



## NatWest Island Games XII - Rhodes 2007

### Athletics - 100m Men

#### Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	6	Mihalis Perakis	Rhodes	10.72	🥇 Gold
2nd	5	Thomas Riley	Isle of Man	10.73	🥈 Silver
3rd	4	Xavier James	Bermuda	10.79	🥉 Bronze
4th	3	Stephon Johnson	Cayman Islands	10.80	
5th	1	Daniel Tucker	Bermuda	11.27	
6th	8	Samuel Ratcliffe	Isle of Wight	11.28	
7th	7	Rymiech Adolphus	Cayman Islands	11.47	
DNF	2	Mats Boman	Åland		

Last Result: 05/07/2007 22:50:12 Status: Confirmed 05/07/2007 21:45:11 Wind: +0.7

#### Heat: Semi Final 1

Position	Lane/Order	Competitor	Island	Result
1st	4	Xavier James	Bermuda	10.70
2nd	5	Thomas Riley	Isle of Man	10.76
3rd	7	Rymiech Adolphus	Cayman Islands	11.08
4th	2	Samuel Ratcliffe	Isle of Wight	11.16
5th	6	Robin Cowling	Guernsey	11.36
6th	3	Karl Robertson	Shetland Islands	11.37
7th	8	Tom Manselin	Åland	11.41
8th	1	Lee Williamson	Shetland Islands	11.46

Last Result: 05/07/2007 19:53:03 Status: Confirmed 05/07/2007 19:53:09 Wind: +1.5

#### Heat: Semi Final 2

Position	Lane/Order	Competitor	Island	Result
1st	1	Stephon Johnson	Cayman Islands	10.77
2nd	4	Mihalis Perakis	Rhodes	10.78
3rd	5	Mats Boman	Åland	11.10
4th	3	Daniel Tucker	Bermuda	11.23
5th	8	Ben Silva	Jersey	11.42
6th	7	Mikk Tasa	Saaremaa	11.50
7th	6	Stewart Johnson	Western Islands	11.95
DNS	2	Stephen Prosser	Jersey	

Last Result: 05/07/2007 19:56:58 Status: Confirmed 05/07/2007 19:57:04 Wind: +1.6

#### Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result

1st	1	Xavier James	Bermuda	10.82
2nd	7	Mats Boman	Åland	10.94
3rd	6	Stephen Prosser	Jersey	11.32
4th	2	Rymiech Adolphus	Cayman Islands	11.34
5th	5	Graham Filer	Isle of Wight	11.65
6th	3	Dominic Carroll	Gibraltar	11.68
7th	8	Leigh Cresswell	Alderney	12.56
DQ	4	William Latta	Isle of Man	

Last Result: 05/07/2007 10:46:08 Status: Confirmed 05/07/2007 10:43:35 Wind: 1.3

### Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	5	Karl Robertson	Shetland Islands	11.18
2nd	1	Graeme Neal	Alderney	11.23
3rd	6	Stewart Johnson	Western Islands	11.79
4th	4	georgios thriskos	Rhodes	11.90
5th	3	Gordon Mowat	Orkney	11.90
6th	7	Andrew Owen	Ynys Môn	12.07
7th	2	Daniel Tucker	Bermuda	12.60

Last Result: 05/07/2007 10:45:42 Status: Confirmed 05/07/2007 10:45:48 Wind: 1.7

### Heat: Heat 3

Position	Lane/Order	Competitor	Island	Result
1st	5	Thomas Riley	Isle of Man	10.92
2nd	3	Stephon Johnson	Cayman Islands	11.01
3rd	6	Samuel Ratcliffe	Isle of Wight	11.29
4th	2	Tom Manselin	Åland	11.39
5th	7	Ben Silva	Jersey	11.47
6th	1	Nigel Thomson	Orkney	11.66
7th	4	Andrew Cavilla	Gibraltar	11.88

Last Result: 05/07/2007 10:48:41 Status: Unconfirmed Wind: 1.4

### Heat: Heat 4

Position	Lane/Order	Competitor	Island	Result
1st	3	Mihalis Perakis	Rhodes	10.59
2nd	1	Robin Cowling	Guernsey	11.24
3rd	4	Mikk Tasa	Saaremaa	11.38
4th	5	Lee Williamson	Shetland Islands	11.50
5th	6	Ruaraidh Stewart	Western Islands	11.71
6th	2	Lluís Coll Cantallopis	Menorca	11.91
DNS	7	Jason Rowlands - Edwards	Ynys Môn	

Last Result: 05/07/2007 10:50:28 Status: Unconfirmed Wind: 2.5

### Record/s for 100m Men:

Event	Record	Holder	Island	Year
100m Men	10.60	Gordon Crowe	Isle of Man	1989

- 100m Women

## Athletics

## Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Erica Nordqvist	Åland	12.21	🥇 Gold
2nd	8	Lucy Beesley	Ynys Môn	12.29	🥈 Silver
3rd	2	Melissa Clarke	Bermuda	12.30	🥉 Bronze
4th	5	Faye Richardson	Shetland Islands	12.39	
5th	6	Kim Murray	Isle of Wight	12.42	
6th	3	Hanna Wiss	Åland	12.47	
7th	7	Kimberley Gleeson	Guernsey	12.53	
8th	1	Angela López Martí	Menorca	13.59	

Last Result: 02/07/2007 19:07:11 Status: Confirmed 02/07/2007 19:06:49 Wind: +1.40

## Heat: Heat 1

Position	Competitor	Island	Result
1st	Faye Richardson	Shetland Islands	12.47
2nd	Kim Murray	Isle of Wight	12.61
3rd	Lucy Beesley	Ynys Môn	12.69
4th	Maria Koza	Rhodes	12.95
5th	Gemma Dawkins	Jersey	12.99
6th	Alba Febrer Comendador	Menorca	14.56

Last Result: 01/07/2007 19:14:53 Status: Confirmed 01/07/2007 19:04:50 Wind: -0.2

## Heat: Heat 2

Position	Competitor	Island	Result
1st	Erica Nordqvist	Åland	12.45
2nd	Angela López Martí	Menorca	12.92
3rd	Amy Dingle	Jersey	13.22
4th	Alexandra Blake	Ynys Môn	13.26
5th	Suzanne Clifton	Isle of Wight	13.51
DNS	Anastasia Pytiropoulou	Rhodes	

Last Result: 01/07/2007 19:15:14 Status: Confirmed 01/07/2007 19:04:58 Wind: -0.5

## Heat: Heat 3

Position	Competitor	Island	Result
1st	Hanna Wiss	Åland	12.47
2nd	Melissa Clarke	Bermuda	12.52
3rd	Kimberley Gleeson	Guernsey	12.68
4th	Anissa Owen	Cayman Islands	13.30
5th	Stephanie Sheriff	Gibraltar	13.36
6th	May Williamson	Shetland Islands	13.88

Last Result: 01/07/2007 19:24:17 Status: Confirmed 01/07/2007 19:04:42 Wind: -0.5

## Record/s for 100m Women:

Event	Record Holder	Island	Year

100m Women	12.02	Kelly Southerton	Isle of Wight	1997
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## Athletics - 200m Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Robert Ibeh	Cayman Islands	21.99	🥇 Gold
2nd	Mattias Sunneborn	Gotland	22.17	🥈 Silver
3rd	Xavier James	Bermuda	22.25	🥉 Bronze
4th	Mats Boman	Åland	22.37	
5th	Thomas Riley	Isle of Man	22.44	
6th	Maxwell Hyman	Cayman Islands	22.74	
7th	William Latta	Isle of Man	23.33	
8th	William Perchard	Jersey	23.33	

Last Result: 02/07/2007 21:16:02 Status: Confirmed 02/07/2007 20:16:29 Wind: +1.8

## Heat: Semi Final 1

Position	Lane/Order	Competitor	Island	Result
1st	4	Robert Ibeh	Cayman Islands	22.12
2nd	6	Maxwell Hyman	Cayman Islands	22.48
3rd	3	Mats Boman	Åland	22.49
4th	8	William Perchard	Jersey	22.82
5th	2	Donald Macleod	Western Islands	23.20
6th	1	Carwyn Owen	Ynys Môn	23.57
7th	7	Stuart Blackler	Isle of Wight	23.77
DNF	5	Nathan Stevens	Guernsey	

Last Result: 02/07/2007 12:22:53 Status: Unconfirmed Wind: N/A

## Heat: Semi Final 2

Position	Lane/Order	Competitor	Island	Result
1st	5	Mattias Sunneborn	Gotland	22.40
2nd	4	Xavier James	Bermuda	22.55
3rd	3	Thomas Riley	Isle of Man	22.64
4th	6	William Latta	Isle of Man	23.06
5th	2	Mihalis Markopoulos	Rhodes	23.42
6th	7	Daniel Tucker	Bermuda	23.67
7th	1	Nigel Thomson	Orkney	23.86
8th	8	Stephen Prosser	Jersey	24.12

