

SEAA Indoor Championships - Lee Valley Athletic Centre

20(a)/21(b) January 2007

Senior Men High Jump (b)

CBP S.Oni Belgrave Harriers 2006 2.20

Posn	Num	Name	Club	Perf	Details
1	163	Samson Oni	Belgrave Harriers	2.25 CBP	2.00 o; 2.05 xo; 2.10 o; 2.15 xo; 2.20 xxo; 2.25 o; 2.28 xxx
2	161	Martin Lloyd	Bexley AC	2.15	1.95 o; 2.00 o; 2.05 o; 2.10 o; 2.15 o; 2.20 xxx
3	158	Mark Crowley	Enfield & Haringey AC	2.10	2.00 o; 2.05 xo; 2.10 o; 2.15 xxx
4	160	Robbie Grabarz	Bedford & County AC	2.10	1.95 o; 2.00 xo; 2.05 o; 2.10 xxo; 2.15 xxx
5	159	Gareth Dyball	Woodford Green w Essex L	2.00	1.90 o; 1.95 o; 2.00 o; 2.05 xxx
6	162	Zack Morrison	Biggleswade AC	1.80	1.80 xo; 1.85 xxx

Senior Men Pole Vault (a)

CBP N.Buckfield Crawley AC 2002 5.62

Posn	Num	Name	Club	Perf	Details
1	167	Joe Ive	Belgrave Harriers	5.00	4.60 o; 4.70 -; 4.80 o; 5.00 o; 5.11 xxx
2	168	Cameron Johnston	Belgrave Harriers	4.60	4.20 xo; 4.40 o; 4.50 xo; 4.60 o; 4.70 xxx
3	116	Thomas Crawford	Croydon Harriers	4.60	4.20 xo; 4.40 xo; 4.50 o; 4.60 xo; 4.70 xxx
4	164	Greg Conlon	Thames Valley Harriers	4.50	4.20 o; 4.40 xo; 4.50 xo; 4.60 x--; 4.70 xx
5	165	Martin Densley	Ealing Southall & Middlesex AC	4.40	4.40 o; 4.50 -; 4.60 xxx
6	170	Craig Timmings	Walton AC	4.00	3.80 xo; 4.00 xxo; 4.20 xxx
	166	Simon Eastwood	Bedford & County AC	No ht	3.80 xxx
	169	Allan Leiper	Aldershot Farnham & DAC	No ht	3.80 xxx

Senior Men Long Jump (a)

CBP J.Munroe Thames Valley Harriers 1995 7.46

Posn	Num	Name	Club	Perf	Details
1	71	Bernard Yeboah	Belgrave Harriers	7.38	7.38; 7.21; -; -; -; -
2	34	Mark Holloway	Windsor S E & Hounslow	7.00	nj; 7.00; nj; nj; nj; nj
3	177	Jonathan Ramos	Enfield & Haringey AC	6.94	6.43; 6.70; nj; 6.77; nj; 6.94
4	176	Adrian Phillips	Belgrave Harriers	6.80	6.34; 6.80; 6.52; 6.66; 6.58; 6.52
5	173	James Heptonstall	Kingston AC & Poly Harriers	6.70	nj; 6.49; 6.70; 5.25; w/d
6	76	Tomide Isinkaye	Enfield & Haringey AC	6.53	nj; 6.53; nj; w/d
7	55	Leon Smith	Herne Hill Harriers	6.18	6.18; 6.11; 6.17
8	6	Olu Baptist	Shaftesbury Barnet Harriers	6.17	nj; 6.10; 6.17
9	20	Michael Collins	Cambridge University AC	6.17	6.17; 6.05; 5.85
10	153	Joe Appiah	Kent AC	6.01	6.01; 5.66; nj
11	175	Alexander Lee	Dartford Harriers AC	5.88	5.88; 5.84; 5.76
12	97	Sam Malekout	Ilford AC	5.57	5.57; 5.42; 5.39
13	178	John Skellon	Dartford Harriers AC	5.42	5.42; nj; nj

Senior Men Triple Jump (b)

CBP J.Herbert Haringey AC 1995 16.28

Posn	Num	Name	Club	Perf	Details
1	181	Phil Idowu	Belgrave Harriers	16.48CBP	16.48;nj;16.41; nj;nj;nj
2	180	Julian Golley	Windsor S E & Hounslow	16.00	Nj;15.57;16.00;nj;15.28;15.96
3	179	Matthew Burton	Kent AC	15.01	13.24;15.01;14.88;14.68;nj;nj
4	60	Nick Thomas	Woodford Green w Essex L	14.56	Nj;14.56;14.26

5	182	Matt Morsia	Thames Valley Harriers	13.51	13.51; -;w/d
	183	Keith Newton	Woodford Green w Essex L	njr	nj;nj;nj

Senior Men Shot (b)

CBP E.Udechuku Woodford Green w Essex L 2006 18.36

Posn	Num	Name	Club	Perf	Details
1	186	Kyle Stevens	Kingston AC & Poly Harriers	14.94	12.87;14.78;14.82;np;14.94;np
2	188	Nicholas Webb	Woking AC	13.27	12.58;12.80;np;13.27;13.17;12.51
3	187	Stuart Thurgood	Watford Harriers	12.33	10.82;np;11.95;11.78;11.97;12.33
4	20	Michael Collins	Cambridge University AC	11.43	10.46;10.95;np;11.43;11.20;11.18

SEAA Indoor Championships - Lee Valley Athletic Centre

20(a)/21(b) January 2007

Senior Men 60 Metres (a)

CB S Williamson Highgate Harriers 2006 6.67
P

Heat 1

Posn	Num	Name	Club	Perf
1	49	Craig Pickering	Marshall Milton Keynes AC	6.66 Q
2	25	Gavin Eastman	Enfield & Haringey AC	6.86 Q
3	71	Bernard Yeboah	Belgrave Harriers	7.03
4	26	Paul Egboh	Kent AC	7.03
5	47	Michael Otubambo	Enfield & Haringey AC	7.22
6	1	Ben Adcock	City of Portsmouth AC	7.54

Heat 2

Posn	Num	Name	Club	Perf
1	23	James Dasaolu	Croydon Harriers	6.83 Q
2	27	James Ellington	Belgrave Harriers	6.86 Q
3	70	Levan Yearwood	Victoria Park H & Tower H AC	6.86 q
4	2	Isaiah Adekanmbi	Enfield & Haringey AC	7.00 q
5	51	Daniel Plummer	Newham & Essex Beagles AC	7.05
6	46	Tamunonengi Ossai	Shaftesbury Barnet Harriers	7.22

Heat 3

Posn	Num	Name	Club	Perf
1	44	Ryan Moseley	Shaftesbury Barnet Harriers	6.93 Q
2	22	Jason Comissiong	Thames Valley Harriers	7.00 Q
3	52	Dominique Richards	Harrow AC	7.04
4	68	Joshua Wood	Harrow AC	7.08
5	29	Kevin Ellis	Nene Valley Harriers	7.13
6	190	Seyi Akande	Chelmsford AC	7.30

Heat 4

Posn	Num	Name	Club	Perf
1	19	Mark Collins	Luton AC	7.06 Q
2	4	Rafael Alleyne	City of Sheffield AC	7.09 Q
3	30	Ryan Ffrench-Shand	Herne Hill Harriers	7.10
4	53	Marvin Riley	Blackheath & Bromley Harriers	7.26
5	67	Darren Wollen	Croydon Harriers	7.27
6	43	Chris Morgan	Crawley AC	7.40

Heat 5

Posn	Num	Name	Club	Perf
1	66	Eli Winn	Enfield & Haringey AC	6.93 Q
2	54	Leroy Slue Jnr	Harrow AC	6.98 Q

3	31	Liam Freemantle	Newbury AC	7.17
4	5	Deji Alli	Cardiff University	7.34
5	18	Daniel Colgate	Woking AC	7.40
	42	Mony Miah	Woodford Green w Essex L	dns

Heat 6

Posn	Num	Name	Club	Perf
1	65	Simeon Williamson	Highgate Harriers	6.90 Q
2	17	James Christie	Thames Valley Harriers	7.05 Q
3	41	Lawrence Mensah	Herne Hill Harriers	7.23
4	6	Olu Baptist	Shaftesbury Barnet Harriers	7.31
5	55	Leon Smith	Herne Hill Harriers	7.40
6	32	Marius Guei	Highgate Harriers	7.52

Heat 7

Posn	Num	Name	Club	Perf
1	33	Mark Hanson	Enfield & Haringey AC	6.98 Q
2	8	Duayne Bovell	Blackheath & Bromley Harriers	6.98 Q
3	63	Matthew Walker	Enfield & Haringey AC	6.98 q
4	56	Joshua Swaray	Hillingdon AC	7.03
5	40	Andrew Mensah	Shaftesbury Barnet Harriers	7.13
6	15	Lincoln Campbell	Kent AC	7.59

Heat 8

Posn	Num	Name	Club	Perf
1	57	Aidan Syers	Newham & Essex Beagles AC	6.88 Q
2	34	Mark Holloway	Windsor S E & Hounslow	7.05 Q
3	14	Adam Butler	Windsor S E & Hounslow	7.14
4	9	James Bridge	Ashford AC	7.14
5	62	Humphrey Waddington	Cambridge University AC	7.52
6	39	Sheldon McGowan	Newham & Essex Beagles AC	7.61

Heat 9

Posn	Num	Name	Club	Perf
1	58	Josephus Thomas	Woodford Green w Essex L	6.97 Q
2	13	Abdul-Wahab Buhari	Victoria Park H & Tower H AC	7.07 Q
3	35	Fahad Khan	Windsor S E & Hounslow	7.11
4	38	Keith Marle	Enfield & Haringey AC	7.14
5	61	Marvin Tuffour	Ilford AC	7.25
6	10	Nicholas Brink	Windsor S E & Hounslow	7.51

Heat 10

Posn	Num	Name	Club	Perf
1	36	Jeffrey Lawal-Balogun	Kent AC	6.81 Q
2	60	Nick Thomas	Woodford Green w Essex L	6.94 Q
3	59	Matthew Thomas	Newham & Essex Beagles AC	6.96 q
4	11	Jonathan Browne	Kent AC	7.02
5	12	Vincent Bruce	Luton AC	7.05
6	37	Will MacGee	Team Southampton	7.38

Round 2 Heat 1

Posn	Num	Name	Club	Perf
1	49	Craig Pickering	Marshall Milton Keynes AC	6.68 Q
2	58	Josephus Thomas	Woodford Green w Essex L	6.77 Q
3	57	Aidan Syers	Newham & Essex Beagles AC	6.81 q
4	22	Jason Comissiong	Thames Valley Harriers	6.96
5	2	Isaiah Adekanmbi	Enfield & Haringey AC	7.01
	34	Mark Holloway	Windsor S E & Hounslow	dns

Round 2 Heat 2

Posn	Num	Name	Club	Perf
C	36	Jeffrey Lawal-Balogun	Kent AC	6.80 Q
2	23	James Dasaolu	Croydon Harriers	6.81 Q
3	33	Mark Hanson	Enfield & Haringey AC	6.96
4	63	Matthew Walker	Enfield & Haringey AC	6.97
5	8	Duayne Bovell	Blackheath & Bromley Harriers	7.01
6	13	Abdul-Wahab Buhari	Victoria Park H & Tower H AC	7.24

Round 2 Heat 3

Posn	Num	Name	Club	Perf
1	65	Simeon Williamson	Highgate Harriers	6.74 Q
2	25	Gavin Eastman	Enfield & Haringey AC	6.75 Q
3	44	Ryan Moseley	Shaftesbury Barnet Harriers	6.76 q
4	54	Leroy Slue Jnr	Harrow AC	6.92
5	17	James Christie	Thames Valley Harriers	6.99
6	59	Matthew Thomas	Newham & Essex Beagles AC	7.04

Round 2 Heat 4

Posn	Num	Name	Club	Perf
1	27	James Ellington	Belgrave Harriers	6.86 Q
2	70	Levan Yearwood	Victoria Park H & Tower H AC	6.87 Q
3	66	Eli Winn	Enfield & Haringey AC	6.88 q
4	60	Nick Thomas	Woodford Green w Essex L	6.89 q
5	4	Rafael Alleyne	City of Sheffield AC	7.05
6	19	Mark Collins	Luton AC	7.12

Semi Final 1

Posn	Num	Name	Club	Perf
1	49	Craig Pickering	Marshall Milton Keynes AC	6.65 Q
2	58	Josephus Thomas	Woodford Green w Essex L	6.75 Q
3	70	Levan Yearwood	Victoria Park H & Tower H AC	6.79 Q
4	60	Nick Thomas	Woodford Green w Essex L	6.97
	57	Aidan Syers	Newham & Essex Beagles AC	dns
	27	James Ellington	Belgrave Harriers	dns

Semi Final 2

Posn	Num	Name	Club	Perf
1	44	Ryan Moseley	Shaftesbury Barnet Harriers	6.73 Q
2	23	James Dasaolu	Croydon Harriers	6.75 Q
3	65	Simeon Williamson	Highgate Harriers	6.76 Q
4	36	Jeffrey Lawal-Balogun	Kent AC	6.77
5	25	Gavin Eastman	Enfield & Haringey AC	6.79
6	66	Eli Winn	Enfield & Haringey AC	6.93

Senior Men 60 Metres (a)

CB	S Williamson	Highgate Harriers	2006	6.67
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T52 Final

Posn	Num	Name	Club	Perf
1	49	Craig Pickering	Marshall Milton Keynes AC	6.56 CBP
2	65	Simeon Williamson	Highgate Harriers	6.70
3	44	Ryan Moseley	Shaftesbury Barnet Harriers	6.74
4	23	James Dasaolu	Croydon Harriers	6.78
5	70	Levan Yearwood	Victoria Park H & Tower H AC	6.80
6	58	Josephus Thomas	Woodford Green w Essex L	6.91

Senior Men 200 Metres (b)

CBP - NEW EVENT

T10 Heat 1

Posn	Num	Name	Club	Heat	Perf
1	74	Rikki Fifton	Victoria Park & Tower Hamlets AC	1	22.16Q
2	14	Adam Butler	Windsor S E & Hounslow	1	22.95Q
3	81	Luke Stott	Havering Mayesbrook AC	1	23.07q
4	72	Zachari Bach	Newham & Essex Beagles AC	1	23.43
5	10	Nicholas Brink	Windsor S E & Hounslow	1	23.52
6	15	Lincoln Campbell	Kent AC	1	25.0
Heat 2					
1	63	Matthew Walker	Enfield & Haringey AC	2	22.94Q
2	46	Tamunonengi Ossai	Shaftesbury Barnet Harriers	2	23.45Q
3	26	Paul Egboh	Kent AC	2	23.49
4	67	Darren Wollen	Croydon Harriers	2	23.50
5	18	Daniel Colgate	Woking AC	2	24.37
Heat 3					
1	9	James Bridge	Ashford AC	3	22.39Q
2	54	Leroy Slue Jnr	Harrow AC	3	22.45Q
3	78	Hamim Lubega	Victoria Park H & Tower H AC	3	22.66q
4	80	Kieran Millar	Cambridge University AC	3	23.81
5	5	Deji Alli	Cardiff University	3	24.05
Heat 4					
1	36	Jeffrey Lawal-Balogun	Kent AC	4	21.93Q
2	28	Ben Ellis	Winchester & District AC	4	22.10Q
3	66	Eli Winn	Enfield & Haringey AC	4	22.35q
4	19	Mark Collins	Luton AC	4	23.23q
5	79	Michael May	Kingston AC & Poly Harriers	4	28.81
T26 Semi Final 1					
1	36	Jeffrey Lawal-Balogun	Kent AC		21.59Q
2	28	Ben Ellis	Winchester & District AC		22.18Q
3	63	Matthew Walker	Enfield & Haringey AC		22.90Q
4	46	Tamunonengi Ossai	Shaftesbury Barnet Harriers		23.42
DNS	19	Mark Collins	Luton AC		
DNS	66	Eli Winn	Enfield & Haringey AC		
Semi Final2					
1	74	Rikki Fifton	Victoria Park & Tower Hamlets AC		21.57Q
2	54	Leroy Slue Jnr	Harrow AC		22.48Q
3	9	James Bridge	Ashford AC		22.49Q
4	14	Adam Butler	Windsor S E & Hounslow		23.44
5	81	Luke Stott	Havering Mayesbrook AC		23.51
DQ	78	Hamim Lubega	Victoria Park H & Tower H AC		
T40 Final					
1	74	Rikki Fifton	Victoria Park & Tower Hamlets AC		21.19
2	36	Jeffrey Lawal-Balogun	Kent AC		21.36
3	28	Ben Ellis	Winchester & District AC		21.95
4	54	Leroy Slue Jnr	Harrow AC		22.28
5	9	James Bridge	Ashford AC		22.45
DNS	63	Matthew Walker	Enfield & Haringey AC		

Senior Men 400 Metres (b)

CBP - NEW EVENT

T1 Heat 1

Posn	Num	Name	Club	Heat	Perf
1	87	Adam Charlton	Shaftesbury Barnet Harriers	1	48.93Q
2	102	Philip Octave	Shaftesbury Barnet Harriers	1	49.92Q
3	75	Edward Harrison	Blackheath & Bromley Harriers	1	52.24q
4	97	Sam Malekout	Ilford AC	1	52.48
5	99	John Morley	Cambridge & Coleridge AC	1	56.88
6	98	Mike Mason	Kingston AC & Poly Harriers	1	57.02

Heat 2

1	82	Ian Allerton	Blackheath & Bromley Harriers	2	51.50Q
2	114	Steve Turvill	Basingstoke & Mid Hants AC	2	52.09Q
3	86	Tom Carey	Shaftesbury Barnet Harriers	2	52.16q
4	100	Jason Morris	University of Wales Institute	2	52.52
5	103	James Parker	Epsom & Ewell Harriers	2	52.91
DNF	107	Adam Potter	Woodford Green w Essex L	2	

Heat 3

1	115	Conrad Williams	Kent AC	3	50.45Q
2	90	Jonathan Elderfield	Basingstoke & Mid Hants AC	3	51.39Q
3	104	Dominic Parsons	Blackheath & Bromley Harriers	3	52.59
4	92	Neil Gillingham	Ipswich Harriers	3	56.67
DQ	109	Jayson Richards	Winchester & District AC	3	

Heat 4

1	88	Ryan Dinham	Belgrave Harriers	4	50.62Q
2	96	Mark Linskill	North Devon AC	4	51.02Q
3	106	Stuart Pelling	Eastbourne Rovers AC	4	53.78
4	83	Simon Basey	Victoria Park H & Tower H AC	4	57.41
DQ	89	Gareth Dodd	Herts Phoenix AC	4	

