U13G	8.30	10.3.12	Lee Valley	8.30	10.3.12	Lee Valley	
8.30	21.4.10	Anna Henden	SW	8.41	25.2.12	Sheffield	8.41	25.2.12	Sheffield	
8.44	27.3.10	Vic Novell	V65	8.49	4.4.12	Finland	8.49	4.4.12	Finland	
8'54"	8.1.12	Joanne Bottell	U20W	8'54"	8.1.12	Eton	8'54"	8.1.12	Eton	Erik Little
8.63	17.3.12	Derek Warn	M45	8.63	17.3.12	Lee Valley	8.63	17.3.12	Lee Valley	
8.20	20.2.11	Roderick Davies	M55	8.64	17.3.12	Lee Valley	8.64	17.3.12	Lee Valley	
8.75	19.2.12	Mike Applegate	V60	8.75	19.2.12	Lee Valley	8.75	19.2.12	Lee Valley	
9.02	4.2.12	Sophie Merritt	U15G	9.02	4.2.12	Lee Valley	9.02	4.2.12	Lee Valley	
		Wang Zilong	SM	8.41	4.2.12	Eton	Unknown			
200m.										
22.3	9.7.11	Ronnie Young	U20M	22.73	26.2.12	Birmingham	22.73	26.2.12	Birmingham	Todd Bennett
22.96	29.8.11	Malcolm Gledhill	U23M	23.17	25.2.12	Sheffield	23.17	25.2.12	Sheffield	
25.30	11.3.12	Mark West	V35	25.30	11.3.12	Lee Valley	25.30	11.3.12	Lee Valley	Erik Little
26.7	26.6.10	Anna Henden	SW	27.43	26.2.12	Sheffield	26.80	19.2.12	Birmingham	
26.4	24.7.11	Emily Jenkinson	U17W	27.31	19.2.12	Birmingham	27.31	19.2.12	Birmingham	Todd Bennett
25.9	21.6.09	Roderick Davies	V55M	28.14	18.3.12	Lee Valley	28.14	18.3.12	Lee Valley	
27.32	17.7.05	Vic Novell	V65	28.74	5.4.12	Finland	28.52	18.3.12	Lee Valley	
29.00	10.3.12	George Rosam	U13B	29.00	10.3.12	Lee Valley	29.00	10.3.12	Lee Valley	
27.1	19.6.05	Mike Applegate	V60	29.66	19.2.12	Lee Valley	29.66	19.2.12	Lee Valley	
28.53	5.6.11	Michelle Wakefield	V45	29.71	19.2.12	Lee Valley	29.71	19.2.12	Lee Valley	Todd Bennett
300m.										
41.5	14.5.11	Emily Jenkinson	U17W	42.31	19.2.12	Birmingham	42.31	19.2.12	Birmingham	
400m.										
46.74	19.2.12	James Forman	SM	46.74	19.2.12	Birmingham	46.74	19.2.12	Birmingham	Andy Forman
50.96	13.8.11	David Bolton	U23M	51.71	25.2.12	Sheffield	51.71	25.2.12	Sheffield	Todd Bennett
52.3	5.5.07	Adam Cowburn	SM	54.15	28.2.12	Lee Valley	54.15	28.2.12	Lee Valley	
51.02	30.7.08	Jonathan Tilt	V45M	54.54	17.3.12	Lee Valley	54.54	17.3.12	Lee Valley	Howard Moscrop
56.66	15.2.12	Millie Clifford	U20W	57.21	25.2.12	Sheffield	56.66	15.2.12	Birmingham	Michael Coker
56.20	20.6.11	David Blackman	V45M	59.07	11.3.12	Lee Valley	59.07	11.3.12	Lee Valley	Jonathan Tilt
62.06	12.9.09	Derek Warn	V45M	65.09	17.3.12	Lee Valley	65.09	17.3.12	Lee Valley	
600m.										
800m.										
1'51.21"	11.6.11	Aaron Bennett	U23M	DNF	25.2.12	Sheffield	1'56.46"	11.2.12	Sheffield	Todd Bennett
1'53.27"	2.7.11	Dudley Mason	U20M	1'57.61"	26.2.12	Birmingham	1'56.85"	25.2.12	Birmingham	Todd Bennett
1'55.18"	11.5.02	Russell Osborn	SM	1'58.73"	15.1.12	Lee Valley	1'58.73"	15.1.12	Lee Valley	
2'06.0"	16.6.10	Jonathan Tilt	V45M	2'07.54"	18.3.12	Lee valley	2'07.54"	18.3.12	Lee valley	Howard Moscrop
2'04.96"	4.7.10	David Blackman	V45M	2'08.02"	18.3.12	Lee valley	2'08.02"	18.3.12	Lee valley	Jonathan Tilt
2'12.46"	10.7.10	Emily Jenkinson	U17W	2'14.99"	25.2.12	Birmingham	2'14.99"	25.2.12	Birmingham	Todd Bennett
2'10.5"	17.8.11	David Fisher	U17M	2'15.87"	21.1.12	Lee Valley	2'15.87"	21.1.12	Lee Valley	William Tindell
2'17.82	19.2.11	Catriona Witcombe	SW	2'18.04"	29.1.12	Lee Valley	2'16.78	15.1.12	Lee Valley	Tony Fern
2'22.38"	4.9.11	Karla Drew	SW	2'23.37"	29.1.12	Prague	2'23.37"	29.1.12	Prague	Antonio Minichiello
2'22.87"	18.7.10	Laura Seaman	U20W	2'34.27"	15.1.12	Lee Valley	2'34.27"	15.1.12	Lee Valley	Michael Coker
1,000m.										
3'26.80"	15.1.12	Owen Lawrence	U15B	3'26.80"	15.1.12	Lee Valley	3'26.80"	15.1.12	Lee Valley	
3'20.86"	22.2.09	Derek Warn	M45	3'41.17"	5.2.12	Sheffield	3'41.17"	5.2.12	Sheffield	
1,500m.										
3'56.60"	30.6.07	Russell Osborn	SM	4'02.06"	22.1.12	Lee Valley	4'02.06"	22.1.12	Lee Valley	
4'10.62"	22.1.12	Dudley Mason	U20M	4'10.62"	22.1.12	Lee Valley	4'10.62"	22.1.12	Lee Valley	
4'20.35"	19.2.12	Peter Hart	U20M	4'20.35"	19.2.12	Cardiff	4'20.35"	19.2.12	Cardiff	
4'22.97"	11.6.11	Ceri Mitchell	SW	4'26.98"	22.1.12	Lee Valley	4'26.98"	22.1.12	Lee Valley	
4'33.91"	25.2.12	Jake Bradley	U23M	4'33.91"	25.2.12	Sheffield	4'33.91"	25.2.12	Sheffield	John Tilt
4'34.62"	8.2.12	Jenny Beckingham	U23W	4'38.82"	26.12.12	Sheffield	4'34.62"	8.2.12	Birmingham	Todd Bennett
4'20.85"	3.7.10	David Blackman	V45M	4'43.65"	11.3.12	Lee Valley	4'43.65"	11.3.12	Lee Valley	Jonathan Tilt
3,000m.										
9'19.92"	25.2.12	Peter Hart	U20M	9'19.92"	25.2.12	Sheffield	9'19.92"	25.2.12	Sheffield	
10'13.09"	11.3.12	David Blackman	V45M	10'13.09"	11.3.12	Lee Valley	10'13.09"	11.3.12	Lee Valley	Jonathan Tilt

