

Southampton Athletic Club

SOUTHAMPTON ATHLETIC CLUB OUTDOOR RESULTS 2011



TRACK	MALE	Corrections to alan.cropp@talktalk.net					Updated to 23.9.11				
	Name	Age	Class	Result	Date	Venue	Comp.	s.b.	Date	p.b.	Date
100m.	Jaryd Robinson	U20		10.86	13.8.11	Abingdon	BAL 4	10.80	21.5.11	10.80	21.5.11
	Norman Fullard	SM		11.05	13.8.11	Abingdon	BAL 4	10.92	23.7.11	10.92	23.7.11
	Sean Foord	SM		11.10	13.8.11	Abingdon	BAL 4	11.10	13.8.11	10.90	12.7.08
	Lewis Towner-White	SM		11.80	21.5.11	Lee valley	SAL 1	11.20	7.5.11	11.10	31.7.10
	Abraham Newell	SM		11.85	27.8.11	Derby	BAL 4	11.20	20.8.11	11.10	21.4.10
	Malcolm Gledhill			11.40	30.7.11	Milton Keynes	SAL 1	11.27w	17.4.11	11.27w	17.4.11
	Tom Gowans	U17		11.70	3.7.11	Winchester	Wessex L	11.40	22.5.11	11.40	22.5.11
	Jake Turp	U15		11.30	14.9.11	Portsmouth	Havant Open	11.30	14.9.11	11.30	14.9.11
	Adam Omisore	SM		11.50	30.7.11	Milton Keynes	SAL 1	11.50	30.7.11	11.3.	2.5.09
	Tyler Emmanuel	U17		11.50	3.7.11	Winchester	Wessex L	11.50	3.7.11	11.50	3.7.11
	Callum Bressington	U20		12.08	28.8.11	Barnet Copthall	NJAL Prom	11.50	29.5.11	11.50	10.7.10
	Will Hodgetts	U20		12.03	28.8.11	Barnet Copthall	NJAL Prom	11.80	11.6.11	11.80	11.6.11
	Jason Amartey	U17		12.10	5.6.11	Hillingdon	NYL SoP	11.80	22.5.11	11.80	22.5.11
	Nicholas Hunt	U17		11.90	30.5.11	Andover	Open	11.90	30.5.11	11.70	16.6.10
	Russell Jones	SM		12.06	25.5.11	Southampton	Open	11.90	7.5.11	12.30	16.4.11
	David Bolton	SM		12.06	27.8.11	Derby	BAL 4	11.90	20.8.11	11.90	20.8.11
	Luke Hodgetts	U17		11.96	15.5.11	Portsmouth	HAA	11.96	15.5.11	11.96	15.5.11
	Dimitri Lesas	U17		12.00	29.5.11	Portsmouth	Njal Itchen	12.00	29.5.11	12.00	29.5.11
	Mark West	V35		13.00	4.9.11	Ashford	SVACL Final	12.10	7.5.11	12.10	7.5.11
	Jack Lynch	U17		12.10	14.9.11	Portsmouth	Havant Open	12.10	14.9.11	12.10	14.9.11
	Adam Davies	U17		12.20	29.5.11	Portsmouth	Njal Itchen	12.20	29.5.11	12.20	29.5.11
	Calum Rowe	U17		12.20	11.9.11	Bournemouth	Open	12.20	11.9.11	12.20	11.9.11
	Duane Campbell	U15		12.30	24.7.11	Guildford	Wessex League	12.20	3.7.11	12.20	3.7.11
	Chris Hurley	U15		12.50	24.7.11	Guildford	Wessex League	12.30	3.7.11	12.30	3.7.11
	Adam Dawes	U17		12.30	3.7.11	Winchester	Wessex L	12.30	3.7.11	12.30	3.7.11
	Jake Till	U17		12.30	15.5.11	Portsmouth	HAA	12.30	15.5.11	12.30	15.5.11
	Oliver Bromby	U15		12.60	5.7.11	Southampton	HSAA U14	12.34	15.5.11	12.34	15.5.11
	Luke Till	U15		12.40	3.7.11	Winchester	Wessex L	12.40	3.7.11	12.40	3.7.11
	Jamie Jupp	U17		12.80	24.7.11	Guildford	Wessex League	12.6	3.7.11	12.60	3.7.11
	Jon Tilt	V45		12.90	4.9.11	Ashford	SVACL Final	12.70	18.4.11	12.00	27.4.09
	Gary Gray	M40		13.10	20.6.11	Winchester	SVACL H&S	13.10	20.6.11	13.10	20.6.11
	Aron Dunne			13.10	21.5.11	Lee valley	SAL 1	13.10	21.5.11	13.10	21.5.11
	Adam Jones	U13		13.60	31.7.11	Kingston	Southern I-C	13.30	5.6.11	13.30	5.6.11
	Mike Applegate	V35		13.50	11.9.11	Bournemouth	Open	13.50	11.9.11	13.10	19.6.05
	Vic Novell	V65		13.65	25.6.11	Birmingham	BMAF	13.65	25.6.11	13.30	>2005
	Josh Powell	U15		13.70	5.6.11	Hillingdon	NYL SoP	13.70	22.5.11	13.70	22.5.11
	Derek Warn	SM		13.79	10.9.11	Horsepath	BMAF	13.79	10.9.11	13.37	12.9.09
	Harry Arthurs	U15		13.80	3.7.11	Winchester	Wessex L	13.80	3.7.11	13.80	3.7.11
	Jan Luc Ramdin	U13		13.90	24.7.11	Guildford	Wessex League	13.90	24.7.11	13.90	24.7.11
	Mike Morris	U13		14.06	15.5.11	Portsmouth	HAA	14.06	15.5.11	14.06	15.5.11
	Harrison Fry	U13		14.20	3.7.11	Winchester	Wessex L	14.20	3.7.11	14.20	3.7.11
	Owen Lawrence	U13		14.70	24.7.11	Guildford	Wessex League	14.35	25.5.11	14.35	25.5.11
	Waqaz Hafeez	SM		14.64	15.5.11	Portsmouth	HAA	14.64	15.5.11	14.64	15.5.11
Lewis Bull	U13		14.70	5.6.11	Hillingdon	NYL SoP	14.70	5.6.11	14.70	5.6.11	
Lyndon Olowe	U13		15.41	12.6.11	Oxford	Wessex L	14.88	8.5.11	14.88	8.5.11	
Dan Carozzi	SM		15.32	25.5.11	Southampton	Open	15.00	21.5.11	15.00	21.5.11	
Luke Powell	U13		15.17	25.5.11	Southampton	Open	15.17	25.5.11	15.17	25.5.11	
Blake Miller	U13		15.70	8.5.11	Reading	NYL SoPW	15.70	8.5.11	15.70	8.5.11	
Sid Delara	V55		15.80	4.9.11	Ashford	SVACL Final	15.80	4.9.11	15.80	4.9.11	
Matthew Balchin	U13		16.00	17.4.12	Sandown	Wessex L	16.00	17.4.12	16.00	17.4.12	
Sam Costley	U13		16.01	25.5.11	Southampton	Open	16.01	25.5.11	16.01	25.5.11	
Harrison Butler	U13		16.10	3.7.11	Winchester	Wessex L	16.10	3.7.11	16.10	3.7.11	
Richard Pearson	V65		18.20	4.9.11	Ashford	SVACL Final	18.20	4.9.11	18.20	4.9.11	
200m.	Jaryd Robinson	SM		22.33	13.8.11	Abingdon	BAL 4	21.92	27.6.11	21.92	27.6.11
	David Bolton	SM		23.67	27.8.11	Derby	BAL 4	22.30	20.8.11	22.30	20.8.11
	Ben Winstanley	U20		22.50	21.5.11	Lee valley	SAL 1	22.42	14.5.11	22.42	14.5.11
	Chris Greenaway	SM		22.50	16.4.11	Havant	Open	22.50	16.4.11	22.50	16.4.11
	Sean Adams	U20		22.60	10.7.11	Portsmouth	Njal Itchen	22.60	11.6.11	22.60	11.6.11
	Abraham Newell	SM		23.03	27.8.11	Derby	BAL 4	22.70	7.5.11	22.70	7.5.11
	Jamie Horder	SM		23.20	27.7.11	Cheltenham	Open 4	22.70	4.6.11	22.70	4.6.11
	Adam Omisore	SM		22.80	30.7.11	Milton Keynes	SAL 1	22.80	30.7.11	22.80	30.7.11
	Norman Fullard	SM		22.80	2.7.11	Copthall	BAL 4	22.80	2.7.11	22.28	24.4.11
	Malcolm Gledhill	SM		23.00	30.7.11	Milton Keynes	SAL 1	22.97	9.4.11	22.97	9.4.11
	Jake Turp	U15		23.00	14.9.11	Portsmouth	Havant Open	23.00	14.9.11	23.00	14.9.11
	Lewis Towner-White	SM		23.50	9.7.11	Winchester	SAL 1	23.01	14.5.11	23.01	14.5.11
	Callum Bressington	U20		23.70	14.9.11	Portsmouth	Havant Open	23.16	24.7.11	22.95	14.5.11
	Tom Gowans	U17		23.50	3.7.11	Winchester	Wessex L	23.18	14.5.11	23.18	14.5.11
	Tyler Emanuel	U17		23.40	24.7.11	Guildford	Wessex League	23.40	24.7.11	23.40	24.7.11
	Will Hodgetts	U20		24.31	28.8.11	Barnet Copthall	NJAL Prom	23.78	14.5.11	23.78	14.5.11