Heat 5

1	94	Steven Green	Newham & Essex Beagles AC	5	50.53Q
2	85	Andy Blow	Basingstoke & Mid Hants AC	5	51.12Q
3	101	James Murphy	Havering Mayesbrook AC	5	52.43q
4	111	Matthew Sinclair	Crawley AC	5	53.33
5	79	Michael May	Kingston AC & Poly Harriers	5	1:05.76

Heat 6

1	28	Ben Ellis	Winchester & District AC	6	50.00Q
2	77	Nick Leavey	Thames Valley Harriers	6	51.17Q
3	84	Adam Bellis	Kingston AC & Poly Harriers	6	51.60q
4	108	Sean Reidy	Nene Valley Harriers	6	51.16q
5	113	Aaron Teall	University of Wales Institute	6	51.75q
DQ	95	Peter Irving	Channel Islands AC	6	

T18 Semi Final 1

1	87	Adam Charlton	Shaftesbury Barnet Harriers	48.01Q
2	102	Philip Octave	Shaftesbury Barnet Harriers	49.76q
3	82	Ian Allerton	Blackheath & Bromley Harriers	50.03q
4	114	Steve Turvill	Basingstoke & Mid Hants AC	51.48
5	84	Adam Bellis	Kingston AC & Poly Harriers	51.49
DNS	101	James Murphy	Havering Mayesbrook AC	

T18 Semi Final 2

1	88	Ryan Dinham	Belgrave Harriers	50.15Q
2	90	Jonathan Elderfield	Basingstoke & Mid Hants AC	50.40
3	108	Sean Reidy	Nene Valley Harriers	51.15
4	96	Mark Linskill	North Devon AC	51.28
5	75	Edward Harrison	Blackheath & Bromley Harriers	53.52
DNF	28	Ben Ellis	Winchester & District AC	

T18 Semi Final 3

1	94	Steven Green	Newham & Essex Beagles AC	48.60Q
2	115	Conrad Williams	Kent AC	48.70q
3	85	Andy Blow	Basingstoke & Mid Hants AC	50.73
4	77	Nick Leavey	Thames Valley Harriers	50.80
5	113	Aaron Teall	University of Wales Institute	51.03
6	86	Tom Carey	Shaftesbury Barnet Harriers	52.53

T34 Final

1	94	Steven Green	Newham & Essex Beagles AC	47.90
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2	115	Conrad Williams	Kent AC	48.31
3	102	Philip Octave	Shaftesbury Barnet Harriers	49.91
4	82	Ian Allerton	Blackheath & Bromley Harriers	50.88
DNS	88	Ryan Dinham	Belgrave Harriers	
DNS	87	Adam Charlton	Shaftesbury Barnet Harriers	

Senior Men 800 Metres (a)

CBP - NEW EVENT

Heat 1

Posn	Num	Name	Club	Heat	Perf
1	120	Tom Druce	Channel Islands AC	1	1:59.9 Q
2	117	Rich Airey	Brighton & Hove City AC	1	2:00.5 Q
3	126	David McKinlay	Blackheath & Bromley Harriers	1	2:00.5 Q
4	131	Steve Tester	Tonbridge AC	1	2:00.6 q
Q	125	Paul Lamont	Herts Phoenix AC	1	2:03.5

Heat 2

Posn	Num	Name	Club	Heat	Perf
1	124	Ben Harding	City of Portsmouth AC	2	1:57.7 Q
2	122	Carl Goose	City of Norwich AC	2	1:58.1 Q
3	189	Martin Airey	Blackheath & Bromley Harriers	2	1:58.3 Q
4	129	Lee Reynolds	Herts Phoenix AC	2	1:58.9 q

Heat 3

Posn	Num	Name	Club	Heat	Perf
3	121	Mark Fallaize	Vale of Aylesbury AC	3	2:00.4 Q
1	130	Darren St Clair	Enfield & Haringey AC	3	2:01.0 Q
2	119	David Boyce	Brighton & Hove City AC	3	2:01.4 Q
4	127	Mark Oldham	Southend on Sea AC	3	2:01.6 q

Semi-final 1

Posn	Num	Name	Club	Heat	Perf
1	120	Tom Druce	Channel Islands AC	1	1:59.6 Q
2	117	Rich Airey	Brighton & Hove City AC	1	1:59.7 Q
3	126	David McKinlay	Blackheath & Bromley Harriers	1	2:00.4
4	121	Mark Fallaize	Vale of Aylesbury AC	1	2:04.0
5	122	Carl Goose	City of Norwich AC	1	2:10.3
	131	Steve Tester	Tonbridge AC	1	dns

Semi-final 2

Posn	Num	Name	Club	Heat	Perf
1	124	Ben Harding	City of Portsmouth AC	2	1:53.4 Q
2	130	Darren St Clair	Enfield & Haringey AC	2	1:54.2 Q
3	189	Martin Airey	Blackheath & Bromley Harriers	2	1:57.6 q
4	119	David Boyce	Brighton & Hove City AC	2	1:59.1 q
5	129	Lee Reynolds	Herts Phoenix AC	2	2:00.5
6	127	Mark Oldham	Southend on Sea AC	2	2:16.6

T42 Final

Posn	Num	Name	Club	Perf
1	130	Darren St Clair	Enfield & Haringey AC	1:53.0
2	124	Ben Harding	City of Portsmouth AC	1:54.4
3	120	Tom Druce	Channel Islands AC	1:55.0
4	189	Martin Airey	Blackheath & Bromley Harriers	1:58.2
5	117	Rich Airey	Brighton & Hove City AC	2:00.8
6	119	David Boyce	Brighton & Hove City AC	2:04.5

Senior Men 1,500 Metres (b)

CBP - NEW EVENT**T7 Final**

Posn	Num	Name	Club	Perf
1	133	Tom Marley	University of Wales Institute	4:03.43
2	137	Richard Ward	Cambridge University AC	4:03.81
3	135	Colin Miles	Southend on Sea AC	4:05.64
4	132	Kofi Agyei	Herne Hill Harriers	4:14.55
5	136	Barry Stratford	Huntingdonshire AC	4:18.92
6	138	Steven Whittaker	Southend on Sea AC	4:31.35

Senior Men 3,000 Metres (a)**CBP - NEW EVENT**

Posn	Num	Name	Club	Perf
1	140	Adam Bowden	Harrow AC	8:11.9
2	144	Lee Merrien	Guernsey Island AAC	8:13.9
3	137	Richard Ward	Cambridge University AC	8:37.0
4	149	Scott Sterling	Newham & Essex Beagles AC	8:40.7
5	148	Andrew Pickett	Dartford Harriers AC	8:43.3
6	139	Guy Amos	City of Norwich AC	8:44.3
7	147	Ben Paviour	Herne Hill Harriers	8:46.6
8	141	Matthew Carey	Harrow AC	8:52.7
9	146	Damian Nevins	Harrow AC	9:00.3
10	143	Chris McQuillen-Wright	Newquay & Par AC	9:03.5
11	134	David Mason	Belgrave Harriers	9:12.7

T2 Senior Men 60m Hurdles (a)

CBP *D. Malins* *Newham & Essex Beagles AC* *2003* *7.95*

Posn	Num	Name	Club	Perf
1	152	Richard Alleyne	Woodford Green w Essex L	7.94
2	156	Duncan Malins	Newham & Essex Beagles AC	7.98
3	155	Daniel Davis	Sutton & District AC	8.38
4	153	Joe Appiah	Kent AC	8.67
5	103	James Parker	Epsom & Ewell Harriers	8.73
6	20	Michael Collins	Cambridge University AC	8.94

SEAA Indoor Championships - Lee Valley Athletic Centre**20(a)/21(b) January 2007****Senior Women Pole Vault (b)**

CB *J. Whitlock* *Trafford AC* *2005* *4.06*
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Posn	Num	Name	Club	Perf	Details
1	73	Ellie Spain	Shaftesbury Barnet Harriers	4.20 CBP	3.90 xo; 4.10 xo; 4.20 o; 4.25 xxx
2	66	Tracey Grant	Belgrave Harriers	3.80	3.60 o; 3.70 o; 3.80 xo; 3.90 xxx
3	70	Laura Patterson	Wycombe Phoenix Harriers & AC	3.40	3.20 o; 3.30 -; 3.40 xxo; 3.50 xxx
4	71	Anne Marie Price	Ashford AC	3.05	2.70 o; 2.90 o; 3.05 o; 3.20 xxx
5	65	Gemma Dowsett	Medway & Maidstone AC	3.05	2.70 o; 2.90 xxo; 3.05 o; 3.20 xxx
6	63	Maxine Clarke	Windsor S E & Hounslow	2.90	2.70 xxo; 2.90 o; 3.05 xxx
	67	Jemma Harding	Bedford & County AC	nht	3.30 xxx
	64	Kirsty Dobberson	Bexley AC	nht	2.70 xxx
DNS	68	Natasha Hart	Woking AC		

Senior Women Long Jump (b)

CBP *Y. Idowu* *Essex Ladies* *1995* *6.35*

Posn	Num	Name	Club	Perf	Details
1	83	Sarah Wellstead	Sutton & District AC	5.79	5.72;5.79;5.76;5.63;5.54; nj
2	7	Azaria Francis	Woodford Green w Essex L	5.67	5.54;5.43;5.52;5.59;5.67;5.56
3	74	Helen Channon	Walton AC	5.47	5.47;5.40;5.32;5.44;5.25;5.20
4	79	Pia Jouis	Ealing Southall & Middlesex AC	5.46	nj;5.26;4.94;5.46;5.42;5.40
5	82	Kirsty Smith	Havering Mayesbrook AC	5.34	5.17;5.28;5.28;nj;4.99;5.34
6	75	Hayley-Jayne Cone	Thames Valley Harriers	5.26	5.09;5.13;nj;5.26;5.11;nj
7	77	Daniela Dueck	London Heathside Runners AC	5.05	4.99;5.05;nj
8	84	Kornelia Witecka	Shaftesbury Barnet Harriers	5.04	5.04;5.01;4.95
9	76	Marina Donaghy	Ealing Southall & Middlesex AC	5.03	4.81;nj;5.03
10	78	Charmaine Johnson	Epsom & Ewell Harriers	4.69	4.60;4.69;nj
11	81	Joanne Regan	Walton AC	4.67	4.47;4.55;4.67

Senior Women Triple Jump (a)

CBP A.Hansen Essex Ladies 1995 13.94

Posn	Num	Name	Club	Perf	Details
1	96	Nadia Williams	Shaftesbury Barnet Harriers	13.23	nj; nj; 12.52; 12.89; 12.99; 13.23
2	95	Stephanie Aneto	Woodford Green w Essex L	12.38	nj; 12.38; nj; nj; nj; nj

Senior Women Shot (b)

CBP J.oakes Croydon Harriers 1996 18.33

Posn	Num	Name	Club	Perf	Details
1	88	Joanne Duncan	Woodford Green w Essex L	15.31	15.27;np;15.31;np;np;np
2	90	Eleanor Gatrell	Woking AC	14.94	14.92;14.69;14.24;14.47;14.29;14.94
3	89	Chloe Edwards	Huntingdonshire AC	13.61	13.21;13.52;13.61;13.29;13.03;13.24
4	78	Charmaine Johnson	Epsom & Ewell Harriers	11.53	10.43;10.91;11.16;11.06;np;11.53

SEAA Indoor Championships - Lee Valley Athletic Centre

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Senior Women 60 Metres (a)

CB L.Turner Harrow AC 2006 7.34
P

Heat 1

Posn	Num	Name	Club	Perf
1	17	Laura Turner	Harrow AC	7.49 Q
2	4	Vickie Cole	Blackheath & Bromley Harriers	7.72 Q
3	11	Tunrayo Nubi	Enfield & Haringey AC	7.94
4	14	Joanna Pett	University of Wales Institute	8.37
5	1	Karen Barden	Chelmsford AC	8.54

Heat 2

Posn	Num	Name	Club	Perf
1	16	Kadi-Ann Thomas	Marshall Milton Keynes AC	7.59 Q
2	10	Natalie Jowett	Marshall Milton Keynes AC	7.85 Q
3	97	Katherine Skelding	Woodford Green w Essex L	7.92 1q
4	18	Michelle Watson	Herne Hill Harriers	7.99
5	19	Renee Williams	Victoria Park H & Tower H AC	8.25

Heat 3

Posn	Num	Name	Club	Perf
1	13	Amalachukwu Onuora	Belgrave Harriers	7.67 Q
2	7	Azaria Francis	Woodford Green w Essex Ladies	7.75 Q
3	6	Kara Dunn	Ealing Southall & Middlesex AC	7.93 q
4	8	Chanelle Garnett	Herne Hill Harriers	7.94 q

5 3 Chantelle Caprice Thames Valley Harriers 8.20

Heat 4

Posn	Num	Name	Club	Perf
1	98	Johnelle Gibbons	Woodford Green w Essex L	7.66 Q
2	12	Tope Nuga	Victoria Park H & Tower H AC	7.87 Q
3	2	Angelita Broadbelt-Blake	Thames Valley Harriers	7.90 q
	15	Julie Pratt	Woodford Green w Essex L	dns

Semi Final 1

Posn	Num	Name	Club	Perf
1	17	Laura Turner	Harrow AC	7.42 Q
2	98	Johnelle Gibbons	Woodford Green w Essex L	7.61 Q
3	4	Vickie Cole	Blackheath & Bromley Harriers	7.75 Q
4	12	Tope Nuga	Victoria Park H & Tower H AC	7.78
5	97	Katherine Skelding	Woodford Green w Essex L	7.90
6	2	Angelita Broadbelt-Blake	Thames Valley Harriers	7.92

Semi Final 2

Posn	Num	Name	Club	Perf
1	16	Kadi-Ann Thomas	Marshall Milton Keynes AC	7.46 Q
2	13	Amalachukwu Onuora	Belgrave Harriers	7.70 Q
3	7	Azaria Francis	Woodford Green w Essex Ladies	7.73Q
4	10	Natalie Jowett	Marshall Milton Keynes AC	7.81
5	6	Kara Dunn	Ealing Southall & Middlesex AC	7.93
	8	Chanelle Garnett	Herne Hill Harriers	dns

T44 Final

Posn	Num	Name	Club	Perf
1	17	Laura Turner	Harrow AC	7.33 CBP
2	16	Kadi-Ann Thomas	Marshall Milton Keynes AC	7.39
3	98	Johnelle Gibbons	Woodford Green w Essex L	7.65
4	13	Amalachukwu Onuora	Belgrave Harriers	7.68
5	4	Vickie Cole	Blackheath & Bromley Harriers	7.75
6	7	Azaria Francis	Woodford Green w Essex Ladies	7.86

Senior Women 200 Metres (b)

CBP - NEW EVENT

T11 Heat 1

Posn	Num	Name	Club	Heat	Perf
1	16	Kadi-Ann Thomas	Marshall Milton Keynes AC	1	25.07Q
2	4	Vickie Cole	Blackheath & Bromley Harriers	1	25.54Q
3	9	Sarah Holmes	Woking AC	1	26.50q
4	21	Claire Brennan	Havering Mayesbrook AC	1	27.56

Heat 2

1	24	Lesley Owusu	Windsor S E & Hounslow	2	25.18Q
2	98	Johnelle Gibbons	Woodford Green w Essex L	2	25.41Q
3	97	Katherine Skelding	Woodford Green w Essex L	2	25.84q
4	18	Michelle Watson	Herne Hill Harriers	2	26.93
5	22	Chrissie Foster	Thames Valley Harriers	2	27.06

T27 Final

1	16	Kadi-Ann Thomas	Marshall Milton Keynes AC	24.37
2	24	Lesley Owusu	Windsor S E & Hounslow	25.18
3	4	Vickie Cole	Blackheath & Bromley Harriers	25.34
4	97	Katherine Skelding	Woodford Green w Essex L	25.85
5	9	Sarah Holmes	Woking AC	26.46

DNS 98 Johnelle Gibbons Woodford Green w Essex L

Senior Women 400 Metres (b)

CBP - NEW EVENT

T2 Heat 1

Posn	Num	Name	Club	Heat	Perf
1	24	Lesley Owusu	Windsor S E & Hounslow	1	57.22Q
2	39	Claire Robinson	Belgrave Harriers	1	58.29Q
3	37	Emily Parker	Epsom & Ewell Harriers	1	58.29q
4	34	Stacy McGivern	Peterborough AC	1	1:01.36q
5	42	Liz Tipler	St.Mary's College	1	1:03.91

Heat 2

1	44	Hayley Wills	Herts Phoenix AC	2	57.13Q
2	33	Claire Mainwood	Bedford & County AC	2	1:00.53Q
3	38	Hayley Ramos-Gonzalez	Woodford Green w Essex L	2	1:04.25
4	26	Nina Brennan	Havering Mayesbrook AC	2	1:07.00
DQ	43	Sarah Tomlins	Sale Harriers	2	

Heat 3

1	36	Claire Nichols	Woking AC	3	59.19Q
2	27	Alex Cooke	Herne Hill Harriers	3	59.76Q
3	35	Natalie McManus	Brighton & Hove City AC	3	1:00.39q
4	41	Katie Silva	Channel Islands AC	3	1:02.04

Heat 4

1	25	Tara Bird	Woodford Green w Essex L	4	58.39Q
2	2	Angelita Broadbelt-Blake	Thames Valley Harriers	4	59.83Q
3	32	Claire Lidster	Channel Islands AC	4	1:01.12q
DNF	29	Louise Douglass	Aldershot Farnham & DAC	4	

T19 Semi Final 1

Posn	Num	Name	Club	Perf
1	44	Hayley Wills	Herts Phoenix AC	56.68Q
2	36	Claire Nichols	Woking AC	57.09Q
3	39	Claire Robinson	Belgrave Harriers	57.42q
4	37	Emily Parker	Epsom & Ewell Harriers	59.33
5	33	Claire Mainwood	Bedford & County AC	1:00.40
6	34	Stacy McGivern	Peterborough AC	1:02.28

Semi Final 2

Posn	Num	Name	Club	Perf
1	24	Lesley Owusu	Windsor S E & Hounslow	56.49Q
2	25	Tara Bird	Woodford Green w Essex L	57.21Q
3	27	Alex Cooke	Herne Hill Harriers	59.24q
4	35	Natalie McManus	Brighton & Hove City AC	59.50
5	32	Claire Lidster	Channel Islands AC	1:00.52
DNS	2	Angelita Broadbelt-Blake	Thames Valley Harriers	

