

SENIOR INTER-COUNTIES MATCH

K2 Leisure Centre, Crawley - 13 August 2006

Men's Match

	ESSEX	HAMPSHIRE	HERTFORDSHIRE	KENT	MIDDLESEX	OXFORDSHIRE	SURREY	SUSSEX
100 METRES	Matthew Thomas A 10.44 16 pts WS A +2.2, B +1.2 B --	Ben Richardson 10.91 14 pts Callum McKay 11.43 4 pts	Mark Collins 11.17 11 pts Gareth Dodd 11.32 5 pts	Jamie Ellington 10.45 15 pts Duayne Bovell 11.04 7 pts	Isiah Aderkanmbi 10.91 13 pts Mark Hanson 10.84 8 pts	Sam Hook 11.46 10 pts --	-- Aidan Syers - N.S. 0 pts 10.48	Jason Hussain 10.94 12 pts Setonji Osho 11.12 6 pts
200 METRES	Matthew Thomas A 21.59 13 pts WS A +1.3, B +1.8 B --	Chris Hall 22.94 11 pts Darryn Campbell 22.55 6 pts	Gareth Dodd 23.02 10 pts Mark Collins 23.01 5 pts	Jamie Ellington 21.36 16 pts Duayne Bovell 22.49 7 pts	Darren Chin 21.45 15 pts Isiah Aderkanmbi 22.44 8 pts	Sam Hook 23.10 9 pts --	Daniel Davis 22.59 12 pts --	Jason Hussain 21.51 14 pts Matt Furber 24.44 4 pts
400 METRES	Leon Grant A 49.57 12 pts Robert Smith 49.34 7 pts	-- --	Greg Smith 50.99 11 pts Paul Lamont 53.43 4 pts	Conrad Williams 48.12 13 pts Neil Simpson 49.24 8 pts	Andre Fernandez 47.94 15 pts Hamun Lubega 50.13 5 pts	Johnny Lodowski 52.12 10 pts --	Ryan Thomas 48.01 14 pts Andrew Watson 50.06 6 pts	Setonji Osho 47.83 16 pts Sam Parsons 53.85 3 pts
800 METRES	Jon Long A 1:55.83 14 pts B --	Alex Budd 2:04.32 11 pts Tom Payn 1:58.03 7 pts	Rhys Fowler 1:55.01 15 pts --	Daniel Ryan 1:58.86 12 pts Matt Hogben 2:18.96 6 pts	-- --	-- --	George Thatcher 1:57.44 13 pts -	Matt Furber 1:54.63 16 pts Richard Clayton 1:57.98 8 pts
1500 METRES	Mark Sanford A 3:58.83 13 pts James Nunn 4:06.76 8 pts	Tom Payn 3:59.39 12 pts Gareth Klepacz 4:07.33 7 pts	Michael Tarpey 4:11.13 10 pts --	Andrew Dunwoody 4:00.63 11 pts James Poole 4:19.30 4 pts	Shugri Omar 3:54.95 16 pts --	-- --	Jamie McCullagh 3:55.42 15 pts Mark Humphrey 4:10.98 5 pts	Ben Warren 3:55.91 14 pts Matt Dumigan 4:08.86 6 pts
