

# TEAM Southampton

## SUMMER ATHLETICS COACHING SESSIONS 2007

*A series of coaching sessions on Tuesdays and Thursdays for 11-15 year olds with qualified athletics coaches.*

**Start date:** Tuesday 17<sup>th</sup> April - Thursday 19<sup>th</sup> July  
(you can join on any Tuesday or Thursday, space permitting)

**Time:** 6.30-7.45pm

**Venue:** Athletics track, Southampton Sports Centre, Bassett.

**Meeting point:** Team Southampton Portacabin

**Fee:** £1.55 track user fee per session  
£20 initial registration fee made payable to Team Southampton at first session, covering all training sessions from April - July 2007, and giving full Team Southampton membership for 2007.

The coaching sessions will cover running, jumping and throwing events on a rota basis. There are some competitions planned. Sessions are open to beginners through to pupils who have competed for their schools.

*Parents/ guardians must attend the first session to complete registration forms. Further enquiries - 01962 846025.*