

Division 1 Match 3 - Winchester

Saturday, 6th August

		Perf	Record	Wind	UKA	AW			Perf	Wind	UKA	AW
Women's 100m A		Wind=	-2.1				Women's 100m B		Wind=	-2.4		
1	4 Tope Faith-Nuqa Newham & Essex Be	12.09			101	☑	1	33 Joey Duck Marshall Milton Keyn	12.23		80	☑
2	3 Kadi-Ann Thomas Marshall Milton Keyne	12.18			88	☑	2	88 Phyllis Agbo Thames Valley H	12.48			☑
3	2 Serita Solomon Blackheath & Bromle	12.38			57	☑	3	44 Susannah Banjo Newham & Essex Be	12.62			☑
4	1 Emma Bailey Bedford & County AC	12.47				☑	4	66 Becca Carozzi Southampton AC	12.66			☑
5	8 Yvette Henry Thames Valley H	12.55				☑	5	22 Amara Lalemi-Jaco Blackheath & Bromle	12.75			☑
6	6 Emily Newton Southampton AC	12.63				☑	6	77 Caryl Granville Swansea H	12.81			☑
7	7 Rebecca Williams Swansea H	12.64				☑	7	55 Makeda Lewis (U20 Shaftesbury Barnet H	12.90			☑
8	5 Chisom Nwachukw Shaftesbury Barnet H	12.72				☑	8					

		Perf	Record	Wind	UKA	AW			Perf	Wind	UKA	AW
Women's 200m A		Wind=	-0.8				Women's 200m B		Wind=	-0.7		
1	3 Kadi-Ann Thomas Marshall Milton Keyne	24.52			121	☑	1	33 Joey Duck Marshall Milton Keyn	24.53		121	☑
2	4 Tope Faith-Nuqa Newham & Essex Be	24.62			115	☑	2	66 Emily Newton Southampton AC	25.75			☑
3	8 Ambwene Simukon Thames Valley H	24.89			97	☑	3	44 Susannah Banjo Newham & Essex Be	25.88			☑
4	5 Chisom Nwachukw Shaftesbury Barnet H	25.10			83	☑	4	22 Emily Martin Blackheath & Bromle	26.01			☑
5	7 Rebecca Williams Swansea H	25.12			81	☑	5	77 Megan Rogers Swansea H	26.22			☑
6	1 Emma Bailey Bedford & County AC	25.45			59	☑	6	55 Makeda Lewis (U20 Shaftesbury Barnet H	26.31			☑
7	6 Becca Carozzi Southampton AC	25.46			59	☑	7					
8	2 Yimika Adewakun Blackheath & Bromle	25.83				☑	8					

		Perf	Record	Wind	UKA	AW			Perf	Wind	UKA	AW
Women's 400m A							Women's 400m B					
1	8 Ambwene Simukon Thames Valley H	54.50			156	☑	1	66 Emily Bonnett Southampton AC	56.68		101	☑
2	2 Yimika Adewakun Blackheath & Bromle	55.65			127	☑	2	22 Krystal Galley Blackheath & Bromle	57.08		91	☑
3	6 Millie Clifford Southampton AC	56.69			101	☑	3	44 Kate Laidlow Newham & Essex Be	58.40		58	☑
4	7 Megan Rogers Swansea H	57.15			90	☑	4	88 Cleopatra Moulon Thames Valley H	64.28			
5	4 Mubarakat Akinshij Newham & Essex Be	62.48					5	77 Elin Leyshon Swansea H	71.97			
6	5 Gerda Vaitkaiyte Shaftesbury Barnet H	63.48					6					
7	3 Di Baldwin (V50) Marshall Milton Keyne	82.70					7					
8							8					