Adam Cowburn	SM	23.80	30.7.11	Milton Keynes	SAL 1	23.80	30.7.11	23.31	13.5.06
Calum Rowe	U17	24.30	30.7.11	Milton Keynes	SAL 1	24.00	3.4.11	24.00	3.4.11
Jack Lynch	U17	24.60	14.9.11	Portsmouth	Havant Open	24.10	11.9.11	24.10	11.9.11
Jason Amartey	U17	24.42	19.6.11	Hendon	NYL SoP	24.31	14.5.11	24.31	14.5.11
Thomas Doran	U20	24.60	30.7.11	Milton Keynes	SAL 1	24.48	9.4.11	24.48	9.4.11
Fred Legah	SM	24.83	7.5.11	Harrow	SAL 1	24.50	7.5.11	24.50	7.5.11
Russell Jones	SM	25.00	2.5.11	Portsmouth	HAA	24.60	16.4.11	24.60	16.4.11
Rory Farrell	U15	24.78	14.5.11	Portsmouth	HAA	24.78	14.5.11	24.78	14.5.11
Adam Dawes	U17	24.90	3.7.11	Winchester	Wessex L	24.90	3.7.11	24.90	3.7.11
Adam Davies	U17	25.30	29.5.11	Portsmouth	Njal Itchen	25.30	29.5.11	25.30	29.5.11
Alex Ruggles	U17	25.30	17.4.16	Sandown	Wessex L	25.30	17.4.16	25.30	17.4.16
Jake Till	U17	25.36	14.5.11	Portsmouth	HAA	25.36	14.5.11	25.36	14.5.11
Rory Hughes	U17	25.40	10.7.11	Portsmouth	Njal Itchen	25.40	11.6.11	25.40	11.6.11
Mark West	V35	25.90	4.9.11	Ashford	SVACL Final	25.50i	20.2.11	25.50i	20.2.11
Dimitri Lesas	U17	25.70	29.5.11	Portsmouth	Njal Itchen	25.70	29.5.11	25.70	29.5.11
Luke Till	U15	25.70	3.7.11	Winchester	Wessex L	25.70	3.7.11	25.70	3.7.11
Jamie Jupp	U17	25.80	24.7.11	Guildford	Wessex League	25.80	24.7.11	25.80	24.7.11
Jon Tilt	V45	25.90	4.9.11	Ashford	SVACL Final	25.90	4.9.11	24.60	24.5.10
Jack Spencer	U17	26.00	17.4.15	Sandown	Wessex L	26.00	17.4.15	26.00	17.4.15
Chris Horley	u15	26.59	19.6.11	Hendon	NYL SoP	26.59	19.6.11	26.59	19.6.11
Aaron Dunne	U20	27.00	21.5.11	Lee valley	SAL 1	27.00	21.5.11	27.00	21.5.11
Josh Powell	U15	27.10	3.7.11	Winchester	Wessex L	27.10	3.7.11	27.10	3.7.11
Byron Hale	U15	27.30	24.7.11	Guildford	Wessex League	27.30	24.7.11	27.30	24.7.11
Bradley Apps	U15	27.90	22.5.11	Bracknell	NYAL	27.90	22.5.11	27.90	22.5.11
Derek Warn	SM	28.00	4.7.11	Portsmouth	SVL	28.00	4.7.11	28.00	17.5.09
Simon Dredge	U15	28.10	19.6.11	Hendon	NYL SoP	28.10	19.6.11	28.10	19.6.11
George Butler	U15	28.22	12.6.11	Oxford	Wessex L	28.22	12.6.11	28.22	12.6.11
Adam Jones	U13	28.07	14.5.11	Portsmouth	HAA	28.25	14.5.11	28.25	14.5.11
Victor Novell	V65	28.30	4.7.11	Portsmouth	SVL	28.29	25.6.11	27.32	17.7.05
Harrison Fry	U13	29.00	3.7.11	Winchester	Wessex L	28.54	14.5.11	28.54	14.5.11
Mike Applegate	V35	28.70	11.9.11	Bournemouth	Open	28.70	11.9.11	27.10	19.6.05
Mike Morris	U13	28.75	14.5.11	Portsmouth	HAA	28.75	14.5.11	28.75	14.5.11
Jamie Abrahams	U15	29.10	5.6.11	Hillingdon	NYL SoP	29.10	5.6.11	29.10	5.6.11
Luke Powell	U13	29.40	3.7.11	Winchester	Wessex L	29.40	3.7.11	29.40	3.7.11
Michael Coker	V50	29.50	16.5.11	Winchester	SVL	29.50	16.5.11	29.50	16.5.11
Andy Morgan-Lee	V40	29.90	16.5.11	Winchester	SVL	29.90	16.5.11	29.90	16.5.11
Lyndon Olowe	U13	30.35	19.6.11	Hendon	NYL SoP	29.98	14.5.11	29.98	14.5.11
Jan Luc Ramdin	O13	30.30	24.7.11	Guildford	Wessex League	30.30	24.7.11	30.30	24.7.11
Harry Arthurs	U15	30.30	12.6.11	Oxford	Wessex L	30.30	12.6.11	30.30	12.6.11
Lewis Bull	U13	30.80	5.6.11	Hillingdon	NYL SoP	30.80	5.6.11	30.80	5.6.11
Owen Lawrence	U13	30.90	14.9.11	Portsmouth	Havant Open	30.90	14.9.11	30.90	14.9.11
Eddie Jenkinson	U13	31.51	12.6.11	Oxford	Wessex L	31.51	12.6.11	TBC	21.7.10
Sam Costley	U13	31.80	3.7.11	Winchester	Wessex L	31.80	3.7.11	31.80	3.7.11
Waqas Hafeez	SM	32.10	14.5.11	Portsmouth	HAA	32.10	14.5.11	32.10	14.5.11
Kieran Apps	U13	33.10	24.7.11	Guildford	Wessex League	33.00	22.5.11	33.00	22.5.11
Blake Miller	U13	33.40	17.4.12	Sandown	Wessex L	33.40	17.4.12	33.40	17.4.12
Malcolm Riddle	V50	48.30	4.9.11	Ashford	SVACL Final	48.30	4.9.11	48.30	4.9.11

400m.

Harry Forman	SM	48.76	2.7.11	Copthall	BAL 4	48.76	2.7.11	48.76	2.7.11
Jonathan Slade	SM	49.49	13.8.11	Abingdon	BAL 4	48.80	30.7.11	48.80	30.7.11
Ben Winstanley	U20	dns	1.7.11	Gateshead	ESAA Cham	49.20	1.5.11	49.20	7.5.11
Harry Fisher	SM	48.87	27.8.11	Derby	BAL 4	49.27	2.7.11	49.27	2.7.11
Aaron Bennett	U20	49.75	27.8.11	Derby	BAL 4	49.45	24.7.11	49.45	24.7.11
Adam Omisore	SM	49.78	23.7.11	Crawley	BAL S8	49.78	23.7.11	49.78	23.7.11
Sean Adams	U20	49.87	24.7.11	Brighton	Njal Itchen	49.87	24.7.11	49.87	24.7.11
David Bolton	SM	51.20	20.8.11	Luton	SAL 1	51.00	30.7.11	51.00	30.7.11
Tyson Olaadaku	SM	51.20	21.5.11	Lee valley	SAL 1	51.20	21.5.11	51.20	21.5.11
Nicholas Hunt	U17	52.00	17.9.11	Exeter	ESAA Multi	52.00	17.9.11	52.00	17.9.11
Dudley Mason	U17	52.07	28.8.11	Barnet Copthall	NJAL Prom	51.80	11.6.11	51.80	11.6.11
Callum Bressington	U20	51.50	14.9.11	Portsmouth	Havant Open	51.50	14.9.11	51.50	14.9.11
Adam Cowburn	SM	53.34	26.7.11	Exeter	Open	52.40	9.7.11	52.40	9.7.11
Jack Lynch	U17	52.70	3.7.11	Winchester	Wessex L	52.70	3.7.11	52.70	3.7.11
Calum Rowe	U17	54.00	14.9.11	Portsmouth	Havant Open	52.70	3.7.11	52.70	3.7.11
Thomas Doran	SM	53.20	30.7.11	Milton Keynes	SAL 1	52.80	21.5.11	52.80	21.5.11
James Horder	U20/23	52.90	6.7.11	Cheltenham	Open	52.90	6.7.11	52.50	21.7.10
Jon Tilt	V45	55.60	4.9.11	Ashford	SVACL Final	52.95i	19.3.11	51.02	30.7.08
Frederic Legah	SM	54.37	15.5.11	Portsmouth	HAA	54.37	15.5.11	54.37	15.5.11
Alex Ruggles	U17	55.00	24.7.11	Guildford	Wessex League	55.00	24.7.11	55.00	24.7.11
Jason Amartey	U17	55.30	11.6.11	Aldershot	HSAA	55.30	11.6.11	55.30	11.6.11
Jim Bennett	v35	56.00	20.6.11	Winchester	SCAV L.	55.90	18.4.11	55.90	18.4.11
Jack Spencer	U17	56.30	24.7.11	Guildford	Wessex League	56.00	3.7.11	56.00	3.7.11
David Blackman	M40	57.90	4.9.11	Ashford	SVACL Final	56.20	20.6.11	56.20	20.6.11
Rory Farrell	U15	57.10	17.4.11	Sandown	Wessex L	56.20	16.4.11	56.20	16.4.11
Russell Jones	SM	56.40	16.4.11	Havant	Open	56.40	16.4.11	56.40	16.4.11
Jake Spencer	U17	56.3	8.5.11	Reading	NYL SoPW	57.40	8.5.11	57.09	1.8.10
Ben Nimmin	U17	57.40	3.7.11	Winchester	Wessex L	57.40	3.7.11	57.40	3.7.11
Aaron Dunne	U20	59.30	29.5.11	Portsmouth	Njal Itchen	58.50	25.5.11	58.50	25.5.11
Matthew Knapp	U17	58.87	25.5.11	Southampton	Open	58.87	25.5.11	58.24	28.7.10
Alexander Allen	U15	59.00	24.7.11	Guildford	Wessex League	59.00	24.7.11	59.00	24.7.11

Josh Powell	U15	61.10	3.7.11	Winchester	Wessex L	59.53	19.6.11	59.53	19.6.11
George Butler	U15	59.80	24.7.11	Guildford	Wessex League	59.80	5.6.11	59.80	5.6.11
Niall Holt	U17	60.35	12.6.11	Oxford	Wessex L	60.35	12.6.11	60.35	12.6.11
Tim Sherman	SM	60.90	25.5.11	Southampton	Open	60.90	25.5.11	60.90	25.5.11
David Fisher	U17	61.00	11.9.11	Bournemouth	Open	61.00	11.9.11	61.00	11.9.11
Jamie Abrahams	U15	63.37	12.6.11	Oxford	Wessex L	63.37	12.6.11	63.37	12.6.11
Derek Warn	V45	64.82	10.9.11	Horsepath	BMAF	64.82	10.9.11	62.06	12.9.09
Vic Novell	V65	65.90	20.6.11	Winchester	SCAV L.	65.90	20.6.11	63.70	10.8.08
Simon Dredge	U15	66.00	8.5.11	Reading	NYL SoPW	66.00	8.5.11	66.00	8.5.11
Syd Delara	V55	67.60	4.9.11	Ashford	SVACL Final	66.50	18.4.11	66.50	18.4.11
Owen Lawrence	U13	66.80	14.9.11	Portsmouth	Havant Open	66.80	14.9.11	66.80	14.9.11
Roger Head	V65	78.10	20.6.11	Winchester	SVACL H&S	78.10	20.6.11	78.10	20.6.11
Richard Pearson	V65	91.70	4.9.11	Ashford	SVACL Final	91.70	4.9.11	91.70	4.9.11

800m.