H.J.

2.08	15.5.11	Matthew Watson	SM	1.98	26.2.12	Sheffield	2.03	7.1.12	Birmingham	Erik Little
2.00	7.1.12	Nicholas Hunt	U17M	2.00	7.1.12	Birmingham	2.00	7.1.12	Birmingham	Erik Little
1.72	7.3.10	Karla Drew	SW	1.50	26.2.12	Sheffield	1.68	8.1.12	Sheffield	Antonio Minicello
1.51	15.1.12	Adam Jones	U15B	1.51	15.1.12	Lee Valley	1.51	15.1.12	Lee Valley	
1.50	19.6.11	Owen Lawrence	U15B	1.40	21.4.12	Birmingham	1.45	15.1.12	Lee Valley	
1.41	12.9.09	Derek Warn	45M	1.39	11.3.12	Lee Valley	1.39	11.3.12	Lee Valley	
1.35	21.4.12	Harrison Fry	U13	1.35	21.4.12	Birmingham	1.35	21.4.12	Birmingham	

P.V.

4.15	29.5.11	Luke Hodgetts	U20	3.74	25.3.12	Carshalton	3.74	25.3.12	Carshalton	Paul Thomas
3.73	13.3.11	Samuel Bass-Cooper	U17M	3.64	25.3.12	Carshalton	3.64	25.3.12	Carshalton	Paul Thomas
2.80	4.9.11	Derek Warn	45M	2.60	18.3.12	Lee valley	2.60	18.3.12	Lee valley	
2.44	25.3.12	Andrew Douglas	U15M	2.44	25.3.12	Carshalton	2.44	25.3.12	Carshalton	Paul Thomas

L.J.