		Perf	Record	Wind	UKA	AW			Perf	Wind	UKA	AW
Women's 800m A							Women's 800m B					
1	5 Amy Campbell Shaftesbury Barnet H	02:11.06			86	☑	1	88 Katie Good Thames Valley H	02:15.60			☑
2	6 Jenny Beckingham Southampton AC	02:15.54				☑	2	66 Rhianna Parker-Sin Southampton AC	02:16.50			☑
3	7 Amanda Jones Swansea H	02:16.25				☑	3	55 Lucy Aukett Shaftesbury Barnet H	02:20.50			☑
4	8 Emma Grant Thames Valley H	02:16.43				☑	4	22 Shavaun Henry Blackheath & Bromle	02:24.90			☑
5	2 Danielle Critchley Blackheath & Bromle	02:22.33				☑	5	77 Holly Lawrence Swansea H	02:33.50			
6	1 Emily Boast Bedford & County AC	02:47.03					6	11 Lucy Salter Bedford & County AC	03:13.60			
7	3 Di Baldwin (V50) Marshall Milton Keyne	03:01.70					7					
8							8					

		Perf	Record	Wind	UKA	AW			Perf	Wind	UKA	AW
Women's 1500m A							Women's 1500m B					
1	5 Amy Campbell Shaftesbury Barnet H	04:33.77			91	☑	1	77 Ellen Butler Swansea H	04:50.72			☑
2	7 Andrea Whitcombe Swansea H	04:34.79			86	☑	2	88 Lisa Da Silva Thames Valley H	04:52.40			☑
3	1 Suzi Boast Bedford & County AC	04:40.08			59	☑	3	11 Natasha Peters Bedford & County AC	04:53.36			☑
4	8 Katie Good Thames Valley H	04:44.93				☑	4	55 Lucy Aukett Shaftesbury Barnet H	04:54.10			☑
5	66 Sophie Hall Southampton AC	04:57.54				☑	5	6 Natalie Burke Southampton AC	04:58.98			☑
6	2 Shavaun Henry Blackheath & Bromle	05:01.68					6	22 Danielle Critchley Blackheath & Bromle	05:20.31			
7	4 Adele Stach-Kevitz Newham & Essex Be	06:18.22					7	33 Kadi-Ann Thomas Marshall Milton Keyn	07:11.32			
8	3 Joey Duck Marshall Milton Keyne	06:55.47					8	44 Deborah Oyelade Newham & Essex Be	07:22.25			

		Perf	Record	Wind	UKA	AW			Perf	Wind	UKA	AW
Women's 2000 S/Chase A							Women's 2000 S/Chase B					
1	5 Victoria Walker (U20 Shaftesbury Barnet H	07:27.79	LR		344	☑	1					
2	7 Holly Lawrence Swansea H	07:49.44			301	☑	2					
3	8 Joanna Mobed Thames Valley H	07:52.79			294	☑	3					
4	6 Clemmie McAteer Southampton AC	08:28.43			223	☑	4					
5	1 Leanne Buxton Bedford & County AC	08:59.78			160	☑	5					
6	2 Sarah Abrams Blackheath & Bromle	09:50.66			58	☑	6					
7	3 Di Baldwin (V50) Marshall Milton Keyne	10:24.30					7					
8							8					

Division 1 Match 3 - Winchester

Saturday, 6th August

Women's 3000m A

	Perf	Record	Wind	UKA	AW	
1	7	Andrea Whitcombe	Swansea H	09:38.90	135	<input checked="" type="checkbox"/>
2	8	Katie Good	Thames Valley H	09:43.07	128	<input checked="" type="checkbox"/>
3	11	Alice Burgin	Bedford & County AC	10:06.79	88	<input checked="" type="checkbox"/>
4	3	Ellie Roche (U20)	Marshall Milton Keyne	10:20.70	65	<input checked="" type="checkbox"/>
5	6	Nicci Blandford	Southampton AC	10:22.95	61	<input checked="" type="checkbox"/>
6	5	Claire Miles	Shaftesbury Barnet H	10:55.05		<input checked="" type="checkbox"/>
7	2	Jane Bradshaw	Blackheath & Bromle	11:01.03		
8	44	Adele Stach-Kevitz	Newham & Essex Be	13:12.68		

Women's 3000m B

	Perf	Wind	UKA	AW		
1	77	Alaw Benyon Thom	Swansea H	10:07.0	88	<input checked="" type="checkbox"/>
2	88	Lisa Da Silva	Thames Valley H	10:13.0	78	<input checked="" type="checkbox"/>
3	1	Natasha Peters	Bedford & County AC	10:21.3	64	<input checked="" type="checkbox"/>
4	22	Rachel Robinson	Blackheath & Bromle	13:12.2		
5						
6						
7						
8						