T35 Final

Posn	Num	Name	Club	Perf
1	24	Lesley Owusu	Windsor S E & Hounslow	56.42
2	44	Hayley Wills	Herts Phoenix AC	56.70
3	25	Tara Bird	Woodford Green w Essex L	57.03
4	36	Claire Nichols	Woking AC	57.07
5	39	Claire Robinson	Belgrave Harriers	58.44
6	27	Alex Cooke	Herne Hill Harriers	59.89

Senior Women 800 Metres (a)

CBP - NEW EVENT

Heat 1

Posn	Num	Name	Club	Heat	Perf
1	45	Elizabeth Brathwaite	Herts Phoenix AC	1	2:06.1 Q

2	22	Chrissie Foster	Thames Valley Harriers	1	2:18.3 Q
3	49	Gemma Marrs	South London Harriers	1	2:19.1 q
4	41	Katie Silva	Channel Islands AC	1	2:24.3
5	40	Alexandra Shamloll	Herne Hill Harriers	1	2:29.6

Heat 2

Posn	Num	Name	Club	Heat	Perf
1	39	Claire Robinson	Belgrave Harriers	2	2:16.2 Q
2	51	Bernadine Pritchett	Woodford Green w Essex L	2	2:17.6 Q
3	50	Elaine Murty	Dartford Harriers AC	2	2:18.9 q
4	31	Kimberley Goodall	Guernsey Island AAC	2	2:21.1
5	53	Zoe Watson	Woodford Green w Essex L	2	2:30.6

T31 Final

Posn	Num	Name	Club	Perf
1	39	Claire Robinson	Belgrave Harriers	2:11.4
2	22	Chrissie Foster	Thames Valley Harriers	2:15.8
3	50	Elaine Murty	Dartford Harriers AC	2:17.7
4	51	Bernadine Pritchett	Woodford Green w Essex L	2:18.3
5	49	Gemma Marrs	South London Harriers	2:20.5
	45	Elizabeth Brathwaite	Herts Phoenix AC	dns

Senior Women 1,500 Metres (b)

CBP - NEW EVENT

T8 Final

Posn	Num	Name	Club	Perf
1	47	Michaela Hutchinson	Hillingdon AC	4:35.46
2	51	Bernadine Pritchett	Woodford Green w Essex L	4:39.94
3	54	Nicola Gooderham	Brunel University AC	4:57.47
4	46	Emma Grant	Hillingdon AC	5:05.85
5	55	Amanda Jukes	Ashford AC	5:08.12

T 27 Senior Women 3,000 Metres (a)

CBP - NEW EVENT

Posn	Num	Name	Club	Perf
1	59	Catherine Bryson	Belgrave Harriers	10:10.9
2	60	Rosanna Iannone	Vale of Aylesbury AC	10:20.2
3	61	Diana Kennedy	Woodford Green w Essex L	11:13.2

T6 Senior Women 60m Hurdles (a)

CBP J.Agyepong Croydon Harriers 1991 8.3

Posn	Num	Name	Club	Perf
1	15	Julie Pratt	Woodford Green w Essex L	8.58
2	21	Claire Brennan	Havering Mayesbrook AC	9.47
3	32	Claire Lidster	Channel Islands AC	9.51

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Under 20 Men High Jump (b)

CB A.Scarr Enfield & Haringey AC 2004 2.11
P

Posn	Num	Name	Club	Perf	Details
1	107	Alan McKie	Windsor S E & Hounslow	2.10	1.90 o; 1.95 o; 2.00 xxo; 2.05 xo; 2.10

						xo; 2.15 xxx
2	105	Cameron Lake	Windsor S E & Hounslow	2.00	1.80 o; 1.85 -; 1.90 xo; 1.95 xxo; 2.00 o;	2.05 xxx
3	103	Simon Hemmings	Southend on Sea AC	1.95	1.85 o; 1.90xo; 1.95 o; 2.00 xxx	
4	100	Tsidi Dagadu	Croydon Harriers	1.95	1.80 o; 1.85 xo; 1.90 o; 1.95 xo; 2.00	xxx
5	108	Louis Persent	Colchester Harriers	1.90	1.80 o; 1.85 xxo; 1.90 o; 1.95 xxx	
6	102	Jason Fox	Channel Islands AC	1.90	1.70 o; 1.75 o; 1.80 o; 1.85 o; 1.90 xxo;	1.95 xxx
7	99	Bradley Armorgie	Herts Phoenix AC	1.85	1.70 o; 1.75 o; 1.80 o; 1.85 o; 1.90 xxx	
8	106	Edward Mason	City of Bath AC	1.85	1.75 o; 1.80 xo; 1.85 o; 1.90 xxx	
9	101	Dan Dunscombe	Worthing & District Harriers	1.85	1.75 o; 1.80 xxo; 1.85 o; 1.90 xxx	
10	104	Simon Jones	Bedford & County AC	1.85	1.75 o; 1.80 o; 1.85 xo; 1.90 xxx	
11	68	Jason Manze	Cambridge Harriers	1.80	1.80 xxo; 1.85 x--; 1.90 -; 1.95 - w/d	
12	109	James Scott	Bedford & County AC	1.75	1.75 o; 1.80 xxx	
	110	William Sibley	Horsham Blue Star Harriers	nht		

Under 20 Men Pole Vault (a)

CBP *M.Densley* *Ealing Southall & Middlesex AC* 2000 4.70

Posn	Num	Name	Club	Perf	Details
1	113	Ryszard Buk	Croydon Harriers	4.50	3.95 o; 4.10 -; 4.20 xo; 4.40 o; 4.50 xxo;
					4.60 xxx
2	118	Scott Huggins	Blackheath & Bromley Harriers	4.30	4.20 o; 4.30 o; 4.40 xxx
3	120	Michael Read	Chelmsford AC	4.10	3.60 o; 3.80 xo; 3.95 xo; 4.10 xxo;
					4.20 xxx
4	114	Sam Colgate	Woking AC	3.95	3.80 o; 3.95 xo; 4.10 xxx
5	111	Scott Bartlett	Shaftesbury Barnet Harriers	3.60	3.40 xo; 3.60 o; 3.80xxx
6	117	Jonathan Hill	Enfield & Haringey AC	3.40	3.40 xxo; 3.60 xxx
	112	Adam Boshier	Epsom & Ewell Harriers	No ht	3.40 xxx
	119	Nicholas Moore	Invicta East Kent AC	No ht	3.40 xxx

Under 20 Men Long Jump (a)

CBP *I.Mba* *Hercules Wimbledon AC* 2006 7.16

Posn	Num	Name	Club	Perf	Details
1	125	Stuart Hitchcock	Medway & Maidstone AC	6.82	6.79;6.74;nj;6.56;nj;6.82
2	35	Nonso Okolo	Shaftesbury Barnet Harriers	6.80	6.42;6.63;6.65;6.44;6.61;6.80
3	128	Paul Oluyemi	Herne Hill Harriers	6.56	6.34;6.56;6.31;6.53;6.56;4.97
4	121	Calvin Barnes	Chelmsford AC	6.40	nj;6.05;6.40;6.17;nj;6.30
5	127	Vincent Lazaro	Havering Mayesbrook AC	6.29	6.15;6.29;6.27;5.96;6.03;nj
6	41	Paul Slater	Bexley AC	6.11	nj;6.11;6.06;6.02;6.08;nj
7	98	Anthony Williams	Havering Mayesbrook AC	6.08	6.08; - ;nj
8	122	Omari Barton-Ellington	Enfield & Haringey AC	5.85	5.51; 5.85; nj
9	124	Ben Frosdick	City of Norwich AC	5.66	4.53;5.66; nj
10	93	Sam Caplen	Eastbourne Rovers AC	5.58	5.49;5.29;5.58
11	34	Jeffrey Ocrah	Richmond Upon Thames College	5.38	nj;5.37;5.38
12	126	Hansley Jones	Herne Hill Harriers	4.72	4.72;nj;3.98
	44	Daniel Trott	Medway & Maidstone AC	njr	nj; w/d

Under 20 Men Triple Jump (b)

CBP *T.Oke* *Cambridge Harriers* 1997 15.12

Posn	Num	Name	Club	Perf	Details
1	131	Trevor Okoroafor	Croydon Harriers	14.59	14.21; nj; 14.59; nj; 14.43; 14.09
2	130	Jeremy Odemetey	Herne Hill Harriers	14.31	14.31; 14.24; 13.64; 14.01; 13.98; nj
3	125	Stuart Hitchcock	Medway & Maidstone AC	13.90	13.90; 13.83; nj; 13.81; 13.76; 13.65

Under 20 Men Shot (b)

CBP *E.Udechuku* *Blackheath Harriers* 1997 16.80

Posn	Num	Name	Club	Perf	Details
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1	136	Jay Thomas	Kent AC	16.38	14.70;15.58;15.78;16.38;np;np
2	135	Jamie Stevenson	Jersey Spartan AC	15.43	14.92;15.10;15.43;np;14.83;15.14
3	132	Devon Douglas	Eton Manor AC	13.74	13.53;13.74;np;np;12.73;13.66
4	134	Liam Presnell	Tonbridge AC	12.20	11.88;np;12.20;np;np;np
5	133	Christopher Linque	Woodford Green w Essex L	11.83	10.92;11.83;np;11.68;np;11.46
6	61	Thomas Ashby	Herne Hill Harriers	11.73	10.63;11.21;11.54;11.43;10.76;11.73

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Under 20 Men 60 Metres (a)

CB H.Aikines-Aryeetey Sutton & District AC 2006 6.75
P

Heat 1

Posn	Num	Name	Club	Perf
1	2	Harry Aikines-Aryeetey	Sutton & District AC	6.86 Q
2	43	David Telfer-James	Enfield & Haringey AC	6.94 Q
3	138	Jermaine Binns	7.32 Q	
4	41	Paul Slater	Bexley AC	7.44 q
5	31	Aaron Miller Broderick	South London Harriers	7.46
6	79	Nelson Bolumbu	Enfield & Haringey AC	7.46

Heat 2

Posn	Num	Name	Club	Perf
1	12	Danny Doyley	Blackheath & Bromley Harriers	6.90 Q
2	32	Stefan Mitchell	Cambridge Harriers	7.16 Q
3	34	Jeffrey Ocran	Richmond Upon Thames College	7.39 Q
4	37	Jorhelio Ramos	Newham & Essex Beagles AC	7.43 q
5	1	Joe Abbott-Gribben	Cambridge & Coleridge AC	7.55
6	36	David Paar	Stevenage & North Herts AC	7.69

Heat 3

Posn	Num	Name	Club	Perf
1	14	Luke Fagan	Enfield & Haringey AC	6.89 Q
2	27	Aaron James	Enfield & Haringey AC	7.16 Q
3	35	Nonso Okolo	Shaftesbury Barnet Harriers	7.34 Q
4	38	Sam Ratcliffe	Havant AC	7.35 q
5	8	Dean Cooper	Windsor S E & Hounslow	7.45
6	25	Michael Hill	Basildon AC	7.47

Heat 4

Posn	Num	Name	Club	Perf
1	30	Nigel Levine	Bedford & County AC	7.05 Q
2	28	Leon James-Lionel	Windsor S E & Hounslow	7.18 Q
3	21	James Godden	Cambridge & Coleridge AC	7.45 Q
4	23	Troy Harris	Herne Hill Harriers	7.56
5	20	Lawrence Gittens	Ealing Southall & Middlesex AC	7.58
	5	Lewis Brown	Victoria Park H & Tower H AC	dns

Heat 5

Posn	Num	Name	Club	Perf
1	42	Olufunmi Sobodu	Worthing & District Harriers	7.01 Q
2	19	Tremayne Gilling	Sutton & District AC	7.11 Q
3	15	James Farmer	Tonbridge AC	7.40 Q
4	6	Nathan Brown	Victoria Park H & Tower H AC	7.48
5	33	Achille Niyonsaba	Worthing & District Harriers	7.55

44 Daniel Trott Medway & Maidstone AC dns

Semi Final 1

Posn	Num	Name	Club	Perf	
1	2	Harry Aikines-Aryeetey	Sutton & District AC	6.82 Q	
2	43	David Telfer-James	Enfield & Haringey AC	6.94 Q	Semi Final 2
3	32	Stefan Mitchell	Blackheath & Bromley Harriers	6.70 Q	
4	42	Olufunmi Sobodu	Worthing & District Harriers	6.99 Q	
5	35	Noroo Jakobs	Shaftesbury Barnet Harriers	7.47	
6	138	Jorhelio Ramos	Newham & Essex Beagles AC	7.52	
5	38	Sam Ratcliffe	Havant AC	7.34	
6	21	James Godden	Cambridge & Coleridge AC	7.51	

Semi Final 3

1	14	Luke Fagan	Enfield & Haringey AC	6.90 Q
2	30	Nigel Levine	Bedford & County AC	6.96 Q
3	19	Tremayne Gilling	Sutton & District AC	7.06
4	28	Leon James-Lionel	Windsor S E & Hounslow	7.11
5	41	Paul Slater	Bexley AC	7.41
6	15	James Farmer	Tonbridge AC	7.42

Under 20 Men 60 Metres (a)

CB H.Aikines-Aryeetey Sutton & District AC 2006 6.75
P

T53 Final

Posn	Num	Name	Club	Perf
1	2	Harry Aikines-Aryeetey	Sutton & District AC	6.67 CBP
2	12	Danny Doyley	Blackheath & Bromley Harriers	6.75
3	43	David Telfer-James	Enfield & Haringey AC	6.86
4	30	Nigel Levine	Bedford & County AC	6.91
5	42	Olufunmi Sobodu	Worthing & District Harriers	6.93
6	14	Luke Fagan	Enfield & Haringey AC	6.95

Under 20 Men 200 Metres (b)

CBP - NEW EVENT

T12 Heat1

Posn	Num	Name	Club	Heat	Perf
1	52	Daniel Haque	Blackheath & Bromley Harriers	1	22.66q
2	10	Dominique Daniel	Woodford Green w Essex L	1	23.13q
3	48	Stuart Blackler	Isle of Wight AC	1	23.42Q
4	54	Daniel James	Windsor S E & Hounslow	1	24.04
DQ	50	Chris Dart	Invicta East Kent AC	1	
DNS	57	Tonderai Tomu	Cambridge & Coleridge AC	1	

Heat 2

1	30	Nigel Levine	Bedford & County AC	2	23.03Q
2	49	Dwayne Blake	Windsor S E & Hounslow	2	23.59Q
3	55	Thomas O'Brien	Shaftesbury Barnet Harriers	2	23.63q
4	21	James Godden	Cambridge & Coleridge AC	2	23.95
5	37	Jorhelio Ramos	Newham & Essex Beagles	2	24.48
6	56	Richard Pitcher	Andover AC	2	25.15

Heat 3

1	47	Aaron Balogun	Ilford AC	3	22.65Q
2	28	Leon James-Lionel	Windsor S E & Hounslow	3	22.98Q
3	32	Stefan Mitchell	Cambridge Harriers	3	23.06q
4	51	Neil Francis	Blackheath & Bromley Harriers	3	23.75q
5	25	Michael Hill	Basildon AC	3	23.89
6	45	Idowu Akindede	Suton & District AC	3	24.66

Heat 4

1	43	David Telfer-James	Enfield & Haringey AC	4	22.94q
2	8	Dean Cooper	Windsor S E & Hounslow	4	23.59q
3	38	Sam Ratcliffe	Havant AC	4	24.01
DNS	53	Matthew Harrison	Basildon AC	4	
DQ	58	James Viner	Hillingdon AC	4	

T28 Semi-Final 1

1	30	Nigel Levine	Bedford & County AC		22.40Q
2	47	Aaron Balogun	Ilford AC		22.67Q
3	28	Leon James-Lionel	Windsor S E & Hounslow		23.01Q
4	51	Neil Francis	Blackheath & Bromley Harriers		23.09
5	32	Stefan Mitchell	Cambridge Harriers		23.24
6	49	Dwayne Blake	Windsor S E & Hounslow		23.32

Semi-Final 2

1	43	David Telfer-James	Enfield & Haringey AC		22.06Q
2	52	Daniel Haque	Blackheath & Bromley Harriers		22.20Q
3	10	Dominique Daniel	Woodford Green w Essex L		23.19Q
4	55	Thomas O'Brien	Shaftesbury Barnet Harriers		23.51
5	48	Stuart Blackler	Isle of Wight AC		23.56
6	8	Dean Cooper	Windsor S E & Hounslow		23.75

T43 Final

1	43	David Telfer-James	Enfield & Haringey AC		21.95
2	30	Nigel Levine	Bedford & County AC		22.04
3	52	Daniel Haque	Blackheath & Bromley Harriers		22.28
4	47	Aaron Balogun	Ilford AC		22.84
5	28	Leon James-Lionel	Windsor S E & Hounslow		23.10
6	10	Dominique Daniel	Woodford Green w Essex L		23.29

Under 20 Men 400 Metres (b)

CBP - NEW EVENT

T3 Heat 1

Posn	Num	Name	Club	Heat	Perf
	1	Danny Doyley	Blackheath & Bromley Harriers	1	50.70Q
	2	Will Allingham	Ashford AC	1	51.85Q
	3	James Moorcroft	Team Kennet Triathlon AC	1	52.13q
	4	Ollie Francis	Cambridge & Coleridge AC	1	52.16q
	5	Lawrence Wooldridge	Tonbridge AC	1	52.19q
	6	Samuel Adeyemi	Herne Hill Harriers	1	52.71

Heat 2

	1	Femi Owolade	Cambridge Harriers	2	51.01Q	
	2	Luke Smallwood	Medway & Maidstone AC	2	51.63Q	
	3	Thomas Ashby	Herne Hill Harriers	2	52.64	
	4	James Folkes	Andover AC	2	53.29	
	5	James Summersby	Blackheath & Bromley Harriers	2	53.52	
	DQ	68	Jason Manze	Cambridge Harriers	2	

Heat 3

	1	Tonderai Tomu	Cambridge and Coleridge AC	3	50.78Q	
	2	Martin Pitts	Braintree & District AC	3	51.53Q	
	3	Nick Bates	Basingstoke & Mid Hants AC	3	51.64q	
	4	Antoni Davis-Phillip	Kent AC	3	53.31	
	5	Matthew Harrison	Basildon AC	3	53.47	
	6	138	Jermaine Binns	Enfield & Haringey AC	3	54.93