Harry Fisher	SM	1'54.79"	27.8.11	Derby	BAL 4	1'49.3"	17.8.11	1'49.3"	17.8.11
Aaron Bennett	U20	1'57.91"	28.8.11	Barnet Copthall	NJAL Prom	1'51.21	11.6.11	1'51.21	11.6.11
Jonathan Slade	SM	1'53.12"	20.8.11	Birmingham	BMC G. Prix	1'52.02"	13.7.11	1'52.02"	13.7.11
Dudley Mason	U17	1'56.54"	3.9.11	Sheffield	UK Schools	1'53.27"	1.7.11	1'53.27"	1.7.11
Russell Osborne	SM	1'58.8"	20.8.11	Luton	SAL 1	1'57.6"	30.7.11	1'55.18"	11.5.02
Simon Nimmin	U20	1'58.8"	11.6.11	Aldershot	HSAA	1'58.8"	11.6.11	1'58.8"	11.6.11
Simon Campbell	U20	2'04.0"	20.8.11	Luton	SAL 1	1'59.6"	11.6.11	1'59.6"	11.6.11
Jamie Knapp	SM	1'59.63"	8.6.11	Loughborough	Match	1'59.63"	8.6.11	1'59.63"	8.6.11
Martin Johnson	SM	2'03.68"	25.5.11	Southampton	Open	2'01.36"	18.5.11	2'00.18"	1.7.09
Matt Hibberd	SM	2'02.3"	9.7.11	Winchester	SAL 1	2'01.41"	25.5.11	2'01.41"	25.5.11
John Wright	SM	2'01.72"	25.5.11	Southampton	Open	2'01.72"	25.5.11	2'01.72"	25.5.11
Jim Bennett	SM	2'06.3"	4.7.11	Portsmouth	SVL	2'02.8"	7.5.11	2'04.4"	16.4.11
Martin Campbell	U20	2'08.30"	28.8.11	Barnet Copthall	NJAL Prom	2'02.8"	21.5.11	2'02.8"	21.5.11
Thomas Doran	SM	2'03.0"	24.4.11	Crawley	Open	2'03.0"	24.4.11	2'03.0"	24.4.11
Tim Spencer	SM	2'04.41"	25.5.11	Southampton	Open	2'04.41"	25.5.11	2'04.41"	25.5.11
David Blackman	V40	2'09.6"	4.9.11	Ashford	SVACL Final	2'07.1"	4.7.11	2'04.96"	4.7.10
Alex Ruggles	U17	2'10.6"	24.7.11	Guildford	Wessex League	2'08.8"	17.4.11	2'08.8"	17.4.11
Jack Lynch	U17	2'08.84"	14.5.11	Portsmouth	HAA	2'08.84"	14.5.11	2'08.84"	14.5.11
Jonathan Tilt	V45	2'20.0"	16.5.11	Winchester	SVL	2'09.2"	20.2.11	2'06.0	16.6.10
Paul Fotherby	V35	2'09.79"	25.5.11	Southampton	Open	2'09.79"	25.5.11	2'09.79"	25.5.11
David Fisher	U17	2'10.5"	17.8.11	Eltham	BMC Regional	2'10.5"	17.8.11	2'10.5"	17.8.11
Jack Spencer	U17	2'11.2"	24.7.11	Guildford	Wessex League	2'11.2"	24.7.11	2'11.2"	24.7.11
Alexander Allen	U15	2'16.3"	24.7.11	Guildford	Wessex League	2'12.08"	19.6.11	2'12.08"	19.6.11
George Butler	U15	2'13.5"	5.6.11	Hillingdon	NYL SoP	2'13.5"	5.6.11	2'13.5"	5.6.11
John Grainger	V45	2'13.8"	4.9.11	Ashford	SVACL Final	2'13.8"	4.9.11	2'13.8"	4.9.11
Niall Holt	U17	2'15.0"	12.6.11	Oxford	Wessex L	2'15.0"	12.6.11	2'15.0"	12.6.11
Tim Sherman	SM	2'15.33"	25.5.11	Southampton	Open	2'15.33"	25.5.11	2'15.33"	25.5.11
Rory Farrell	U15	DNS	17.9.11	Exeter	ESAA Multi	2'16.0	25.6.11	2'16.0	25.6.11
Lucas Clements	U15	2'16.7"	24.7.11	Guildford	Wessex League	2'16.7"	24.7.11	2'16.7"	24.7.11
Matthew Knapp	U17	2'17.6"	3.7.11	Winchester	Wessex L	2'17.6"	3.7.11	2'10.5"	12.6.10
Amarpal Gill	U17	2'19.0"	3.7.11	Winchester	Wessex L	2'19.0"	3.7.11	2'19.0"	3.7.11
Ian Stott	M40	2'19.18"	25.5.11	Southampton	Open	2'19.18"	25.5.11	2'10.8"	1.8.09
Jamie Abrahams	U15	2'23.9"	12.6.11	Oxford	Wessex L	2'19.68	14.5.11	2'19.68	14.5.11
Bill Smith	U17	2'21.8"	3.7.11	Winchester	Wessex L	2'21.8"	3.7.11	2'21.8"	3.7.11
Luke Powell	U13	2'29.1"	3.7.11	Winchester	Wessex L	2'26.54"	25.5.11	2'26.54"	25.5.11
Sidney Delara	V55	2'131.1"	4.9.11	Ashford	SVACL Final	2'26.7"	4.7.11	2'26.7"	4.7.11
Owen Lawrence	U13	2'32.7"	24.7.11	Guildford	Wessex League	2'27.17"	22.5.11	2'27.17"	22.5.11
Byron Hale	U15	2'29.03"	19.6.11	Hendon	NYL SoP	2'29.03"	19.6.11	2'29.03"	19.6.11
Eddie Jenkinson	U13	2'35.3"	5.6.11	Hillingdon	NYL SoP	2'30.7"	22.5.11	2'30.7"	22.5.11
Matthew Cousins	U15	2'37.3"	3.7.11	Winchester	Wessex L	2'32.34"	25.5.11	2'32.34"	25.5.11
Rory Farrell	U15	2'33.3	5.2.11	Portsmouth	HAA	2'33.3	5.2.11	2'22.9"	20.5.10
Sam Costley	U13	2'33.7"	3.7.11	Winchester	Wessex L	2'33.7"	3.7.11	2'33.7"	3.7.11
Josh Powell	U15	2'37.9"	17.4.12	Sandown	Wessex L	2'37.9"	17.4.12	2'37.9"	17.4.12
Harry Butler	U13	2'46.01"	19.6.11	Hendon	NYL SoP	2'40.41"	25.5.11	2'40.41"	25.5.11
Blake Miller	U13	2'41.6"	8.5.11	Reading	NYL SoPW	2'41.6"	8.5.11	2'41.6"	8.5.11
Jack Barnes	U13	DNF	14.5.11	Portsmouth	HAA	2'45.15"	2.4.11	2'45.15"	2.4.11
Peter Haynes	M60	2'51.2"	4.7.11	Portsmouth	SVL	2'51.2"	4.7.11	2'24.2	7.7.02
Oliver Ruggles	U13	3'01.4"	24.7.11	Guildford	Wessex League	3'01.4"	24.7.11	3'01.4"	24.7.11

1500m.

Steven Phillips	SM	3'51.55"	10.8.11	Watford	BMC Gold	3'51.55"	10.8.11	3'51.55"	10.8.11
Jamie Knapp	SM	4'10.77"	27.8.11	Derby	BAL 4	3'58.49"	2.7.11	3'58.49"	2.7.11
Matthew Bennett	SM	4'00.66"	23.7.11	Stretford	BMC GP	4'00.66"	23.7.11	4'00.66"	23.7.11
Russell Osborne	SM	4'05.47"	27.8.11	Derby	BAL 4	4'00.9"	20.8.11	4'00.9"	20.8.11
Martin Johnson	SM	4'07.23"	13.8.11	Abingdon	BAL 4	4'01.25"	27.7.11	4'00.65	15.7.09
Matt Hibberd	SM	4'10.94	13.8.11	Abingdon	BAL 4	4'03.8"	27.7.11	4'03.8"	27.7.11
Aaron Bennett	U20	4'07.1"	10.7.11	Portsmouth	Njal Itchen	4'07.1"	10.7.11	4'07.1"	10.7.11
Gareth Klepacz	SM	4'11.24"	17.8.11	Brighton	Open	4'11.24"	17.8.11	3'54.15"	3.6.02
Dudley Mason	U17	TBC	19.6.11	Hendon	NYL SoP	4'13.09"	2.5.11	4'13.09"	2.5.11
Timothy Spencer	SM	4'16.41"	22.6.11	Crawley	BMC	4'15.80	15.5.11	4'15.80	15.5.11
Martin Campbell	U20	4'22.2"	20.8.11	Luton	SAL 1	4'17.90	15.5.11	4'17.90	15.5.11
Simon Campbell	U20	4'19.22"	15.5.11	Portsmouth	HAA	4'19.22"	15.5.11	4'19.22"	15.5.11
Andy Morgan-Lee	V40	4'21.2"	4.9.11	Ashford	SVACL Final	4'21.2"	4.9.11	3'52.09"	27.6.00
Peter Ellis	U15	4'21.6"	3.7.11	Winchester	Wessex L	4'21.6"	3.7.11	4'21.6"	3.7.11
John Wright	SM	4'23.08	15.5.11	Portsmouth	HAA	4'23.08	15.5.11	4'23.08	15.5.11
Steven Underwood	SM	4'24.2"	27.7.11	Watford	Open	4'24.2"	27.7.11	4'24.2"	27.7.11

Niall Holt	U17	4'26.0"	24.7.11	Guildford	Wessex League	4'24.5"	3.7.11	4'24.5"	3.7.11
George Butler	U 15	4'28.4"	24.7.11	Guildford	Wessex League	4'26.79"	19.6.11	4'26.79"	19.6.11
Jon Grainger	V45	4'35.9"	4.9.11	Ashford	SVACL Final	4'31.4"	20.6.11	4'20.54"	26.6.04
David Fisher	U17	4'32.6"	24.7.11	Guildford	Wessex League	4'32.6"	24.7.11	4'32.6"	24.7.11
Cameron Hough	U17	4'40.58"	19.6.11	Hendon	NYL SoP	4'34.2"	5.6.11	4'34.2"	5.6.11
Jamie Abrahams	U15	4'57.7"	11.9.11	Bournemouth	Open	4'38.46"	19.6.11	4'38.46"	19.6.11
Paul Fotherby	V35	4'36.8"	18.4.11	Portsmouth	SCAV L.	4'36.8"	18.4.11	4'36.8"	18.4.11
Lucas Clements	U15	4'43.6"	3.7.11	Winchester	Wessex L.	4'38.8"	5.6.11	4'38.8"	5.6.11
Ben Nimmin	U17	4'46.9"	25.6.11	Winchester	SE Schools	4'46.9"	25.6.11	4'46.9"	25.6.11
Alex Ruggles	U17	4'47.9"	12.6.11	Oxford	Wessex L.	4'47.9"	12.6.11	4'33.1"	20.6.10
Peter Merritt	SM	4'48.0"	30.7.11	Milton Keynes	SAL 1	4'48.0"	30.7.11	4'48.0"	30.7.11
Amarpal Gill	U17	5'44.4"	29.5.11	Portsmouth	Njal Itchen	4'53.55"	15.5.11	4'53.55"	15.5.11
Steve Mercer	V35	4'57.1"	20.6.11	Winchester	SCAV L.	4'57.1"	20.6.11	4'57.1"	20.6.11
Luke Powell	U13	5'18.83"	31.7.11	Kingston	Southern I-C	4'57.8"	22.5.11	4'57.8"	22.5.11
Will Davies	SM	4'59.4"	21.5.11	Lee valley	SAL 1	4'59.4"	21.5.11	4'13.35"	8.8.07
Alex Prinsep	U15	5'00.1"	3.7.11	Winchester	Wessex L.	5'00.1"	3.7.11	5'00.1"	3.7.11
Paul Johnson	V45	5'18.4"	20.6.11	Winchester	SCAV L.	5'06.5"	18.4.11	5'06.5"	18.4.11
Sam Costley	U13	5'11.72"	19.6.11	Hendon	NYL SoP	5'08.8"	22.5.11	5'08.8"	22.5.11
Owen Lawrence	U13	5'16.3"	3.7.11	Winchester	Wessex L.	5'15.30"	15.5.11	5'15.30"	15.5.11
Matthew Cousins	U15	5'16.3"	12.6.11	Oxford	Wessex L.	5'16.3"	12.6.11	5'16.3"	12.6.11
Malcolm Riddle	V50	5'16.8"	20.6.11	Winchester	SCAV L.	5'16.8"	20.6.11	5'16.8"	20.6.11
Calum Rowe	U17	5'16.99"	24.7.11	Brighton	Njal Itchen	5'16.99"	24.7.11	5'09.66"	3.5.10
Nicholas Hunt	U17	5'25.88"	17.9.11	Exeter	ESAA Multi	5'18.43"	26.6.11	5'18.43"	26.6.11
Blake Miller	U13	5'18.7"	17.4.11	Sandown	Wessex L.	5'18.7"	17.4.11	5'18.7"	17.4.11
Alex Prinsep	U15	5'20.9	12.6.11	Oxford	Wessex L.	5'20.9	12.6.11	5'20.9	12.6.11
Gordon Westley	V40	5'21.3"	18.4.11	Portsmouth	SCAV L.	5'21.3"	18.4.11	5'21.3"	18.4.11
Russell Jones	SM	5'22.9"	2.5.11	Portsmouth	HAA	5'22.9"	2.5.11	5'22.9"	2.5.11
Graham Cotterell	V50	5'36.3"	4.9.11	Ashford	SVACL Final	5'33.3"	18.4.11	5'33.3"	18.4.11
Lewis Bull	U13	5'34.17"	15.5.11	Portsmouth	HAA	5'34.17"	15.5.11	5'34.17"	15.5.11
Paul Warn	U17	5'35.2"	10.7.11	Portsmouth	Njal Itchen	5'35.2"	10.7.11	5'35.2"	10.7.11
Harry Butler	U13	5'45.5"	3.7.11	Winchester	Wessex L.	5'45.5"	3.7.11	5'45.5"	3.7.11
David Head	V40	5'48.3"	18.4.11	Portsmouth	SCAV L.	5'48.3"	18.4.11	5'48.3"	18.4.11
Peter Dean	V60	6'09.0"	18.4.11	Portsmouth	SCAV L.	6'09.0"	18.4.11	6'09.0"	18.4.11
Derek Warn	SM	5'55.08"	10.9.11	Horsepath	BMAF	5'55.08"	10.9.11	5'25.61"	13.9.09
Roger Head	V60	6'18.9"	18.4.11	Portsmouth	SCAV L.	6'18.9"	18.4.11	6'18.9"	18.4.11
Richard Pearson	V65	6'21.8"	4.9.11	Ashford	SVACL Final	6'21.8"	4.9.11	6'21.8"	4.9.11

3000m.

