

# SEAA CHAMPIONSHIPS      BEDFORD    AUGUST 4 2007

SATURDAY

## 3000m under 17 Men

1	James Robinson	West Norfolk AC	8.47.56
2	David Clorley	Luton AC	8.47.95
3	Andrew Ridley	West Suffolk AC	8.57.76
4	Joshua Gorecki	Aldershot F&D	9.01.38
5	Richard Mann	Hillingdon	9.15.70
6	Alex Gibb	Nene Valley Harriers	9.30.05
7	Michael Smith	Huntingdonshire AC	9.39.53
8	Samuel Deathe	Marshall M Keynes	9.57.04
9	Grant Webb	Basildon AC	10.02.11
10	Patrick Hannah	Ealing S&M	10.09.37
	Thomas Crawshaw	City of Norwich AC	dnf

## 3000m under 15 Boys

1	Louis Gates	Team Southampton	9.31.30
2	Joshua Grace	Aldershot F&D	9.35.74
3	Jack Goodwin	Bedford & County AC	9.40.70
4	Christopher Smith	Huntingdonshire AC	9.47.52
5	Keiran Silsby	Brighton & Hove	9.54.69
6	Toby Brimicome	City of Portsmouth	10.06.14
7	Thomas Francis	Thetford AC	10.19.25
8	Hector Kurtyanek	Blackheath & Bromley	10.28.71
9	Ross Thomas	City of Portsmouth AC	10.44.43
	Dean Scott	Newquay & Par AC	dnf

## 3000m under 17 Women

1	Claire Pring	City of Norwich AC	10.30.43
2	Martha Reynolds	Ealing S & M	10.42.37
3	Sophie Cowper	Redhill & Surrey Bgls	11.05.65
4	Catherine Taylor	Aldershot F&D	11.10.90
5	Natasha Little	Stevenage & NHerts	11.26.77
6	Sundai Boulton	Brighton & Hove	11.27.22
7	Samantha Cutler	Bedford & County AC	11.31.54
8	Victoria Little	Stevenage & NHerts	11.49.70
	Emily Baker	St Edmunds Pacers	dnf

## 3000m under 15 Girls

1	Melissa Courtney	Poole AC	10.04.02
2	Melissa Hawtin	Oxford City	10.18.59
3	Emelia Gorecka	Aldershot F&D	10.21.76
4	Rebecca Weston	Invicta East Kent	10.40.32
5	Melanie Wood	Marshall M Keynes	10.56.59
6	Rebecca Daines	West Norfolk C	11.02.40
7	Louisa Warwick	Winchester & DAC	11.08.14