Heat 4

	1	Michael Baker	Medway & Maidstone AC	4	50.34Q	
	2	David Green	Cornwall AC	4	51.37Q	
	3	Andrew Kendall	Hillingdon AC	4	53.63	
	4	72	Richard Scott	Banbury Harriers	4	55.25
	DQ	74	Duncan Stevenson	Basingstoke & Mid Hants AC	4	

T20 Semi-Final 1

Posn	Num	Name	Club	Perf
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1	70	Femi Owolade	Cambridge Harriers	50.58Q
2	62	Michael Baker	Medway & Maidstone AC	50.65Q
3	66	David Green	Cornwall AC	50.70q
4	63	Nick Bates	Basingstoke & Mid Hants AC	51.02q
5	77	Lawrence Wooldridge	Tonbridge AC	51.82
6	60	Will Allingham	Ashford AC	53.19

T20 Semi-Final 2

Posn	Num	Name	Club	Perf
1	73	Luke Smallwood	Medway & Maidstone AC	50.43Q
2	57	Tonderai Tomu	Cambridge and Coleridge AC	50.65Q
3	71	Martin Pitts	Braintree & District AC	51.14
4	17	Ollie Francis	Cambridge & Coleridge AC	52.31
5	12	Danny Doyley	Blackheath & Bromley Harriers	52.63
6	69	James Moorcroft	Team Kennet Triathlon AC	52.69

T36 Final

Posn	Num	Name	Club	Perf
1	57	Tonderai Tomu	Cambridge and Coleridge AC	49.94
2	73	Luke Smallwood	Medway & Maidstone AC	50.27
3	66	David Green	Cornwall AC	50.58
4	63	Nick Bates	Basingstoke & Mid Hants AC	50.79
5	62	Michael Baker	Medway & Maidstone AC	50.85
DQ	70	Femi Owolade	Cambridge Harriers	

Under 20 Men 800 Metres (a)

CBP - NEW EVENT

Heat 1

Posn	Num	Name	Club	Heat	Perf
1	78	Ed Aston	Cambridge & Coleridge AC	1	2.04.7 Q
2	88	Mark Woodley	Chelmsford AC	1	2.04.8 Q
3	80	Josh Fairclough	Ashford AC	1	2.05.6 q
4	82	Robert Heaney	Bedford & County AC	1	2.06.4

Heat 2

Posn	Num	Name	Club	Heat	Perf
1	87	Rick Ward	City of Norwich AC	2	1.59.8 Q
2	86	Daniel Stepney	Phoenix AC	2	2.00.0 Q
3	79	Atak Diing	Highgate Harriers	2	2.00.4 q
4	85	Dan Potts	Cambridge & Coleridge AC	2	2.09.8

T35 Final

Posn	Num	Name	Club	Perf
1	78	Ed Aston	Cambridge & Coleridge AC	1:54.4
2	87	Rick Ward	City of Norwich AC	1:54.8
3	86	Daniel Stepney	Phoenix AC	1:55.5
4	88	Mark Woodley	Chelmsford AC	1:57.1
5	80	Josh Fairclough	Ashford AC	2:00.6
	79	Atak Diing	Highgate Harriers	dq

Under 20 Men 1,500 Metres (b)

CBP - NEW EVENT

T9 Final

Posn	Num	Name	Club	Perf
1	80	Josh Fairclough	Ashford AC	4:17.44
2	89	Andre Duque	Newham & Essex Beagles AC	4:19.31
3	90	James Foley	Victoria Park H & Tower H AC	4:37.84

Under 20 Men 3,000 Metres (a)

CBP - NEW EVENT

Posn	Num	Name	Club	Heat	Perf
1	91	Paul Whittaker	Southend on Sea AC		9:13.7

T12 Under 20 Men 60m Hurdles (a)

CBP	R.Sear	Oxford City AC	1997	8.24
CBP	M.Freckleton	Blackheath Harriers	1999	8.24

Heat 1

Posn	Num	Name	Club	Perf
1	62	Michael Baker	Medway & Maidstone AC	8.49 Q
2	96	Matthew Field	Kingston AC & Poly Harriers	8.58 Q
3	95	Lawrence Clarke	Eton College	8.62 q
4	68	Jason Manze	Cambridge Harriers	8.72
5	190	Matthew George	Vale of Aylesbury AC	8.83
	94	Shafiur Choudhury	Enfield & Haringey AC	dnf

Heat 2

Posn	Num	Name	Club	Perf
1	27	Aaron James	Enfield & Haringey AC	8.19 Q
2	92	Alex Al-Ameen	Blackheath & Bromley Harriers	8.31 Q
3	98	Anthony Williams	Havering Mayesbrook AC	8.70 q
4	93	Sam Caplen	Eastbourne Rovers AC	9.44
5	97	Adam Nichols	Hastings AC	10.49
	36	David Paar	Stevenage & North Herts AC	dnf

Final

Posn	Num	Name	Club	Perf
1	27	Aaron James	Enfield & Haringey AC	8.17
2	92	Alex Al-Ameen	Blackheath & Bromley Harriers	8.24
3	62	Michael Baker	Medway & Maidstone AC	8.46
4	96	Matthew Field	Kingston AC & Poly Harriers	8.54
5	98	Anthony Williams	Havering Mayesbrook AC	8.73
6	95	Lawrence Clarke	Eton College	8.82

SEAA Indoor Championships - Lee Valley Athletic Centre

20(a)/21(b) January 2007

Under 20 Women High Jump (a)

CB	A.Bemrose	Aldershot Farnham & DAC	1998	1.71
P				

Posn	Num	Name	Club	Perf	Details
1	74	Lucy Hodgins	Vale of Aylesbury AC	1.68	1.65 xxo; 1.68 o; 1.71 xxx
2	75	Eloise Newman	Harrow AC	1.65	1.50 o; 1.55.o; 1.60 xo; 1.65 xxo; 1.68 xxx
3	77	Jo Rowland	Crawley AC	1.60	1.50 o; 1.55 xo; 1.60 o; 1.65xxx
4	73	Frances Hodgins	Vale of Aylesbury AC	1.60	1.50 o; 1.55 o; 1.60 xxo; 1.65 xxx
5	78	Vicki Wheatland	Colchester Harriers	1.60	1.50 o; 1.55 xo; 1.60 xxo; 1.65 xxx
6	72	Kerry Dixon	Ipswich Harriers	1.55	1.50 xxo; 1.55 o; 1.60 xxx
7	70	Erica Bodman	Cambridge University AC	1.55	1.50 o; 1.55 xo; 1.60 xxx
8	62	Karla Drew	Exeter Harriers	1.55	1.50 xxo; 1.55 xxo; 1.60 xxx
9	51	Sophie Twinam	Channel Islands AC	1.50	1.50 xxo; 1.55 xxx
	76	Charis O'Connor	Guildford & Godalming AC	nht	1.71 xxx

Under 20 Women Pole Vault (b)

CBP	C.Ridgley	Team Solent	1996	3.50
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Posn	Num	Name	Club	Perf	Details
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1	80	Emily Godley	Blackheath & Bromley Harriers	3.51	3.10 o;3.20 o; 3.30 xo; 3.41 xxo; 3.51 CBP xo; 3.61 xxx
=2	79	Sarah Clifford	Shaftesbury Barnet Harriers	3.10	2.80 o; 2.90 o; 3.00 o; 3.10 o; 3.20 xxx
=2	84	Maria Seager	Poole Runners	3.10	2.50 o; 2.70 o; 2.80 o; 2.90 o; 3.00 o; 3.10 o; 3.20 xxx
4	81	Jasmin Hicks	Newquay & Par AC	3.00	2.80 xo ; 2.90 -; 3.00 o; 3.10 xxx
5	82	Robyne Mallows	Bedford & County AC	2.70	2.70 xo; 2.80 xxx

Under 20 Women Long Jump (b)

CBP S.Claxton Colchester & Tendring AC 1997 6.18

Posn	Num	Name	Club	Perf	Details
1	8	Hannah Frankson	Woodford Green w Essex L	5.62	nj;5.47;5.55;5.62;5.59;5.59
2	15	Emily Martin	Hercules Wimbledon AC	5.53	nj;5.53;5.46;nj;5.43;5.41
3	37	Kim Murray	Team Southampton	5.53	5.53;5.37;5.33;5.28;nj;5.41
4	88	Amanda Ranger	Victoria Park H & Tower H AC	5.40	nj;5.37;nj;5.40;5.31;5.18
5	87	Claire Linskill	North Devon AC	5.34	nj;4.96;5.24;5.24;nj;5.34
6	86	Lauren Blackie	Blackheath & Bromley Harriers	5.13	nj;5.13;nj;nj;nj;nj
7	89	Keighley Taplin	Braintree & District AC	5.04	5.04;5.03;5.04
8	16	Jade Morgan	Colchester Harriers	4.98	3.02;4.98;4.93
9	85	Yemi Bello	Enfield & Haringey AC	4.97	4.67;4.84;4.97
10	42	Laura Grover	Eastbourne Rovers AC	4.58	4.55;4.41;4.58

Under 20 Women Triple Jump (a)

CBP C.Linskill North Devon AC 2006 12.23

Posn	Num	Name	Club	Perf	Details
1	87	Claire Linskill	North Devon AC	11.71	nj; nj; 11.69; nj; nj; 11.71
2	15	Emily Martin	Hercules Wimbledon AC	11.36	10.62; 11.12; 11.05; 10.82; 11.33; 11.36
3	86	Lauren Blackie	Blackheath & Bromley Harriers	11.25	10.97; 11.13; 11.21; nj; 11.25; nj;
4	91	Juliet Fielden	Sutton & District AC	11.21	nj; 10.79; 11.12; 11.12; 11.11; 11.21
5	16	Jade Morgan	Colchester Harriers	11.02	11.02; 10.73; 10.82; 10.92; 10.54; nj
6	92	Natasha Risman	Guildford & Godalming AC	10.48	10.05; 10.16; 10.39; 10.06; 10.48; 10.24
7	88	Amanda Ranger	Victoria Park H & Tower H AC	10.33	nj; nj; 10.33

Under 20 Women Shot (b)

CBP C.Bennett Epsom & Ewell Harriers 1997 13.60

Posn	Num	Name	Club	Perf	Details
1	93	Briony Phillips	Herne Hill Harriers	11.36	11.36;10.37;11.14;11.05;10.68;10.97
2	94	Sophie Thomas	City of Salisbury A & RC	10.37	9.56;10.24;9.85;10.37;10.16;np
3	16	Jade Morgan	Colchester Harriers	9.89	9.71;9.89;9.24;np;np; -
4	77	Jo Rowland	Crawley AC	9.48	9.48;9.08;9.01;8.98;8.69;np

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Under 20 Women 60 Metres (a)

CB M.Douglas Bromley AC 2003 7.56

Heat 1

Posn	Num	Name	Club	Perf
1	21	Serita Solomon	Blackheath & Bromley Harriers	7.83 Q
2	26	Claudenia Williams	Ealing Southall & Middlesex AC	7.86 Q
3	22	Natoya Sylva	Bexley AC	8.07 q
4	23	Jessica Tappin	Chelmsford AC	8.07 q
5	1	Ria-Bianca Ali-Jackson	Chelmsford AC	8.09

Heat 2

Posn	Num	Name	Club	Perf
1	95	Torema Dorsett	Enfield & Haringey AC	7.74 Q
2	10	Rachael Giwa	Ilford AC	7.97 Q
3	25	Claire Welch	Medway & Maidstone AC	7.99 q
4	8	Hannah Frankson	Woodford Green w Essex L	8.11
5	16	Jade Morgan	Colchester Harriers	8.29

Heat 3

Posn	Num	Name	Club	Perf
1	2	Natalie Bartley	South London Harriers	7.70 Q
2	24	Rachel Telfer	Enfield & Haringey AC	7.84 Q
3	5	Kelly Denyer	Worthing & District Harriers	7.91 q
4	4	Louise Corcoran	Andover AC	8.36
5	14	Jennifer Honeyball	Herne Hill Harriers	8.45

Heat 4

Posn	Num	Name	Club	Perf
1	6	Joey Duck	Marshall Milton Keynes AC	7.71 Q
2	15	Emily Martin	Hercules Wimbledon AC	7.88 Q
3	17	Rachael Osobowale	Herne Hill Harriers	8.41
4	13	Sophie Harriman	City of Norwich AC	8.44
5	12	Shadae Gordon	Victoria Park H & Tower H AC	8.47

Semi Final 1

Posn	Num	Name	Club	Perf
1	21	Serita Solomon	Blackheath & Bromley Harriers	7.75 Q
2	6	Joey Duck	Marshall Milton Keynes AC	7.80 Q
3	26	Claudenia Williams	Ealing Southall & Middlesex AC	7.91 Q
4	15	Emily Martin	Hercules Wimbledon AC	7.96
5	5	Kelly Denyer	Worthing & District Harriers	8.05
6	22	Natoya Sylva	Bexley AC	8.31

Semi Final 2

Posn	Num	Name	Club	Perf
1	95	Torema Dorsett	Enfield & Haringey AC	7.63 Q
2	2	Natalie Bartley	South London Harriers	7.74 Q
3	24	Rachel Telfer	Enfield & Haringey AC	7.88 Q
4	25	Claire Welch	Medway & Maidstone AC	7.97
5	23	Jessica Tappin	Chelmsford AC	8.06
6	10	Rachael Giwa	Ilford AC	8.15

Under 20 Women 60 Metres (a)

CB M.Douglas Bromley AC 2003 7.56
P

T54 Final

Posn	Num	Name	Club	Perf
1	95	Torema Dorsett	Enfield & Haringey AC	7.66
2	2	Natalie Bartley	South London Harriers	7.70
3	6	Joey Duck	Marshall Milton Keynes AC	7.77
4	21	Serita Solomon	Blackheath & Bromley Harriers	7.78
5	24	Rachel Telfer	Enfield & Haringey AC	7.92
	26	Claudenia Williams	Ealing Southall & Middlesex AC	dns

Under 20 Women 200 Metres (b)

CBP - NEW EVENT

T16 Heat 1

Posn	Num	Name	Club	Heat	Perf
1	38	Perri Shakes-Drayton	Victoria Park H & Tower H AC	1	24.82Q
2	7	Magali Franka	Herne Hill Harriers	1	27.33Q
3	31	Sophie Copping	Medway & Maidstone AC	1	27.63q
4	35	Emma Funnell	Ashford AC	1	28.54
5	33	Ellie Doel	Eastbourne Rovers AC	1	29.18
6	30	Emma Brown	Andover AC	1	29.92

Heat 2

1	32	Holly Croxford	Winchester & District AC	2	25.44Q
2	11	Amy Godsell	Blackheath & Bromley Harriers	2	26.48Q
3	27	Laurelle Akintade	Eton Manor AC	2	27.72q
4	34	Kelly Fairweather	Harrow AC	2	27.77
5	29	Hannah Biddiss	Medway & Maidstone AC	2	27.97
DQ	28	Susanna Banjo	Newham & Essex Beagles AC	2	

T42 Final

Posn	Num	Name	Club	Heat	Perf
1	38	Perri Shakes-Drayton	Victoria Park H & Tower H AC		24.55
2	32	Holly Croxford	Winchester & District AC		25.10
3	11	Amy Godsell	Blackheath & Bromley Harriers		26.41
4	7	Magali Franka	Herne Hill Harriers		27.16
5	31	Sophie Copping	Medway & Maidstone AC		27.79
DNS	27	Laurelle Akintade	Eton Manor AC		

Under 20 Women 400 Metres (b)

CBP - NEW EVENT

T4 Heat 1

Posn	Num	Name	Club	Heat	Perf
1	52	Becky Welbourn	Ipswich Harriers	1	1:00.55Q
2	44	Sarah McLellah	Blackheath & Bromley Harriers	1	1:01.27Q
3	43	Emily Jones	Eastbourne Rovers AC	1	1:03.21Q
4	49	Dominique Roe	Invicta East Kent AC	1	1:03.25q
5	29	Hannah Biddiss	Medway & Maidstone AC	1	1:03.61q

Heat 2

1	5	Kelly Denyer	Worthing & District Harriers	2	1:00.04Q
2	36	Kate Laidlow	Cambridge Harriers	2	1:01.87Q
3	48	Corin Reynolds	Havant AC	2	1:03.16Q
4	42	Laura Grover	Eastbourne Rovers AC	2	1:03.66q
DQ	40	Amy Bond	Reading AC	2	

Heat 3

1	41	Odette Campbell	Croydon Harriers	3	1:01.13Q
2	46	Georgina Neame	Basingstoke & Mid Hants AC	3	1:01.80Q
3	47	Vicky Randall	Medway & Maidstone AC	3	1:01.99Q
DQ	51	Sophie Twinam	Channel Islands AC	3	

Semi Final 1

Posn	Num	Name	Club	Heat	Perf
1	5	Kelly Denyer	Worthing & District Harriers		1:01.20Q
2	44	Sarah McLellah	Blackheath & Bromley Harriers		1:01.80Q
3	46	Georgina Neame	Basingstoke & Mid Hants AC		1:02.23
4	48	Corin Reynolds	Havant AC		1:02.61
5	42	Laura Grover	Eastbourne Rovers AC		1:05.50
6	43	Emily Jones	Eastbourne Rovers AC		1:05.55

Semi Final 2

Posn	Num	Name	Club	Heat	Perf
1	36	Kate Laidlow	Cambridge Harriers		59.98Q
2	52	Becky Welbourn	Ipswich Harriers		1:00.07Q
3	41	Odette Campbell	Croydon Harriers		1:00.29q

4	47	Vicky Randall	Medway & Maidstone AC	1:01.36q
5	49	Dominique Roe	Invicta East Kent AC	1:04.12
6	29	Hannah Biddiss	Medway & Maidstone AC	1:04.20

Final

Posn	Num	Name	Club	Perf
1	5	Kelly Denyer	Worthing & District Harriers	58.76
2	52	Becky Welbourn	Ipswich Harriers	59.27
3	36	Kate Laidlow	Cambridge Harriers	59.77
4	44	Sarah McLellah	Blackheath & Bromley Harriers	1:00.79
5	41	Odette Campbell	Croydon Harriers	1:02.00
6	47	Vicky Randall	Medway & Maidstone AC	1:02.37

Under 20 Women 800 Metres (a) T20

CBP - NEW EVENT

Posn	Num	Name	Club	Perf
1	54	Rachel Stringer	City of Norwich AC	2.15.8
2	53	India Lee	Winchester & District AC	2.20.9

Under 20 Women 1,500 Metres (b)