Last Result: 02/07/2007 12:24:55 Status: Unconfirmed Wind: N/A

## Heat: Heat 1

Position	Competitor	Island	Result
1st	Robert Ibeh	Cayman Islands	21.99
2nd	William Latta	Isle of Man	22.79
3rd	Stuart Blackler	Isle of Wight	23.06
4th	Neil Gray	Orkney	23.40
5th	Martin Andersson	Åland	23.51

6th	Julian Franco	Gibraltar	24.78
DNF	Matthew Bailey	Guernsey	

**Last Result:** 01/07/2007 19:31:21 **Status:** Confirmed 01/07/2007 19:31:30 **Wind:** -0.3

### Heat: Heat 2

Position	Competitor	Island	Result
1st	Xavier James	Bermuda	22.37
2nd	Mats Boman	Åland	22.52
3rd	Maxwell Hyman	Cayman Islands	22.73
4th	Mihalis Markopoulos	Rhodes	23.06
5th	Graham Filer	Isle of Wight	24.23
6th	Carwyn Milburn	Ynys Môn	25.22
DNS	Stewart Johnson	Western Islands	

**Last Result:** 01/07/2007 19:14:26 **Status:** Confirmed 01/07/2007 19:12:40 **Wind:** -1.4

### Heat: Heat 3

Position	Competitor	Island	Result
1st	Thomas Riley	Isle of Man	22.52
2nd	Nathan Stevens	Guernsey	22.63
3rd	Donald Macleod	Western Islands	22.96
4th	William Perchard	Jersey	23.08
5th	Carwyn Owen	Ynys Môn	23.29
6th	Georgios Farmakidis	Rhodes	23.60
DNS	Graeme Neal	Alderney	

**Last Result:** 01/07/2007 19:26:54 **Status:** Unconfirmed **Wind:** -0.1

### Heat: Heat 4

Position	Competitor	Island	Result
1st	Mattias Sunneborn	Gotland	22.70
2nd	Daniel Tucker	Bermuda	23.00
3rd	Stephen Prosser	Jersey	23.16
4th	Nigel Thomson	Orkney	23.40
5th	Víctor Truyol Allés	Menorca	23.83
6th	Lee Williamson	Shetland Islands	23.87
7th	Liam Byrne	Gibraltar	24.10

**Last Result:** 01/07/2007 19:29:06 **Status:** Confirmed 01/07/2007 19:30:33 **Wind:** +1.6

### Record/s for 200m Men:

Event	Record	Holder	Island	Year
200m Men	21.31	Mattias Sunneborn	Gotland	1999

## Athletics - 200m Women

## Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Cydonie Mothersill	Cayman Islands	23.27	🥇 Gold
2nd	5	Melissa Clarke	Bermuda	25.32	🥈 Silver
3rd	3	Shianne Smith	Bermuda	25.38	🥉 Bronze
4th	6	Erica Nordqvist	Åland	25.39	
5th	8	Kim Murray	Isle of Wight	25.86	
6th	7	Ida Gillerfors	Gotland	25.91	
7th	2	Lucy Beesley	Ynys Môn	26.17	
DNF	1	Kimberley Gleeson	Guernsey		

Last Result: 05/07/2007 22:36:06 Status: Unconfirmed Wind: N/A

## Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	2	Cydonie Mothersill	Cayman Islands	23.88
2nd	1	Melissa Clarke	Bermuda	25.43
3rd	3	Erica Nordqvist	Åland	25.75
4th	5	Ida Gillerfors	Gotland	26.26
5th	8	Sarah Dowling	Isle of Man	26.41
6th	6	Laura Arblaster	Guernsey	26.73
7th	4	Stephanie Sheriff	Gibraltar	27.95
8th	7	Suzanne Clifton	Isle of Wight	28.11

Last Result: 05/07/2007 10:13:02 Status: Confirmed 05/07/2007 10:13:22 Wind: N/A

## Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	2	Kim Murray	Isle of Wight	26.37
2nd	4	Kimberley Gleeson	Guernsey	26.78
3rd	7	Harriet Pryke	Isle of Man	26.95
4th	8	Mags MacRae	Orkney	27.23
5th	3	Emma Roberts	Ynys Môn	28.28
6th	6	Johanna Eriksson	Åland	29.33
7th	1	May Williamson	Shetland Islands	29.85
DQ	5	Gemma Dawkins	Jersey	

Last Result: 05/07/2007 10:19:04 Status: Confirmed 05/07/2007 10:19:10 Wind: N/A

## Heat: Heat 3

Position	Lane/Order	Competitor	Island	Result
1st	5	Shianne Smith	Bermuda	25.63
2nd	4	Lucy Beesley	Ynys Môn	26.11
3rd	2	Faye Richardson	Shetland Islands	26.49
4th	3	Eve Carrington	Western Islands	27.17
5th	6	Stephanie Le Cornu	Jersey	27.43

6th	8	Bryony Muir	Orkney	27.69
DNS	1	Maria Karaitsaki	Rhodes	
DNS	7	Eva Truyol Allés	Menorca	

**Last Result:** 05/07/2007 10:20:48 **Status:** Confirmed 05/07/2007 10:20:53 **Wind:** N/A

#### Record/s for 200m Women:

Event	Record	Holder	Island	Year
200m Women	23.27	Cydonie Mothersill	Cayman Islands	2007

## Athletics - 400m Men

## Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	7	Dale Garland	Guernsey	46.70	🥇 Gold
2nd	4	Mattias Sunneborn	Gotland	48.09	🥈 Silver
3rd	5	Tom Druce	Guernsey	48.29	🥉 Bronze
4th	3	Jonathon Lavers	Gibraltar	48.87	
5th	6	David Hamil	Cayman Islands	49.30	
6th	2	Mihalis Markopoulos	Rhodes	49.65	
7th	8	Donald Macleod	Western Islands	50.71	
8th	1	Peter Richardson	Isle of Man	50.72	

Last Result: 05/07/2007 20:10:55 Status: Confirmed 05/07/2007 20:11:06 Wind: N/A

## Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	2	David Hamil	Cayman Islands	50.06
2nd	5	Mihalis Markopoulos	Rhodes	50.09
3rd	8	Donald Macleod	Western Islands	50.33
4th	1	Machel Charles	Bermuda	50.38
5th	6	Tom Manselin	Åland	52.46
6th	3	William Perchard	Jersey	53.65
7th	7	Jóan Karl Joensen	Faroe Islands	53.90
8th	4	Mohammed Ahammad	Gibraltar	54.89

Last Result: 03/07/2007 12:00:25 Status: Unconfirmed Wind: N/A

## Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	2	Dale Garland	Guernsey	50.16
2nd	8	Peter Richardson	Isle of Man	51.40
3rd	3	Martin Andersson	Åland	52.83
4th	6	Andre Kahlström	Gotland	52.90
5th	5	Ronald Gray	Orkney	54.34
6th	4	Barry John Edwards	Ynys Môn	54.88
7th	7	Víctor Truyol Allés	Menorca	55.51
8th	1	Oren Smith	Bermuda	57.00

Last Result: 03/07/2007 12:02:31 Status: Confirmed 02/07/2007 20:32:18 Wind: N/A

## Heat: Heat 3

Position	Lane/Order	Competitor	Island	Result
1st	5	Mattias Sunneborn	Gotland	48.81
2nd	6	Tom Druce	Guernsey	49.05
3rd	1	Jonathon Lavers	Gibraltar	49.79
4th	7	Neil Gray	Orkney	50.86
5th	3	David Munro	Isle of Man	52.79

6th	4	Leigh Cresswell	Alderney	56.78
7th	2	Alan Williamson	Shetland Islands	57.93
8th	8	Tommy Haugen	Hitra	1.01.35

**Last Result:** 03/07/2007 12:05:12 **Status:** Unconfirmed **Wind:** N/A

#### Record/s for 400m Men:

Event	Record	Holder	Island	Year
400m Men	46.70	Dale Garland	Guernsey	2007

## Athletics - 400m Women

## Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	5	Kimberley Goodall	Guernsey	58.66	🥇 Gold
2nd	4	Shianne Smith	Bermuda	58.86	🥈 Silver
3rd	3	Laura Arblaster	Guernsey	59.42	🥉 Bronze
4th	1	Hanna Wiss	Åland	59.50	
5th	6	Angela López Martí	Menorca	1.00.07	
6th	2	Sarah Dowling	Isle of Man	1.00.45	
7th	8	Stephanie Le Cornu	Jersey	1.00.47	
8th	7	Ida Gillerfors	Gotland	1.00.51	

