



Southampton Athletic Club

2011-2012

SPORTSHALL

Updated 19.12.11

Corrigenda to alan.cropp@talktalk.net

Name	School Year	p.b.	venue	West Hill Park 19.10.11	Eastleigh 16.10.11	Eastleigh 20.11.11	West Hill Park 14.12.11
One Lap Sprint							
George Rosan	6	11.20	E'leigh 20.11.11	11.61	11.70	11.20	11.33
Edward Spencer	6	11.54	E'leigh 16.10.11		11.5	11.50	
Daniel Head	6	11.66	WHP 14.12.11	12.33			11.66
Isabelle Bennett	6	11.70	Mb 13.3.11	12.68		12.60	12.77
Georgia O'Dell	6	11.80	E'leigh 20.11.11		12.1	11.80	12.52
Jacob Phrachai	5	11.90	WHP 14.12.11	12.11			11.90
Olivia Hollis		12.00	E'leigh 20.11.11			12.00	
James Hollos	4	12.10	E'leigh 20.11.11			12.10	
Harvey Zaczyk	4	12.10	E'leigh 20.11.11			12.10	
Freya Coe	6	12.20	E'leigh 16.10.11	12.44	12.2		12.32
Josh Gunstone	6	12.25	WHP 14.12.11	12.64			12.25
Jack Renshaw	5	12.40	E'leigh 5.12.10	12.76			
Amaya Scott		12.40	E'leigh 20.11.11			12.40	
Sam Tonks	5	12.44	WHP 19.10.11	12.44			12.80
Faye Hotton	5	12.50	E'leigh 16.10.11	12.69	12.5		13.15
Michaela Strickland	5	12.50	E'leigh 16.10.11		12.5		
Niamh Dunlop	6	12.57	WHP 9.2.11				
Ellie-Rose Francis	6	12.58	WHP 19.10.11	12.58			
Patrick Fisher	5	12.60	E'leigh 16.10.11		12.6		
Harry Johnson	6	12.90	E'leigh 5.12.10				
Poppy Wright	5	12.94	WHP 19.10.11	12.94			13.31
Alex Tonks	5	13.07	WHP 14.12.11	13.28			13.07
Sam Robinson	4	13.28	WHP 9.2.11				
Jack Stafford	5	13.30	Mb 30.1.11				
Jack Kelley	5	13.51	WHP 15.12.10				

Two Lap Sprint

George Rosan	6	22.71	WHP 14.12.11	23.17		22.71
Jacob Phrachai	5	23.51	WHP 14.12.11	24.51		23.51
Daniel Head	6	24.49	WHP 15.12.10	25.12		26.60
Georgia O'Dell		24.93	WHP 14.12.11			24.93
Freya Coe	6	25.21	WHP 14.12.11	25.21		24.99
Sam Tonks	5	25.52	WHP 19.10.11	25.52		26.39
Niamh Dunlop	6	25.63	WHP 9.2.11			
Josh Gunstone	6	25.91	WHP 14.12.11	24.64		25.59
Faye Hotton	5	26.10	WHP 14.12.11	26.10		25.87
Ellie-Rose Francis	6	26.14	WHP 19.10.11	26.14		
Isabelle Bennett	6	26.25	WHP 9.2.11	25.87		26.60
Alex Tonks	5	26.27	WHP 19.10.11	26.27		27.38
Jack Renshaw	5	26.37	WHP 20.10.10	25.81		
Poppy Wright	5	26.50	WHP 14.12.11	26.50		26.36
Jack Kelly	5	27.61	WHP 15.12.10			
Edward Spencer	6					