5000 METRES	Malcolm Muir A 16:20.54 11 pts B --	John Hutchins 15:16.44 14 pts Robert McCarthy 15:20.69 8 pts	Ian Johnston 16:12.19 12 pts --	Andy Green 15:56.35 13 pts --	Rob Cousins 15:04.41 16 pts John Creane 15:25.76 7 pts	-- --	Andrew Aitken 17:18.47 10 pts --	Louis Jones 15:09.77 15 pts Joel Clewett 15:42.07 6 pts
110M HURDLES	Michael Shorthall A 16.06 12 pts WS A + 1.2, B -0.9 B --	Ben Richardson 15.58 13 pts Callum McKay 15.28 8 pts	-- --	Joe Appiah 15.45 14 pts Alex Beech 16.74 7 pts	Mo Silas-Freckleton DNF --	Sam Hook 19.85 11 pts --	Daniel Davies 14.93 15 pts Richard Holt 17.17 6 pts	Duncan Malins 14.09 16 pts --
400M HURDLES	Michael Shorthall A 58.37 9 pts B --	Andy Clements 53.53 16 pts Tom Payn 60.05 5 pts	Aaron Dombey 57.83 10 pts --	Shaun Mulligan 54.41 15 pts Peter Davey 59.67 6 pts	Jean Charles Roghi 54.41 14 pts Joel Hopkins 55.30 8 pts	Johnny Lodowski 54.53 13 pts --	Chris Minn 56.01 12 pts Richard Holt 59.30 7 pts	Sam Parsons 57.37 11 pts --
3000MSCHASE	Robert Warner A 9:47.44 12 pts Crispian Bloomfield 9:54.62 6 pts	Tom Payn 9:15.31 16 pts	Andrew Cracknell DNF --	Paul Martin 9:41.60 13 pts Dean Lacy 9:53.69 7 pts	Matt Blunden 9:27.22 15 pts Paul Lemmon 9:59.05 5 pts	-- --	Tom Hinds 10:18.45 11 pts Paul Mitchell 11:30.13 4 pts	Andrew Donna 9:32.40 14 pts James Baker 9:51.10 8 pts
3000M WALK	Phil Barnard A 14:11.89 14 pts Steven Uttley 15:08.25 8 pts	Nick Silvester 14:05.11 15 pts --	Phil Williams 14:51.98 11 pts Arthur Thomson 15:58.17 7 pts	Ivor Groves 19:47.28 10 pts --	John Hall 14:40.2 man 12 pts Paul Ray 19:47.43 4 pts	-- --	Tim Watt 14:40.17 13 pts Peter Hannell 16:23.96 6 pts	Matthew Hales 13:39.57 16 pts Ron Penfold 16:45.22 5 pts
4X100 METRES	--	DQ	45.11 13 pts	41.13 16 pts	42.77 15 pts	48.96 12 pts		43.91 14 pts
4X400 METRES	--	--	--	3:30.10 14 pts	3:22.98 16 pts		3:25.13 15 pts	3:30.28 13 pts