Last Result: 02/07/2007 19:40:14 Status: Confirmed 02/07/2007 19:40:20 Wind: N/A

## Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	2	Laura Arblaster	Guernsey	59.30
2nd	4	Sarah Dowling	Isle of Man	1.00.27
3rd	7	Hazel Le Cornu	Jersey	1.00.59
4th	3	Aly Bain	Orkney	1.01.88
5th	5	Johanna Eriksson	Åland	1.03.65
6th	6	Emma Jones	Ynys Môn	1.15.22

Last Result: 02/07/2007 13:08:31 Status: Unconfirmed Wind: N/A

## Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	2	Kimberley Goodall	Guernsey	59.06
2nd	4	Angela López Martí	Menorca	59.40
3rd	6	Ida Gillerfors	Gotland	1.00.08
4th	3	Stephanie Le Cornu	Jersey	1.00.10
5th	5	Mags MacRae	Orkney	1.00.50
6th	7	Harriet Pryke	Isle of Man	1.01.43

Last Result: 02/07/2007 13:09:55 Status: Unconfirmed Wind: N/A

## Heat: Heat 3

Position	Lane/Order	Competitor	Island	Result
1st	4	Shianne Smith	Bermuda	58.72
2nd	6	Hanna Wiss	Åland	1.01.89
3rd	2	Jenny Richardson	Shetland Islands	1.04.05
4th	5	Eva Truyol Allés	Menorca	1.05.49
5th	3	Tonje Moen Slenes	Hitra	1.05.71
6th	7	Morina Macdougall	Western Islands	1.08.38
7th	8	Maria Karaitsaki	Rhodes	1.11.93

Last Result: 02/07/2007 13:11:19 Status: Unconfirmed Wind: N/A

## Record/s for 400m Women:

Event	Record	Holder	Island	Year
400m Women	55.10	Julie Moore	Isle of Man	1995

## Athletics - 800m Men

## Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	3	Tom Druce	Guernsey	1.55.04	🥇 Gold
2nd	2	Andre Kahlström	Gotland	1.56.97	🥈 Silver
3rd	4	Lee Taylor	Gibraltar	1.57.01	🥉 Bronze
4th	5	Joakim Daun	Gotland	1.57.02	
5th	1	Matthew Loveridge	Guernsey	1.59.10	
6th	7	Andrew Duncan	Isle of Man	2.00.53	
7th	6	Aaron Bagu	Gibraltar	2.00.78	
8th	8	Viljar Uljas	Saaremaa	2.01.47	

Last Result: 02/07/2007 21:23:49 Status: Confirmed 02/07/2007 20:56:43 Wind: N/A

## Heat: Heat 1

Position	Competitor	Island	Result
1st	Joakim Daun	Gotland	1.58.84
2nd	Tom Druce	Guernsey	1.59.34
3rd	Andrew Duncan	Isle of Man	1.59.65
4th	Aaron Bagu	Gibraltar	1.59.85
5th	Thomas Brown	Jersey	2.06.91
6th	Ivan Caules	Menorca	2.07.98
7th	Shon Evans	Ynys Môn	2.10.36
8th	Leigh Cresswell	Alderney	2.18.45

Last Result: 02/07/2007 12:37:44 Status: Confirmed 01/07/2007 20:12:43 Wind: N/A

## Heat: Heat 2

Position	Competitor	Island	Result
1st	Andre Kahlström	Gotland	2.00.90
2nd	Matthew Loveridge	Guernsey	2.00.98
3rd	Jóan Karl Joensen	Faroe Islands	2.01.90
4th	Murdo Alexander Mackenzie	Western Islands	2.01.98
5th	Toby Edwards	Jersey	2.10.04
6th	Ronald Gray	Orkney	2.11.44
7th	Emmanouil Kakkaris	Rhodes	2.11.55

Last Result: 01/07/2007 20:14:29 Status: Confirmed 01/07/2007 20:14:33 Wind: N/A

## Heat: Heat 3

Position	Competitor	Island	Result
1st	Lee Taylor	Gibraltar	1.58.35
2nd	Viljar Uljas	Saaremaa	2.02.59
3rd	David Miller	Orkney	2.08.65
4th	John Wilhelms	Åland	2.14.01
5th	Alan Williamson	Shetland Islands	2.17.41
6th	Emmanouil Miaris	Rhodes	2.27.03

7th	Thomas Rice-Owen	Ynys Môn	2.33.10
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**Last Result:** 01/07/2007 20:16:34 **Status:** Confirmed 01/07/2007 20:16:38 **Wind:** N/A

#### Record/s for 800m Men:

Event	Record	Holder	Island	Year
800m Men	1.50.37	Michael Guegan	Jersey	1993

## Athletics - 800m Women

## Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	7	Eilidh C Mackenzie	Western Islands	2.11.91	🥇 Gold
2nd	4	Claire Wilson	Shetland Islands	2.13.55	🥈 Silver
3rd	6	Helen Watts	Guernsey	2.15.21	🥉 Bronze
4th	5	Rachael Franklin	Isle of Man	2.18.62	
5th	2	Siobhan Svendsen	Isle of Wight	2.19.80	
6th	1	Katie Silva	Jersey	2.20.16	
7th	3	Martine Scholes	Guernsey	2.22.84	
8th	8	Nicola Cooil	Isle of Man	2.25.34	

Last Result: 05/07/2007 20:19:57 Status: Confirmed 05/07/2007 20:20:02 Wind: N/A

## Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	6	Eilidh C Mackenzie	Western Islands	2.22.00
2nd	2	Helen Watts	Guernsey	2.22.23
3rd	4	Katie Silva	Jersey	2.22.95
4th	5	Maria Daska	Rhodes	2.24.25
5th	1	Jennifer Alen	Bermuda	2.25.72
6th	3	Tonje Moen Slenes	Hitra	2.26.80
7th	7	Joanne Davies	Ynys Môn	2.32.83

Last Result: 03/07/2007 09:48:07 Status: Confirmed 03/07/2007 09:48:21 Wind: N/A

## Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	3	Siobhan Svendsen	Isle of Wight	2.23.88
2nd	2	Nicola Cooil	Isle of Man	2.25.23
3rd	1	Mari Moen Slenes	Hitra	2.28.58
4th	4	Hazel Le Cornu	Jersey	2.29.69
5th	6	Morina Macdougall	Western Islands	2.30.67
6th	5	Jenny Richardson	Shetland Islands	2.32.56
7th	7	Lydia Holloway	Ynys Môn	2.46.59

Last Result: 03/07/2007 09:50:59 Status: Confirmed 03/07/2007 09:51:04 Wind: N/A

## Heat: Heat 3

Position	Lane/Order	Competitor	Island	Result
1st	6	Claire Wilson	Shetland Islands	2.19.56
2nd	3	Rachael Franklin	Isle of Man	2.20.12
3rd	2	Martine Scholes	Guernsey	2.21.15
4th	4	Aly Bain	Orkney	2.25.60
5th	1	Jarita Dill	Bermuda	2.27.65
6th	5	Anna Daska	Rhodes	2.30.58

Last Result: 03/07/2007 09:52:57 Status: Confirmed 03/07/2007 09:53:03 Wind: N/A

## Record/s for 800m Women:

Event	Record	Holder	Island	Year
800m Women	2:11.91	Eilidh C Mackenzie	Western Islands	2007

## Athletics - 1,500m Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Lee Merrien	Guernsey	3.51.28	🥇 Gold
2nd	Joakim Daun	Gotland	4.03.17	🥈 Silver
3rd	Joseph Wade	Isle of Wight	4.03.30	🥉 Bronze
4th	Thomas Wade	Isle of Wight	4.03.55	
5th	Lee Garland	Guernsey	4.13.05	
6th	Iain MacCorquodale	Western Islands	4.13.62	
7th	Andrew Duncan	Isle of Man	4.14.84	
8th	Thomas Brown	Jersey	4.16.06	
9th	Tõnis Juulik	Saaremaa	4.18.49	
10th	Ivan Caules	Menorca	4.28.01	
11th	Toby Edwards	Jersey	4.31.23	
DNS	Viljar Uljas	Saaremaa		