CBP - NEW EVENT

T13 Final

Posn	Num	Name	Club	Perf
1	53	India Lee	Winchester & District AC	4:43.56
2	57	Lucy Yates	Shaftesbury Barnet Harriers	4:52.81
3	56	Anna Whitfield	Basildon AC	5:09.81

Under 20 Women 60m Hurdles (a)

CBP S.Solomon Blackheath & Bromley Harriers 2006 8.49

Heat 1

Posn	Num	Name	Club	Perf
1	21	Serita Solomon	Blackheath & Bromley Harriers	8.58 Q
2	64	Jenny Heckford	Windsor S E & Hounslow	9.17 Q
3	62	Karla Drew	Exeter Harriers	9.26 Q
4	68	Lisa Schofield	Havering Mayesbrook AC	9.67 q
5	31	Sophie Copping	Medway & Maidstone AC	10.07
	60	Lucy Boggis	Radley AC	dns

Heat 2

Posn	Num	Name	Club	Perf
1	69	Catherine Wearing	Medway & Maidstone AC	9.25 Q
2	63	Kayleigh Ferguson	Croydon Harriers	9.26 Q
3	59	Lauren Ambrose	Rugby & Northampton AC	9.27 Q
4	58	Harriet Abbiss	Aldershot Farnham & DAC	9.51 q
5	51	Sophie Twinam	Channel Islands AC	10.61

Heat3

Posn	Num	Name	Club	Perf
1	23	Jessica Tappin	Chelmsford AC	9.24 Q
2	65	Katie Miller	Epsom & Ewell Harriers	9.59 Q
3	66	Kim Motley	Cambridge & Coleridge AC	9.74 Q
4	61	Nicky Burrows	Herts Phoenix AC	9.81q
	19	Kylie Robilliard	Guernsey Island AAC	dns

Semi-final 1

Posn	Num	Name	Club	Perf
1	21	Serita Solomon	Blackheath & Bromley Harriers	8.60 Q
2	64	Jenny Heckford	Windsor S E & Hounslow	9.07 Q
3	63	Kayleigh Ferguson	Croydon Harriers	9.20 Q
4	59	Lauren Ambrose	Rugby & Northampton AC	9.47

5	66	Kim Motley	Cambridge & Coleridge AC	9.71
	68	Lisa Schofield	Havering Mayesbrook AC	dnf

Semi-final 2

Posn	Num	Name	Club	Perf
1	69	Catherine Wearing	Medway & Maidstone AC	9.20 Q
2	62	Karla Drew	Exeter Harriers	9.42 Q
3	58	Harriet Abbiss	Aldershot Farnham & DAC	9.47 Q
4	23	Jessica Tappin	Chelmsford AC	9.48
5	65	Katie Miller	Epsom & Ewell Harriers	9.70
	61	Nicky Burrows	Herts Phoenix AC	dns

T23 Final

Posn	Num	Name	Club	Perf
1	21	Serita Solomon	Blackheath & Bromley Harriers	8.68
2	64	Jenny Heckford	Windsor S E & Hounslow	9.08
3	62	Karla Drew	Exeter Harriers	9.19
4	63	Kayleigh Ferguson	Croydon Harriers	9.21
5	69	Catherine Wearing	Medway & Maidstone AC	9.29
	58	Harriet Abbiss	Aldershot Farnham & DAC	dns

SEAA Indoor Championships - Lee Valley Athletic Centre

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Under 17 Men High Jump (b)

CB M.Crowley St Albans AC 2000 2.00
P

Posn	Num	Name	Club	Perf	Details
1	101	Christopher Baker	City of Norwich AC	1.98	1.85 o; 1.95 xxo; 1.98 xxo; 2.01 xxx
2	105	Joe Kent	Horsham Blue Star Harriers	1.80	1.65 o; 1.70 o; 1.75 o; 1.80 o; 1.85 xxx
3	103	James Farrell	Bexley AC	1.80	1.65 o; 1.70 o; 1.75 xo; 1.80 o; 1.85 xxx
4	11	Stephen De La Haye	Channel Islands AC	1.80	1.65 o; 1.70xo; 1.75 o; 1.80 xxo; 1.85 xxx
5	106	Justin Lakey	Team Kennet Triathlon AC	1.75	1.65 o; 1.70 o; 1.75 o; 1.80 xxx
6	104	Michael Grabarz	Bedford & County AC	1.75	1.65 o; 1.70 xo; 1.75 o; 1.80 xxx
7	74	Sebastian Rodger	Eastbourne Rovers AC	1.75	1.65 xxo; 1.70 xo; 1.75 xxo; 1.80 xxx
8	107	Elan Weedon	Windsor S E & Hounslow	1.70	1.65 o; 1.70 xo; 1.75 xxx
9	102	Callum Barling-Jeffery	Invicta East Kent AC	1.70	1.65 xo; 1.70 xxo; 1.75 xxx

Under 17 Men Pole Vault (a)

CBP R.Smith Peterborough AC 1997 4.50

Posn	Num	Name	Club	Perf	Details
1	111	Ben Gregory	Vale of Aylesbury AC	4.20	3.60 o; 3.70 -; 3.80 o; 3.90 -; 4.00 o; 4.20 xo; 4.30 xxx
2	109	Matthew Devereux	Bedford & County AC	3.90	3.50 o; 3.60 xo; 3.70 o; 3.80 xxo; 3.90 xxo; 4.00 xxx
3	114	Chris Pilling	Lewes AC	3.80	3.50 o; 3.60 o; 3.70 -; 3.80 xxo; 3.90 xxx
4	110	James Grant	Shaftesbury Barnet Harriers	3.50	3.20 xo; 3.35 o; 3.50 xxo; 3.60 xxx
5	113	Gordon Lester	Kingston AC & Poly Harriers	3.50	3.00 o; 3.20 xo; 3.35 xo; 3.50 xxo; 3.60 xxx
6	108	Sam Brown	Lewes AC	3.35	3.00 o; 3.20 o; 3.35 xxo; 3.50 xxx
7	112	Peter Humby	Team Southampton	2.80	2.80 o; 3.00 o; 3.20 xxo; 3.35 xxx

Under 17 Men Long Jump (a)

CBP D.Thomas Ealing Southall & Middlesex AC 2003 6.77

Posn	Num	Name	Club	Perf	Details
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1	17	Nathan Fox	Shaftesbury Barnet Harriers	6.60	6.57; 6.60; 6.45; nj; 6.45; 6.57
2	118	Omar Dixon	Croydon Harriers	6.36	5.93; nj; 6.00; 6.02; 5.76; 6.36
3	74	Sebastian Rodger	Eastbourne Rovers AC	6.28	nj; 6.28; 6.26; nj; 6.15; 6.27
4	115	Kola Adedoyin	Sutton & District AC	6.15	6.00; nj; nj; 5.74; nj; 6.15
5	116	James Alcock	Medway & Maidstone AC	6.11	5.88; 6.11; 5.89; nj; 5.83; 6.11
6	40	Simeon Stuart	Ilford AC	6.11	nj; 5.76; 6.11; 5.82; 5.66; 5.89
7	120	William Jones	Oxfordshire Schools	5.99	5.99; 5.75; 5.65
8	11	Stephen De La Haye	Channel Islands AC	5.91	nj; nj; 5.91
9	3	Luke Allen	West Suffolk AC	5.72	5.72; nj; nj
10	121	Derek Yeboah	Croydon Harriers	5.68	5.61; 5.63; 5.68
11	39	Liam Sneath	Team Kennet Triathlon AC	5.41	5.41; 5.38; 5.07
12	119	Paul Hayball	Huntingdonshire AC	5.35	5.33; 5.35; 5.25
13	110	James Grant	Shaftesbury Barnet Harriers	5.20	5.20; 5.18; nj
14	117	Ross Armorgie	Herts Phoenix AC	5.14	5.14; 5.11; 5.04
15	102	Callum Barling-Jeffery	Invicta East Kent AC	5.00	5.00; 4.88; nj
	123	Kevin Brown	Southend on Sea AC	nj	nj; nj; nj

Under 17 Men Triple Jump (b)

CBP L.Ali-Balogan London Heathside Runners AC 2004 14.25

Posn	Num	Name	Club	Perf	Details
1	17	Nathan Fox	Shaftesbury Barnet Harriers	14.41	13.90;14.01;13.66;13.65;13.71;14.41 CBP
2	123	Kem Onubogu	Shaftesbury Barnet Harriers	13.36	12.63;12.53;12.95;11.66;13.02;13.36
3	4	Babatunde Amosu	Selhurst Boys School	13.25	12.48;13.25;12.42;12.52;12.57;12.69
4	122	Darren March	Medway & Maidstone AC	13.07	13.07;12.94;12.88;13.03;12.91;12.99
5	11	Stephen De La Haye	Channel Islands AC	12.40	12.40;12.30;11.11;12.24;12.11;nj
6	124	Olivier Serviabile	South London Harriers	10.72	10.72;10.42;nj;10.37;10.64;nj
	115	Kola Adedoyin	Sutton & District AC	njr	nj;nj;nj

Under 17 Men Shot (b)

CBP E.Udechuku Blackheath Harriers 1995 17.67

Posn	Num	Name	Club	Perf	Details
1	127	Michael Wheeler	Herne Hill Harriers	18.20	16.96;16.23;16.56;17.06;16.50;18.20 CBP
2	125	Matthew Baptiste	Newham & Essex Beagles AC	16.16	14.77;15.57;15.93;15.52;15.49;16.16
3	126	Erasmus Ntim-Dwemoh	Croydon Harriers	14.10	13.32;13.15;13.55;13.54;13.40;14.10
4	119	Paul Hayball	Huntingdonshire AC	13.94	13.94;13.47;13.48;11.06;10.78;13.05

SEAA Indoor Championships - Lee Valley Athletic Centre

20(a)/21(b) January 2007

Under 17 Men 60 Metres (a)

CB H.Aikines-Aryeetey Worthing & District Harriers 2004 6.95
P

Posn	Num	Name	Club	Perf
1	32	Alexander Ojo	Ealing Southall & Middlesex AC	7.22 Q
2	24	Teddy Kasonso	Harrow AC	7.38 Q
3	20	Eric Guei	Highgate Harriers	7.45 Q
4	7	Clement Boateng	Herne Hill Harriers	7.56 q
5	3	Luke Allen	West Suffolk AC	7.63
6	44	Ashley Warner	Aldershot Farnham & DAC	7.63

Heat 2

Posn	Num	Name	Club	Perf
1	13	Junior Ejehu	Harrow AC	7.21 Q
2	25	Tom Kennedy	South London Harriers	7.33 Q

3	6	Curtis Blake	Victoria Park H & Tower H AC	7.33 Q
4	45	Cameron Webb	Stevenage & North Herts AC	7.41 q
5	39	Liam Sneath	Team Kennet Triathlon AC	7.58
6	11	Stephen De La Haye	Channel Islands AC	7.62

Heat 3

Posn	Num	Name	Club	Perf
1	42	Deji Tobais	Bedford & County AC	7.12 Q
2	27	Andy Millen	Worthing & District Harriers	7.32 Q
3	17	Nathan Fox	Shaftesbury Barnet Harriers	7.51 Q
4	16	David Farrugia	Woodford Green w Essex L	7.59
5	31	Alex Oguns	Herne Hill Harriers	7.66
	33	Emmanuel Okpokiri	Newham & Essex Beagles AC	dns

Heat 4

Posn	Num	Name	Club	Perf
1	21	William Ife	Enfield & Haringey AC	7.16 Q
2	30	Ehi Oboite	Croydon Harriers	7.17 Q
3	34	Mayo Oluwole	Cambridge Harriers	7.30 Q
4	19	Steven Gillan	Victoria Park H & Tower H AC	7.64
5	9	Malcolm Cox	Herne Hill Harriers	7.64
6	41	Arthur Tanch	Cambridge Harriers	7.78

Heat 5

Posn	Num	Name	Club	Perf
1	26	Lee McLaughlin	Croydon Harriers	7.18 Q
2	36	Dan Putnam	Blackheath & Bromley Harriers	7.37 Q
3	40	Simeon Stuart	Ilford AC	7.71 Q
4	18	Gary George	Herne Hill Harriers	7.76
5	28	Ryan Norcross	Eastbourne Rovers AC	7.95

Heat 6

Posn	Num	Name	Club	Perf
1	22	Antonio Infantino	Enfield & Haringey AC	7.07 Q
2	8	Lemar Charles	Blackheath & Bromley Harriers	7.46 Q
3	29	Anthony Norris	Highgate Harriers	7.46 Q
4	12	Burton Dredge	Herne Hill Harriers	7.48 q
5	2	Danyal Ali-Khan	Ealing Southall & Middlesex AC	7.92

Heat 7

Posn	Num	Name	Club	Perf
1	1	Deji Akande	Chelmsford AC	7.15 Q
2	37	Damilola Segun	Croydon Harriers	7.34 Q
3	10	Luke Crabb	Cambridge & Coleridge AC	7.43 Q
4	46	Ashley Wilson	Victoria Park H & Tower H AC	7.63
5	23	Christopher Jarvis	Ealing Southall & Middlesex AC	8.13

Semi Final 1

Posn	Num	Name	Club	Perf
1	32	Alexander Ojo	Ealing Southall & Middlesex AC	7.28 Q
2	24	Teddy Kasonso	Harrow AC	7.30
3	27	Andy Millen	Worthing & District Harriers	7.32
4	10	Luke Crabb	Cambridge & Coleridge AC	7.34
5	6	Curtis Blake	Victoria Park H & Tower H AC	7.37
6	20	Eric Guei	Highgate Harriers	7.51

Semi Final 2

Posn	Num	Name	Club	Perf
1	1	Deji Akande	Chelmsford AC	7.15 Q

2	30	Ehi Oboite	Croydon Harriers	7.24
3	13	Junior Ejehu	Harrow AC	7.26
4	34	Mayo Oluwole	Cambridge Harriers	7.28
5	12	Burton Dredge	Herne Hill Harriers	7.50
6	7	Clement Boateng	Herne Hill Harriers	7.62

Semi Final 3

Posn	Num	Name	Club	Perf
1	22	Antonio Infantino	Enfield & Haringey AC	7.02 Q
2	42	Deji Tobais	Bedford & County AC	7.05 q
3	25	Tom Kennedy	South London Harriers	7.37
4	36	Dan Putnam	Blackheath & Bromley Harriers	7.37
5	45	Cameron Webb	Stevenage & North Herts AC	7.41
	29	Anthony Norris	Highgate Harriers	dns

Semi Final 4

Posn	Num	Name	Club	Perf
1	26	Lee McLaughlin	Croydon Harriers	7.09 Q
2	21	William Ife	Enfield & Haringey AC	7.09 q
3	37	Damilola Segun	Croydon Harriers	7.31
4	8	Lemar Charles	Blackheath & Bromley Harriers	7.39
5	17	Nathan Fox	Shaftesbury Barnet Harriers	7.58
6	40	Simeon Stuart	Ilford AC	7.64

T58 Final

Posn	Num	Name	Club	Perf
1	22	Antonio Infantino	Enfield & Haringey AC	6.95 =CBP
2	42	Deji Tobais	Bedford & County AC	7.02
3	26	Lee McLaughlin	Croydon Harriers	7.05
4	21	William Ife	Enfield & Haringey AC	7.08
5	1	Deji Akande	Chelmsford AC	7.13
6	32	Alexander Ojo	Ealing Southall & Middlesex AC	7.27

Under 17 Men 200 Metres (b)

CBP - NEW EVENT

T15 Heat 1

Posn	Num	Name	Club	Heat	Perf
1	52	Rhion Samuel	Enfield & Haringey AC	1	22.88Q
2	34	Mayo Oluwole	Cambridge Harriers	1	23.86Q
3	27	Andy Millen	Worthing & District Harriers	1	23.92Q
DQ	18	Gary George	Herne Hill Harriers	1	
DQ	45	Cameron Webb	Stevenage & North Herts AC	1	

Heat 2

1	36	Dan Putnam	Blackheath & Bromley Harriers	2	23.42Q
2	42	Deji Tobais	Bedford & County AC	2	23.57Q
3	54	Ben Studham	Orion Harriers	2	24.64Q
4	9	Malcolm Cox	Herne Hill Harriers	2	24.78
5	47	Samuel Benfield	Witney RRC	2	25.14

Heat 3

1	26	Lee McLaughlin	Croydon Harriers	3	22.97Q
2	48	Fiston Bitumba	Homerton College of Technology	3	23.52Q
3	8	Lemar Charles	Blackheath & Bromley Harriers	3	23.84Q
4	32	Alexander Ojo	Ealing Southall & Middlesex AC	3	24.52q
5	53	Duncan Steward	Tonbridge AC	3	25.76

Heat 4

1	55	Danny Talbot	Wessex & Bath AC	4	23.06Q
2	13	Junior Ejehu	Harrow AC	4	23.54Q
3	10	Luke Crabb	Cambridge & Coleridge AC	4	24.10Q
4	49	David Lincoln	Ashford AC	4	24.55q
5	28	Ryan Norcross	Eastbourne Rovers AC	4	25.35

Heat 5

1	43	Christopher Vickers	Woodford Green w Essex L	5	23.40Q
2	24	Teddy Kasonso	Harrow AC	5	24.00Q
3	50	David Lo	Colchester Harriers	5	24.36Q
4	44	Ashley Warner	Aldershot Farnham & DAC	5	24.70q
5	41	Arthur Tanch	Cambridge Harriers	5	24.86

T29 Semi-Final 1

1	52	Rhion Samuel	Enfield & Haringey AC		22.88Q
2	48	Fiston Bitumba	Homerton College of Technology		23.43Q
3	24	Teddy Kasonso	Harrow AC		23.89
4	10	Luke Crabb	Cambridge & Coleridge AC		24.09
5	27	Andy Millen	Worthing & District Harriers		24.15
6	44	Ashley Warner	Aldershot Farnham & DAC		24.83

Semi-Final 2

1	26	Lee McLaughlin	Croydon Harriers		22.72Q
2	36	Dan Putnam	Blackheath & Bromley Harriers		23.13Q
3	13	Junior Ejehu	Harrow AC		23.36
4	8	Lemar Charles	Blackheath & Bromley Harriers		23.90
5	50	David Lo	Colchester Harriers		24.24
6	49	David Lincoln	Ashford AC		24.38

Semi-Final 3

1	55	Danny Talbot	Wessex & Bath AC		22.88Q
2	42	Deji Tobais	Bedford & County AC		23.25Q
3	43	Christopher Vickers	Woodford Green w Essex L		23.35
4	34	Mayo Oluwole	Cambridge Harriers		23.94
5	32	Alexander Ojo	Ealing Southall & Middlesex AC		24.19
6	54	Ben Studham	Orion Harriers		25.10

