

City of Portsmouth Athletic Club

Track & Field Meetings: Spring 2004

Mountbatten Centre, Portsmouth

Open Floodlit Meeting: Wednesday 17th March

Commencing 6.30pm Track 7pm Field

Events to be run in the following order

| | | | | | |
|-------|-----------|-----------|-----------|-----------|-------------|
| 60m | U13G/U13B | U15G/U15B | U17W/U17M | U20W/U20M | Sen.W/Sen.M |
| 150m | U13G | U15G | U17W/U17M | U20W/U20M | Sen.W/Sen.M |
| 300m | U13B | U15B | | | |
| 1000m | U13G | U15G | U17W/U17M | U20W/U20M | Sen.W/Sen.M |
| 300m | | | U17W/U17M | U20W/U20M | Sen.W/Sen.M |
| 3000m | U13B | U15B | U17W/U17M | U20W/U20M | Sen.W/Sen.M |

Field Events Long Jump and Shot Putt – All age groups

Entry Fees £1.50 per event by 10th March 2004
£2.00 per event on the night. Register 30min. before the event

Young Athletes Medal Meeting: Sunday 28th March

Commencing 1.30pm

Medals to all competitors. Plaques or medals to winners plus special trophies.

No entries on the day for the Young Athletes Meeting

Track Events

| | | | |
|---------------------------|------|------|-------|
| U11G/U11B | 80m | 600m | |
| U13G/U13B/ U15G/U17W/U20W | 100m | 200m | 800m |
| U15B/U17M/U20M | 100m | 200m | 1500m |



Field Events

U11s LJ
U13/U15/U17/U20 LJ HJ PV SP DT JT

Entry Fees £2.00 per event; 3 events for £5.00 Closing Date 20th March

Entry Form

Maximum of 3 events per athlete at each meeting

First Name..... Surname..... Date of Birth.....
 Address..... Post Code
 Telephone No..... e mail
 Age Group Athletic Club/School

Open Floodlit Meeting: Wednesday 17th March

| | | | |
|---------|---------|---------|--|
| Event 1 | Event 2 | Event 3 | |
|---------|---------|---------|--|

Young Athletes Medal Meeting: Sunday 28th March

| | | | |
|---------|---------|---------|--|
| Event 1 | Event 2 | Event 3 | |
|---------|---------|---------|--|

Complete and send the Entry Form to

Peter Newton Acacia Cottage, Botley Road, Curdridge, Hampshire Hants SO32 2DU

Cheques to be made payable to City of Portsmouth A.C

Enquiries to 01489 781438 or e mail portsmouthac@lineone.net

To help the announcer, please advise overleaf of any notable performances