Last Result: 06/07/2007 10:40:09 Status: Confirmed 06/07/2007 10:40:18 Wind: N/A

## Heat: Heat 1

Position	Competitor	Island	Result
1st	Lee Garland	Guernsey	4.20.61
2nd	Thomas Wade	Isle of Wight	4.21.59
3rd	Tõnis Juulik	Saaremaa	4.24.07
4th	Toby Edwards	Jersey	4.24.13
5th	Stephen Carreras	Gibraltar	4.27.75
6th	Andreas Grönström	Gotland	4.29.02
7th	Iain Francis Macdonald	Western Islands	4.35.48
8th	Tommy Haugen	Hitra	4.46.83
9th	Thomas Rice-Owen	Ynys Môn	5.18.28
10th	Giorgios Thanasoulis	Rhodes	5.19.36
DNS	John Wilhelms	Åland	

Last Result: 05/07/2007 11:54:25 Status: Unconfirmed Wind: N/A

## Heat: Heat 2

Position	Competitor	Island	Result
1st	Lee Merrien	Guernsey	4.12.80
2nd	Viljar Uljas	Saaremaa	4.13.13
3rd	Joseph Wade	Isle of Wight	4.14.03
4th	Joakim Daun	Gotland	4.15.74
5th	Iain MacCorquodale	Western Islands	4.16.69
6th	Andrew Duncan	Isle of Man	4.16.78
7th	Thomas Brown	Jersey	4.18.06
8th	Ivan Caules	Menorca	4.23.24
9th	Shon Evans	Ynys Môn	4.27.28
10th	Emmanouil Kakkaris	Rhodes	4.39.48

11th	Alan Williamson	Shetland Islands	4.44.72
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**Last Result:** 05/07/2007 11:57:20 **Status:** Unconfirmed **Wind:** N/A

#### Record/s for 1,500m Men:

Event	Record	Holder	Island	Year
1,500m Men	3.51.28	Lee Merrien	Guernsey	2007

## Athletics - 1,500m Women

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Claire Wilson	Shetland Islands	4.36.59	🥇 Gold
2nd	Jo Gorrod	Jersey	4.37.42	🥈 Silver
3rd	Eilidh C Mackenzie	Western Islands	4.38.85	🥉 Bronze
4th	Martine Scholes	Guernsey	4.40.76	
5th	Katrin Kuusk	Saaremaa	4.45.62	
6th	Gemma Astin	Isle of Man	4.48.25	
7th	Rachael Franklin	Isle of Man	4.51.12	
8th	Siobhan Svendsen	Isle of Wight	4.51.89	
9th	Aiya Abe	Isle of Wight		
10th	Bjørk Herup Olsen	Faroe Islands		
11th	Helen Watts	Guernsey		
12th	Maria Daska	Rhodes		
13th	Rebecca Riddings	Ynys Môn		
14th	Mari Moen Slenes	Hitra		
15th	Anna Daska	Rhodes		
16th	Lydia Holloway	Ynys Môn		

**Last Result:** 02/07/2007 13:31:51 **Status:** Confirmed 01/07/2007 20:02:16 **Wind:** N/A

## Record/s for 1,500m Women:

Event	Record	Holder	Island	Year
1,500m Women	4.28.17	Ann-Catrin Nordman	Åland	1991

## Athletics - 5,000m Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Lee Merrien	Guernsey	14.40.64	🥇 Gold
2nd	Carlos Truyol Allés	Menorca	15.40.19	🥈 Silver
3rd	Stanley Chaisson	Prince Edward Island	15.42.22	🥉 Bronze
4th	Paul Cameron	Isle of Wight	15.54.60	
5th	John Halligan	Isle of Man	15.56.85	
6th	Kevin Loundes	Isle of Man	16.12.90	
7th	Daniel Hejdström	Gotland	16.18.26	
8th	Olof Thunegard	Gotland	16.34.26	
9th	Paul Holley	Jersey	16.51.66	
10th	Thomas Brown	Jersey	17.17.22	
11th	Paul Wathan	Ynys Môn	17.28.48	
12th	David Owens	Ynys Môn	18.08.20	
13th	Ali Solindarakis	Rhodes	18.13.82	
14th	Mercouris Malliakas	Rhodes	18.51.85	
DNS	Guillermo Bosch Bosch	Menorca		
DNS	Kalev Õisnurm	Saaremaa		
DNS	Innar Sepp	Saaremaa		
DNS	Michael Doyle	Sark		

Last Result: 03/07/2007 21:53:27 Status: Confirmed 03/07/2007 21:53:33 Wind: N/A

## Record/s for 5,000m Men:

Event	Record	Holder	Island	Year
5,000m Men	14.38.69	Mikael Nordblom	Åland	1991

## Athletics - 5,000m Women

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Maria Pardalou	Rhodes	17.01.0	🥇 Gold
2nd	Jo Gorrod	Jersey	17.41.4	🥈 Silver
3rd	Katrin Kuusk	Saaremaa	17.54.5	🥉 Bronze
4th	Louise Perrio	Guernsey	17.57.6	
5th	Gemma Astin	Isle of Man	18.00.0	
6th	Martine Scholes	Guernsey	18.04.0	
7th	Joanna Walker	Orkney	18.44.2	
8th	Aiya Abe	Isle of Wight	19.19.8	
9th	Amanda Brown	Jersey	19.25.9	
10th	Bjørk Herup Olsen	Faroe Islands	19.32.9	
11th	Mari Moen Slenes	Hitra	19.37.9	
12th	Susan Ball	Isle of Wight	20.25.1	
DNF	Carita Sodergard	Åland		
DNF	Fotini Loizou	Rhodes		
DNF	Joanne Davies	Ynys Môn		
DNF	Rebecca Riddings	Ynys Môn		

**Last Result:** 06/07/2007 09:14:30 **Status:** Confirmed 06/07/2007 09:14:43 **Wind:** N/A

## Record/s for 5,000m Women:

Event	Record	Holder	Island	Year
5,000m Women	17.01.0	Maria Pardalou	Rhodes	2007

## Athletics - 10,000m Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Kim Godtfredsen	Greenland	33.27.60	🥇 Gold
2nd	John Halligan	Isle of Man	33.44.54	🥈 Silver
3rd	Stanley Chaisson	Prince Edward Island	33.54.29	🥉 Bronze
4th	Juan José Cerro Plaza	Menorca	34.37.64	
5th	Francis Kehoe	Guernsey	35.01.23	
6th	Steve Dawes	Guernsey	35.15.84	
7th	Stig Brahe Sørensen	Greenland	35.16.59	
8th	Paul Holley	Jersey	35.21.51	
9th	Daniel Hejdström	Gotland	35.29.68	
10th	Karl Simpson	Shetland Islands	35.39.41	
11th	Olof Thunegard	Gotland	35.53.15	
12th	Ed Gumbley	Isle of Man	36.29.67	
13th	Kalev Õisurm	Saaremaa	36.42.15	
14th	Paul Wathan	Ynys Môn	37.51.84	
15th	Kenneth Stensen	Hitra	37.51.90	
16th	Andrew Murfin	Jersey	38.03.21	
17th	Tsambikos Papadimitriou	Rhodes	38.15.60	
18th	Vasilios Patsis	Rhodes	38.51.84	
19th	Steven Livett	Ynys Môn	43.51.10	
DNF	Paul Cameron	Isle of Wight		
DNF	Innar Sepp	Saaremaa		
DNS	Guttorm Sørensen	Faroe Islands		
DNS	Nikolaos Tsangarakis	Rhodes		
DNS	Michael Doyle	Sark		

Last Result: 06/07/2007 12:22:54 Status: Confirmed 06/07/2007 09:43:59 Wind: N/A

## Record/s for 10,000m Men:

Event	Record	Holder	Island	Year
10,000m Men	30.17.32	Kim Godtfredsen	Greenland	1997

## Athletics - 10,000m Women

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Jo Gorrod	Jersey	37.23.68	🥇 Gold
2nd	Louise Perrio	Guernsey	38.03.08	🥈 Silver
3rd	Katrin Kuusk	Saaremaa	38.37.23	🥉 Bronze
4th	Joanna Walker	Orkney	38.43.35	
5th	Dawn Richardson	Bermuda	39.45.80	
6th	Nikki Neal	Alderney	40.06.90	
7th	Turi Malme	Hitra	40.53.31	
8th	Carita Sodergard	Åland	41.05.86	
9th	Doleen Galbraith	Western Islands	41.33.67	
10th	Samantha Cowen	Isle of Man	43.04.32	
11th	Gail Griffiths	Isle of Man	43.25.11	
12th	Chloe Kempe	Bermuda	44.36.59	
DNS	Maria Pardalou	Rhodes		

Last Result: 05/07/2007 21:17:05 Status: Confirmed 05/07/2007 21:17:12 Wind: N/A

## Record/s for 10,000m Women:

Event	Record	Holder	Island	Year
10,000m Women	36.11.68	Ann-Catrin Nordman	Åland	1997

