

Southampton Athletic Club Open Meeting

Held "Under UK Rules"

The Outdoor Sports Centre

Wednesday 16th June 2010

Track

18.30	75m	U11 Girls & Boys U13 Girls
18.35	100m	U13 Boys, U15 Girls & Boys, U17 Women & Men, Seniors
19.00	800m	U13 Boys, U15 Girls & Boys, U17 Women & Men, Seniors
19.15	300m Hurdles	U17 Women
19.20	1200m	U13 Girls
19.25	100m Hurdles	U17 Men
19.30	3000m	U17 Men & Seniors
19.45	300m	U15, U17, Seniors
19.55	1500mSC	U17W, U20W, Senior Women

Field

18.30	Discus	U13, U15 Girls & Boys, U17 Women & Men, Seniors
18.30	Long Jump	All Age Groups
19.10	Hammer	Under 15 Girls & Boys, U17 Women & Men Seniors
19.10	High Jump	U13 Girls & Boys, U15 Girls & Boys U17 Women & Men, Seniors

Southampton AC

Entry for meeting on

Full Name

Date of Birth

Male/Female (Circle as appropriate)

Club/School.....Age Group U11/U13/U15/U17/Sen (Circle as appropriate)

Address

.....

Tel No

Events enteredPayment of.... enclosed

Entry Fee £1.50 per event in advance (£2 on evening of competition)

Cheques payable to Southampton Athletic Club (Please write name in full)

Entries to:- Brian Fisher 26 Ascot Road, Horton Heath, Hants, SO50 7JQ. Tel: 02380 695938