Speed Bounce

George Rosan	6	56.00	WPH 19.10.11	56	50	55.00
Sam Robinson	4	52.00	Mb 30.1.11			
Georgia O'Dell	6	52.00	WPH 14.12.11		47	52.00
Ellie-Rose Francis	6	51.00	WPH 19.10.11	51		
Daniel Head	6	51.00	WPH 14.12.11	46	48	51.00
Jack Renshaw	6	47.00	Mb 13.3.11	46		
Jack Higgins	6	47.00	Mb 13.3.11			
Sam Tonks	5	47	WPH 14.12.11	44		47.00
Jacob Phrachai	5	47	WPH 14.12.11	44		47.00
Faye Hotton	5	46	WPH 14.12.11	42		46.00
Poppy Wright	5	46	WPH 14.12.11	44		46.00
Freya Coe	6	46.00	E'leigh 16.10.11	45	46	43.00
Isabelle Bennett	6	45.00	WHP 9.2.11	44		45.00
Niamh Dunlop	6	45.00	WHP 9.2.11			
Josh Gunstone	6	44.00	WPH 19.10.11	44		43.00
James Hollos	4	43.00	E'leigh 16.10.11		43	
Jack Kelly	5	42.00	WHP 15.12.10			
Alex Tonks	5	41	WPH 14.12.11	39		41.00
Machaela Strickland	5	38.00	E'leigh 16.10.11		38	
Stella Bendoni	5	30.00	E'leigh 16.10.11		30	

Long Jump

George Rosan	6	2.02	E'leigh 20.11.11	1.96	2.01	2.02	2.02
Daniel Head	6	1.96	WPH 14.12.11	1.92			1.96
Josh Gunstone	6	1.80	WPH 15.12.10	1.64			1.60
Edward Spencer	6	1.76	E'leigh 16.10.11		1.76	1.67	
Harvey Zaczyk	4	1.75	E'leigh 20.11.11			1.75	
Jacob Phrachai	5	1.74	WPH 14.12.11	1.66			1.74
Georgia O'Dell	6	1.70	WPH 14.12.11				1.70
Faye Hotton	5	1.70	WPH 19.10.11	1.70			1.68
Freya Coe	6	1.66	WPH 19.10.11	1.66			1.64
Ellie-Rose Francis	6	1.66	WPH 19.10.11	1.66			
Alice Orr	6	1.64	E'leigh 20.11.11		1.64	1.57	
Sam Tonks	5	1.64	WPH 19.10.11	1.64			1.58
Niamh Dunlop	6	1.62	E'leigh 5,12,10				
Stella Bendoni	5	1.62	E'leigh 16.10.11		1.62		
Poppy Wright	5	1.62	WPH 14.12.11	1.78		1.61	1.62
Isabelle Bennett	6	1.58	WPH 19.10.11	1.58			1.46
Amaya Scott		1.54	E'leigh 20.11.11			1.54	
Jack Kelley	5	1.52	WPH 15.12.10				
Elizabeth Adamson		1.52	E'leigh 20.11.11			1.52	
Patrick Fisher	5	1.49	Mb 30.1.11				
Alex Tonks	5	1.46	WPH 19.10.11	1.46			1.42
Nathan Cull		1.45	E'leigh 20.11.11			1.45	
Jack Renshaw	5	1.44	WPH 19.10.11	1.44			
Jack Stafford	5	1.41	Mb 30.1.11				
Macaela Strickland	5	1.41	E'leigh 16.10.11		1.41		