## Athletics - 110m Hurdles Men

### Heat: Heat 1

There are currently no Entries for this Heat

### Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	2	Erik Larsson	Gotland	15.10	🥇 Gold
2nd	4	Nektarios Giallourakis	Rhodes	15.25	🥈 Silver
3rd	3	Peter Irving	Jersey	15.56	
DNF	5	Gustav Melen	Gotland		
DNS	1	Madis Kallas	Saaremaa		

**Last Result:** 03/07/2007 18:50:02 **Status:** Confirmed 03/07/2007 18:50:08 **Wind:** +1.4

### Record/s for 110m Hurdles Men:

Event	Record	Holder	Island	Year
110m Hurdles Men	14.65	Dale Garland	Guernsey	2005

## Athletics - 100m Hurdles Women

## Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Maria Pinni	Rhodes	14.71	🥇 Gold
2nd	5	Pille-Riin Toomsalu	Saaremaa	14.95	🥈 Silver
3rd	6	Claire Lidster	Jersey	15.02	🥉 Bronze
4th	3	Eve Carrington	Western Islands	15.17	
5th	2	Angela López Martí	Menorca	15.31	
6th	1	Rachael Kelly	Isle of Man	15.72	
7th	7	Sophie Twinam	Jersey	15.95	
8th	8	Julia Kallgren	Åland	17.06	

Last Result: 03/07/2007 19:00:11 Status: Confirmed 03/07/2007 19:00:20 Wind: +1.9

## Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	4	Claire Lidster	Jersey	15.27
2nd	6	Eve Carrington	Western Islands	15.35
3rd	2	Julia Kallgren	Åland	18.15
4th	5	Alba Febrer Comendador	Menorca	19.30
DNS	3	Carita Hansson	Gotland	

Last Result: 03/07/2007 10:30:21 Status: Confirmed 03/07/2007 10:09:47 Wind: 1.2

## Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	5	Maria Pinni	Rhodes	15.00
2nd	6	Pille-Riin Toomsalu	Saaremaa	15.13
3rd	4	Angela López Martí	Menorca	15.52
4th	2	Rachael Kelly	Isle of Man	15.81
5th	3	Sophie Twinam	Jersey	16.22




Last Result: 03/07/2007 10:11:40 Status: Unconfirmed Wind: 1.6

## Record/s for 100m Hurdles Women:

Event	Record	Holder	Island	Year
100m Hurdles Women	14.39	Kelly Southerton	Isle of Wight	1997

## Athletics - 400m Hurdles Men

## Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Junior Hines	Cayman Islands	54.04	 Gold
2nd	5	Peter Irving	Jersey	54.30	 Silver
3rd	6	Jaryd Robinson	Isle of Wight	56.08	 Bronze
4th	1	Michael Batiste	Guernsey	56.55	
5th	3	Michael Haslett	Isle of Man	56.87	
6th	2	Mihalis Seitis	Rhodes	57.52	
7th	7	David Munro	Isle of Man	57.71	
8th	8	Víctor Truyol Allés	Menorca	1.01.11	

Last Result: 02/07/2007 18:42:34 Status: Confirmed 02/07/2007 18:42:42 Wind: N/A

## Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	4	Michael Haslett	Isle of Man	56.86
2nd	5	Jaryd Robinson	Isle of Wight	56.91
3rd	6	Mihalis Seitis	Rhodes	57.44
4th	2	Michael Batiste	Guernsey	1.00.14
5th	3	Gustav Hansson	Gotland	1.06.07

Last Result: 02/07/2007 09:24:11 Status: Confirmed 02/07/2007 09:25:00 Wind: N/A

## Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	2	Junior Hines	Cayman Islands	54.70
2nd	3	Peter Irving	Jersey	54.90
3rd	4	David Munro	Isle of Man	57.33
4th	6	Víctor Truyol Allés	Menorca	1.01.07
5th	5	Sotirios Kipriotis	Rhodes	1.05.64
DQ	1	Eypriotis Sotiris	Rhodes	

Last Result: 02/07/2007 12:59:40 Status: Unconfirmed Wind: N/A

## Record/s for 400m Hurdles Men:

Event	Record	Holder	Island	Year
400m Hurdles Men	51.27	Dale Garland	Guernsey	2003

## Athletics - 400m Hurdles Women

## Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	2	Angela López Martí	Menorca	1.03.29	🥇 Gold
2nd	5	Sophie Twinam	Jersey	1.04.25	🥈 Silver
3rd	4	Katerina Katri	Rhodes	1.04.28	🥉 Bronze
4th	6	Ida Gillerfors	Gotland	1.05.94	
5th	3	Claire Lidster	Jersey	1.06.27	
6th	7	Rachael Kelly	Isle of Man	1.07.23	
7th	8	Eva Truyol Allés	Menorca	1.09.46	
8th	1	Pille-Riin Toomsalu	Saaremaa	1.09.60	

Last Result: 05/07/2007 18:50:48 Status: Confirmed 05/07/2007 18:50:58 Wind: N/A

## Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	5	Claire Lidster	Jersey	1.05.89
2nd	6	Angela López Martí	Menorca	1.06.32
3rd	4	Ida Gillerfors	Gotland	1.07.20
4th	3	Julia Kallgren	Åland	1.11.14
5th	2	Anastasia Ganotaki	Rhodes	1.15.93

Last Result: 05/07/2007 10:57:30 Status: Confirmed 05/07/2007 10:59:15 Wind: N/A

## Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	5	Katerina Katri	Rhodes	1.04.91
2nd	3	Sophie Twinam	Jersey	1.05.82
3rd	2	Rachael Kelly	Isle of Man	1.07.30
4th	6	Pille-Riin Toomsalu	Saaremaa	1.07.37
5th	4	Eva Truyol Allés	Menorca	1.10.68

Last Result: 05/07/2007 10:58:59 Status: Confirmed 05/07/2007 10:59:27 Wind: N/A

## Record/s for 400m Hurdles Women:

Event	Record	Holder	Island	Year
400m Hurdles Women	1.00.72	Diana Lindqvist	Åland	1991

## Athletics - 3000m SteepleChase Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	John Halligan	Isle of Man	9.30.39	🥇 Gold
2nd	Carlos Truyol Allés	Menorca	9.35.69	🥈 Silver
3rd	Lee Garland	Guernsey	9.36.19	🥉 Bronze
4th	Joseph Wade	Isle of Wight	9.43.12	
5th	Thomas Wade	Isle of Wight	9.46.73	
6th	Daniel Hejdström	Gotland	10.17.88	

Last Result: 02/07/2007 10:36:35 Status: Unconfirmed Wind: N/A

## Record/s for 3000m SteepleChase Men:

Event	Record	Holder	Island	Year
3000m SteepleChase Men	8.57.46	Mikael Nordblom	Åland	1991

## Athletics - 4 x 100m Relay Men

## Heat: Final

Position	Lane/Order	Team	Members	Result	Medal
1st	4	Cayman Islands		42.37	🥇 Gold
2nd	7	Guernsey	Matthew Bailey Robin Cowling Tom Druce Dale Garland Jonathan Guille Matthew Loveridge Nathan Stevens	42.82	🥈 Silver
3rd	5	Isle of Man		43.85	🥉 Bronze
4th	6	Rhodes		44.31	
5th	2	Åland	Martin Andersson Mats Boman Tom Manselin John Wilhelms	44.33	
6th	8	Bermuda	Allen Bean Machel Charles Xavier James Oren Smith Daniel Tucker	44.35	
7th	3	Jersey		45.67	
8th	1	Orkney		45.92	

Last Result: 06/07/2007 10:33:52 Status: Confirmed 06/07/2007 10:31:59 Wind: N/A

## Heat: Heat 1

Position	Lane/Order	Team	Members	Result
1st	4	Cayman Islands		42.01
2nd	7	Isle of Man		43.56
3rd	6	Guernsey	Matthew Bailey Robin Cowling Tom Druce Dale Garland Jonathan Guille Matthew Loveridge Nathan Stevens	44.11
4th	2	Åland	Martin Andersson Mats Boman Tom Manselin John Wilhelms	44.31
5th	3	Bermuda	Allen Bean Machel Charles Xavier James Oren Smith Daniel Tucker	44.36
6th	5	Gibraltar		44.70
7th	8	Isle of Wight		45.82

Last Result: 03/07/2007 11:49:59 Status: Unconfirmed Wind: N/A

## Heat: Heat 2

Position	Lane/Order	Team	Members	Result
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1st	2	Jersey		43.63
2nd	5	Rhodes		43.77
3rd	4	Orkney		44.59
4th	6	Shetland Islands	Sakchai Makao Karl Robertson Lee Williamson Jamie Wilson	45.05
5th	7	Western Islands	Stewart Johnson Murdo Alexander Mackenzie Donald Macleod Ruairaidh Stewart	45.52
6th	3	Menorca		46.88
7th	8	Ynys Môn		45.50