David Janowski	SM	8'05.43"	23.7.11	Stretford	BMC GP	8'05.43"	23.7.11	8'05.43"	23.7.11
Steven Phillips	SM	8'21.21"	23.7.11	Stretford	BMC GP	8'18.85"	29.6.11	8'18.85"	29.6.11
Tommy Davies	SM	8'24.86"	23.7.11	Stretford	BMC GP	8'24.86"	23.7.11	8'14.83"	16.2.08
Matthew Bennett	SM	8'46.60"	18.5.11	Brighton	Open	8'43.2"	20.4.11	8'43.2"	20.4.11
Matt Hibberd	SM	8'50.55"	2.7.11	Copthall	BAL 4	8'50.55"	2.7.11	8'50.55"	2.7.11
Martin Johnson	SM	8'50.61"	2.7.11	Copthall	BAL 4	8'50.61"	2.7.11	8'41.31"	3.5.10
Russell Osborne	SM	8'51.60"	13.8.11	Abingdon	BAL 4	8'51.60"	13.8.11	8'51.60"	13.8.11
Andy Morgan-Lee	V40	9'26.1"	4.9.11	Ashford	SVACL Final	8'55.0"	23.7.11	8'10.74	14.6.00
David Branfoot	SM	8'58.08"	8.6.11	Loughborough	Match	8'58.08"	8.6.11	8'38.97"	27.1.04
Tim Spencer	SM	9'05.12"	18.5.11	Brighton	Open	9'05.12"	18.5.11	9'05.12"	18.5.11
Graham Fisher U20	U20	9'22.9"	25.5.11	Southampton	Open	9'21.78	14.5.11	9'21.78	14.5.11
Tom Muddiman	SM	10'02.11"	13.8.11	Abingdon	BAL 4	9'26.42"	25.5.11	9'26.42"	25.5.11
Jeremy Curtis	SM	9'28.18"	25.5.11	Southampton	Open	9'28.18"	25.5.11	9'28.18"	25.5.11
George Butler	U15	9'46.64"	21.8.11	Bedford	EA Champs	9'33.0"	30.7.11	9'33.0"	30.7.11
Jon Grainger	V45	9'35.1"	4.7.11	Portsmouth	SVL	9'35.1"	4.7.11	9'35.1"	4.7.11
Kelly Jones	SM	9'48.13"	25.5.11	Southampton	Open	9'48.13"	25.5.11	9'48.13"	25.5.11
Stewart Hicks	M35	9'51.26"	25.5.11	Southampton	Open	9'51.26"	25.5.11	9'51.26"	25.5.11
Niall Holt	U17	9'55.93"	19.6.11	Hendon	NYL SoP	9'55.93"	19.6.11	9'55.93"	19.6.11
Peter Merritt	SM	10'28.0"	30.7.11	Milton Keynes	SAL 1	9'57.93"	25.5.11	9'57.93"	25.5.11
Peter Hart	U20	9'58.9"	21.5.11	Lee valley	SAL 1	9'58.9"	21.5.11	9'58.9"	21.5.11
Andrew Sweeney	SM	10'03.57"	25.5.11	Southampton	Open	10'03.57"	25.5.11	10'03.57"	25.5.11
Paul Fotherby	M35	10'04.51"	25.5.11	Southampton	Open	10'04.51"	25.5.11	10'04.51"	25.5.11
Michael Read	SM	10'15.08"	25.5.11	Southampton	Open	10'15.08"	25.5.11	10'15.08"	25.5.11
Davis Fisher	U17	10'16.40"	19.6.11	Hendon	NYL SoP	10'16.40"	19.6.11	10'16.40"	19.6.11
Jamie Abrahams	U15	10'17.64"	25.5.11	Southampton	Open	10'17.64"	25.5.11	10'17.64"	25.5.11
Amarpal Gill	U17	10'42.7"	10.7.11	Portsmouth	Njal Itchen	10'31.2"	22.5.11	10'31.2"	22.5.11
Steve Mercer	SM	10'41.51"	25.5.11	Southampton	Open	10'41.51"	25.5.11	10'41.51"	25.5.11
Malcolm Riddle	V50	10'54.5"	4.7.11	Portsmouth	SVL	10'54.5"	4.7.11	10'54.5"	4.7.11
Nick Willson	SM	10'59.47"	25.5.11	Southampton	Open	10'59.47"	25.5.11	10'59.47"	25.5.11
Paul Warn	U17	11'06.9"	14.9.11	Portsmouth	Havant Open	11'04.0"	10.7.11	10'47.7"	25.7.10
Ian Richardson	V55	11'04.8"	4.7.11	Portsmouth	SVL	11'04.8"	4.7.11	11'04.8"	4.7.11
Paul Johnson	M45	11.14.8"	14.9.11	Portsmouth	Havant Open	11'10.2"	4.7.11	11'10.2"	4.7.11
Martin Lilly	M55	11'27.74"	25.5.11	Southampton	Open	11'27.74"	25.5.11	11'27.74"	25.5.11
Graham Westley	V40	11'30.2"	4.7.11	Portsmouth	SVL	11'30.2"	4.7.11	11'30.2"	4.7.11
Graham Cotterell	V50	12'13.5"	4.9.11	Ashford	SVACL Final	11'59.6"	4.7.11	11'59.6"	4.7.11
Peter Dean	V60	12'54.3"	4.7.11	Portsmouth	SVL	12'54.3"	4.7.11	12'54.3"	4.7.11
Richie Pearson	V65	13'26.3"	4.7.11	Portsmouth	SVL	13'26.3"	4.7.11	13'26.3"	4.7.11

5,000m.

Tommy Davies	SM	14'30.35"	20.8.11	Birmingham	BMC G. Prix	14'28.49"	9.7.11	14'05.61"	11.4.2.09
Steven Phillips	SM	14'44.20"	20.8.11	Birmingham	BMC G. Prix	14'38.34"	28.5.11	14'38.34"	28.5.11
Matthew Bennett	SM	14'58.94"	28.5.11	Sport City	Nike GP	14'58.94"	28.5.11	14'58.94"	28.5.11
Matt Hibberd	SM	15'13.77"	20.8.11	Birmingham	BMC G. Prix	15'13.77"	20.8.11	15'13.77"	20.8.11