T41 Final

1	26	Lee McLaughlin	Croydon Harriers		22.58
2	52	Rhion Samuel	Enfield & Haringey AC		22.60
3	55	Danny Talbot	Wessex & Bath AC		22.69
4	42	Deji Tobais	Bedford & County AC		22.88
5	36	Dan Putnam	Blackheath & Bromley Harriers		23.36
6	48	Fiston Bitumba	Homerton College of Technology		23.48

Under 17 Men 400 Metres (b)

CBP - NEW EVENT

T5 Heat 1

Posn	Num	Name	Club	Heat	Perf
1	35	Richard Oppong-Konadu	Cambridge & Coleridge AC	1	53.14Q
2	80	Matthew Webster	Shaftesbury Barnet Harriers	1	55.08Q
3	12	Burton Dredge	Herne Hill Harriers	1	56.94Q
4	58	Matthew Clampin	Ealing Southall & Middlesex AC	1	57.54
5	71	Samson Necho	Herne Hill Harriers	1	1:02.18

Heat 2

1	56	George Baker	Cambridge & Coleridge AC	2	54.35q
2	60	David Creedon	Havering Mayesbrook AC	2	55.46q
3	69	Tom Marsland	Isle of Wight AC	2	55.91q
4	78	Glenn Turner	Stevenage & North Herts AC	2	56.26Q
DNF	64	Sacha Henty	Eastbourne Rovers AC	2	

Heat 3

1	82	James Wildish	Tonbridge AC	3	53.58Q
2	79	Nathan Wake	Herts Phoenix AC	3	53.60Q
3	73	Jaryd Robinson	Isle of Wight AC	3	54.08Q
4	81	Ryan Wenzel	London Heathside Runners AC	3	55.57q
5	47	Samuel Benfield	Witney RRC	3	56.17q

Heat 4

1	63	Jack Green	Ashford AC	4	53.43Q
2	53	Duncan Steward	Tonbridge AC	4	55.88Q
3	77	Simon Tinsley	Tonbridge AC	4	56.47Q
4	70	Isaac Nahoor	Wycombe Phoenix Harriers & AC	4	58.23

Heat 5

1	74	Sebastian Rodger	Eastbourne Rovers AC	5	53.92Q
2	59	Darren Corbin	Enfield & Haringey AC	5	55.21Q
3	66	Joash Howard	Croydon Harriers	5	55.75Q
4	68	Richard Idi	Herne Hill Harriers	5	56.38
DQ	62	Ashley Fry	Windsor S E & Hounslow	5	

T23 Semi Final 1

Posn	Num	Name	Club	Perf
1	80	Matthew Webster	Shaftesbury Barnet Harriers	51.34Q
2	79	Nathan Wake	Herts Phoenix AC	51.62q
3	35	Richard Oppong-Konadu	Cambridge & Coleridge AC	52.39q
4	66	Joash Howard	Croydon Harriers	55.57
5	69	Tom Marsland	Isle of Wight AC	55.91
6	78	Glenn Turner	Stevenage & North Herts AC	56.56

Semi-Final 2

Posn	Num	Name	Club	Perf
1	56	George Baker	Cambridge & Coleridge AC	52.35Q
2	77	Simon Tinsley	Tonbridge AC	53.29q
3	59	Darren Corbin	Enfield & Haringey AC	54.33
4	74	Sebastian Rodger	Eastbourne Rovers AC	54.42
5	73	Jaryd Robinson	Isle of Wight AC	55.20
DNS	47	Samuel Benfield	Witney RRC	

Semi-Final 3

Posn	Num	Name	Club	Perf
1	63	Jack Green	Ashford AC	52.76Q
2	82	James Wildish	Tonbridge AC	54.13
3	81	Ryan Wenzel	London Heathside Runners AC	56.62
4	53	Duncan Steward	Tonbridge AC	57.91
DNS	12	Burton Dredge	Herne Hill Harriers	
DQ	60	David Creedon	Havering Mayesbrook AC	

T37 Final

Posn	Num	Name	Club	Perf
1	80	Matthew Webster	Shaftesbury Barnet Harriers	51.06
2	56	George Baker	Cambridge & Coleridge AC	52.14
3	35	Richard Oppong-Konadu	Cambridge & Coleridge AC	52.29
4	79	Nathan Wake	Herts Phoenix AC	52.45
5	77	Simon Tinsley	Tonbridge AC	53.86
6	63	Jack Green	Ashford AC	55.95

Under 17 Men 800 Metres (a)

CBP - NEW EVENT

Heat 1

Posn	Num	Name	Club	Heat	Perf
1	88	Omar Mansour	Woodford Green w Essex L	1	2.06.4 Q
2	84	Michael Goodwin	Bedford & County AC	1	2.06.7 Q
3	86	George Kemp	Bedford & County AC	1	2.07.9 q
4	70	Isaac Nahoor	Wycombe Phoenix Harriers & AC	1	2.08.9

Heat 2

Posn	Num	Name	Club	Heat	Perf
1	87	Nick Lingley	Chiltern Harriers AC	2	2.05.4 Q
2	83	James Benjamin	Vale of Aylesbury AC	2	2.07.5 Q
3	85	Ben Hoy-Slot	Lewes AC	2	2.07.8 q
4	89	Alfie Stirling	Lewes AC	2	2.11.2

T37 Final

Posn	Num	Name	Club	Perf
1	88	Omar Mansour	Woodford Green w Essex L	2.03.1
2	87	Nick Lingley	Chiltern Harriers AC	2.05.4
3	84	Michael Goodwin	Bedford & County AC	2.06.4
4	85	Ben Hoy-Slot	Lewes AC	2.06.8
5	86	George Kemp	Bedford & County AC	2.10.7
6	83	James Benjamin	Vale of Aylesbury AC	2.21.8

Under 17 Men 1,500 Metres (b)

CBP - NEW EVENT

T9 Final

Posn	Num	Name	Club	Perf
1	91	Tom Bowerman	Aldershot Farnham & DAC	4:12.86
2	92	Andrew Ridley	West Suffolk AC	4:13.28
3	87	Nick Lingley	Chiltern Harriers AC	4.26.69

T13 Under 17 Men 60m Hurdles

(a)

CBP *D.Davis* *Sutton & District AC* *2004* *7.99*

Heat 1

Posn	Num	Name	Club	Perf
1	98	Matthew Walcott	Herne Hill Harriers	8.76 Q
2	99	Chris Warden	Havering Mayesbrook AC	8.88 Q
3	60	David Creedon	Havering Mayesbrook AC	8.93
4	3	Luke Allen	West Suffolk AC	8.95
5	96	Kyle Hodge	Windsor S E & Hounslow	9.48
6	58	Matthew Clampin	Ealing Southall & Middlesex AC	9.60

Heat 2

Posn	Num	Name	Club	Perf
1	97	James McLean	Southend on Sea AC	8.09 Q
2	74	Sebastian Rodger	Eastbourne Rovers AC	8.66 Q
3	33	Emmanuel Okpokiri	Newham & Essex Beagles AC	8.68 q
4	100	Alexander Wharfe	Medway & Maidstone AC	8.89 q
5	95	James Forman	Isle of Wight AC	9.18
	94	Joshua Clarke	Blackheath & Bromley Harriers	dq

Final

Posn	Num	Name	Club	Perf
1	97	James McLean	Southend on Sea AC	8.07
2	33	Emmanuel Okpokiri	Newham & Essex Beagles AC	8.60
3	98	Matthew Walcott	Herne Hill Harriers	8.74
4	100	Alexander Wharfe	Medway & Maidstone AC	8.79
5	74	Sebastian Rodger	Eastbourne Rovers AC	8.79
6	99	Chris Warden	Havering Mayesbrook AC	8.93

SEAA Indoor Championships - Lee Valley Athletic Centre

20(a)/21(b) January 2007

Under 17 Women High Jump (a)

CB *D.Blaize* *Kingston AC & Poly Harriers* 2004 1.70
 P

Posn	Num	Name	Club	Perf	Details
	1	88 Lucy Averill	Marlborough Juniors AC	1.60	1.45 o; 1.50 o; 1.55 o; 1.60 xxo; 1.62 xxx
=2	106	Emily Browne	Sutton & District AC	1.55	1.45 o; 1.50 o; 1.55 o; 1.60 xxx
=2	109	Moe Sasegbon	Queenswood School	1.55	1.45 o; 1.50 o; 1.55 o; 1.60 xxx
4	95	Bella Hailstone	Brighton & Hove City AC	1.55	1.50 o; 1.55 xo; 1.60 xxx
5	110	Katy Sealy	Ipswich Harriers	1.55	1.45 o; 1.50 xo; 1.55 xo; 1.60 xxx
6	111	Bethan Siddons	Havering Mayesbrook AC	1.55	1.50 o; 1.55 xxo; 1.60 xxx
7	113	Helena Warren	Aldershot Farnham & DAC	1.50	1.45 o; 1.50 o; 1.55 xxx
8	26	Emma Rafferty	Bracknell AC	1.50	1.45 o; 1.50 xo; 1.55 xxx

Under 17 Women Pole Vault (b)

CBP *R.Gibbens* *Marshall Milton Keynes AC* 2002 3.20
 CBP *N.Olson* *Ashford AC* 2002 3.20

Posn	Num	Name	Club	Perf	Details
	1	118 Jade Ive	Sutton & District AC	3.50	3.00 o; 3.10 -; 3.20 o; 3.30 o; 3.40 xo; CBP 3.50 xo; 3.60 xxx
	2	123 Sophie Upton	Wessex & Bath AC	3.50	3.00 o; 3.10 o; 3.20 xo; 3.30 o; 3.40 o; 3.50 xxo; 3.60 xxx
	3	120 Christina Moore	Ashford AC	2.90	2.60 o; 2.70 o; 2.80 o; 2.90 xo; 3.00 xxx
	4	122 Emmeline Rendell	Invicta East Kent AC	2.80	2.40 o; 2.60 o; 2.70 o; 2.80 xxo; 2.90 xxx
	5	115 Caroline Crayford	Invicta East Kent AC	2.60	2.20 o; 2.40 o; 2.60 xo; 2.70 xxx
	6	117 Sarah Gibson	Enfield & Haringey AC	2.40	2.40 o; 2.60 xxx
	7	121 Lesley Price	Invicta East Kent AC	2.20	2.20 o; 2.40 xxx
	116	Kara Gibbs	Ashford AC	nht	2.20 xxx

Under 17 Women Long Jump (b)

CBP *S.Wilhelmy* *Southend on Sea AC* 1995 5.97

Posn	Num	Name	Club	Perf	Details
	1	97 Kaneesha Johnson	Colchester Harriers	5.23	5.09;4.96;5.05;5.18;5.05;5.23
	2	62 Nicola Hill	Havering Mayesbrook AC	5.12	4.92;nj;5.01;nj;4.94;5.12
	3	64 Isobel Ivy	Blackheath & Bromley Harriers	5.08	5.08;5.08;-;5.00;nj;4.79
	4	9 Kitan Eleyae	Woodford Green w Essex L	5.03	4.53;4.87;4.92;5.03;4.93;5.03
	5	61 Amy Dingle	Channel Islands AC	5.02	4.76;4.97;4.81;4.71;4.87;5.02
	6	49 Alexandra Lusty	Chelmsford AC	4.98	4.85;4.81;4.80;4.98;4.94;4.89
	7	124 Eloise Williamson	Beauchamps School	4.79	4.66;4.79;4.61
	8	28 Daryanne Ryan	Bournemouth AC	4.77	4.62;4.77;4.65
	9	2 Charlie Atkins	Southend on Sea AC	4.45	4.27;4.44;4.45
	10	94 Sarah Glanvill	Colchester & Tendring AC	4.45	Nj;4.45;1.81
	11	48 Mae Kenny	Chelmsford AC	4.23	4.09;4.23;4.04

Under 17 Women Triple Jump (a)

CBP *H.Frankson* *Woodford Green w Essex L* 2005 11.60

Posn	Num	Name	Club	Perf	Details
	1	64 Isobel Ivy	Blackheath & Bromley Harriers	11.12	11.13; 10.97; 10.75; 10.70; 10.64; 10.61
	2	93 Chloe Galloway	Woodford Green w Essex L	10.58	10.51; 10.58; nj; 9.95; -, 10.27
	3	125 Dee Bakre	Enfield & Haringey AC	10.50	nj; 10.50; nj; nj; 10.07; 9.75
	4	127 Ria Bell	Vale of Aylesbury AC	10.41	10.41; nj; nj; nj; 9.92; 10.23
	5	126 Emily Barnard	Sutton & District AC	10.28	nj; 10.28; 10.13; 10.17; 10.05; nj
	6	130 Ellie Rhodes	Huntingdonshire AC	10.26	nj; 10.18; 10.20; 9.81; 10.26; nj
	7	61 Amy Dingle	Channel Islands AC	10.16	9.76; 9.70; 10.16
	8	2 Charlie Atkins	Southend on Sea AC	9.70	9.70; 9.40; nj

Under 17 Women Shot (b)

CBP C.Bennett Epsom & Ewell 1994 12.39

Posn	Num	Name	Club	Perf	Details
1	131	Abigail Moronkesi	Thames Valley Harriers	11.00	10.89;10.03;11.00;10.21;9.65;10.04
2	132	Amber-Louise O'Brien	Brighton & Hove City AC	9.60	7.13;9.15;8.58;8.94;9.35;9.60
3	130	Ellie Rhodes	Huntingdonshire AC	8.55	8.19;8.28;8.16;8.10;8.31;8.55

SEAA Indoor Championships - Lee Valley Athletic Centre**20(a)/21(b) January 2007****Under 17 Women 60 Metres (a)**

CB S.Solomon Blackheath & Bromley Harriers 2006 7.62
P

Heat 1

Posn	Num	Name	Club	Perf
1	24	Asha Philip	Newham & Essex Beagles AC	7.60 Q CBP
2	27	Kirstie Robinson	Cambridge Harriers	8.19 Q
3	29	Kirsty Shepherd	Basildon AC	8.23 q
4	2	Charlie Atkins	Southend on Sea AC	8.55
5	37	Kirsty Warland	Oxford City AC	8.69
6	15	Carys Hartley	Medway & Maidstone AC	8.94

Heat 2

Posn	Num	Name	Club	Perf
1	9	Kitan Eleyae	Woodford Green w Essex L	7.93 Q
2	3	Bunmi Awokoya	Stevenage & N.Herts AC	7.97 Q
3	4	Gladis Bitulu	Ealing Southall & Middlesex AC	8.13 q
4	1	Daniella Annon	Blackheath & Bromley Harriers	8.17 q
5	23	Rachel Pereira	Orion Harriers	8.49
6	12	Laura Faupel	Newbury AC	8.62

Heat 3

Posn	Num	Name	Club	Perf
1	16	Twinelle Hopeson	Croydon Harriers	7.89 Q
2	36	Laura Wake	Herts Phoenix AC	8.03 Q
3	14	Rachel Hanagan	Invicta East Kent AC	8.14 q
4	20	Charlotte Maxwell	Exeter Harriers	8.20 q
5	5	Helen Butt	Newbury AC	8.32
6	8	Gemma Dawkins	Channel Islands AC	8.53

Heat 4

Posn	Num	Name	Club	Perf
1	35	Clarice Underwood	Chiltern Harriers AC	7.89 Q
2	7	Emma Collard	Southend on Sea AC	8.26 Q
3	33	Emma Tincas	Newbury AC	8.28 q
4	18	Hatshepur James	Cambridge Harriers	8.28
5	26	Emma Rafferty	Bracknell AC	8.32

Heat 5

Posn	Num	Name	Club	Perf
1	25	Jade Phillips	Herne Hill Harriers	7.90 Q
2	13	Lizzie Flint	Marshall Milton Keynes AC	8.12 Q
3	17	Hannah Ingram	Eastbourne Rovers AC	8.39
4	6	Christina Clements	Newbury AC	8.40

5	31	Arexa Skeete	Herne Hill Harriers	8,61
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Heat 6

Posn	Num	Name	Club	Perf
1	19	Harriet Lucas	City of Norwich AC	7.90 Q
2	30	Grace Sheppard	Blackheath & Bromley Harriers	8.14 Q
3	22	Precious Oladugba	Southend on Sea AC	8.40
4	28	Daryanne Ryan	Bournemouth AC	8.63
	10	Sharna Emanuel	Peterborough AC	dns

Semi Final 1

Posn	Num	Name	Club	Perf
1	24	Asha Philip	Newham & Essex Beagles AC	7.56 Q CBP
2	19	Harriet Lucas	City of Norwich AC	7.93 Q
3	30	Grace Sheppard	Blackheath & Bromley Harriers	8.17
4	29	Kirsty Shepherd	Basildon AC	8.19
5	27	Kirstie Robinson	Cambridge Harriers	8.27
6	33	Emma Tincas	Newbury AC	8.28

Semi Final 2

Posn	Num	Name	Club	Perf
1	25	Jade Phillips	Herne Hill Harriers	7.90 Q
2	3	Bunmi Awokoya	Stevenage & N.Herts AC	7.92 Q
3	9	Kitan Eleyae	Woodford Green w Essex L	7.92
4	4	Gladis Bitulu	Ealing Southall & Middlesex AC	8.06
5	13	Lizzie Flint	Marshall Milton Keynes AC	8.10
	20	Charlotte Maxwell	Exeter Harriers	dns

Semi Final 3

Posn	Num	Name	Club	Perf
1	16	Twinelle Hopeson	Croydon Harriers	7.77 Q
2	35	Clarice Underwood	Chiltern Harriers AC	7.82 Q
3	1	Daniella Annon	Blackheath & Bromley Harriers	8.11
4	14	Rachel Hanagan	Invicta East Kent AC	8.15
5	36	Laura Wake	Herts Phoenix AC	8.15
6	7	Emma Collard	Southend on Sea AC	8.40

T57 Final

Posn	Num	Name	Club	Perf
1	24	Asha Philip	Newham & Essex Beagles AC	7.41 CBP
2	35	Clarice Underwood	Chiltern Harriers AC	7.72
3	16	Twinelle Hopeson	Croydon Harriers	7.83
4	19	Harriet Lucas	City of Norwich AC	7.90
5	3	Bunmi Awokoya	Stevenage & N.Herts AC	7.96
6	25	Jade Phillips	Herne Hill Harriers	8.03

Under 17 Women 200 Metres (b)