**Last Result:** 03/07/2007 11:52:33 **Status:** Unconfirmed **Wind:** N/A

#### Record/s for 4 x 100m Relay Men:

Event	Record	Holder	Island	Year
4 x 100m Relay Men	42.00	Guernsey Team	Guernsey	2003

## Athletics - 4 x 100m Relay Women

## Heat: Final

Position	Lane/Order	Team	Members	Result	Medal
1st	4	Guernsey	Laura Arblaster Erica Bodman Kimberley Gleeson Kimberley Goodall Helen Watts	49.77	🥇 Gold
2nd	6	Åland	Johanna Eriksson Julia Kallgren Erica Nordqvist Hanna Wiss	50.33	🥈 Silver
3rd	5	Isle of Man		51.05	🥉 Bronze
4th	2	Rhodes		51.06	
5th	3	Isle of Wight		51.66	
6th	8	Ynys Môn		51.67	
7th	1	Shetland Islands	Victoria Duthie Faye Richardson Jenny Richardson May Williamson	52.33	
8th	7	Gotland	Ida Gillerfors Carita Hansson Camilla Olsson Boel Tetens Frida Yttergren	53.92	

Last Result: 06/07/2007 10:18:09 Status: Confirmed 06/07/2007 10:18:15 Wind: N/A

## Heat: Heat 1

Position	Lane/Order	Team	Members	Result
1st	4	Guernsey	Laura Arblaster Erica Bodman Kimberley Gleeson Kimberley Goodall Helen Watts	50.05
2nd	5	Isle of Man		50.54
3rd	2	Åland	Johanna Eriksson Julia Kallgren Erica Nordqvist Hanna Wiss	51.26
4th	6	Isle of Wight		51.38
5th	3	Gotland	Ida Gillerfors Carita Hansson Camilla Olsson Boel Tetens Frida Yttergren	52.13

Last Result: 03/07/2007 11:28:00 Status: Confirmed 03/07/2007 11:30:39 Wind: N/A

## Heat: Heat 2

Position	Lane/Order	Team	Members	Result
1st	4	Rhodes		52.08
2nd	5	Shetland Islands	Victoria Duthie	52.16

Faye Richardson Jenny Richardson May Williamson			
3rd	6	Ynys Môn	52.38
4th	3	Orkney	52.48
DNF	2	Jersey	

**Last Result:** 03/07/2007 11:30:01 **Status:** Confirmed 03/07/2007 11:30:29 **Wind:** N/A

#### Record/s for 4 x 100m Relay Women:

Event	Record	Holder	Island	Year
4 x 100m Relay Women	47.60	Cayman Team	Cayman Islands	1999

## Athletics - 4 x 400m Relay Men

## Heat: Final

Position	Lane/Order	Team	Members	Result	Medal
1st	3	Guernsey	Matthew Bailey Michael Batiste Tom Druce Dale Garland Matthew Loveridge Nathan Stevens	3.16.03	🥇 Gold
2nd	4	Cayman Islands		3.16.92	🥈 Silver
3rd	5	Gibraltar		3.20.29	🥉 Bronze
4th	6	Isle of Man		3.21.66	
5th	7	Orkney		3.29.47	
6th	8	Jersey		3.29.88	
7th	2	Western Islands	Stewart Johnson Iain MacCorquodale Murdo Alexander Mackenzie Donald Macleod	3.30.59	
DNS	1	Rhodes			

Last Result: 06/07/2007 11:30:37 Status: Confirmed 06/07/2007 11:30:45 Wind: N/A

## Heat: Heat 1

Position	Lane/Order	Team	Members	Result
1st	1	Isle of Man		3.27.32
2nd	3	Orkney		3.28.30
3rd	5	Western Islands	Stewart Johnson Iain MacCorquodale Murdo Alexander Mackenzie Donald Macleod	3.28.87
4th	2	Jersey		3.32.06
5th	4	Rhodes		3.32.63

Last Result: 03/07/2007 19:52:58 Status: Confirmed 03/07/2007 19:53:03 Wind: N/A

## Heat: Heat 2

Position	Lane/Order	Team	Members	Result
1st	3	Cayman Islands		3.22.32
2nd	4	Gibraltar		3.24.07
3rd	6	Guernsey	Matthew Bailey Michael Batiste Tom Druce Dale Garland Matthew Loveridge Nathan Stevens	3.25.23
4th	7	Åland	Martin Andersson Mats Boman Tom Manselin John Wilhelms	3.33.69
DNS	2	Bermuda	Allen Bean Machel Charles Xavier James	

			Oren Smith Daniel Tucker
DNS	5	Gotland	Joakim Daun Andreas Grönström Gustav Hansson Andre Kahlström Mattias Sunneborn

**Last Result:** 03/07/2007 20:00:09 **Status:** Confirmed 03/07/2007 20:00:13 **Wind:** N/A

#### Record/s for 4 x 400m Relay Men:

Event	Record	Holder	Island	Year
4 x 400m Relay Men	3.16.03	Guernsey Team	Guernsey	2007

## Athletics - 4 x 400m Relay Women

## Heat: Final

Position	Lane/Order	Team	Members	Result	Medal
1st	7	Jersey		3.55.81	🥇 Gold
2nd	4	Guernsey	Laura Arblaster Erica Bodman Kimberley Gleeson Kimberley Goodall Helen Watts	3.59.87	🥈 Silver
3rd	5	Bermuda	Jennifer Alen Melissa Clarke Jarita Dill Shianne Smith	4.02.92	🥉 Bronze
4th	6	Isle of Man		4.06.18	
5th	8	Orkney		4.06.83	
6th	2	Isle of Wight		4.13.43	
7th	3	Åland	Johanna Eriksson Julia Kallgren Erica Nordqvist Hanna Wiss	4.14.79	
8th	1	Rhodes		4.23.66	

**Last Result:** 06/07/2007 10:58:54 **Status:** Confirmed 06/07/2007 10:58:59 **Wind:** N/A

## Record/s for 4 x 400m Relay Women:

Event	Record	Holder	Island	Year
4 x 400m Relay Women	3.54.60	Cayman Team	Cayman Islands	1999

## Athletics - Half Marathon Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Terrance Armstrong	Bermuda	1.13.05	 Gold
2nd	Kim Godtfredsen	Greenland	1.13.43	 Silver
3rd	Albert Donawa	Bermuda	1.14.37	 Bronze
4th	Juan José Cerro Plaza	Menorca	1.14.55	
5th	Stig Brahe Sørensen	Greenland	1.15.05	
6th	Steve Dawes	Guernsey	1.17.24	
7th	Olof Thunegard	Gotland	1.17.44	
8th	Andy Fox	Isle of Man	1.18.03	
9th	Paul Ingrouille	Guernsey	1.18.58	
10th	Tõnis Juulik	Saaremaa	1.19.22	
11th	Kalev Õisnurm	Saaremaa	1.19.31	
12th	Dave Holmes	Guernsey	1.19.59	
13th	Kevin Loundes	Isle of Man	1.21.23	
14th	Innar Sepp	Saaremaa	1.21.44	
15th	Kenneth Stensen	Hitra	1.21.54	
16th	Michael Doyle	Sark	1.22.31	
17th	Guttorm Sørensen	Faroe Islands	1.23.10	
18th	Ed Gumbley	Isle of Man	1.23.32	
19th	Ricky Sousa Sr.	Bermuda	1.24.26	
20th	Karl Simpson	Shetland Islands	1.25.09	
21st	Paul Holley	Jersey	1.25.31	
22nd	Andrew Murfin	Jersey	1.27.10	
23rd	Nicholas Gorrod	Jersey	1.27.33	
24th	Andrew Joyce	Western Islands	1.28.02	
25th	Nikolaos Verikakis	Rhodes	1.32.38	
26th	David Owens	Ynys Môn	1.32.45	
27th	Jonas Svensson	Gotland	1.36.25	
28th	Nikolaos Tsangarakis	Rhodes	1.36.38	
29th	Steven Livett	Ynys Môn	1.42.39	
30th	Giorgios Mangafas	Rhodes	1.43.17	
31st	Paul Wathan	Ynys Môn	1.47.55	




Last Result: 02/07/2007 17:45:15 Status: Confirmed 02/07/2007 17:43:29 Wind: N/A

## Record/s for Half Marathon Men:

Event	Record	Holder	Island	Year
Half Marathon Men	1hr.07.54	Richard Large	Isle of Wight	1991