	David Branfoot	SM	15'39.5"	6.7.11	Portsmouth (RN)	Inter-Services	15'28.23"	30.5.11	14'52.8"	5.6.04
	Martin Johnson	SM	15'53.38"	20.8.11	Birmingham	BMC G. Prix	15'38.49"	17.7.11	15'38.49"	17.7.11
	Gareth Klepacz	SM	16'34.13"	17.7.11	Hemel Hempstead	SCSen I-C	15'44.1"	15.6.11	15'32.82"	21.6.09
	Andy Morgan-Lee	V40	16'22.3"	9.7.11	Winchester	SAL 1	15'55.27"	26.6.11	14'02.3"	23.7.99
	Jamie Knapp	SM	17'11.12"	27.8.11	Derby	BAL 4	15'59.38"	14.5.11	15'59.38"	14.5.11
	Tom Muddiman	SM	17'03.7"	20.8.11	Luton	SAL 1	16'15.6"	15.6.11	16'15.6"	15.6.11
	Alex Wall-Clarke	SM	16'16.97"	27.8.11	Derby	BAL 4	16'16.97"	27.8.11	14.53.78	1.5.10
	Dave Blackman	V40	16'34.3"	20.8.11	Luton	SAL 1	16'34.3"	20.8.11	16'34.3"	20.8.11
	Peter Hart	U20	17.08.6"	7.5.11	Harrow	SAL 1	17.08.6"	7.5.11	17.08.6"	7.5.11
	Jon Granger	V40	17'40.6"	7.5.11	Harrow	SAL 1	17'40.6"	7.5.11	17'40.6"	7.5.11
	Syd Delara	V55	20'57.6"	20.6.11	Winchester	SCAV L.	20'57.6"	20.6.11	20'57.6"	20.6.11
	Peter Dean	V60	22'20.1"	20.6.11	Winchester	SCAV L.	22'20.1"	20.6.11	22'20.1"	20.6.11
	Peter Haynes	V60	22'20.6"	20.6.11	Winchester	SCAV L.	22'20.6"	20.6.11	22'20.6"	20.6.11
2000m Walk	John MacInnes	V45	DQ	4.9.11	Ashford	SVACL Final	12'47.3"	4.7.11	12'47.3"	4.7.11
	Graham Cotterell	V50	DQ	4.9.11	Ashford	SVACL Final	15'15.2"	18.4.11	15'15.2"	18.4.11
75m.H	Adam Jones	U13	12.59	31.7.11	Kingston	Southern I-C	12.59	31.7.11	12.59	31.7.11
U13B	Owen Lawrence	U13	14.03	15.5.11	Portsmouth	HAA	14.03	15.5.11	14.03	15.5.11
	Eddie Jenkinson	U13	15.4	8.5.11	Reading	NYL SoPW	15.4	8.5.11	15.4	8.5.11
	Kieran Apps	U13	15.4	24.7.11	Guildford	Wessex League	15.4	24.7.11	15.4	24.7.11
	Harrison Fry	U13	15.6	3.7.11	Winchester	Wessex L	15.6	3.7.11	15.6	3.7.11
	Lewis Bull	U13	16.10	5.6.11	Hillingdon	NYL SoP	16.10	5.6.11	16.00	11.7.10
	Lyndon Olowe	U13	16.84	19.6.11	Hendon	NYL SoP	16.2	8.5.11	16.2	8.5.11
	Sam Costley	U13	16.4	3.7.11	Winchester	Wessex L	16.4	3.7.11	16.4	3.7.11
	Blake Miller	U13	17.00	17.4.11	Sandown	Open	17.00	17.4.11	17.00	17.4.11
80m.H	Rory Farrell	U15	12.03	17.9.11	Exeter	ESAA Multi	11.4	5.6.11	11.4	5.6.11
U15B	Bradley Apps	U15	14.2	24.7.11	Guildford	Wessex League	13.4	22.5.11	13.4	22.5.11
	Peter Ellis	U15	16.2	8.5.11	Reading	NYL SoPW	16.2	8.5.11	16.2	8.5.11
	Byron Hale	U15	16.43	12.6.11	Oxford	Wessex L	16.43	12.6.11	16.43	12.6.11
	Dan Turrell	U15	16.9	3.7.11	Winchester	Wessex L	16.9	3.7.11	16.9	3.7.11
u17	Nicholas Hunt	U17	14.77	17.9.11	Exeter	ESAA Multi	14.77	17.9.11	14.77	17.9.11
100m.H	Calum Rowe	U17	15.47	19.6.11	Hendon	NYL SoP	15.47	19.6.11	15.1	20.6.10
	Ben Nimmin	U17	19.2	25.6.11	Winchester	SE Schools	19.2	25.6.11	19.2	25.6.11
JM	Sean Adams	U20	15.77	13.8.11	Abingdon	BAL 4	15.2	29.5.11	15.2	29.5.11
110m.H	Jaryd Robinson	U20	17.2	7.5.11	Harrow	SAL 1	17.2	7.5.11	17.2	7.5.11
SM	Fred Lagah	U20	17.7	2.7.11	Cophall	BAL 4	17.7	2.7.11	17.7	2.7.11
	Calum Rowe	U17	17.8	28.8.11	Barnet Cophall	NJAL Prom	17.8	28.8.11	17.8	28.8.11
	Phil Coker	SM	19.92	27.8.11	Derby	BAL 4	19.7	9.7.11	18.78	21.8.10
	Mike Coker	SM	21.9	20.8.11	Luton	SAL 1	21.38	2.7.11	21.38	2.7.11
	Russ Jones	SM	21.5	7.5.11	Harrow	SAL 1	21.5	7.5.11	21.5	7.5.11
	Daniel Miller	U20	21.5	29.5.11	Portsmouth	Njal Itchen	21.5	29.5.11	21.5	29.5.11
	Derek Warn	SM	21.94	10.9.11	Horsepath	BMAF	21.94	10.9.11	23.8	9.7.11
400m.H	James Forman	SM	51.83	10.7.11	Birmingham	Grand Prix	50.41	27.6.11	50.41	27.6.11
	Sean Adams	U20	54.86	13.8.11	Abingdon	BAL 4	54.30	11.6.11	54.30	11.6.11
SM	Jamie Horder	SM	55.39	11.8.11	Loughborough	LEAP	55.39	11.8.11	55.39	11.8.11
	Jonathan Slade	SM	58.11	13.8.11	Abingdon	BAL 4	58.11	13.8.11	58.11	13.8.11
	Calum Rowe	U17	61.55	28.8.11	Barnet Cophall	NJAL Prom	58.6	11.6.11	58.6	11.6.11
JM	Jon Tilt	M45	74.00	20.8.11	Luton	SAL 1	58.7	7.5.11	56.83	23.7.06
	Fred Lagah	SM	59.90	6.7.11	Portsmouth (RN)	Inter-Services	59.40	2.7.11	59.40	2.7.11
	Phil Coker	SM	65.54	27.8.11	Derby	BAL 4	63.20	9.7.11	62.17	21.8.10
	Jack Lynch	U17	63.71	19.6.11	Hendon	NYL SoP	63.71	19.6.11	63.71	19.6.11
	Mike Coker	SM	74.47	27.8.11	Derby	BAL 4	74.47	27.8.11	54.57	20.6.98
	Derek Warn	SM	89.70	20.8.11	Luton	SAL 1	89.70	20.8.11	89.70	20.8.11
1,500m. S/C	Peter Hart	U20	4'54.47"	25.5.11	Southampton	Open	4'54.47"	25.5.11	4'54.47"	25.5.11
	Graham Fisher	U20	4'55.21"	25.5.11	Southampton	Open	4'55.21"	25.5.11	4'55.21"	25.5.11
	Niall Holt	U17	5'01.16"	19.6.11	Hendon	NYL SoP	4'56.2"	25.5.11	4'56.2"	25.5.11
	Peter Costley	M45	5'05.88"	25.5.11	Southampton	Open	5'05.88"	25.5.11	5'05.88"	25.5.11
	David Fisher	U17	5'26.46"	19.6.11	Hendon	NYL SoP	5'26.46"	19.6.11	5'26.46"	19.6.11
2,000m. S/C	Graham Fisher	U20	6'46.60"	24.7.11	Brighton	Njal Itchen	6'46.60"	24.7.11	6'46.60"	24.7.11
	Tom Muddiman	V40	7'02.8"	20.8.11	Luton	SAL 1	6'59.3"	9.7.11	6'59.3"	9.7.11
	Peter Davis	SM	7'29.8"	7.5.11	Harrow	SAL 1	7'29.8"	7.5.11	7'29.8"	7.5.11
	Tom Doran	SM	7'36.7"	9.7.11	Winchester	SAL 1	7'36.7"	9.7.11	7'36.7"	9.7.11
	Russell Osborne	SM	7'45.4"	7.5.11	Harrow	SAL 1	7'45.4"	7.5.11	7'45.4"	7.5.11
	Paul Warn	U17	8'48.05"	28.8.11	Barnet Cophall	NJAL Prom	8'35.3"	20.8.11	8'10.0"	25.7.10
3,000m.S/C	Peter Hart	U20	10'45.0"	13.8.11	Abingdon	BAL 4	10'32.06"	2.7.11	10'32.06"	2.7.11
	Tom Muddiman	V40	10'49.88"	27.8.11	Derby	BAL 4	10'38.60"	13.8.11	10'38.60"	13.8.11
	Colin Dixon	V40	10'55.8"	16.5.11	Winchester	SVL	10'55.8"	16.5.11	10'55.8"	16.5.11
	Peter Costley	V45	11'15.98"	25.6.11	Birmingham	BMAF	10'59.4"	16.5.11	10'42.4"	5.5.07
	Mike Tanner	V40	11'34.3"	16.5.11	Winchester	SVL	11'34.3"	16.5.11	11'34.3"	16.5.11
	Pete Davis	SM	11'41.77"	4.6.11	Bournemouth	BAL 4	11'41.77"	4.6.11	11'15.81"	31.7.10

Tom Doran	SM	12'23.1"	30.7.11	Milton Keynes	SAL 1	12'23.1"	30.7.11	12'23.1"	30.7.11
Gordon Westley	V40	13'27.1"	16.,5.11	Winchester	SVL	13'27.1"	16.,5.11	13'27.1"	16.,5.11
Sid Delara	V55	13'44.8"	16.,5.11	Winchester	SVL	13'44.8"	16.,5.11	13'44.8"	16.,5.11

JUMPS MALE

	Name	Age	Class	Result	Date	Venue	Comp.	s.b.	Date	p.b.	Date
High Jump	Mathew Watson	SM		1.85	27.8.11	Derby	BAL 4	2.08	15.5.11	2.08	15.5.11
High Jump	Nicholas Hunt	U17		1.92	17.9.11	Exeter	ESAA Multi	2.00	30.7.11	2.00	30.7.11
	James Grocock	SM		1.90	27.8.11	Derby	BAL 4	1.90	13.8.11	1.95	16.9.07
	Rory Farrell	U15B		1.71	17.9.11	Exeter	ESAA Multi	1.86	21.8.11	1.86	21.8.11
	Aaron Dunne	U17		1.70	27.8.11	Abingdon	SC U15/17 I-C	1.85	29.5.11	1.85	29.5.11
	Daniel Miller	U20		1.82	11.6.11	Aldershot	HSAA	1.85	15.5.11	1.85	11.7.10
	Zak Turner	U17		1.70	30.7.11	Milton Keynes	SAL 1	1.81	11.6.11	1.81	11.6.11
	Mike Tanner	V40		1.60	4.9.11	Ashford	SVACL Final	1.65	20.6.11	1.65	20.6.11
	Darren Miller	U20		1.65	29.5.11	Portsmouth	NJAL Itchen	1.65	29.5.11	1.65	29.5.11
	Max Pieskar	SM		1.65	21.5.11	Lee valley	SAL 1	1.65	21.5.11	1.65	21.5.11
	Mark West	V35		1.50	20.8.11	Luton	SAL 1	1.57m.l	13.2.11	1.60m.l	11.12.10
	Benjamin Nimmin	U17		1.55	3.7.11	Winchester	Wessex L	1.55	5.6.11	1.55	5.6.11
	Michael Lacey	U17		1.55	25.5.11	Southampton	Open	1.55	25.5.11	1.55	25.5.11
	Owen Lawrence	U13		1.45	31.7.11	Kingston	Southern I-C	1.50	19.6.11	1.50	19.6.11
	Dan Turrell	U13		1.45	11.9.11	Bournemouth	Open	1.50	24.7.11	1.50	24.7.11
	Derek Warn	V45		1.39	10.9.11	Horsepath	BMAF	1.40	20.2.11	1.41	12.9.09
	Adam Jones	U13		1.40	24.7.11	Guildford	Wessex League	1.40	24.7.11	1.40	24.7.11
	Josh Powell	U15		1.38	5.7.11	Southampton	H SAA U14	1.38	5.7.11	1.38	5.7.11
	Toby Wilkins	U13		1.35	3.7.11	Winchester	Wessex L	1.35	3.7.11	1.35	3.7.11
	Will Hodgetts	U20		1.30	23.7.11	Crawley	BAL S8	1.30	23.7.11	1.30	23.7.11
	Jamie Abrahams	U15B		1.25	19.6.11	Hendon	NYL SoP	1.30	8.5.11	1.30	8.5.11
	Lucas Clements	U15		1.25	3.7.11	Winchester	Wessex L	1.25	3.7.11	1.25	3.7.11
	Matthew Cousins	U15		1.20	12.6.11	Oxford	Wessex L	1.20	12.6.11	1.20	12.6.11
	Syd Delara	V55	No ht	4.9.11	Ashford	SVACL Final		1.10	18.4.11	1.10	18.4.11
	John Slade	SM		1.00	4.6.11	Bournemouth	BAL 4	1.00	4.6.11	1.00	4.6.11
Long Jump	James Grocock	SM		7.18	27.8.11	Derby	BAL 4	7.55	2.5.11	7.55	2.5.11
	Nicholas Hunt	U17	6.70w	17.9.11	Exeter	ESAA Multi		6.79	28.8.11	6.79	28.8.11
	Calum Bressington	U20		6.03	28.8.11	Barnet Copthall	NJAL Prom	6.52	10.7.11	6.52	10.7.11
	Chris Bull	SM		6.19	27.8.11	Derby	BAL 4	6.19	27.8.11	6.36	11.7.09
	Jake Turp	U15		5.51	14.9.11	Portsmouth	Havant Open	6.03	27.8.11	6.03	27.8.11
	Matt Watson	SM		5.97	25.5.11	Southampton	Open	5.97	25.5.11	6.07	21.4.10
	Rory Farrell	U15B		5.75	17.9.11	Exeter	ESAA Multi	5.95	2.5.11	5.95	2.5.11
	Mark West	V35		5.53	4.9.11	Ashford	SVACL Final	5.87	20.8.11	5.87	20.8.11
	Jack Lynch	U17		5.46	14.9.11	Portsmouth	Havant Open	5.42	22.5.11	5.42	22.5.11
	Tyler Emmanuel	u17		4.94	19.6.11	Hendon	NYL SoP	5.25	8.5.11	5.59	18.7.10
	Michael Bevis-Lacey	U17		5.23	25.5.11	Southampton	Open	5.23	25.5.11	5.23	25.5.11
	Ben Nimmin	U17		5.01	24.7.11	Guildford	Wessex League	5.06	25.6.11	5.06	25.6.11
	Russell Jones	SM		5.05	2.5.11	Portsmouth	HAA	5.05	2.5.11	5.05	2.5.11
	Will Hodgetts	U20		5.04	29.5.11	Portsmouth	NJAL Itchen	5.04	29.5.11	5.04	29.5.11
	Adam Jones	U13		4.91	31.7.11	Kingston	Southern I-C	4.95	24.7.11	4.95	24.7.11
	Oliver Bromby	U15		4.32	19.6.11	Hendon	NYL SoP	4.91	8.5.11	4.91	8.5.11
	Derek Warn	V45		4.90	10.9.11	Horsepath	BMAF	4.90	10.9.11	4.92	17.5.09
	Mathew Knapp	U17		4.85	22.5.11	Bracknell	NYAL	4.85	22.5.11	4.85	22.5.11
	Mike Coker V50	V50		4.63	20.6.11	Winchester	SCAV L.	4.63	20.6.11	4.63	20.6.11
	Harry Arthurs	U15		4.39	3.7.11	Winchester	Wessex L	4.60	12.6.11	4.60	12.6.11
	Daniel Turrell	U15		4.64	11.9.11	Bournemouth	Open	4.64	11.9.11	4.64	11.9.11
	Owen Lawrence	U13		4.47	31.7.11	Kingston	Southern I-C	4.57	19.6.11	4.57	19.6.11
	Chris Horley	U15		4.39	3.7.11	Winchester	Wessex L	4.47	8.5.11	4.47	8.5.11
	Alexander Allen	U15		4.37	5..6.11	Hillingdon	NYL SoP	4.37	5.6.11	5.09	25.7.10
	Toby Wilkins	U13		4.10	3.7.11	Winchester	Wessex L	4.37	25.7.10	4.37	25.7.10
	Lyndon Olowe	U13		3.95	19.6.11	Hendon	NYL SoP	4.23	14.5.11	4.23	14.5.11
	Jamie Abrahams	U15		4.19	17.4.11	Sandown	Open	4.19	17.4.13	4.47	1.8.10
	Harrison Fry	U13		4.07	5..6.11	Hillingdon	NYL SoP	4.07	5.6.11	4.07	5.6.11
	Eddie Jenkinson	U13		4.02	5.2.11	Portsmouth	HAA	4.02	5.2.11	4.02	5.2.11
	Norman Fullard	SM		5.58	25.5.11	Southampton	Open	3.99	21.5.11	3.99	21.5.11
	Luke Powell	U13		3.96	24.7.11	Guildford	Wessex League	3.96	24.7.11	3.96	24.7.11
	Niall Holt	U17		3.85	17.4.11	Sandown	Open	3.85	17.4.11	3.85	17.4.11
	Jack Till	U17		3.84	8.5.11	Reading	NYL SoPW	3.84	8.5.11	3.84	8.5.11
	Lucas Clements	U15		3.76	25.5.11	Southampton	Open	3.76	25.5.11	3.76	25.5.11
	Syd Delara	V55		3.62	14.9.11	Portsmouth	Havant Open	3.62	14.9.11	3.62	14.9.11
	Malcolm Riddle	V50		3.32	4.9.11	Ashford	SVACL Final	3.32	4.9.11	3.32	4.9.11
	Harry Butler	U13		3.20	12.6.11	Oxford	Wessex L	3.20	12.6.11	3.20	12.6.11
	Peter Dean	V60		2.17	18.4.11	Portsmouth	SVAC L	2.17	18.4.11	2.17	18.4.11
	Richie Pearson	V65		1.71	4.9.11	Ashford	SVACL Final	1.71	4.9.11	1.71	4.9.11
Pole Vault	Richard Humby	U20M	N.H.	11.6.11	Aldershot	HSAA		4.30m.	17.4.11	4.40m.	16.8.09
	Luke Hodgetts	U17M		3.80	3.9.11	Sheffield	UK Schools	4.15	29.5.11	4.15	29.5.11
	Samuel Bass-Cooper	U17M		3.55	28.8.11	Barnet Copthall	NJAL Prom	3.55	28.8.11	3.55	28.8.11
	Derek Warn	SM		2.50	10.9.11	Horsepath	BMAF	2.80	4.9.11	2.80	4.9.11
	Darren Clissold	V35		2.60	16.,5.11	Winchester	SVL	2.60	16.,5.11	2.60	16.,5.11
	Abe Newell	SM		2.60	2.7.11	Copthall	BAL 4	2.60	2.7.11	2.60	2.7.11
	Will Hodgetts	U20		2.60	13.8.11	Abingdon	BAL 4	2.60	24.7.11	3.21	26.9.10