CBP - NEW EVENT

T17 Heat 1

Posn	Num	Name	Club	Heat	Perf
1	16	Twinelle Hopeson	Croydon Harriers	1	25.77Q
2	45	Yolanda Hutchinson	Harrow AC	1	27.48Q
3	47	Yasmyn Joseph	Medway & Maidstone AC	1	27.73Q
4	38	Zena Bland	Herne Hill Harriers	1	28.42
5	15	Carys Hartley	Medway & Maidstone AC	1	30.18
DQ	52	Dymond Smith	Harrow AC	1	

Heat 2

1	19	Harriet Lucas	City of Norwich AC	2	26.13Q
2	1	Daniella Annon	Blackheath & Bromley Harriers	2	26.74Q

	3	41	Lizzie Cave	Aldershot Farnham & DAC	2	26.97Q
	4	13	Lizzie Flint	Marshall Milton Keynes AC	2	27.23q
	5	49	Alexandra Lusty	Chelmsford AC	2	27.90q
	6	48	Mae Kenny	Chelmsford AC	2	28.97
Heat 3						
	1	36	Laura Wake	Herts Phoenix AC	3	26.71Q
	2	50	Alice Reynolds	Havant AC	3	27.08Q
	3	14	Rachel Hanagan	Invicta East Kent AC	3	27.34Q
	4	44	Catherine Graham	Ealing Southall & Middlesex AC	3	27.73q
	5	55	Katie Vistuer	Blackheath & Bromley Harriers	3	28.09
	6	10	Sharna Emanuel	Peterborough AC	3	28.58
Heat 4						
	1	46	Lucy James	Bedford & County AC	4	26.31Q
	2	27	Kirstie Robinson	Cambridge Harriers	4	26.64Q
	3	56	Jo White	St Mary's Richmond AC	4	26.81Q
	4	42	Suzanne Clifton	Isle of Wight AC	4	27.95
	5	28	Daryanne Ryan	Bournemouth AC	4	28.35
Heat 5						
	1	53	Phillippa Tappin	Enfield & Haringey AC	5	26.07Q
	2	3	Bunmi Awokoya	Stevenage & North Herts AC	5	26.48Q
	3	17	Hannah Ingram	Eastbourne Rovers AC	5	27.14Q
	DQ	43	Joy Davut	Worthing & District Harriers	5	
	DQ	18	Hatshepur James	Cambridge Harriers	5	
T31 Semi-Final 1						
	1	16	Twinelle Hopeson	Croydon Harriers		25.71Q
	2	3	Bunmi Awokoya	Stevenage & North Herts AC		26.54Q
	3	27	Kirstie Robinson	Cambridge Harriers		26.57
	4	41	Lizzie Cave	Aldershot Farnham & DAC		26.92
	5	17	Hannah Ingram	Eastbourne Rovers AC		27.54
	6	49	Alexandra Lusty	Chelmsford AC		27.69
Semi-Final 2						
	1	56	Jo White	St Mary's Richmond AC		25.81Q
	2	53	Phillippa Tappin	Enfield & Haringey AC		26.03Q
	3	1	Daniella Annon	Blackheath & Bromley Harriers		26.58
	4	36	Laura Wake	Herts Phoenix AC		26.65
	5	14	Rachel Hanagan	Invicta East Kent AC		27.03
	DQ	44	Catherine Graham	Ealing Southall & Middlesex AC		
Semi-Final 3						
	1	46	Lucy James	Bedford & County AC		25.87Q
	2	19	Harriet Lucas	City of Norwich AC		25.98Q
	3	50	Alice Reynolds	Havant AC		27.02
	4	13	Lizzie Flint	Marshall Milton Keynes AC		27.51
	5	47	Yasmyn Joseph	Medway & Maidstone AC		27.65
	6	45	Yolanda Hutchinson	Harrow AC		27.90
T44 Final						
	1	16	Twinelle Hopeson	Croydon Harriers		25.60
	2	46	Lucy James	Bedford & County AC		25.61
	3	56	Jo White	St Mary's Richmond AC		25.76
	4	19	Harriet Lucas	City of Norwich AC		25.80
	5	3	Bunmi Awokoya	Stevenage & North Herts AC		26.91
	DNS	53	Phillippa Tappin	Enfield & Haringey AC		

Under 17 Women 300 Metres (b)

CBP - NEW EVENT

T6 Heat 1

Posn	Num	Name	Club	Heat	Perf
1	69	Brogan Percy	Isle of Wight AC	1	42.14Q
2	68	Beth Newton	Windsor S E & Hounslow	1	43.39Q

3	71	Isabelle Stanway	Guildford & Godalming AC	1	44.05Q
4	57	Rebecca Blake	Reading AC	1	44.88q
DQ	61	Amy Dingle	Channel Islands AC	1	DQ
Heat 2					
1	64	Isobel Ivy	Blackheath & Bromley Harriers	2	42.99Q
2	67	Charlotte Mackie	Medway & Maidstone AC	2	43.87Q
3	60	Gabrielle Coveney	Ealing Southall & Middlesex AC	2	44.17Q
4	58	Victoria Bradford	Tonbridge AC	2	46.16q
DQ	63	Clare Horne	Andover AC	2	
Heat 3					
1	8	Gemma Dawkins	Channel Islands AC	3	43.52Q
2	70	Jessica Saville	Blackheath & Bromley Harriers	3	43.57Q
3	65	Emma Johnson	Bournemouth AC	3	45.55Q
4	66	Millie Jones	Phoenix AC	3	47.17q
T25 Semi-Final 1					
Posn	Num	Name	Club	Perf	
1	69	Brogan Percy	Isle of Wight AC	41.77Q	
2	70	Jessica Saville	Blackheath & Bromley Harriers	42.58Q	
3	60	Gabrielle Coveney	Ealing Southall & Middlesex AC	43.48q	
DNS	65	Emma Johnson	Bournemouth AC		
DNS	66	Millie Jones	Phoenix AC		
DQ	68	Beth Newton	Windsor S E & Hounslow		
Semi-Final 2					
Posn	Num	Name	Club	Perf	
1	64	Isobel Ivy	Blackheath & Bromley Harriers	43.54Q	
2	67	Charlotte Mackie	Medway & Maidstone AC	44.19Q	
3	57	Rebecca Blake	Reading AC	44.40q	
4	71	Isabelle Stanway	Guildford & Godalming AC	45.03	
5	58	Victoria Bradford	Tonbridge AC	46.02	
DNF	8	Gemma Dawkins	Channel Islands AC		
T39 Final					
Posn	Num	Name	Club	Perf	
1	69	Brogan Percy	Isle of Wight AC	41.78	
2	70	Jessica Saville	Blackheath & Bromley Harriers	42.26	
3	64	Isobel Ivy	Blackheath & Bromley Harriers	42.82	
4	67	Charlotte Mackie	Medway & Maidstone AC	43.28	
5	60	Gabrielle Coveney	Ealing Southall & Middlesex AC	43.98	
6	57	Rebecca Blake	Reading AC	44.17	
Under 17 Women 800 Metres (a)					
<i>CBP - NEW EVENT</i>					
Heat 1					
Posn	Num	Name	Club	Heat	Perf
1	76	Katherine Foy	Woodford Green w Essex L	1	2.20.7 Q
2	75	Katherine Deal	Shaftesbury Barnet Harriers	1	2.23.1 Q
3	77	Hannah Goodwin	Bedford & County AC	1	2.25.2 q
4	80	Charis Tanner	Bexley AC	1	2.43.3.
5	79	Becci Main	Basildon AC	1	2.50.2
Heat 2					
Posn	Num	Name	Club	Heat	Perf
1	82	Sophie Wilkins	Marshall Milton Keynes AC	2	2.23.4 Q
2	81	Nadine Terry	Dartford Harriers AC	2	2.24.9 Q
3	78	Christine Lowson	Guildford & Godalming AC	2	2.25.6 q
4	73	Danielle Cocking	Bournemouth AC	2	2.28.0
T 36 Final					
Posn	Num	Name	Club	Perf	
1	82	Sophie Wilkins	Marshall Milton Keynes AC	2.17.6	
2	76	Katherine Foy	Woodford Green w Essex L	2.19.4	

3	75	Katherine Deal	Shaftesbury Barnet Harriers	2.20.1
4	77	Hannah Goodwin	Bedford & County AC	2.23.6
5	81	Nadine Terry	Dartford Harriers AC	2.25.6
6	78	Christine Lowson	Guildford & Godalming AC	2.26.2

Under 17 Women 1,500 Metres (b)

CBP - NEW EVENT

T14 Final

Posn	Num	Name	Club	Perf
1	87	Katie Trehwella	Windsor S E & Hounslow	5:03.59
2	83	Samantha Cutler	Bedford & County AC	5:06.53
3	84	Alice Keane	Highgate Harriers	5:34.67

Under 17 Women 60m Hurdles (a)

CBP K.Robilliard Guernsey Island AAC 2004 8.58

Heat 1

Posn	Num	Name	Club	Perf
1	62	Nicola Hill	Havering Mayesbrook AC	9.07 Q
2	102	Megan Southwart	Tonbridge AC	9.33 Q
3	103	Faye Williams	Windsor S E & Hounslow	9.56
4	23	Rachel Pereira	Orion Harriers	9.87
	104	Millie Zah	Victoria Park H & Tower H AC	dnf

Heat 2

Posn	Num	Name	Club	Perf
1	101	Sandra Seaton	Epsom & Ewell Harriers	9.17 Q
2	37	Kirsty Warland	Oxford City AC	9.35 Q
3	95	Bella Hailstone	Brighton & Hove City AC	9.43q
4	61	Amy Dingle	Channel Islands AC	9.89
5	94	Sarah Glanvill	Colchester & Tendring AC	9.96
	89	Amy Barclay	Crawley AC	dnf

Heat 3

Posn	Num	Name	Club	Perf
1	97	Kaneesha Johnson	Colchester Harriers	8.98 Q
2	93	Chloe Galloway	Woodford Green w Essex L	9.14 Q
3	91	Lauren Bouchard	Southend on Sea AC	9.35 q
4	28	Daryanne Ryan	Bournemouth AC	9.43 q
5	98	Lucy Jones	Kingston AC & Poly Harriers	9.70
6	88	Lucy Averill	Marlborough Juniors AC	10.06

Heat 4

Posn	Num	Name	Club	Perf
1	3	Bunmi Awokoya	Stevenage & North Herts AC	9.09 Q
2	99	Harriet Lester	Kingston AC & Poly Harriers	9.30 Q
3	20	Charlotte Maxwell	Exeter Harriers	9.33 q
4	90	Laura Bass	Cambridge & Coleridge AC	9.69
5	92	Jemma Colbourne	Newbury AC	9.70

Semi-final 1

Posn	Num	Name	Club	Heat	Perf
1	62	Nicola Hill	Havering Mayesbrook AC	1	8.98 Q
2	3	Bunmi Awokoya	Stevenage & North Herts AC	1	9.00 Q
3	93	Chloe Galloway	Woodford Green w Essex L	1	9.15 Q
4	95	Bella Hailstone	Brighton & Hove City AC	1	9.30
5	20	Charlotte Maxwell	Exeter Harriers	1	9.42
	37	Kirsty Warland	Oxford City AC	1	dnf

Semi-final 2

Posn	Num	Name	Club	Heat	Perf
1	97	Kaneesha Johnson	Colchester Harriers	2	9.06 Q
2	102	Megan Southwart	Tonbridge AC	2	9.25 Q
3	101	Sandra Seaton	Epsom & Ewell Harriers	2	9.27 Q
4	91	Lauren Bouchard	Southend on Sea AC	2	9.30
5	99	Harriet Lester	Kingston AC & Poly Harriers	2	9.34
6	28	Daryanne Ryan	Bournemouth AC	2	9.48

T24 Final

Posn	Num	Name	Club	Perf
1	97	Kaneesha Johnson	Colchester Harriers	9.00
2	62	Nicola Hill	Havering Mayesbrook AC	9.09
3	3	Bunmi Awokoya	Stevenage & North Herts AC	9.10
4	93	Chloe Galloway	Woodford Green w Essex L	9.18
5	102	Megan Southwart	Tonbridge AC	9.40
	58	Harriet Abbiss	Aldershot Farnham & DAC	dns

SEAA Indoor Championships - Lee Valley Athletic Centre

20(a)/21(b) January 2007

Under 15 Boys High Jump (b)

CB *G.Dyball* Woodford Green AC 1995 1.76
P

Posn	Num	Name	Club	Perf	Details
1	31	Jack Jones	Nene Valley Harriers	1.78 CBP	1.55 o; 1.58 -; 1.61 o; 1.64 o; 1.67o; 1.70 o; 1.73 o; 1.75 o; 1.78 xxo; 1.80 xxx
2	27	Keno Mario-Ghae	Isle of Wight AC	1.70	1.55 o; 1.58 o; 1.61 o; 1.64 xxo; 1.67 o; 1.70 o; 1.73 xxx
3	30	Blade Ashby	Herne Hill Harriers	1.64	1.50 o; 1.55 o; 1.58 o; 1.61 o; 1.64 o; 1.67 xxx
	25	Samy Latif	Cambridge Harriers	nht	1.50 xxx

Under 15 Boys Pole Vault (b)

CBP *R.Smith* Peterborough AC 1995 4.00

Posn	Num	Name	Club	Perf	Details
1	33	Richard Humby	Team Southampton	2.50	2.50 xo; 2.60 -; 2.70 xxx
2	34	Connor Winters	Stevenage & North Herts AC	2.30	2.30 o; 2.40 -; 2.50 xxx
	32	Nicholas Fennelly	Huntingdonshire AC	nht	2.30 xxx

Under 15 Boys Long Jump (a)

CBP *D.Thomas* Ealing Southall & Middlesex AC 2002 6.35

Posn	Num	Name	Club	Perf	Details
1	13	Robert Gayler	Shaftesbury Barnet Harriers	5.79	5.15; 5.79; 5.49; 5.39; 5.47; 5.57
2	36	Dominic D'Souza	Slough Junior AC	5.76	5.39; 5.72; 5.76; 5.35; 5.66; nj
3	19	Leon Phillips	Isle of Wight AC	5.41	5.41; 5.14; 5.41; 4.73; 5.22; 5.31
4	7	Stephen Camacho	Blackheath & Bromley Harriers	5.15	5.13; 4.94; 4.74; 4.25; 4.94; 5.15
5	4	Julien Allwood	Herne Hill Harriers	5.07	4.87; nj; nj; 5.07; nj; nj
6	35	Benjamin Davies	Cambridge & Coleridge AC	4.95	4.90; 4.76; 4.48; 4.95; 4.54; 2.48
7	23	Philip Whittaker	Chelmsford AC	4.82	4.72; 4.82; 4.71
8	37	Jimi Ikusika	Eton Manor AC	4.61	4.53; nj; 4.61
9	38	Khalil Njoya	Herne Hill Harriers	4.52	nj; nj; 4.52
10	22	Jovan Watty	Ealing Southall & Middlesex AC	4.35	4.35; 4.07; 3.96

Under 15 Boys Shot (b)

Posn	Num	Name	Club	Perf	Details
1	42	Tom Peacock	Shaftesbury Barnet Harriers	14.76	14.24;14.68;13.63;14.18;14.76;13.89
2	38	Khalil Njoya	Herne Hill Harriers	11.99	11.62;np;10.35;11.99;11.76;np
3	35	Benjamin Davies	Cambridge & Coleridge AC	11.45	10.74;10.58;11.06;11.45;10.94;10.61
4	40	Jonathan Edwards	Huntingdonshire AC	10.94	10.71;10.27;10.12;9.55;10.94;10.48
5	41	Andrew Harrison	Chelmsford AC	10.63	10.63;np;9.34;np;9.61;np
6	39	Joshua Benfield	Witney RRC	6.54	6.54;6.51;6.47;6.28;6.01;6.44

SEAA Indoor Championships - Lee Valley Athletic Centre

20(a)/21(b) January 2007

Under 15 Boys 60 Metres (a)

CBP D Tobais Bedford and County AC 7.29 2006

Heat 1

Posn	Num	Name	Club	Perf
1	18	Laurence Owen	Thames Valley Harriers	7.24 Q CBP
2	9	Nathaniel Dorsett	Enfield & Haringey AC	7.99 Q
3	4	Julien Allwood	Herne Hill Harriers	8.05
4	1	Omololu Abiodun	Eton Manor AC	8.13
5	22	Jovan Watty	Ealing Southall & Middlesex AC	8.44
6	6	Jamie Bahnmensaah	Eton Manor AC	8.46

Heat 2

Posn	Num	Name	Club	Perf
1	5	Jordan Arthur	Enfield & Haringey AC	7.48 Q
2	3	Akeem Akintokun	Thurrock Harriers AC	7.69 Q
3	17	Jake Ovenden	Luton AC	7.80 q
4	7	Stephen Camacho	Blackheath & Bromley Harriers	7.81 q
5	10	Kema Egbunike	Ealing Southall & Middlesex AC	8.22
6	2	Laurence Ackary	Eastbourne Rovers AC	8.61

Heat 3

Posn	Num	Name	Club	Perf
1	12	Matthew Fletcher	Blackheath & Bromley Harriers	7.50 Q
2	8	Arland Craik	Team Kennet Triathlon AC	7.69 Q
3	23	Philip Whittaker	Chelmsford AC	7.72 q
4	21	Jimi Tele	Southend High School for Boys	8.06
5	15	Tarric Lewis	Ealing Southall & Middlesex AC	8.29
6	11	Vincent Fisher	Hayes School	8.42

Heat 4

Posn	Num	Name	Club	Perf
1	14	Jake King	Southend on Sea AC	7.66 Q
2	13	Robert Gayler	Shaftesbury Barnet Harriers	7.82 Q
3	19	Leon Phillips	Isle of Wight AC	7.88 q
4	16	Aaron McGhann	Eton Manor AC	8.20
5	20	Matthew Pryce	Herne Hill Harriers	8.31

Semi Final 1

Posn	Num	Name	Club	Perf
1	18	Laurence Owen	Thames Valley Harriers	7.20 Q CBP
2	12	Matthew Fletcher	Blackheath & Bromley Harriers	7.44 Q
3	8	Arland Craik	Team Kennet Triathlon AC	7.59 Q
4	17	Jake Ovenden	Luton AC	7.80

5	23	Philip Whittaker	Chelmsford AC	7.82
6	9	Nathaniel Dorsett	Enfield & Haringey AC	7.99