## Athletics - Half Marathon Women

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Turi Malme	Hitra	1.26.28	 Gold
2nd	Amanda Brown	Jersey	1.27.43	 Silver
3rd	Dawn Richardson	Bermuda	1.28.46	 Bronze
4th	Victoria Fiddick	Bermuda	1.29.21	
5th	Doleen Galbraith	Western Islands	1.31.20	
6th	Nikki Neal	Alderney	1.32.40	
7th	Carita Sodergard	Åland	1.33.23	
8th	Carol Knight	Jersey	1.33.34	
9th	Rigmor Napoleonsdóttir Arge	Faroe Islands	1.34.24	
10th	Samantha Cowen	Isle of Man	1.38.28	
11th	Gail Griffiths	Isle of Man	1.39.24	
12th	Shona Morrison	Western Islands	1.41.08	
13th	Sharon McNally	Isle of Wight	1.48.18	

Last Result: 02/07/2007 17:48:55 Status: Confirmed 02/07/2007 17:49:09 Wind: N/A

## Record/s for Half Marathon Women:

Event	Record	Holder	Island	Year
Half Marathon Women	1hr.13.35	Brenda Walker	Isle of Man	1991

## Athletics - Pole Vault Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Bo Jacobsson	Gotland	4.15	🥇 Gold
2nd	Mikk Tasa	Saaremaa	3.80	🥈 Silver
2nd	Neeme Truumees	Saaremaa	3.80	🥈 Silver
4th	Andreas Grönström	Gotland	2.00	



**Last Result:** 05/07/2007 22:06:10 **Status:** Unconfirmed **Wind:** N/A

## Record/s for Pole Vault Men:

Event	Record	Holder	Island	Year
Pole Vault Men	4.62	Bo Jacobsson	Gotland	1999

## Athletics - High Jump Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Omar Wright	Cayman Islands	2.09	 Gold
2nd	Athanasios Tsoukos	Rhodes	2.06	 Silver
3rd	Gustav Melen	Gotland	1.95	 Bronze
4th	Jason Fox	Jersey	1.95	
5th	Erik Larsson	Gotland	1.85	
6th	Raido Kahm	Saaremaa	1.85	
7th	Andreas Henriksson	Åland	1.80	
8th	Shaun Cregeen	Isle of Man	1.80	
DNS	Perry Anglin	Cayman Islands		
DNS	James Grocock	Isle of Wight		
DNS	Ali Solindarakis	Rhodes		
DNS	Madis Kallas	Saaremaa		




Last Result: 02/07/2007 13:24:04 Status: Unconfirmed Wind: N/A

## Record/s for High Jump Men:

Event	Record	Holder	Island	Year
High Jump Men	2.13	Martin Aram	Isle of Man	2003

## Athletics - High Jump Women

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Erica Bodman	Guernsey	1.65	 Gold
2nd	Jenna Murphy	Jersey	1.60	 Silver
3rd	Eve Carrington	Western Islands	1.60	 Bronze
4th	Marita Kukk	Saaremaa	1.55	
5th	Andrea Johansson	Åland	1.55	
6th	Sophie Twinam	Jersey	1.50	
7th	Laurel Garfield	Guernsey	1.50	
8th	Johanna Eriksson	Åland	1.45	
9th	Aggeliki Aptoglou	Rhodes	1.45	
10th	Suzanne Clifton	Isle of Wight	1.45	
11th	Tonje Moen Slenes	Hitra	1.40	
DNS	Frida Yttergren	Gotland		
DNS	Dafni Migkli	Rhodes		

Last Result: 03/07/2007 21:19:39 Status: Confirmed 03/07/2007 21:19:47 Wind: N/A

## Record/s for High Jump Women:

Event	Record	Holder	Island	Year
High Jump Women	1.75	Diana Lindqvist	Åland	2003

## Athletics - Long Jump Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Savvas Diakonikolas	Rhodes	7.48	 Gold
2nd	Erik Larsson	Gotland	7.42	 Silver
3rd	Stephon Johnson	Cayman Islands	7.33	 Bronze
4th	Matthew Barton	Isle of Wight	7.11	
5th	Robin Cowling	Guernsey	7.04	
6th	Nektarios Giallourakis	Rhodes	7.02	
7th	James Grocock	Isle of Wight	6.93	
8th	Phil Riley	Isle of Man	6.92	
9th	Mikk Tasa	Saaremaa	6.73	
10th	Lluís Coll Cantalopis	Menorca	6.35	
11th	Sakchai Makao	Shetland Islands	6.09	
12th	Jamie Wilson	Shetland Islands	5.64	
13th	Jason Rowlands - Edwards	Ynys Môn	5.45	
14th	Carwyn Milburn	Ynys Môn	5.42	
15th	Andreas Henriksson	Åland	5.37	
DNS	Jonathan Guille	Guernsey		




**Last Result:** 03/07/2007 22:00:37 **Status:** Confirmed 03/07/2007 22:00:43 **Wind:** N/A

## Record/s for Long Jump Men:

Event	Record	Holder	Island	Year
Long Jump Men	7.73	Mattias Sunneborn	Gotland	1993

## Athletics - Long Jump Women

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Kim Murray	Isle of Wight	5.95	 Gold
2nd	Hanna Wiss	Åland	5.78	 Silver
3rd	Maria Pinni	Rhodes	5.60	 Bronze
4th	Kimberley Gleeson	Guernsey	5.60	
5th	Shianne Smith	Bermuda	5.57	
6th	Boel Tetens	Gotland	5.34	
7th	Amy Dingle	Jersey	5.28	
8th	Maria Koza	Rhodes	5.00	
9th	Jenna Murphy	Jersey	4.93	
10th	Victoria Duthie	Shetland Islands	4.77	
11th	Anissa Owen	Cayman Islands	4.61	
12th	Andrea Johansson	Åland	4.59	
DNS	Pille-Riin Toomsalu	Saaremaa		

Last Result: 05/07/2007 21:11:33 Status: Confirmed 05/07/2007 21:11:43 Wind: N/A

## Record/s for Long Jump Women:

Event	Record	Holder	Island	Year
Long Jump Women	5.95	Kim Murray	Isle of Wight	2007

## Athletics - Triple Jump Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Matthew Barton	Isle of Wight	15.21	🥇 Gold
2nd	Savvas Diakonikolas	Rhodes	15.11	🥈 Silver
3rd	Sakchai Makao	Shetland Islands	13.63	🥉 Bronze
4th	Jonathan Guille	Guernsey	13.61	
5th	Phil Riley	Isle of Man	13.38	
6th	Andreas Henriksson	Åland	12.71	
7th	Jamie Wilson	Shetland Islands	12.61	
DNS	Viktor Jonsson	Gotland		

**Last Result:** 06/07/2007 11:42:39 **Status:** Confirmed 06/07/2007 11:42:46 **Wind:** N/A

## Record/s for Triple Jump Men:

Event	Record	Holder	Island	Year
Triple Jump Men	15.28	Urmas Treiel	Saaremaa	1993

## Athletics - Triple Jump Women

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Hanna Wiss	Åland	11.54	🥇 Gold
2nd	Eve Carrington	Western Islands	11.44	🥈 Silver
3rd	Laura Arblaster	Guernsey	11.09	🥉 Bronze
4th	Carita Hansson	Gotland	10.74	
5th	Amy Dingle	Jersey	9.79	
6th	Victoria Duthie	Shetland Islands	9.55	
DNS	Christina Petra	Rhodes		

**Last Result:** 02/07/2007 17:36:47 **Status:** Unconfirmed **Wind:** N/A

## Record/s for Triple Jump Women:

Event	Record	Holder	Island	Year
Triple Jump Women	12.11	Kalliopi Neski	Rhodes	1999

## Athletics - Shot Putt Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Genro Paas	Saaremaa	15.95	🥇 Gold
2nd	Jamie Stevenson	Jersey	15.15	🥈 Silver
3rd	Erik Larsson	Gotland	14.60	🥉 Bronze
4th	Jüri Kuusk	Saaremaa	14.33	
5th	Anastasios Gimoukis	Rhodes	13.98	
6th	Andrew Frost	Isle of Wight	13.04	
7th	David Felton	Jersey	12.61	
8th	Rasmus Donner	Åland	09.90	
DNS	Stylianos Keranis	Rhodes		




