

Southampton Athletic Club Open Meeting

Held "Under UKA Rules"

The Outdoor Sports Centre

Wednesday 14th July 2010

Track

18.30	400m Hurdles	Senior Men & Women
18.40	100m	U11, U13, U15, U17 Boys & Girls Senior Men & Women
19.00	1000m	U15 Boys & Girls Senior Men & Women
19.15	600m	U11, U13 Boys & Girls
19.25	400m	U15 Boys & Girls U17 Boys & Girls Senior Men & Women
19.40	3000m	Senior Men & Women

Field

18.30	Triple Jump	U15 Boys & Girls, U17 Boys & Girls, Senior Men & Women
18.30	Discus	U13 Boys & Girls, U15 Boys & Girls U17 Boys & Girls, Senior Men & Women
19.25	Shot	U13 Boys & Girls, U15 Boys & Girls, U17 Boys & Girls Senior Men & Women

Southampton AC

Entry for meeting on

Full Name

Date of Birth

Male/Female (Circle as appropriate)

Club/School.....Age Group U11/U13/U15/U17/Sen/Vet (Circle as appropriate)

Address

.....

Tel No

Events enteredPayment of.... enclosed

Entry Fee £1.50 per event in advance (£2 on evening of competition)

Cheques payable to Southampton AC

Entries to:-

Brian Fisher 26 Ascot Road, Horton Heath, Hants, SO50 7JQ. Tel: 02380 695938