Triple Jump

George Rosan	6	6.16 WPH 14.12.11	6.04			6.16
Daniel Head	6	6.11 E'leigh 20.11.11	6	5.38	6.11	5.92
Olivia Hollis		5.36 E'leigh 20.11.11			5.36	
Jacob Phrachai	5	5.24 WPH 14.12.11	4.38			5.24
Zech Capper		5.21 E'leigh 20.11.11			5.21	5.08
Josh Gunstone	6	4.96 E'leigh 16.10.11	4.86	4.96		4.82
Freya Coe	6	4.96 WPH 19.10.11	4.96	4.68	4.93	4.82
Poppy Wright	5	4.88 WPH 19.10.11	4.88	4.59		4.46
Jack Higgins	6	4.82 Mb 13.3.11				
Faye Hotton	5	4.76 WPH 14.12.11	4.42	4.58		4.76
Georgia O'Dell	6	4.74 E'leigh 5.12.10				4.72
Niamh Dunlop	6	4.68 WHP 9.2.11				
Isobelle Bennett	6	4.62 E'leigh 20.11.11	4.66		4.62	4.52
James Hollos		4.45 E'leigh 20.11.11			4.45	
Jack Renshaw	5	4.36 WHP 21.10.10	4.26			
Stella Bondoni		4.36 E'leigh 20.11.11			4.36	
Harry Johnson	6	4.34 E'leigh 5.12.10				
Alex Tonks	5	4.28 WPH 19.10.11	4.28			4.24
Ellie-Rose Francis	6	4.28 WPH 19.10.11	4.28			
Patrick Fisher	5	4.16 E'leigh 16.10.11		4.16	3.94	
Sam Tonks	5	4.14 WPH 19.10.11	4.14			3.68
Jack Kelly	5	4.06 WHP 9.2.11				
Toby Medway	5	3.69 E'leigh 5.12.10				

Vertical Jump

George Rosan	6	44.00 Mb 30.1.11				
Isabelle Bennet	6	41.00 E'leigh 16.10.11				
Harvey Zaczyk	4	41.00 E'leigh 16.10.11				
Jacob Phrachai	5	39.00 E'leigh 16.10.11				
Elizabeth Adamson	4	37.00 E'leigh 16.10.11		41		
Ellie Rose Francis	6	36.00 Mb 30.1.11				
Jack Higgins	6	34.00 E'leigh 5.12.10				
Josh Gunston	6	32.00 Win 31.10.10				
Alex Tonks	5	32.00 E'leigh 16.10.11				
Olivia Hollis	6	30.00 Win 31.10.10			37	
Niamh Dunlop	6	30.00 Mb 30.1.11			39	
James Hollos	4	29.00 Win 31.10.10			32	
Patrick Fisher	5	28.00 E'leigh 5.12.10			41	

Target Throw

Alex Tonks	5	19.00	E'leigh 16.10.11	19
Harvey Zaczyk	4	15.00	E'leigh 16.10.11	15
Edward Spencer	6	14.00	E'leigh 16.10.11	14
Elizabeth Adamson	4	13.00	E'leigh 16.10.11	13
Isabelle Bennett	6	10.00	E'leigh 16.10.11	10
James Hollis	4	8.00	Mb 30.1.11	8
Ellie Rose Francis	6	8.00	Mb 30.1.11	8
Niamh Dunlop	6	6.00	Win 31.10.10	

Javelin Throw

George Rosan	6	19.80	WHP 19.10.11	19.80	18.00	
Daniel Head	6	19.00	WHP 14.12.11	16.80	19.00	
Josh Gunstone	6	18.50	WHP 14.12.11	17.60	18.00	18.50
Jack Renshaw	5	15.80	WHP 19.10.11	15.80		
Jacob Phrachai	5	15.20	WHP 19.10.11	15.20	12.00	
Alex Tonks	5	14.90	WHP 19.10.11	14.90	13.00	
Jack Kelly	5	13.30	WHP 9.2.11			
Poppy Wright	5	12.50	WHP 19.10.11	12.50	7.75	
Freya Coe	6	12.50	WHP 19.10.11	12.50	11.00	
Jack Higgins	6	12.00	Mb 13.3.11			
Patrick Fisher	5	11.75	E'leigh 16.10.11	11.75		
Faye Hotton	5	11.30	WHP 19.10.11	11.30	8.00	
Georgia O'Dell		10.75	WHP 14.12.11		10.75	
Sam Tonks	5	10.25	E'leigh 16.10.11	10.25	10.25	9.25
Olivia Hollis	6	9.00	Win 31.10.10			
Ellie-Rose Francis	6	8.50	WHP 19.10.11	8.50	7.50	
Niamh Dunlop	6	8.00	WHP 9.2.11			
Alice Orr	6	7.25	E'leigh 16.10.11		7.25	
Isabelle Bennett	6	5.00	WHP 19.10.11	5.00	7.50	