Russ Jones	SM	2.20	7.5.11	Harrow	SAL 1	2.20	7.5.11	2.20	7.5.11
Michael Coker	V50	1.60	4.7.11	Portsmouth	SVL	1.80	16.,5.11	1.80	16.,5.11
Gary McDonald-Gray	SM	1.20	27.8.11	Derby	BAL 4	1.20	27.8.11	1.20	27.8.11

Triple Jump	Matt Watson	SM	13.81	27.8.11	Derby	BAL 4	14.15	13.8.11	14.15	13.8.11
	Nicholas Hunt	U17M	13.88	28.8.11	Barnet Copthall	NJAL Prom	13.88	28.8.11	13.88	28.8.11
	Chris Bull	SM	13.31	27.8.11	Derby	BAL 4	13.31	27.8.11	13.43	4.7.09
	Jake Turp	U15	12.07	11.9.11	Bournemouth	Open	12.30	7.8.11	12.30	7.8.11
	Rory Farrell	U15	11.66w	15.5.11	Portsmouth	HAA	11.66w	15.5.11	11.66w	15.5.11
	Mark West	V35	11.12	4.9.11	Ashford	SVACL Final	11.29	7.5.11	11.29	7.5.11
	Daniel Miller	U20	11.25	29.5.11	Portsmouth	NJAL Itchen	11.25	29.5.11	11.25	29.5.11
	Jason Amartey	U17M	10.40	19.6.11	Hendon	NYL SoP	10.71	5.6.11	10.71	5.6.11
	Will Hodgetts	U20	10.46	23.7.11	Crawley	BAL S8	10.46	23.7.11	10.98	20.6.10
	Michael Coker	V50	9.86	30.7.11	Milton Keynes	SAL 1	10.24	4.7.11	10.24	4.7.11
	Luke Hodgetts	U17M	9.96	19.6.11	Hendon	NYL SoP	9.96	19.6.11	10.09	3.7.10
	Arron Dunne	U20	9.80	28.8.11	Barnet Copthall	NJAL Prom	9.93	10.7.11	9.93	10.7.11
	Sid Delara	v55	6.48	4.9.11	Ashford	SVACL Final	6.48	4.9.11	6.48	4.9.11

THROWS MALE

	Name	Age	Class	Result	Date	Venue	Comp.	s.b.	Date	p.b.	Date
SP 7.26kg	Garry Newton	SM		14.03	2.7.11	Copthall	BAL 4	14.48	7.5.11	14.48	7.5.11
	Mark Thompson	SM		11.40	9.7.11	Winchester	SAL 1	12.45	15.5.11	12.45	15.5.11
	Max Piesker	SM		11.98	21.5.11	Lee valley	SAL 1	11.98	21.5.11	11.98	21.5.11
	Michael Small	SM		10.81	13.8.11	Abingdon	BAL 4	10.89	13.8.11	14.28	31.5.03
	Phil Hume	SM		9.68	20.8.11	Luton	SAL 1	10.39	9.7.11	10.39	9.7.11
	Mark West	V35		9.69	4.9.11	Ashford	SVACL Final	10.02	3.4.11	10.02	3.4.11
	Russell Jones	SM		8.77	25.5.11	Southampton	Open	8.77	25.5.11	8.77	25.5.11
	Gary McDonald-Gray	SM		8.32	27.8.11	Derby	BAL 4	8.32	27.8.11	8.32	27.8.11
	Todd Bennett	SM		8.09	27.8.11	Derby	BAL 4	8.09	27.8.11	8.09	27.8.11
	Daniel Avery	U17		8.07	30.7.11	Milton Keynes	SAL 1	8.07	30.7.11	8.07	30.7.11
Derek Warn	SM		7.42	10.9.11	Horsepath	BMAF	7.83	16.3.11	7.83	16.3.11	
SP 6kg U20M	Kim Pullen	V50		10.47	20.6.11	Winchester	SCAV L.	11.29	25.5.11	11.29	25.5.11
	Daniel Avery	U17		8.96	1.5.11	Bournemouth	NJL Itchen	8.96	1.5.11	8.96	1.5.11
	Sean Adams	U20		8.08	24.7.11	Brighton	Njal Itchen	8.08	24.7.11	8.08	24.7.11
	Aaron Bennett	U20		7.64	24.7.11	Brighton	Njal Itchen	7.64	24.7.11	7.64	24.7.11
	Ben Nimmin	U17		7.46	10.7.11	Portsmouth	Njal Itchen	7.46	10.7.11	7.46	10.7.11
	Alistair Tuck	U20		7.29	28.8.11	Barnet Copthall	NJAL Prom	7.29	28.8.11	7.29	28.8.11
	Daniel Miller	U20		6.88	29.5.11	Portsmouth	NJAL Itchen	6.88	29.5.11	6.88	29.5.11
	Aaron Dunne	U20		5.97	28.8.11	Barnet Copthall	NJAL Prom	6.27	10.7.11	6.27	10.7.11
	Graham Cotterell	M50		5.23	4.9.11	Ashford	SVACL Final	5.23	4.9.11	5.23	4.9.11
	Shot 5kg U17M	Henry Ridgers	U17M		12.64	11.9.11	Bournemouth	Open	14.49	3.4.11	14.49
Nick Hunt		U17M		12.48	17.9.11	Exeter	ESAA Multi	13.61	25.5.11	13.61	25.5.11
Bill Smith		U17M		9.34	24.7.11	Guildford	Wessex League	9.63	3.7.11	9.63	3.7.11
Ben Nimmin		U17		8.91	25.6.11	Winchester	SE Schools	8.91	25.6.11	8.91	25.6.11
Calum Rowe		U17M		7.34	19.6.11	Hendon	NYL SoP	7.45	8.5.11	7.49	3.5.10
Vic Novell		V60		7.05	20.6.11	Winchester	SCAV L.	7.05	20.6.11	7.05	20.6.11
David Fisher		U17M		6.59	24.7.11	Guildford	Wessex League	6.86	12.6.11	6.86	12.6.11
Niall Holt		U17M		6.36	17.4.11	Sandown	Wessex L	6.36	17.4.11	6.36	17.4.11
Pat Morgan-Lee		V65		5.66	4.9.11	Ashford	SVACL Final	5.66	4.9.11	5.66	4.9.11
U15B SP 4kg		Rory Farrell	U15B		11.21	17.9.11	Exeter	ESAA Multi	11.89	25.6.11	11.89
	Daniel Vibert	U15B		8.99	19.6.11	Hendon	NYL SoP	8.99	19.6.11	8.99	19.6.11
	Tom Young	U15B		7.79	12.6.11	Oxford	Wessex L	8.73	8.5.11	8.73	8.5.11
	Bradley Apps	U15B		7.27	3.7.11	Winchester	Wessex L	7.27	3.7.11	7.27	3.7.11
	Josh Powell	U15B		5.61	3.7.11	Winchester	Wessex L	5.61	3.7.11	5.61	3.7.11
	Oliver Bromby	U15B		5.35	12.6.11	Oxford	Wessex L	5.35	12.6.11	5.35	12.6.11
	Jamie Abrahams	U15B		5.22	24.7.11	Guildford	Wessex League	5.22	24.7.11	5.22	24.7.11
	Ben Carter	U15B		5.04	19.6.11	Hendon	NYL SoP	5.04	19.6.11	5.04	19.6.11
	Mathew Cousins	U15B		4.51	24.7.11	Guildford	Wessex League	4.51	24.7.11	4.51	24.7.11
	SP 3.25kg U13B	Eddie Jenkinson	U13		6.88	5.6.11	Hillingdon	NYL SoP	8.02	8.5.11	8.02
Sam Costley		U13		5.57	3.7.11	Winchester	Wessex L	5.57	3.7.11	5.57	3.7.11
Kieran Apps		U13		4.63	19.6.11	Hendon	NYL SoP	5.55	22.5.11	5.55	22.5.11
Luke Powell		U13		3.78	19.6.11	Hendon	NYL SoP	4.32	8.5.11	4.32	8.5.11
Harrison Butler		U13		3.57	3.7.11	Winchester	Wessex L	3.57	3.7.11	3.57	3.7.11
DT 2kg SM	Gary Newton	SM		41.61	2.7.11	Copthall	BAL 4	43.36	28.6.11	43.36	28.6.11
	Mark Thompson	SM		32.34	17.7.11	Hemel Hempstead	SCSen I-C	37.64	9.7.11	37.64	9.7.11
	Michael Small	SM		32.81	27.8.11	Derby	BAL 4	34.38	13.8.11	45.24	20.3.04
	Daniel Avery	U17		33.20	30.7.11	Milton Keynes	SAL 1	33.20	30.7.11	33.20	30.7.11
	Derek Warn	V45		21.84	10.9.11	Horsepath	BMAF	24.74	4.7.11	24.74	4.7.11
	Phil Hume	SM		26.78	27.8.11	Derby	BAL 4	24.40	30.7.11	24.40	30.7.11
	Roger Morris	V40		6.33	14.5.11	Portsmouth	HAA	6.33	14.5.11	6.33	14.5.11
DT 1.75kg U20M	Daniel Avery	U17		32.41	28.8.11	Barnet Copthall	NJAL Prom	35.94	24.7.11	35.94	24.7.11