Women's 400 Hurdles A

1	7	Caryl Granville	Swansea H	60.46	150	<input checked="" type="checkbox"/>
2	6	Emily Bonnett	Southampton AC	61.02	141	<input checked="" type="checkbox"/>
3	2	Megan Southwart	Blackheath & Bromle	61.05	140	<input checked="" type="checkbox"/>
4	4	Kate Laidlow	Newham & Essex Be	65.25	70	<input checked="" type="checkbox"/>
5	8	Ambwene Simukor	Thames Valley H	65.69	63	<input checked="" type="checkbox"/>
6	1	Lucy Spray	Bedford & County AC	66.60		<input checked="" type="checkbox"/>
7	3	Chloe Walley	Marshall Milton Keyne	72.25		
8	5	Victoria Walker (U2)	Shaftesbury Barnet H	81.07		

Women's 400 Hurdles B

1	77	Anwen Rees	Swansea H	61.87	127	<input checked="" type="checkbox"/>
2	66	Millie Clifford	Southampton AC	62.07	123	<input checked="" type="checkbox"/>
3	22	Rachel Robinson	Blackheath & Bromle	69.76		<input checked="" type="checkbox"/>
4	88	Joanna Mobed	Thames Valley H	73.92		
5						
6						
7						
8						

Women's 100 Hurdles A

Wind=-2.1

1	6	Karla Drew	Southampton AC	14.24	137	<input checked="" type="checkbox"/>
2	2	Serita Solomon	Blackheath & Bromle	14.34	130	<input checked="" type="checkbox"/>
3	4	Holly Thomas	Newham & Essex Be	14.59	114	<input checked="" type="checkbox"/>
4	7	Caryl Granville	Swansea H	15.05	83	<input checked="" type="checkbox"/>
5	3	Chloe Walley	Marshall Milton Keyne	15.32	65	<input checked="" type="checkbox"/>
6	8	Ugne Liuksaityte	Thames Valley H	19.32		
7						
8						

Women's 100 Hurdles B

Wind=-2.0

1	22	Megan Southwart	Blackheath & Bromle	15.16	76	<input checked="" type="checkbox"/>
2	77	Anwen Rees	Swansea H	15.60		<input checked="" type="checkbox"/>
3	66	Megan Fry	Southampton AC	16.51		
4	44	Stephanie Ugbo	Newham & Essex Be	16.70		
5	88	Joanna Mobed	Thames Valley H	22.78		
6						
7						
8						

Women's Hammer A

1	7	Toni Wells	Swansea H	51.73	131	<input checked="" type="checkbox"/>
2	2	Shaunagh Brown	Blackheath & Bromle	50.25	123	<input checked="" type="checkbox"/>
3	3	Andrea Jenkins	Marshall Milton Keyne	50.11	122	<input checked="" type="checkbox"/>
4	1	Laura Duke	Bedford & County AC	47.30	107	<input checked="" type="checkbox"/>
5	5	Amy Clemens (U20)	Shaftesbury Barnet H	46.64	103	<input checked="" type="checkbox"/>
6	88	Carla Letheby	Thames Valley H	37.01	50	<input checked="" type="checkbox"/>
7	4	Sue Lawrence	Newham & Essex Be	33.92		<input checked="" type="checkbox"/>
8	6	Anna Stevens	Southampton AC	31.44		<input checked="" type="checkbox"/>

Women's Hammer B

1	33	Sadie Watts	Marshall Milton Keyne	43.63	86	<input checked="" type="checkbox"/>
2	22	Sam Milner	Blackheath & Bromle	36.42		<input checked="" type="checkbox"/>
3	8	Ellisha Dee	Thames Valley H	35.74		<input checked="" type="checkbox"/>
4	11	Rachael Bennett	Bedford & County AC	28.41		
5	55	Nneka Ofulue (U20)	Shaftesbury Barnet H	27.31		
6	77	Nina Prells	Swansea H	24.86		
7	44	Adele Stach-Kevitz	Newham & Essex Be	23.13		
8	66	Sarah Ellis	Southampton AC	22.48		