7.55	2.5.11	James Grocock	SM	6.96	29.1.12	Lee Valley	6.96	29.1.12	Lee Valley	
5.60	10.1.10	Karla Drew	SW	5.44	29.1.12	Prague	5.44	29.1.12	Prague	Antonio Minichiello
5.87	20.8.11	Mark West V35	V35	5.39	11.3.12	Lee Valley	5.39	11.3.12	Lee Valley	Erik Little
5.21	8.1.12	Russell Jones	U23M	5.21	8.1.12	Eton	5.21	8.1.12	Eton	Erik Little
5.09	15.1.12	Adam Jones	U15B	5.09	15.1.12	Lee Valley	5.09	15.1.12	Lee Valley	
4.92	12.9.09	Derek Warn	45M	4.70	17.3.12	Lee valley	4.85	5.2.12	Sheffield	
5.19	23.8.05	Roderick Davies	V55M	4.47	17.3.12	Lee valley	4.47	17.3.12	Lee valley	
4.38	15.1.12	Owen Lawrence	U15B	4.38	15.1.12	Lee Valley	4.38	15.1.12	Lee Valley	

T.J.

14.15	25.5.11	Mathew Watson	U23M	13.94	29.1.12	Lee Valley	13.94	29.1.12	Lee Valley	Erik Little
9.05	6.5.07	Fiona James	U23W	8.93	29.1.12	Lee valley	8.93	29.1.12	Lee valley	

S.P. 7.26kg.

14.48	7.5.11	Garry Newton	SM	13.89	4.3.12	Eton	13.89	4.3.12	Eton	
10.16	3.8.11	Mark West	V35M	8.83	11.3.12	Lee Valley	8.83	11.3.12	Lee Valley	
7.83	26.2.11	Derek Warn	45M	7.61	5.2.12	Sheffield	7.61	5.2.12	Sheffield	

S.P. 4kg

10.91	25.2.12	Karla Drew	SW	10.76	26.2.12	Sheffield	10.91	25.2.12	Sheffield	Antonio Minicello
10.16	11.4.10	Anna Stevens	U23W	9.75	25.2.12	Sheffield	9.75	25.2.12	Sheffield	Paul Chamberlain
7.54	15.1.12	Adam Jones	U15B	7.54	15.1.12	Lee Valley	7.54	15.1.12	Lee Valley	
5.71	15.1.12	Owen Lawrence	U15B	5.71	15.1.12	Lee Valley	5.71	15.1.12	Lee Valley	

S.P. 3,25kg

12.72	4.2.12	Sophie Merritt	U15G	12.46	25.2.12	Birmingham	12.72	4.2.12	Lee Valley	
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S.P. 2.72Kg.

9.90	12.2.12	Sophie Wybourne	U13G	8.74	21.4.12	Birmingham	9.90	12.2.12	Burgess Hill	
7.64	14.9.11	Ellie Hodgson	U13G	7.06	10.3.12	Lee Valley	7.32	4.3.12	Eton	
5.02	18.3.12	Annie Kelman	U13G	5.02	18.3.12	Eastleigh	5.02	18.3.12	Eastleigh	
5.32	18.3.12	Maddie Cooper	U13G	5.32	18.3.12	Eastleigh	5.32	18.3.12	Eastleigh	
4.49	18.3.12	Rosie Lynch	U13G	4.49	18.3.12	Eastleigh	4.49	18.3.12	Eastleigh	
3.94	18.3.12	Elizabeth Curzen	U13G	3.94	18.3.12	Eastleigh	3.94	18.3.12	Eastleigh	

Pentathlon

37.97	29.1.2	Karla Drew	SW	37.97	29.1.2	Prague	3797.00	29.1.2	Prague	Antonio Minicello
2214	5.2.12	Derek Warn	V45M	2214	5.2.12	Sheffield	2214	5.2.12	Sheffield	
1,907	15.1.12	Adam Jones	U15B	1,907	15.1.12	Lee Valley	1,907	15.1.12	Lee Valley	
1,716	15.1.12	Owen Lawrence	U15B	1,716	15.1.12	Lee Valley	1,716	15.1.12	Lee Valley	

Triathlon

2045	26.2.11	Karla Drew	SW	2202	4.2.12	Sheffield	2045	26.2.11	Cardiff	Antonio Minicello
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