	Alistair Tuck	U20	29.03	28.8.11	Barnet Copthall	NJAL Prom	30.24	29.5.11	30.24	29.5.11
	Paul Warn	U17	17.87	29.5.11	Portsmouth	NJAL Itchen	17.87	29.5.11	17.87	29.5.11
	Dmitri Lesas	U20	16.25	24.7.11	Brighton	Njal Itchen	16.25	24.7.11	16.25	24.7.11
DT 1.50kg	Nicholas Hunt	U17	43.22	17.9.11	Exeter	ESAA Multi	43.22	17.9.11	43.22	17.9.11
U17M	Daniel Avery	U17	40.36	19.6.11	Hendon	NYL SoP	40.36	19.6.11	40.36	19.6.11
	Kim Pullen	V50	34.96	4.7.11	Portsmouth	SVL	35.66	16.5.11	35.66	16.5.11
	Benjamin Nimmin	U17	21.01	19.6.11	Hendon	NYL SoP	28.35	22.5.11	28.35	22.5.11
	Bill Smith	U17	15.26	24.7.11	Guildford	Wessex League	23.81	3.7.11	23.81	3.7.11
	Adam Dawes	U17	23.00	12.6.11	Oxford	Wessex L	23.00	12.6.11	23.00	12.6.11
	David Fisher	U17	21.79	3.7.11	Winchester	Wessex L	22.86	17.4.11	22.86	17.4.11
	Niall Holt	U17	14.65	12.6.11	Oxford	Wessex L	14.65	12.6.11	14.65	12.6.11
	Graham Cotterell	V50	14.01	4.9.11	Ashford	SVACL Final	14.01	4.9.11	14.01	4.9.11
	Calum Rowe	U17	10.18	8.5.11	Reading	NYL SoPW	10.18	8.5.11	14.69	20.6.10
DT 1.25kg	Daniel Vibert	U15B	28.07	3.7.11	Winchester	Wessex L	29.46	19.6.11	29.46	19.6.11
	Tom Young	U15B	22.67	12.6.11	Oxford	Wessex L	24.88m.	2.4.11	24.88m.	2.4.11
	Lucas Clements	U15B	13.50	24.7.11	Guildford	Wessex League	15.31	22.5.11	15.31	22.5.11
	Jamie Abrahams	U15B	14.88	24.7.11	Guildford	Wessex League	14.88	24.7.11	14.88	24.7.11
U15B	Ben Carter	U15B	14.83	19.6.11	Hendon	NYL SoP	14.83	19.6.11	14.83	19.6.11
	Oliver Bromby	U15B	14.76	12.6.11	Oxford	Wessex L	14.76	12.6.11	14.76	12.6.11
DT 1kg	Eddie Jenkinson	U13	34.60	11.9.11	Bournemouth	Open	34.60	11.9.11	34.60	11.9.11
	Peter Haynes	V60	16.44	16.5.11	Winchester	SVAC H&S	16.44	16.5.11	16.44	16.5.11
	Adam Jones	U13	15.33	3.7.11	Winchester	Wessex L	15.33	3.7.11	15.33	3.7.11
U13B	Oliver Ruggles	U12B	10.15	14.5.11	Portsmouth	HAA	10.15	14.5.11	10.15	14.5.11
	Luke Powell	U13	9.56	24.7.11	Guildford	Wessex League	9.62	12.6.11	9.62	12.6.11
HT 7.26kg	Mav Piesker	SM	45.49	21.5.11	Lee valley	SAL 1	45.49	21.5.11	45.49	21.5.11
SM	Daniel Avery	U17	43.14	27.8.11	Derby	BAL 4	43.14	27.8.11	43.14	27.8.11
	Mike Small	SM	43.90	27.8.11	Derby	BAL 4	35.29	13.8.11	35.29	13.8.11
	Gary Newton	SM	30.32	2.7.11	Copthall	BAL 4	32.50	6.4.11	32.79	5.9.10
	Phil Hume	SM	31.17	20.8.11	Luton	SAL 1	31.17	20.8.11	31.17	20.8.11
	Mark Thompson	SM	24.75	2.7.11	Copthall	BAL 4	24.75	2.7.11	24.75	2.7.11
	Mark West	V35	16.38	20.8.11	Luton	SAL 1	17.20	20.6.11	17.2	20.6.11
	Derek Warn	V45	16.37	4.9.11	Ashford	SVACL Final	16.37	4.9.11	17.70	3.7.10
	John MacInnes	V45	12.06	18.4.11	Portsmouth	SVAC L	12.06	18.4.11	12.06	18.4.11
U20M	Daniel Avery	U17	48.64	28.8.11	Barnet Copthall	NJAL Prom	48.64	28.8.11	48.64	28.8.11
HT 6kg	Alistair Tuck	U20	46.32	28.8.11	Barnet Copthall	NJAL Prom	46.32	28.8.11	46.32	28.8.11
	Kim Pullen	M50	36.99	20.6.11	Winchester	SCAV L.	38.95	25.5.11	38.95	25.5.11
	Graham Cotterell	V50	11.46	4.9.11	Ashford	SVACL Final	11.46	4.9.11	11.46	4.9.11
	Luke Hodgetts	U17	9.24	29.5.11	Portsmouth	NJAL Itchen	9.24	29.5.11	9.24	29.5.11
	Dmitri Lesas	U20	7.97	24.7.11	Brighton	Njal Itchen	7.97	24.7.11	7.97	24.7.11
HT 5kg	Daniel Avery	U17	52.53	14.9.11	Portsmouth	Havant Open	55.57	1.7.11	55.57	1.7.11
	Bill Smith	U17	17.60	19.6.11	Hendon	NYL SoP	17.60	19.6.11	17.60	19.6.11
U17M	David Fisher	U17	12.77	8.5.11	Reading	NYL SoPW	12.77	8.5.11	12.77	8.5.11
	a.N.,Other	u17	53.15	5..6.11	Hillingdon	NYL SoP				
	A.N. Ebody	U17	19.57	5..6.11	Hillingdon	NYL SoP				
HT 4kg	Tom Young	U15B	22.10	5..6.11	Hillingdon	NYL SoP	22.10	5.6.11	22.10	5.6.11
	Bradley Apps	U15B	19.61	19.6.11	Hendon	NYL SoP	19.61	19.6.11	19.61	19.6.11
	Lucas Clements	U15B	16.38	5..6.11	Hillingdon	NYL SoP	16.38	5.6.11	16.38	5.6.11
	George Butler	U15B	11.61	22.5.11	Bracknell	NYAL	11.61	22.5.11	11.61	22.5.11
	Josh Powell	U15B	7.48	19.6.11	Hendon	NYL SoP	7.48	19.6.11	7.48	19.6.11
U15B	Ben Carter	U15B	6.48	8.5.11	Reading	NYL SoPW	6.48	8.5.11	6.48	8.5.11
JT 800g	Mav Piesker	SM	43.70	21.5.11	Lee valley	SAL 1	43.70	21.5.11	43.70	21.5.11
	Matt Watson	SM	39,98	27.8.11	Derby	BAL 4	43.23	4.6.11	43.23	4.6.11
	Daniel Avery	U17	32.66	28.8.11	Barnet Copthall	NJAL Prom	36.89	10.7.11	36.89	10.7.11
JM	Mark West	SM	34.95	4.9.11	Ashford	SVACL Final	36.75	4.7.11	36.75	4.7.11
	Zac Turner	U17	36.70	30.7.11	Milton Keynes	SAL 1	36.70	30.7.11	36.70	30.7.11
	Abe Newell	SM	33.22	30.7.11	Milton Keynes	SAL 1	36.41	2.7.11	36.41	2.7.11
	Benjamin Nimmin	U17	35.26	10.7.11	Portsmouth	Njal Itchen	35.26	10.7.11	35.26	10.7.11
SM	Rob Smith	SM	31.45	21.5.11	Lee valley	SAL 1	31.45	21.5.11	40.35	12.6.10
	Phil Hume	SM	30.27	27.8.11	Derby	BAL 4	30.40	7.5.11	30.40	7.5.11
	Russell Jones	SM	28.59	2.5.11	Portsmouth	HAA	28.59	2.5.11	28.59	2.5.11
	Derek Warn	SM	27.82	10.9.11	Horsepath	BMAF	27.82	10.9.11	32.71	3.7.10
	Aaron Dunne	U20	26.27	28.8.11	Barnet Copthall	NJAL Prom	26.27	28.8.11	26.27	28.8.11
	Luke Hodgetts	U17	20.88	24.7.11	Brighton	Njal Itchen	20.88	24.7.11	20.88	24.7.11
	Paul Warn	U17	16.15	1.5.11	Bournemouth	NJL Itchen	16.15	1.5.11	16.15	1.5.11
	Roger Morris	V40	7.91	14.5.11	Portsmouth	HAA	7.91	14.5.11	7.91	14.5.11
JT 700g	Benjamin Nimmin	U17	38.99	24.7.11	Guildford	Wessex League	43.25	22.5.11	43.25	22.5.11
	Nicholas Hunt	U17	39.77	17.9.11	Exeter	ESAA Multi	42.08	25.6.11	42.08	25.6.11
	Daniel Avery	U17	30.70	19.6.11	Hendon	NYL SoP	31.51	8.5.11	33.20	16.5.10
	Kim Pullen	M50	28.80	4.7.11	Portsmouth	SVL	28.80	4.7.11	28.80	4.7.11
	Adam Dawes	U17	24.06	3.7.11	Winchester	Wessex L	24.06	3.7.11	24.06	3.7.11