Women's Discus A

1	2	Shaunagh Brown	Blackheath & Bromle	49.70	154	<input checked="" type="checkbox"/>
2	3	Emma Beales (V35)	Marshall Milton Keyne	43.14	113	<input checked="" type="checkbox"/>
3	8	Ellisha Dee	Thames Valley H	40.59	97	<input checked="" type="checkbox"/>
4	6	Debbie Callaway	Southampton AC	38.85	86	<input checked="" type="checkbox"/>
5	1	Rachael Bennett	Bedford & County AC	37.36	77	<input checked="" type="checkbox"/>
6	4	Sue Lawrence	Newham & Essex Be	35.49	65	<input checked="" type="checkbox"/>
7	5	Trecia Smith	Shaftesbury Barnet H	35.09	63	<input checked="" type="checkbox"/>
8	7	Nina Prells	Swansea H	32.73		<input checked="" type="checkbox"/>

Women's Discus B

1	22	Sam Milner	Blackheath & Bromle	42.22	107	<input checked="" type="checkbox"/>
2	33	Andrea Jenkins	Marshall Milton Keyne	40.93	99	<input checked="" type="checkbox"/>
3	88	Carla Letheby	Thames Valley H	36.83	73	<input checked="" type="checkbox"/>
4	11	Jemma Eastwood	Bedford & County AC	28.71		
5	77	Toni Wells	Swansea H	28.63		
6	66	Anna Stevens	Southampton AC	28.08		
7	55	Nneka Ofulue (U20)	Shaftesbury Barnet H	23.74		
8	44	Melissa Strevens	Newham & Essex Be	15.88		

Women's Javelin A

1	6	Freya Jones	Southampton AC	48.33	152	<input checked="" type="checkbox"/>
2	3	Sadie Watts	Marshall Milton Keyne	39.70	98	<input checked="" type="checkbox"/>
3	7	Clair Williams	Swansea H	39.66	97	<input checked="" type="checkbox"/>
4	55	Makeda Lewis (U20)	Shaftesbury Barnet H	32.41	52	<input checked="" type="checkbox"/>
5	8	Carla Letheby	Thames Valley H	31.83		<input checked="" type="checkbox"/>
6	1	Leanne Buxton	Bedford & County AC	30.79		<input checked="" type="checkbox"/>
7	22	Sandra Alaneme	Blackheath & Bromle	18.49		
8	4	Susannah Banjo	Newham & Essex Be	10.95		

Women's Javelin B

1	66	Sarah Ellis	Southampton AC	39.79	98	<input checked="" type="checkbox"/>
2	5	Trecia Smith	Shaftesbury Barnet H	30.98		<input checked="" type="checkbox"/>
3	11	Rachael Bennett	Bedford & County AC	27.65		
4	77	Megan Rogers	Swansea H	26.45		
5	33	Andrea Jenkins	Marshall Milton Keyne	24.90		
6	88	Juchinar Searles	Thames Valley H	23.84		
7	2	Liz Hughes	Blackheath & Bromle	18.44		
8						

Division 1 Match 3 - Winchester

		Perf	Record	Wind	UKA	AW	Saturday, 6th August				Perf	Wind	UKA	AW	
<u>Women's Shot Putt A</u>															
1	2	Shaunagh Brown	Blackheath & Bromle	14.38		137	☑	1	22	Sam Milner	Blackheath & Bromle	11.40		78	☑
2	8	Phyllis Agbo	Thames Valley H	13.24		114	☑	2	88	Abigail Moronkeji	Thames Valley H	11.12		72	☑
3	6	Freya Jones	Southampton AC	12.03		90	☑	3	11	Laura Duke	Bedford & County AC	10.57		61	☑
4	5	Lucy Boggis	Shaftesbury Barnet H	11.20		74	☑	4	66	Debbie Callaway	Southampton AC	9.87			
5	1	Leanne Buxton	Bedford & County AC	10.60		62	☑	5	33	Sadie Watts	Marshall Milton Keyn	9.60			
6	3	Emma Beales (vV3	Marshall Milton Keyn	10.45		59	☑	6	55	Makeda Lewis (U2C	Shaftesbury Barnet H	9.28			
7	7	Toni Wells	Swansea H	10.33		56	☑	7	77	Nina Prells	Swansea H	8.90			
8	4	Sue Lawrence	Newham & Essex Be	8.55				8	44	Kate Laidlow	Newham & Essex Be	7.72			