Semi Final 2

Posn	Num	Name	Club	Perf
1	5	Jordan Arthur	Enfield & Haringey AC	7.47 Q
2	13	Robert Gayler	Shaftesbury Barnet Harriers	7.59 Q
3	14	Jake King	Southend on Sea AC	7.65 Q
4	3	Akeem Akintokun	Thurrock Harriers AC	7.71
5	7	Stephen Camacho	Blackheath & Bromley Harriers	7.72
6	19	Leon Phillips	Isle of Wight AC	7.90

Under 15 Boys 60 Metres (a)

CBP	D Tobais	Bedford and County AC	7.29	2006
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T56 Final

Posn	Num	Name	Club	Perf
1	18	Laurence Owen	Thames Valley Harriers	7.21
2	5	Jordan Arthur	Enfield & Haringey AC	7.43
3	12	Matthew Fletcher	Blackheath & Bromley Harriers	7.46
4	8	Arland Craik	Team Kennet Triathlon AC	7.63
5	14	Jake King	Southend on Sea AC	7.66
6	13	Robert Gayler	Shaftesbury Barnet Harriers	7.78

Under 15 Boys 200 Metres (b)

CBP - NEW EVENT

T22 Heat 1

Posn	Num	Name	Club	Heat	Perf
1	18	Laurence Owen	Thames Valley Harriers	1	23.77Q
2	24	Thomas Bensted	Bexleyheath School	1	24.54Q
3	23	Philip Whittaker	Chelmsford AC	1	25.34q
4	26	Mali Lewis	Ealing Southall & Middlesex AC	1	26.58
DQ	11	Vincent Fisher	Hayes School	1	

Heat 2

1	14	Jake King	Southend on Sea AC	2	24.76Q
2	17	Jake Ovenden	Luton AC	2	24.84Q
3	27	Keno Mario-Ghae	Isle of Wight AC	2	25.38q
4	10	Kema Egbunike	Ealing Southall & Middlesex AC	2	26.56
5	25	Samy Latif	Cambridge Harriers	2	26.60
DQ	15	Tarric Lewis	Ealing Southall & Middlesex AC	2	

T33 Final

1	18	Laurence Owen	Thames Valley Harriers	23.44
2	24	Thomas Bensted	Bexleyheath School	23.92
3	14	Jake King	Southend on Sea AC	24.42
4	17	Jake Ovenden	Luton AC	24.86
5	23	Philip Whittaker	Chelmsford AC	25.26
6	27	Keno Mario-Ghae	Isle of Wight AC	25.56

Under 15 Boys 800 Metres (a)

CBP - NEW EVENT

Posn	Num	Name	Club	Perf
1	28	Peter Devaney	Bedford & County AC	2.08.9

T6 Under 15 Boys 60m Hurdles (a)

CBP	D.Davies	Sutton & District AC	2002	8.5
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Posn	Num	Name	Club	Perf
1	29	Ben Hopkins	Blackheath & Bromley Harriers	9.21

SEAA Indoor Championships - Lee Valley Athletic Centre

20(a)/21(b) January 2007

Under 15 Girls High Jump (a)

CBP *D.Blaize* *Kingston AC & Poly Harriers* 2002 1.67

Posn	Num	Name	Club	Perf	Details
1	57	Katie Caulfield	Herts Phoenix AC	1.63	1.50 o; 1.55 o; 1.60 xo; 1.63 xxo; 1.65 xxx
2	55	Philippa Wilson	Brighton & Hove City AC	1.60	1.50 o; 1.55 o; 1.60 xo; 1.65 xxx
3	56	Emma Buckett	Winchester & District AC	1.55	1.50 o; 1.55 xo; 1.60 xxx
4	59	Anne Rees	Stevenage & North Herts AC	1.55	1.40 o; 1.45 o; 1.50 xo; 1.55 xxo; 1.60 xxx
5	49	Lucy Crossman	Channel Islands AC	1.50	1.45 o; 1.50 xo; 1.55 xxx
6	52	Jenny Hutchings	Herts Phoenix AC	1.45	1.45 xxo; 1.50 xxx
	58	Sophie Montgomery	Invicta East Kent AC	No ht	1.40 xxx

Under 15 Girls Pole Vault (b)

CBP *H.Olson* *Ashford AC* 2002 3.00

Posn	Num	Name	Club	Perf	Details
1	61	Ellie Besford	Chelmsford AC	3.01 CBP	2.60 o; 2.70 o; 2.80 o; 2.90 o; 3.01 xxo; 3.10 xxx
2	59	Anne Rees	Stevenage & North Herts AC	2.80	2.40 o; 2.50 o; 2.60 o; 2.70 o; 2.80 xo; 2.90 xxx
3	78	Holly Brown	Newquay & Par AC	2.50	2.10 o; 2.20 o; 2.30 o; 2.40 o; 2.50 xo; 2.60 xxx
4	62	Laura Butcher	City of Bath AC	2.40	2.10 o; 2.20 o; 2.30 o; 2.40 o; 2.50 xxx
5	64	Rosa Williams	Herne Hill Harriers	2.30	1.94 xo; 2.10 xo; 2.20 o; 2.30 o; 2.40 xxx
6	60	Elizabeth Ridley	Chelmsford AC	2.20	1.94 o; 2.10 o; 2.20 o; 2.30 xxx

Under 15 Girls Long Jump (b)

CBP *S.Wilhelmy* *Southend on Sea AC* 1994 5.73

Posn	Num	Name	Club	Perf	Details
1	65	Sarah Abrams	Aldershot Farnham & DAC	5.00	4.73; 4.87; nj; nj; 4.95; 5.00
2	60	Elizabeth Ridley	Chelmsford AC	4.86	4.61; 4.86; 4.64; 4.68; 4.65; 4.63
3	57	Katie Caulfield	Herts Phoenix AC	4.83	4.56; 4.83; -, -, 4.81; 4.78
4	56	Emma Buckett	Winchester & District AC	4.81	4.53; 4.81; 4.72; 4.72; 4.81; 4.81
5	71	Lauren Sammout	Cambridge & Coleridge AC	4.58	4.58; nj; 4.36; 4.48; 4.54; 4.58
6	67	Rachel Dean	Woodford Green w Essex L	4.56	nj; 4.56; 4.42; 4.53; nj; nj
7	72	Karen Vincent	Luton AC	4.47	4.47; 4.38; 4.40
8	26	Annie Waghorn	Medway & Maidstone AC	4.46	4.46; 4.16; 4.41
9	35	Jessie Knight	Epsom & Ewell Harriers	4.43	4.43; 4.41; 4.00
10	69	Joanna Morgan	Eastbourne Rovers AC	4.42	4.18; 4.33; 4.42
11	36	Makeda Lewis	Ealing Southall & Middlesex AC	4.40	3.72; 4.30; 4.40
12	38	Nadia Mills	Ealing Southall & Middlesex AC	4.34	4.34; 4.33; 4.31
13	47	Georgia Atkins	Southend on Sea AC	4.34	4.34; 4.14; 4.15
14	15	Scarlett Mann	Medway & Maidstone AC	4.30	nj; 4.30; 2.84
15	6	Tori Coltart	Bournemouth AC	4.14	4.14; nj; 3.97
16	66	Eucalypta Bradley	Highgate Harriers	4.11	4.09; 4.11; 4.04
17	49	Lucy Crossman	Channel Islands AC	4.08	4.08; 4.08; 4.02
18	24	Holly Tapsell	Medway & Maidstone AC	3.98	3.98; 3.61; 3.63
19	70	Lucina Rolewicz	Braintree & District AC	3.70	3.70; 3.57; 3.46
20	53	Hannah Rose	Highgate Harriers	3.51	3.51; nj; nj
21	68	Grace Montgomery	Invicta East Kent AC	3.29	3.29; 3.17; 3.04

Under 15 Girls Shot (b)

CBP *F.Reid-Hughes* *Tonbridge AC* 1994 11.36

Posn	Num	Name	Club	Perf	Details
1	73	Chelsea Coker	Southend on Sea AC	10.64	9.52;np;9.26;10.64;9.89;8.98
2	75	Kathryn Rothwell	Channel Islands AC	10.40	9.82;10.35;9.90;10.02;10.40;10.21
3	71	Lauren Sammout	Cambridge & Coleridge AC	9.99	9.43;9.52;np;9.97;9.99;np
4	74	Maria Okpokiri	Newham & Essex Beagles AC	9.54	8.50;8.97;8.64;9.54;9.12;8.93
5	66	Eucalypta Bradley	Highgate Harriers	9.12	8.38;8.64;9.12;9.05;8.11;8.48
6	76	Lauren Williams	Beaconsfield High School	8.90	8.38;8.89;8.90;8.60;7.57;8.80
7	38	Nadia Mills	Ealing Southall & Middlesex AC	8.31	7.93;7.98;8.31
8	77	Jennifer Yoxall	Windsor S E & Hounslow	7.63	7.63;6.43;7.58

Under 15 Girls 60 Metres (a)

CB	S.Wilhelmy	Southend on Sea AC	1994	7.80
P				

Heat 1

Posn	Num	Name	Club	Perf
1	27	Jodie Williams	Herts Phoenix AC	7.81 Q
2	21	Helen Rennardson	Tonbridge AC	8.01 Q
3	28	Rebekah Wiltshire	Thames Valley Harriers	8.38 q
4	22	Christianne Risman	Guildford & Godalming AC	8.45 q
5	18	Claire Paterson	Andover AC	8.58 q
6	15	Scarlett Mann	Medway & Maidstone AC	8.77

Heat 2

Posn	Num	Name	Club	Perf
1	16	Chloe Mays	Windsor S E & Hounslow	8.34 Q
2	3	Samantha Brown	Dartford Harriers AC	8.54 Q
3	2	Natalie Herbert	Eastbourne Rovers AC	8.67 q
4	26	Sophie Rodger	Eastbourne Rovers AC	8.67 Q
5	8	Ella Bittart	St. of Wight AC	8.80 Q
6	10	Shamaly Edwards	Southend Harriers AC	8.83
4	17	Christina Okenla	Thames Valley Harriers	8.87
5	14	Nicola Keegan	Medway & Maidstone AC	8.96
6	13	Leonie Holder	Eton Manor AC	9.14

Heat 3

Heat 4

Posn	Num	Name	Club	Perf
1	4	Eleanor Campbell	Invicta East Kent AC	8.40 Q
2	1	Ria Bailey	Harrow AC	8.47 Q
3	12	Harriet Hillson	Windsor S E & Hounslow	8.64
4	8	Zoe Ford	Bexley AC	8.73
5	24	Holly Tapsell	Medway & Maidstone AC	8.78
6	20	Vicky Platt	Eastbourne Rovers AC	8.89

S/F 1

Posn	Num	Name	Club	Perf
1	27	Jodie Williams	Herts Phoenix AC	7.78 Q CBP
2	21	Helen Rennardson	Tonbridge AC	7.91 Q
3	28	Rebekah Wiltshire	Thames Valley Harriers	8.35 Q
4	1	Ria Bailey	Harrow AC	8.37
5	11	Natalie Herbert	Eastbourne Rovers AC	8.39
6	4	Eleanor Campbell	Invicta East Kent AC	8.40

S/F 2

Posn	Num	Name	Club	Perf
1	16	Chloe Mays	Windsor S E & Hounslow	8.27 Q
2	23	Sophie Rodger	Eastbourne Rovers AC	8.27 Q
3	3	Samantha Brown	Dartford Harriers AC	8.48 Q
4	18	Claire Paterson	Andover AC	8.50

5	2	Ella Bilton	Isle of Wight AC	8.51
	22	Christianne Risman	Guildford & Godalming AC	dns

Under 15 Girls 60 Metres (a)

CB	S.Wilhelmy	Southend on Sea AC	1994	7.80
P				

T55 Final

Posn	Num	Name	Club	Perf
1	27	Jodie Williams	Herts Phoenix AC	7.79
2	21	Helen Rennardson	Tonbridge AC	7.89
3	23	Sophie Rodger	Eastbourne Rovers AC	8.27
4	16	Chloe Mays	Windsor S E & Hounslow	8.30
5	28	Rebekah Wiltshire	Thames Valley Harriers	8.31
6	3	Samantha Brown	Dartford Harriers AC	8.64

Under 15 Girls 200 Metres (b)

CBP - NEW EVENT

T21 Heat 1

Posn	Num	Name	Club	Heat	Perf
1	23	Sophie Rodger	Eastbourne Rovers AC	1	27.87Q
2	37	Amy McDonald	Southend on Sea AC	1	28.63Q
3	15	Scarlett Mann	Medway & Maidstone AC	1	29.59
4	29	Katherine Bird	Worthing & District Harriers	1	30.51
DQ	31	Felicia Davies	Eton Manor AC	1	

Heat 2

1	21	Helen Rennardson	Tonbridge AC	2	26.25Q
2	36	Makeda Lewis	Ealing Southall & Middlesex AC	2	26.91Q
3	2	Ella Bilton	Isle of Wight AC	2	27.97q
4	14	Nicola Keegan	Medway & Maidstone AC	2	29.21
5	6	Tori Coltart	Bournemouth AC	2	29.57

Heat 3

1	30	Sophie Cannon	Worthing & District Harriers	3	27.63Q
2	33	Natalie Hickmott	Dartford Harriers AC	3	27.83Q
3	39	Grace Paterson	Andover AC	3	29.07q
4	24	Holly Tapsell	Medway & Maidstone AC	3	29.98
DNS	38	Nadia Mills	Ealing Southall & Middlesex AC	3	

Heat 4

1	32	Frederica Foster	South London Harriers	4	27.51Q
2	4	Eleanor Campbell	Invicta East Kent AC	4	27.84Q
3	35	Jessie Knight	Epsom & Ewell Harriers	4	27.89q
4	26	Annie Waghorn	Medway & Maidstone AC	4	28.59q

T32 Semi-Final

Posn	Num	Name	Club	Heat	Perf
1	21	Helen Rennardson	Tonbridge AC		26.72Q
2	36	Makeda Lewis	Ealing Southall & Middlesex AC		27.47Q
3	23	Sophie Rodger	Eastbourne Rovers AC		27.97Q
4	35	Jessie Knight	Epsom & Ewell Harriers		28.21
5	37	Amy McDonald	Southend on Sea AC		29.03
6	39	Grace Paterson	Andover AC		29.16

Semi-Final 2

Posn	Num	Name	Club	Heat	Perf
1	30	Sophie Cannon	Worthing & District Harriers		27.39Q
2	32	Frederica Foster	South London Harriers		27.70Q
3	4	Eleanor Campbell	Invicta East Kent AC		27.92Q
4	33	Natalie Hickmott	Dartford Harriers AC		27.93
5	2	Ella Bilton	Isle of Wight AC		28.10
6	26	Annie Waghorn	Medway & Maidstone AC		28.64

T45 Final

Posn	Num	Name	Club	Heat	Perf
1	21	Helen Rennardson	Tonbridge AC		26.15
2	32	Frederica Foster	South London Harriers		27.30
3	36	Makeda Lewis	Ealing Southall & Middlesex AC		27.46
4	30	Sophie Cannon	Worthing & District Harriers		27.60
5	23	Sophie Rodger	Eastbourne Rovers AC		27.96
6	4	Eleanor Campbell	Invicta East Kent AC		28.13

Under 15 Girls 800 Metres (a) T21

CBP - NEW EVENT

Posn	Num	Name	Club	Perf
1	32	Frederica Foster	South London Harriers	2.22.5
2	40	Isabella King	Lewes AC	2.24.9
3	41	Juliet Knights	City of Norwich AC	2.25.5
4	42	Chelsea McKenzie	Biggleswade AC	2.29.5
5	43	Danielle Webb	Bexley AC	2.55.9

Under 15 Girls 1,500 Metres

(b)

CBP - NEW EVENT

T14 Final

Posn	Num	Name	Club	Perf
1	45	Rachel Sykes	Marlborough Juniors AC	5:26.04
2	44	Charlotte Bishop	Basildon AC	5:27.10

Under 15 Girls 60m Hurdles (a)

CBP S.Belle Tower Hamlets AC 1999 8.97

Heat 1

Posn	Num	Name	Club	Perf
1	54	Jessica Sandwell	Basingstoke & Mid Hants AC	9.96 Q
2	50	Sian Duffy	Blackheath & Bromley Harriers	10.07 Q
3	53	Hannah Rose	Highgate Harriers	10.53 Q
4	15	Scarlett Mann	Medway & Maidstone AC	11.17
	60			dns

Heat 2

Posn	Num	Name	Club	Perf
1	47	Georgia Atkins	Southend on Sea AC	10.02 Q
2	52	Jenny Hutchings	Herts Phoenix AC	10.07 Q
3	35	Jessie Knight	Epsom & Ewell Harriers	10.11 Q
4	23	Sophie Rodger	Eastbourne Rovers AC	10.13 q
5	55	Philippa Wilson	Brighton & Hove City AC	10.17 q

Heat3

Posn	Num	Name	Club	Perf
1	46	Cseperke Asztalos	Cambridge & Coleridge AC	9.71 Q
2	48	Samantha Clark	Tonbridge AC	10.13 Q
3	8	Zoe Ford	Bexley AC	10.18 Q
4	49	Lucy Crossman	Channel Islands AC	10.43 q
5	51	Samantha Hill	Havering Mayesbrook AC	10.64

Semi-final 1

Posn	Num	Name	Club	Perf
1	54	Jessica Sandwell	Basingstoke & Mid Hants AC	9.81 Q
2	52	Jenny Hutchings	Herts Phoenix AC	10.02 Q
3	50	Sian Duffy	Blackheath & Bromley Harriers	10.05 Q
4	8	Zoe Ford	Bexley AC	10.21

5	49	Lucy Crossman	Channel Islands AC	10.33
6	53	Hannah Rose	Highgate Harriers	10.53

Semi-final 2

Posn	Num	Name	Club	Perf
1	46	Cseperke Asztalos	Cambridge & Coleridge AC	9.68 Q
2	47	Georgia Atkins	Southend on Sea AC	9.77 Q
3	48	Samantha Clark	Tonbridge AC	9.82 Q
4	23	Sophie Rodger	Eastbourne Rovers AC	9.99
5	55	Philippa Wilson	Brighton & Hove City AC	10.09
6	35	Jessie Knight	Epsom & Ewell Harriers	10.17

T25 Final

Posn	Num	Name	Club	Perf
1	47	Georgia Atkins	Southend on Sea AC	9.71
2	46	Cseperke Asztalos	Cambridge & Coleridge AC	9.75
3	48	Samantha Clark	Tonbridge AC	9.79
4	54	Jessica Sandwell	Basingstoke & Mid Hants AC	9.80
5	52	Jenny Hutchings	Herts Phoenix AC	10.00
6	50	Sian Duffy	Blackheath & Bromley Harriers	10.26