

**WALTON AC OPEN MEETING SUNDAY 20<sup>th</sup> April 2008.**

**Stompond Lane, Walton on Thames. KT12 1HF**

**TRACK**

**FIELD**

<b>10:30</b>		<b>Long Jump U11 Boys</b>
<b>11:00</b>	<b>400m Hurdles SM, U17M, SL</b>	
	<b>300m Hurdles U17L</b>	
<b>11:20</b>	<b>75m U11Girls</b>	
<b>11:30</b>	<b>100m U13G, U15G, U17L, SL</b>	<b>Long Jump U11 Girls</b>
		<b>Pole Vault start ht 1.50m</b>
<b>11:45</b>		<b>High Jump U13B, U15B</b>
<b>12:00</b>	<b>75m U11Boys</b>	
<b>12:10</b>	<b>100m U13B, U15B, U17M, SM</b>	
<b>12:15</b>		<b>Long Jump U13G, U15G</b>
<b>12:40</b>	<b>2000m s/chase U17M, SM</b>	
<b>12:55</b>	<b>600m U11G, U11B</b>	
<b>1:00</b>		<b>High Jump U13G, U15G,</b>
<b>1:10</b>	<b>800m U13G, U15G, U17L, SL</b>	
<b>1:15</b>		<b>Long Jump U17L, SL</b>
<b>1:30</b>	<b>800m U13B, U15B, U17M, SM</b>	
<b>2:00</b>	<b>Sprint Hurdles 110m SM</b>	<b>Long Jump U17M, SM</b>
	<b>100m U17M, SL</b>	
	<b>80m U15B, U13B</b>	
	<b>80m U17L</b>	
	<b>75m U15G</b>	
	<b>70m U13G</b>	
<b>2:30</b>		<b>High Jump U17L, SL</b>
		<b>Pole Vault start ht 3.00m</b>
<b>2.40</b>	<b>3000m U17L, SL, U17M, SM</b>	
<b>2:45</b>		<b>Long Jump U13B, U15B</b>
<b>3:00</b>	<b>300m U17L</b>	
<b>3:10</b>	<b>400m SL, U15B, U17M, SM</b>	
<b>3:30</b>		<b>Triple Jump U17M, SM</b>
<b>3:40</b>	<b>1500m U13,U15G, U17L, SL</b>	
	<b>U13,U15B, U17M, SM</b>	
<b>4:00</b>		<b>High Jump U17M, SM</b>
<b>4:10</b>	<b>200m U13G, U15G, U17L, SL</b>	
<b>4:15</b>		<b>Triple Jump U17L, SL</b>
<b>4:30</b>	<b>200m U13B, U15B, U17M, SM</b>	

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**Electronic Timing and photo finish will be used**

Age groups may be combined where there are insufficient competitors to hold separate competitions.

Under 20's and Veterans will use the correct hurdle heights for their age group.

WALTON AC OPEN MEETING SUNDAY 20<sup>th</sup> April 2008.

ENTRY FORM

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

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CLUB \_\_\_\_\_

AGE GROUP \_\_\_\_\_

EVENTS

RECENT BEST OR

EXPECTED PERFORMANCE

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Entries to: J Rutherford, 21 Dale Road, Walton on Thames, Surrey KT12 2PY.

Stating : Name, Address, Club, Age Group, Events and recent

best performance or expected performance. Include an s.a.e. for directions if required.

Entry Fee: £ 2.50 per event, cheques payable to Walton AC.

Entries on the day if numbers allow £3.00