Women's Long Jump A

1	8	Phyllis Agbo	Thames Valley H	6.24	+2.6	167	☑
2	5	Lucy Boggis	Shaftesbury Barnet H	5.59	+1.4	86	☑
3	3	Sophie Wilkins	Marshall Milton Keyn	5.56	+0.8	82	☑
4	6	Karla Drew	Southampton AC	5.53	+1.8	78	☑
5	2	Emily Martin	Blackheath & Bromle	5.48	+0.3	72	☑
6	44	Rochelle Jones	Newham & Essex Be	5.16	+1.1		☑
7	77	Donna Jones	Swansea H	5.07	-0.6		☑
8	1	Emma Bailey	Bedford & County AC	3.67	+1.3		

Women's Long Jump B

1	55	Gaby Rowsell (U20	Shaftesbury Barnet H	5.36	+2.2	57	☑
2	22	Lauren Blackie	Blackheath & Bromle	5.35	-1.7	56	☑
3	4	Chioma Matthews	Newham & Essex Be	4.94	+0.0		
4	7	Rebecca Williams	Swansea H	4.68	+0.9		
5	88	Esther Aije	Thames Valley H	4.50	+1.5		
6	33	Chloe Walley	Marshall Milton Keyn	4.44	+2.1		
7	66	Megan Fry	Southampton AC	4.33	+1.1		
8							

Women's Triple Jump A

1	55	Yamille Aldama	Shaftesbury Barnet H	14.30	+2.6	227	☑
2	4	Chioma Matthews	Newham & Essex Be	12.60	+1.0	142	☑
3	22	Lauren Blackie	Blackheath & Bromle	11.95	+2.1	110	☑
4	7	Sian Swanson	Swansea H	10.46	+0.3		☑
5	33	Sophie Wilkins	Marshall Milton Keyn	10.22	+1.1		☑
6	88	Ugne Liuksaityte	Thames Valley H	9.38	+1.3		
7	6	Vicki Vinter	Southampton AC	9.28	+0.5		
8	1	Jemma Eastwood	Bedford & County AC	8.54	+0.8		

Women's Triple Jump B

1	5	Trecia Smith	Shaftesbury Barnet H	12.27	+1.6	126	☑
2	2	Sandra Alaneme	Blackheath & Bromle	11.93	+1.9	109	☑
3	77	Donna Jones	Swansea H	10.44	+0.9		☑
4	3	Rachel Gibbens	Marshall Milton Keyn	9.65	+1.5		
5	8	Esther Aije	Thames Valley H	8.91	+0.0		
6	66	Jenny Beckingham	Southampton AC	7.93	+1.1		
7							
8							

Women's High Jump A

1	2	Sarah Abrams	Blackheath & Bromle	1.70		120	☑
2	5	Eloise Newman	Shaftesbury Barnet H	1.65		95	☑
3	6	Karla Drew	Southampton AC	1.65		95	☑
4	7	Sian Swanson	Swansea H	1.60		70	☑
5	1	Hannah Frith	Bedford & County AC	1.60		70	☑
6	3	Rachel Gibbens	Marshall Milton Keyn	1.55			☑
7	4	Stephanie Ugbo	Newham & Essex Be	1.55			☑
8	8	Esther Aije	Thames Valley H	1.50			

Women's High Jump B

1=	33	Sophie Wilkins	Marshall Milton Keyn	1.55			☑
1=	55	Gaby Rowsell (U20	Shaftesbury Barnet H	1.55			☑
3	22	Christine Lyston	Blackheath & Bromle	1.50			
4	11	Laura Duke	Bedford & County AC	1.50			
5	77	Atlanta Williams	Swansea H	1.50			
6	66	Joanne Bottell	Southampton AC	1.25			
7	88	Abigail Moronkeji	Thames Valley H	1.25			

