

RUNNING BRIEFS

The Newsletter of TEAM SOLENT

April 2003

Edited by Janet Smith

South of England Membership Scheme

The South of England A.A are proposing at their A.G.M on April 27th that a membership (registration) scheme should be implemented as from January 1st 2004, with a fee of £5 for all Club members i.e. Coaches, Officials, Juniors, Seniors and Vets.

The membership is not, in the most obvious sense, “voluntary” rather if you are involved in athletics, especially competitively, it is mandatory.

As things are at the moment Clubs will be responsible for the collection of fees and with this in mind we would have no option other than to increase our subscriptions by the agreed membership fee as set out by SEAA.

On payment individual membership cards would be issued centrally. Many people have already questioned what the benefits will be to individual athletes. At the moment enhanced insurance schemes should be part of the general package for members.

For the South of England A.A the benefits are more obvious. They would have a central database of those who are involved in some way in the sport, but more importantly the cynical might point out that they would also have an extra, hefty income.

As a Club we are not against a membership scheme, but we do not feel it is appropriate that we should be responsible for its implementation. We will be expressing our views strongly at the A.G.M on 27th April.

Your views on the scheme would be welcome – please write to the Secretary at 10, Priestwood Close, Thornhill, Southampton, SO18 5RN or e-mail on teamsolent@hotmail.com

Calling all members, friends and their relatives

We urgently need your help this summer. If you have even just one evening or afternoon to spare we will welcome your assistance with, amongst other jobs, helping to staff the Club Portacabin on match days or training nights – experience is not necessary “on job” training can be given! Contact Janet Smith on 023 80463384 or pop in to the Portacabin with your offer of help

Track & Field Championships 2003

Please note the following are all Individual Championships – Team Solent is not responsible for entering members.

County Championships

The recommended dates for County Championships this year are the 10th & 11th of May. Entry details are as follows:

- Hampshire** - 10th/11th May Mountbatten Centre Portsmouth
Events for all age groups from Under 13yrs to Senior.
Entry Forms are available from the Championship Secretary (Mr C Bashford, 12 Middle Rd, North Baddesley, SO52 9JE), the Hampshire AA Website (www.hants.gov.uk/athletics), the Team Solent website (www.teamsolent.co.uk) or from the Club portacabin.
Entries close Thursday 17th April.
- Wiltshire** - At the time of going to print no final details were available. It is likely that these Championships will revert to a single County status (unlike in recent years when it became part of the West of England Champs) on either the 10th or 11th of May.
- South of England** - **Under 20, 17 & 15 age groups**
24/25th May, Watford.
Entries close Tues 13th May
Senior
21/22nd June, Portsmouth.
Entries close Tues 10th June
Entry forms for both are available from SEAA, Suite 1, 23 Mitcham Lane, Streatham, London SW16 6LQ or from the Club portacabin.

Southampton Sports Centre

There is to be a change introduced by the Southampton City Council to the payment of the user fee at the Southampton Sports Centre.

As from 1st April you will no longer be able to purchase a season ticket, instead individual session fees are to be charged on entry. You will, however be able to purchase a book of 12 individual session tickets in advance the cost of which will be discounted (12 sessions for the price of 10). Discounts will also be given on these to Southampton City Leisure Cardholders

The individual session fees will be:

Adult £1.80

Junior/Concession £1.35

Book of 12 tickets:

Adult £18 (£16.20 with LC)

Junior/Concession £13.50 (£12.15 with LC)

These will available at the entrance to the track (to be the gate immediately before you reach the stand, near to the Team Solent portacabins), the Sports Centre office and Block 1 changing rooms. We are assured that the gate will be open and staffed by the Sports Centre at peak usage times. The Club is seeking clarification on other points, in particular entry to the stadium by those athletes and supporters who do not wish to use the track or field facilities.

The Club portacabin will be open on most Club training nights – make it your first port of call to keep up to date with Club activities, kit and to buy light refreshments.

Track & Field Team Managers

The following will have overall responsibility for our League teams this summer. On the day management of the teams may sometimes be taken on by others – if you are willing to assist please let the named managers under know.

British Athletics League

Terese Swain - Tel 023 80738873

UK Women's League

Coral Rogers - Tel 023 80610622

Men's Southern League

To be Announced

Women's Southern League

Coral Rogers - Tel 023 80610622

National Young Athletes League

Boys

Terese Swain - Tel 023 80738873

Girls

Coral Rogers - Tel 023 80610622

Club Subscriptions

These are now due. If you have not already done so you should immediately send your annual subscription (£20 Senior, £10 Junior/concession) to:

The Membership Secretary, 11 Blackwater Mews, Calmore, Southampton, SO40 2GL.

To aid administration and team selection a list of those members who have to yet pay their subscription will be displayed in the Club portacabin from Easter onwards

Team Solent Speed Grand Prix 2003



This season the Grand Prix Series will have **speed** as its basis.
Three Sunday dates have been booked with a maximum two hours programme.
Dates:

June 15th, August 10th, September 7th.

Senior track events: Men & Women – 100m, 200m, 300m, 800m. Plus Shot & Discus.

There will also be a range of Open speed events for Young Athletes.

Further details will be available in the portacabin or visit the Team Solent website on
www.teamsolent.co.uk

Young Athlete Coaching

The Club has re organised its arrangements for the reception and introduction to athletics of new members and potential new members. As from the start of the summer season an "assessment" group is to be created. Youngsters, between the ages of 11yrs and 14 yrs, joining us will be placed in to this group to be coached in the basic principles of warm up, stretching, drills and track discipline/etiquette. Additionally they will also be taken through the required skills of the various athletic events – running, jumping, hurdling and throwing. All sessions will be carried out under the supervision of experienced and qualified coaches

When the coaches are satisfied that an athlete has a competent and responsible attitude to warming up, stretching and track safety/etiquette they will be offered the opportunity to join an established training group. The Assessment group sessions will be on a Tuesday and Thursday from 6.30pm – approx 7.45pm and will meet by the Club portacabin.

If any established athletes, parents or friends would like to make a contribution to this group please contact Janet Smith on 023 80463384

Congratulations to...

Angus MacLean on his selection to the Great Britain team for the World Cross Country Championships. Angus also won the BUSA indoor 3000m.

Tommy Davies who is now the AAA Under 20's 3000m Indoor Champion.

The following who took part in the AAA Indoor Champs/World Championship Trials – Ashley Swain, equal 3rd in the Pole Vault with 5.20m, Danny Turner 9th in the High Jump (2.06m), Claire Ridgley 8th in the Women's Pole Vault (3.60m), Charmaine Turner 5th in the Women's Triple Jump with an excellent 12.52m.

**For further details on
TEAM SOLENT
and all our activities visit the
Team Solent website on
www.teamsolent.co.uk**

Darryn Campbell has now taken over as webmaster, many thanks to previous webmaster Danny Jackson who spent many thankless hours originally setting up the site.

Use the site regularly for updates on fixtures, results and league positions plus the photo archive, details of local Open Meetings, copies of Running Briefs and the Fun pages incorporating "Ask Chris" and a quiz that will certainly stretch your knowledge of athletics