SENIOR INTER-COUNTIES MATCH

K2 Leisure Centre, Crawley - 13 August 2006

Men's Match

	ESSEX	HAMPSHIRE	HERTFORDSHIRE	KENT	MIDDLESEX	OXFORDSHIRE	SURREY	SUSSEX
HIGH JUMP	--	Sam Turner	Mark Crowley	Joe Appiah	--	Sam Hook	Nick Stanisavlajvic	Dean Storry
A		1. 85 14 pts	2. 05 15 pts	1. 65 12 pts		1. 65 11 pts	2. 15 16 pts	1. 80 13 pts
B	--	Paul Derrien	Andrew Cracknell	Matt Hogben	--	Andy Elder	Chris Dack	--
		1. 50 5 pts	1. 85 18 pts	1. 65 6 pts		1. 50 4 pts	1. 70 7 pts	
POLE VAULT	Robert Thickpenny	--	Paul Yeomans	Kevin Gray	Martin Densley	--	Cameron Johnson	--
A	4. 10 14 pts		4. 00 13 pts	3. 40 12 pts	4. 60 16 pts		4. 20 15 pts	
B	--	--	--	Simon Tolson	Chris Mills	--	Tom Crawford	--
				2. 40 6 pts	4. 40 8 pts		4. 00 7 pts	
LONG JUMP	Nick Dowsett	Ben Adcock	Gareth Dodd	Matthew Burton	Jon Ramos	Gary Jennings	Chris Dack	Chris Morgan
A	6. 70 14 pts	6. 29w 13 pts	5. 14w 10 pts	6. 87w 16 pts	6. 73w 15 pts	5. 12 9 pts	5. 68w 11 pts	6. 17 12 pts
B			--	Joe Appiah	Sam Nash	Andy Elder	Tom Crawford	Iqbal Singh
				6. 35 8 pts	5. 96 7 pts	4. 77 5 pts	4. 12w 4 pts	5. 67w 6 pts
TRIPLE JUMP	Keith Newton	Ben Adcock	--	Matthew Burton	Saya Ojo	Gary Jennings	David Wellstead	Andrew Webster
A	13. 22 13 pts	12. 26w 11 pts		15. 28w 16 pts	15. 00 15 pts	10. 37 10 pts	14. 63 14 pts	12. 64 12 pts
B	--	Ian Bridgeman	--	Sam Bobb	--	Perris Wilkins	Trevor Okoroafor	Dean Storry
		12. 00 5 pts		15. 01 8 pts		7. 47w 4 pts	13. 83w 7 pts	12. 34 6 pts
SHOT	--	--	Tim Saunders-Mullins	Chris Gearing	Roger Skedd	Perris Wilkins	Tom Norman	Ed Vermeer
A			8. 21 11 pts	16. 77 16 pts	12. 34 13 pts	13. 15 15 pts	12.8014 14 pts	9. 19 12 pts
B	--	--	Malcolm wallace	Jay Thomas	--	Andy Elder	Chris Dack	--
			7. 35 5 pts	14. 06 8 pts		9. 84 6 pts	12.387 7 pts	
DISCUS	--	Greg watson	Malcolm wallace	Andrew Kruszewski	Matt Brown	Perris Wilkins	Abdul Buhari	Simon Cooke
A		38. 34 11 pts	22. 08 10 pts	43. 73 12 pts	50. 89 14 pts	52. 28 15 pts	52. 68 16 pts	47. 42 13 pts
B	--	Paul Derrien	Tim Saunders-Mullins	Chris Gearing	Roger Skedd	Gary Jennings	Leith Marar	Richard Dewdney
		33. 80 3 pts	17. 28 2 pts	36. 10 6 pts	38. 20 7 pts	34. 00 4 pts	50. 26 8 pts	34. 03 5 pts
HAMMER	Simon Brown	Paul Derrien	John Maitland	Graham Holden	Alan French	Gary Jennings	Iwan Borszcz	Ed Vermeer
A	66. 09 16 pts	43. 79 14 pts	36. 68 11 pts	56. 98 15 pts	36. 59 10 pts	39. 04 12 pts	41. 57 13 pts	32. 11 9 pts
B	Stuart Thurgood	--	Tim Saunders-Mullins	Kirk Capeling	--	Andy Elder	Chris Privett	--
	53.89 8 pts		22. 22 4 pts	40. 30 7 pts		36. 69 5 pts	37. 90 6 pts	
JAVELIN	David Sketchley	Paul Derrien	Peter Harding	Dominic Sandwski	Roger Skedd	Andy Elder	Chris Dack	Keith Beard
A	58. 80 14 pts	35. 26 9 pts	41. 54 11 pts	67. 91 16 pts	47. 87 12 pts	37. 50 10 pts	57. 98 13 pts	63. 43 15 pts
B	--	--	Tim Saunders-Mullins	Paul Dawson	--	G Jennings	Duncan MacDonald	Chris Morgan
			24. 18 4 pts	47. 01 7 pts		30. 00 5 pts	51. 60 8 pts	42. 30 6 pts
TOTAL POINTS	234 pts	252 pts	228 pts	385 pts	309 pts	180 pts	330 pts	326 pts
Match Position	6th	5th	7th	1st	4th	8th	2nd	3rd

NON SCORING

3000M WALK	Dave Sharp Essex	Carl Lawton Surrey	Adrian Newman Herts
	16: 23.49	16: 27.61	18: 27.96
100M WS +1.2	Tunde Balogun Middx	Paul Egboh Kent	
	11.01	11.43	
5000M	John Robertson Middx	Josh Guilment Sussex	
	15: 48.03	16: 03.56	
110M HURDLES WS -0.9	Guest	No 8	
	16.06	16.35	