Women's Pole Vault A

1	5	Jade Ive (U20)	Shaftesbury Barnet H	3.91		176	☑
2	22	Rachel Arnheim	Blackheath & Bromle	3.60		145	☑
3	3	Rachel Gibbens	Marshall Milton Keyn	3.40		125	☑
4	7	Naomi James	Swansea H	3.30		115	☑
5	1	Jemma Eastwood	Bedford & County AC	3.10		95	☑
6	44	Melissa Strevens	Newham & Essex Be	2.70		55	☑
7	8	Ugne Liuksaityte	Thames Valley H	2.30			☑

Women's Pole Vault B

1	2	Liz Hughes	Blackheath & Bromle	3.50		135	☑
2	4	Kelly Montgomery	Newham & Essex Be	2.50			☑
3	11	Hannah Frith	Bedford & County AC	2.30			☑
4	77	Megan Jones	Swansea H	2.30			☑

Women's 4x100m Relay

1	4	Newham & Essex	Rochelle Jones	Temi Erinoso	Susannah Banjo	Tope Faith-Nuqa	48.42	☑
2	3	Marshall Milton Key	Chloe Walley	Joey Duck	Sophie Wilkins	Kadi-Ann Thomas	48.58	☑
3	2	Blackheath & Brom	Lauren Blackie	Serita Solomon	Emily Martin	Amara Lalemi-Jacob	48.60	☑
4	8	Thames Valley H	Cleopatra Moulon	Ambwene Simukonda	Phyllis Agbo	Yvette Henry	49.00	☑
5	7	Swansea H	Sian Swanson	Caryl Granville	Megan Rogers	Rebecca Williams	49.08	☑
6	6	Southampton AC	Emily Bonnett	Becca Carozzi	Karla Drew	Emily Newton	49.37	☑
7	1	Bedford & County	Emma Bailey	Hannah Frith	Lucy Spray	Laura Duke	52.08	
8	5	Shaftesbury Barnet	Gerda Vaitkaityte	Gaby Rowsell (U20)	Chisom Nwachukwu (U20)	Lucy Aukett	53.00	

UK Women's Athletics League 2011



Division 1 Match 3 - Winchester

Saturday, 6th August

Perf	Recor	Wind	UKA	AW	Perf	Wind	UKA	AW
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Women's 4x400m Relay

1	7	Swansea H	Rebecca Williams	Anwen Rees	Megan Rogers	Caryl Granville	03:51.02	<input checked="" type="checkbox"/>
2	6	Southampton AC	Millie Clifford	Rhianna Parker-Simpson	Jenny Beckingham	Emily Bonnett	03:53.68	<input checked="" type="checkbox"/>
3	2	Blackheath & Brom	Krystal Galley	Amara Lalemi-Jacobs	Megan Southwart	Yimika Adewakun	03:53.82	<input checked="" type="checkbox"/>
4	3	Marshall Milton Key	Sophie Wilkins	Ellie Roche (U20)	Joey Duck	Kadi-Ann Thomas	03:57.58	<input checked="" type="checkbox"/>
5	4	Newham & Essex F	Chioma Matthews	Kate Laidlow	Susannah Banjo	Tope Faith-Nuqa	03:59.48	<input checked="" type="checkbox"/>
6	8	Thames Valley H	Phyllis Agbo	Yvette Henry	Cleopatra Moulon	Ambwene Simukond	04:03.87	<input checked="" type="checkbox"/>
7	5	Shaftesbury Barnet	Gerda Vaitkaityte	Gaby Rowsell (U20)	Lucy Aukett	Amy Campbell	04:15.64	
8								

MATCH RESULT	League Points	Match	STANDINGS	League Points	Match
1 B&B	8	224.0	1 B&B	22	631.0
2 SWA	7	205.0	2 SWA	20	597.0
3 TVH	6	188.0	3 TVH	20	587.0
4 STN	5	182.0	4 SBH	15	551.0
5 SBH	4	169.0	5 STN	13	509.5
6 MKN	3	168.0	6 NEB	7	401.0
7 BFD	2	126.0	7 BFD	6	378.0
8 NEB	1	120.0	8 MKN	5	401.5

100m Non Scoring

Wind= -1.8

1	34	Temi Erinoso	12.95
2	35	Paula Watson	13.50
3			
4			
5			
6			
7			
8			

400m Non Scoring

1
2

Pole vault Non Scoring

1 Christina Moore