**Last Result:** 02/07/2007 19:51:20 **Status:** Confirmed 02/07/2007 19:51:26 **Wind:** N/A

## Record/s for Shot Putt Men:

Event	Record	Holder	Island	Year
Shot Putt Men	16.21	Ove Lehto	Åland	1997

## Athletics - Javelin Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Sander Suurhans	Saaremaa	62.59	 Gold
2nd	Georgios Troumbas	Rhodes	60.58	 Silver
3rd	Gustav Melen	Gotland	59.13	 Bronze
4th	Rógvi Højgaard	Faroe Islands	57.20	
5th	Anastasios Laoudikos	Rhodes	55.93	
6th	Alan Rowberry	Guernsey	53.83	
7th	Scott Roberts	Jersey	50.84	
8th	Viktor Jonsson	Gotland	45.44	
9th	Russell Price	Jersey	45.03	
10th	Shaun Cregeen	Isle of Man	40.21	
11th	Mark Gray	Ynys Môn	31.85	
DNS	Rasmus Donner	Åland		
DNS	Jonathan Guille	Guernsey		
DNS	Stewart Johnson	Western Islands		

**Last Result:** 05/07/2007 22:31:19 **Status:** Unconfirmed **Wind:** N/A

## Record/s for Javelin Men:

Event	Record	Holder	Island	Year
Javelin Men	62.59	Sander Suurhans	Saaremaa	2007

## Athletics - Shot Putt Women

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Lauren Therin	Jersey	12.82	🥇 Gold
2nd	Leana Vahter	Saaremaa	12.46	🥈 Silver
3rd	Helen Cromarty	Orkney	12.18	🥉 Bronze
4th	Gemma Tingay	Guernsey	11.98	
5th	Despina Skoumbrou	Rhodes	11.42	
6th	Natalie Badham	Isle of Wight	11.31	
7th	Louise Kneen	Isle of Man	11.21	
9th	Claire Wilson	Orkney	9.68	
10th	Kristi Väli	Saaremaa	9.54	
11th	Jenny Clemes	Åland	9.20	
12th	Charlotte Christian	Isle of Man	8.45	
DNS	Åsa Larsson	Gotland		
DNS	Evangelia Angeri	Rhodes		

Last Result: 05/07/2007 18:30:42 Status: Confirmed 05/07/2007 18:30:51 Wind: N/A

## Record/s for Shot Putt Women:

Event	Record	Holder	Island	Year
Shot Putt Women	12.86	Virge Treiel	Saaremaa	1997

## Athletics - Discus Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Anastasios Gimoukis	Rhodes	45.42	🥇 Gold
2nd	Michael Letterlough	Cayman Islands	43.40	🥈 Silver
3rd	Heri Ziska	Faroe Islands	43.20	🥉 Bronze
4th	Erik Larsson	Gotland	42.83	
5th	Madis Kallas	Saaremaa	42.20	
6th	Andres Aavik	Saaremaa	41.16	
7th	Jamie Stevenson	Jersey	41.00	
8th	Paul Derrien	Jersey	37.85	
9th	Georgios Christofidis	Rhodes	33.58	
10th	Rasmus Donner	Åland	27.67	

Last Result: 03/07/2007 20:06:11 Status: Confirmed 03/07/2007 20:06:12 Wind: N/A

## Record/s for Discus Men:

Event	Record	Holder	Island	Year
Discus Men	49.22	Goran Eklund	Åland	1993

## Athletics - Discus Women

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Lauren Therin	Jersey	44.91	🥇 Gold
2nd	Alexandra Terry	Cayman Islands	38.98	🥈 Silver
3rd	Leana Vahter	Saaremaa	37.77	🥉 Bronze
4th	Natalie Badham	Isle of Wight	35.43	
5th	Louise Kneen	Isle of Man	33.01	
6th	Jennifer Browne	Jersey	29.84	
7th	Annie Henriksson	Gotland	28.83	
8th	Åsa Larsson	Gotland	28.51	
9th	Jenny Clemes	Åland	25.31	
10th	Kirree Kermode	Isle of Man	24.47	
11th	Despina Skoumbrou	Rhodes	21.32	




Last Result: 05/07/2007 20:15:11 Status: Confirmed 05/07/2007 20:15:22 Wind: N/A

## Record/s for Discus Women:

Event	Record	Holder	Island	Year
Discus Women	44.91	Lauren Therin	Rhodes	2007

## Athletics - Javelin Women

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Lauren Therin	Jersey	50.54	 Gold
2nd	Leana Vahter	Saaremaa	47.52	 Silver
3rd	Kristi Väli	Saaremaa	41.96	 Bronze
4th	Becky Slater	Jersey	41.04	
5th	Helen Davis	Isle of Wight	39.12	
6th	Gemma Tingay	Guernsey	38.71	
7th	Helen Sheen	Isle of Man	38.70	
8th	NOMIKI TRIKILI	Rhodes	37.04	
9th	Randi Kúrberg	Faroe Islands	34.84	
10th	Teresia Snäckerström	Gotland	23.40	
DNS	Jenny Clemes	Åland		




Last Result: 03/07/2007 18:15:38 Status: Confirmed 03/07/2007 18:15:43 Wind: N/A

## Record/s for Javelin Women:

Event	Record	Holder	Island	Year
Javelin Women	50.84	Linda Lindqvist	Åland	1997

## Athletics - Hammer Throw Men

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Andrew Frost	Isle of Wight	69.51	 Gold
2nd	Michael Letterlough	Cayman Islands	55	 Silver
3rd	Ioannis Pezouvanis	Rhodes	48.47	 Bronze
4th	Paul Derrien	Jersey	46.62	
5th	Heri Ziska	Faroe Islands	43.22	
6th	Karl Robertson	Shetland Islands	41.93	
7th	Tore Olofsson	Gotland	40.96	
8th	Erik Larsson	Gotland	40.34	
9th	Genro Paas	Saaremaa	39.87	
10th	Rasmus Donner	Åland	37.61	
11th	Georgios Christofidis	Rhodes	35.96	
12th	David Felton	Jersey	33.64	




Last Result: 02/07/2007 11:40:43 Status: Unconfirmed Wind: N/A

## Record/s for Hammer Throw Men:

Event	Record	Holder	Island	Year
Hammer Throw Men	69.51	Andy Frost	Isle of Wight	2007

## Athletics - Hammer Throw Women

## Heat: Final

Position	Competitor	Island	Result	Medal
1st	Amy Church	Isle of Wight	43.25	 Gold
2nd	Annie Henriksson	Gotland	43.22	 Silver
3rd	Michelle Ryan	Jersey	36.53	 Bronze
4th	Elaine Park	Shetland Islands	36.40	
5th	Jennifer Browne	Jersey	36.33	
6th	Eleni Kanata	Rhodes	35.64	
7th	Louise Kneen	Isle of Man	33.67	
8th	Charlotte Christian	Isle of Man	30.92	
9th	Randi Kúrberg	Faroe Islands	29.58	
10th	Jenny Clemes	Åland	26.91	
11th	Darcy Brooks	Rhodes	24.78	
12th	Teresia Snäckerström	Gotland	23.62	
DNS	Natalie Badham	Isle of Wight		




Last Result: 06/07/2007 10:49:10 Status: Confirmed 06/07/2007 10:49:16 Wind: N/A

## Record/s for Hammer Throw Women:

Event	Record	Holder	Island	Year
Hammer Throw Women	45.04	Amy Church	Isle of Wight	2005

## Athletics - Half Marathon Team Men



## Heat: Final

Position	Lane/Order	Team	Members	Result	Medal
1st	0	Bermuda	Terrance Armstrong Albert Donawa Ricky Sousa Sr.	4	 Gold
2nd	0	Greenland	Kim Godtfredsen Stig Brahe Sørensen	7	 Silver
3rd	0	Guernsey	Steve Dawes Dave Holmes Paul Ingrouille	15	 Bronze
4th	0	Saaremaa	Tõnis Juulik Kalev Õisnurm Innar Sepp	21	
5th	0	Isle of Man	Andy Fox Ed Gumbley Kevin Loundes	21	
6th	0	Gotland	Jonas Svensson Olof Thunegard	34	
7th	0	Jersey	Nicholas Gorrod Paul Holley Andrew Murfin	43	
8th	0	Rhodes	Panormitis Kourmadias Vasilios Patsis Nikitas Xenakis	53	
9th	0	Ynys Môn	Steven Livett David Owens Paul Wathan	55	

Last Result: 01/07/2007 16:12:52 Status: Unconfirmed Wind: N/A

## Athletics - Half Marathon Team Women

## Heat: Final

Position	Lane/Order	Team	Members	Result	Medal
1st	0	Bermuda	Victoria Fiddick Kim McMullen Dawn Richardson	7	 Gold
2nd	0	Jersey	Amanda Brown Carol Knight	10	 Silver
3rd	0	Western Islands	Doleen Galbraith Shona Morrison	17	 Bronze
4th	0	Isle of Man	Samantha Cowen Gail Griffiths	21	

**Last Result:** 01/07/2007 16:15:07 **Status:** Unconfirmed **Wind:** N/A