U17M	Jack Lynch	U17	16.90	12.6.11	Oxford	Wessex L	16.90	12.6.11	16.90	12.6.11
	Malcolm Riddle	V50	16.45	4.9.11	Ashford	SVACL Final	16.45	4.9.11	16.45	4.9.11
	Paul Warn	U17	13.09	8.5.11	Reading	NYL SoPW	13.09	8.5.11	13.09	8.5.11
	A. N. Other	U17	39.98	5..6.11	Hillingdon	NYL SoP				
	A.N. Ebody	U17	33.76	5..6.11	Hillingdon	NYL SoP				
	Bill Smith	U17	10.78	24.7.11	Guildford	Wessex League	10.78	24.7.11	10.78	24.7.11
JT 600g	Joseph Brown	U15B	55.50	27.8.11	Abingdon	SC U15/17 I-C	57.27	21.8.11	57.27	21.8.11
U15B	Bradley Apps	U15B	23.35	24.7.11	Guildford	Wessex League	24.71	3.7.11	24.71	3.7.11
	Ben Carter	U15B	24.48	19.6.11	Hendon	NYL SoP	24.48	19.6.11	24.48	19.6.11
	George Butler	U15B	21.15	24.7.11	Guildford	Wessex League	23.29	12.6.11	23.29	12.6.11
	Daniel Vibert	U15B	20.61	3.7.11	Winchester	Wessex L	22.95	5.6.11	22.95	5.6.11
	Peter Haynes	V60	18.69	4.7.11	Portsmouth	SVL	18.69	4.7.11	18.69	4.7.11
	Jamie Abrahams	U15B	15.94	12.6.11	Oxford	Wessex L	18.11	22.5.11	18.11	22.5.11
JT 400g	Eddie Jenkinson	U13B	43.91	11.9.11	Bournemouth	Open	43.91	11.9.11	43.91	11.9.11
U13B	Kieran Apps	U13B	18.34	24.7.11	Guildford	Wessex League	18.34	24.7.11	18.34	24.7.11
	Owen Lawrence	U13B	15.74	3.7.11	Winchester	Wessex L	15.74	3.7.11	15.74	3.7.11
	Luke Powell	U13B	12.50	12.6.11	Oxford	Wessex L	12.50	12.6.11	12.50	12.6.11
Pentathlon	Rory Farrell	U15	2708.00	30.7.11	Abingdon	SoCo Champs	2913.00	25.6.11	2913.00	25.6.11
Octathlon	Nicholas Hunt	U17	5140.00	17.9.11	Exeter	ESAA Multi	5140.00	17.9.11	5140.00	17.9.11
	Ben Nimmin	U17	3446.00	25.6.11	Winchester	SE Schools	3446.00	25.6.11	3446.00	25.6.11
Decathlon	Derek Warn	V45	4132.00	10.9.11	Horsepath	BMAF	4132.00	10.9.11	4132.00	10.9.11

	Name	Age	Class	Result	Date	Venue	Comp.	s.b.	Date	p.b.	Date
75m.	George Rosam	U11B		11.10	24.7.11	Guildford	Wessex	11.10	3.7.11	11.10	3.7.11
	Jack Higgins	U11B		11.40	24.7.11	Guildford	Wessex	11.40	24.7.11	11.40	24.7.11
	Jack Sherbourne	U11B		11.50	24.7.11	Guildford	Wessex	11.50	24.7.11	11.50	24.7.11
	Joshua Gunstone	U11B		11.80	24.7.11	Guildford	Wessex	11.60	3.7.11	11.60	3.7.11
	Daniel Head	U11B		11.70	3.7.11	Winchester	Wessex	11.70	3.7.11	11.70	3.7.11
	Harry Jones			11.70	24.7.11	Guildford	Wessex	11.70	24.7.11	11.70	24.7.11
	Seth Furniss	U11B		12.20	24.7.11	Guildford	Wessex	12.20	24.7.11	12.20	24.7.11
	Patrick Fisher	U10		12.40	24.7.11	Guildford	Wessex	12.40	24.7.11	12.40	24.7.11
	Charlie Carter-Banks			12.50	24.7.11	Guildford	Wessex	12.50	24.7.11	12.50	24.7.11
	Alex Everett			12.60	25.5.11	Southampton	Open	12.60	25.5.11	12.60	25.5.11
	Jack Renshaw	U10		12.60	3.7.11	Winchester	Wessex	12.60	3.7.11	12.60	3.7.11
	Jack Stafford			13.20	24.7.11	Guildford	Wessex	13.20	24.7.11	13.20	24.7.11
	Samuel May			13.36	25.5.11	Southampton	Open	13.36	25.5.11	13.36	25.5.11
	Travis McDonald-Cook	U10		14.00	2.5.11	Portsmouth	HAA	14.00	2.5.11	14.00	2.5.11
	Toby Medway			14.33	25.5.11	Southampton	Open	14.33	25.5.11	14.33	25.5.11
	Tom Merrill			14.36	25.5.11	Southampton	Open	14.36	25.5.11	14.36	25.5.11
	Jack Kelley	U10		14.52	12.6.11	Oxford	Wessex	14.40	2.5.11	14.40	2.5.11
	Louis George			14.78	25.5.11	Southampton	Open	14.78	25.5.11	14.78	25.5.11
600m.	Jack Higgins	U11B		1'55.8"	24.7.11	Guildford	Wessex	1'55.8"	24.7.11	1'55.8"	24.7.11
	George Rosam	U11B		2'01.7"	24.7.11	Guildford	Wessex	1'56.6"	30.5.11	1'56.6"	30.5.11
	Jack Sherbourne	U11B		1'59.7"	24.7.11	Guildford	Wessex	1'59.7"	24.7.11	1'59.7"	24.7.11
	Charlie Carter-Banks			2'00.4"	24.7.11	Guildford	Wessex	2'00.0"	3.7.11	2'00.0"	3.7.11
	Seth Furniss	U11B		2'01.6"	24.7.11	Guildford	Wessex	2'01.6"	24.7.11	2'01.6"	24.7.11
	Jack Renshaw	U10		2'10.5"	3.7.11	Winchester	Wessex	2'04.3"	2.5.11	2'04.3"	2.5.11
	Patrick Fisher	U10		2'07.0"	24.7.11	Guildford	Wessex	2'05.7"	25.5.11	2'05.7"	25.5.11
	Joshua Gunstone	U11B		2'14.2"	24.7.11	Guildford	Wessex	2'07.2"	30.5.11	2'07.2"	30.5.11
	Daniel Head	U11B		2'03.9"	3.7.11	Winchester	Wessex	2'08.1"	25.5.11	2'08.1"	25.5.11
	Samuel May			2'15.6"	25.5.11	Southampton	Open	2'15.6"	25.5.11	2'15.6"	25.5.11
	Travis McDonald-Cook	U10		2'17.3"	2.5.11	Portsmouth	HAA	2'17.3"	2.5.11	2'17.3"	2.5.11
	Harry Jones			2'17.5"	24.7.11	Guildford	Wessex	2'17.5"	24.7.11	2'17.5"	24.7.11
	Jack Stafford			2'20.6"	24.7.11	Guildford	Wessex	2'19.2"	25.5.11	2'19.2"	25.5.11
	Jack Kelley	U10		2'28.0"	12.6.11	Oxford	Wessex	2'27.6"	25.5.11	2'27.6"	25.5.11
	Alex Everett			2'32.6"	25.5.11	Southampton	Open	2'32.6"	25.5.11	2'32.6"	25.5.11
	Toby Medway			2'36.5"	25.5.11	Southampton	Open	2'36.5"	25.5.11	2'36.5"	25.5.11
	Tom Merrill			2'36.6"	25.5.11	Southampton	Open	2'36.6"	25.5.11	2'36.6"	25.5.11
	Louis George			2'37.6"	25.5.11	Southampton	Open	2'37.6"	25.5.11	2'37.6"	25.5.11
Long Jump	George Rosam	U11B		3.77	24.7.11	Guildford	Wessex	3.77	24.7.11	3.77	24.7.11
	Daniel Head	U11B		3.69	3.7.11	Winchester	Wessex	3.69	3.7.11	3.69	3.7.11
	Jack Sherbourne	U11B		3.57	24.7.11	Guildford	Wessex	3.61	25.5.11	3.61	25.5.11
	Joshua Gunstone	U11B		3.19	24.7.11	Guildford	Wessex	3.58	3.7.11	3.58	3.7.11
	Jack Higgins	U11B		3.50	24.7.11	Guildford	Wessex	3.50	24.7.11	3.50	24.7.11
	Tom Merrill			3.33	25.5.12	Southampton	Open	3.33	25.5.12	3.33	25.5.12
	Jack Renshaw	U10		2.92	3.7.11	Winchester	Wessex	3.30	25.5.11	3.30	25.5.11
	Seth Furniss	U11B		3.25	24.7.11	Guildford	Wessex	3.25	24.7.11	3.25	24.7.11
	Harry Jones			2.94	24.7.11	Guildford	Wessex	3.22	3.7.11	3.22	3.7.11
	Alex Everett			3.09	25.5.11	Southampton	Open	3.09	25.5.11	3.09	25.5.11
	Jack Kelley	U10		2.68	12.6.11	Oxford	Wessex	3.08	2.5.11	3.08	2.5.11

	Charlie Carter-Banks		3.04	24.7.11	Guildford	Wessex	3.04	24.7.11	3.04	24.7.11
	Patrick Fisher	U10	2.80	24.7.11	Guildford	Wessex	3.00	25.5.11	3.00	25.5.11
	Samuel May		2.81	25.5.11	Southampton	Open	2.81	25.5.11	2.81	25.5.11
	Jack Stafford		2.25	24.7.11	Guildford	Wessex	2.81	25.5.11	2.81	25.5.11
	Toby Medway		2.54	25.5.11	Southampton	Open	2.54	25.5.11	2.54	25.5.11
	Travis McDonald-Cook	U10	2.41	2.5.11	Portsmouth	HAA	2.41	2.5.11	2.41	2.5.11
	Louis George		2.33	25.5.11	Southampton	Open	2.33	25.5.11	2.33	25.5.11
Howler	Daniel Head	U11B	32.21	3.7.11	Winchester	Wessex	33.10	12.6.11	33.10	12.6.11
	Jack Sherbourne	U11B	26.31	24.7.11	Guildford	Wessex	32.02	3.7.11	32.02	3.7.11
	Alex Everett		29.70	25.5.11	Southampton	Open	29.70	25.5.11	29.70	25.5.11
	George Rosam	U11B	22.98	24.7.11	Guildford	Wessex	27.87	3.7.11	27.87	3.7.11
	Charlie Carter-Banks		27.65	24.7.11	Guildford	Wessex	27.65	24.7.11	27.65	24.7.11
	Joshua Gunstone	U11B	22.16	24.7.11	Guildford	Wessex	26.09	3.7.11	26.09	3.7.11
	Patrick Fisher	U10	23.98	24.7.11	Guildford	Wessex	25.79	3.7.11	25.79	3.7.11
	Samuel May		23.20	25.5.11	Southampton	Open	23.20	25.5.11	23.20	25.5.11
	Jack Kelley	U10	21.08	12.6.11	Oxford	Wessex	22.80	25.5.11	22.80	25.5.11
	Harry Jones		21.86	3.7.11	Winchester	Wessex	21.86	3.7.11	21.86	3.7.11
	Harry Jones		21.42	24.7.11	Guildford	Wessex	21.42	24.7.11	21.42	24.7.11
	Jack Higgins	U11B	20.21	24.7.11	Guildford	Wessex	20.21	24.7.11	20.21	24.7.11
	Seth Furniss	U11B	20.39	24.7.11	Guildford	Wessex	20.39	24.7.11	20.39	24.7.11
	Tom Merrill		18.90	25.5.11	Southampton	Open	18.90	25.5.11	18.90	25.5.11
	Jack Renshaw	U10	18.08	3.7.11	Winchester	Wessex	18.08	3.7.11	18.08	3.7.11
	Louis George		16.40	25.5.11	Southampton	Open	16.40	25.5.11	16.40	25.5.11
	Toby Medway		15.40	25.5.11	Southampton	Open	15.40	25.5.11	15.40	25.5.11
	Jack Stafford		10.98	24.7.11	Guildford	Wessex	14.40	25.5.11	14.40	25.5.11
	Travis McDonald-Cook	U10	14.20	2.5.11	Portsmouth	HAA	14.20	2.5.11	14.20	2.5.11