Chest Push

Dan Head	6	7.00	E'leigh 20.11.11	7.00	
George Rosam		7.00	E'leigh 20.11.11		
Amaya Scott		6.00	E'leigh 20.11.11		
Jacob Phrachai	5	5.75	E'leigh 16.10.11		
Olivia Hollos		5.50	E'leigh 20.11.11		
Faye Hooton	5	5.25	E'leigh 16.10.11		
Poppy Wright	5	5.00	E'leigh 20.11.11		
Jack Higgins	6	4.75	Win 31.10.10	5.25	
Jack Kelley	5	4.75	E'leigh 5.12.10	4.75	5.00
Georgia O'Dell	6	4.50	E'leigh 5.12.10	5.75	
Josh Gunstone	6	4.50	E'leigh 5.12.10	4.25	
Ben Vaughan		4.50	E'leigh 20.11.11		7.00
Jack Renshaw	5	4.25	Mb 30.1.11		4.00
Sam Tonks	5	4.25	E'leigh 16.10.11		4.50
Liam Higgins		4.00	E'leigh 20.11.11		5.50
Lucy Wilkinson		3.75	E'leigh 20.11.11		6.00
Sam Robinson	4	3.50	Mb 30.1.11		3.75

High Stepper

Daniel Head	6	12.70	Mb 13.3.11		
George Rosan	6	13.82	E'leigh 5.12.10		
Niamh Dunlop	6	14.20	Mb 30.1.11		
Edward Spencer		14.32	E'leigh 20.11.11		14.32
Zech Capper		14.49	E'leigh 20.11.11		14.49
Harry Johnson	6	14.49	E'leigh 5.12.10		
Ellie-Rose Francis		14.61	E'leigh 20.11.11		14.61
Alice Orr		14.97	E'leigh 20.11.11		14.97
Jack Renshaw	5	14.97	E'leigh 5.12.10		
Jack Stafford	5	15.00	Mb 30.1.11		
Sam Robinson		15.42	E'leigh 20.11.11		15.42
Georgia O'Dell		15.56	E'leigh 20.11.11		15.56
Patrick Fisher	5	15.70	Mb 30.1.11		
Freya Coe		15.73	E'leigh 20.11.11		15.73
Toby Medway	5	15.82	E'leigh 5.12.10		
Stella Bondoni		16.48	E'leigh 20.11.11		16.48
Elizabeth Adamson		17.35	E'leigh 20.11.11		17.35
Harry Gunstone		17.76	E'leigh 20.11.11		17.76
Hannah Punt		18.25	E'leigh 20.11.11		18.25
Shannon McCosh		18.60	E'leigh 20.11.11		18.60

Balance Beam

Elli-Rose Francis	52.00	E'leigh 20.11.11	52.00
Hannah Punt	49.00	E'leigh 20.11.11	49.00
Georgia O'Dell	45.00	E'leigh 20.11.11	45.00
Isobelle Bennett	6 38.00	E'leigh 20.11.11	38.00
Jack Higgins	6 27.00	E'leigh 5.12.10	18.00
Patrick Fisher	5 13.00	E'leigh 5.12.10	
Harry Gunstone	14.00	E'leigh 20.11.11	14.00
Liam Higgins	14.00	E'leigh 20.11.11	14.00
Josh Gunstone	8.00	E'leigh 20.11.11	8.00

One Lap Hurdles

Isabelle Bennett	6 13.70	Mb 13.3.11
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3 Lap time trial

Elli-Rose Francis	6 40.50	Mb 13.3.11
Jack Higgins	6 39.50	Mb 13.3.11