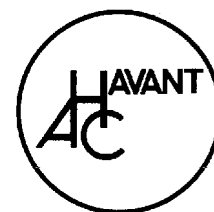


# HAVANT ATHLETIC CLUB

## OPEN TRACK & FIELD MEETING



Saturday 19th April 2008

Mountbatten Centre, Portsmouth

Havant Athletic Club present an open track and field meeting with the following events:

Long Jump	Shot Putt	Hammer	Pole Vault			
100m	200m	300m	400m	800m	1 Mile	3000m

- Cost **£1.50** per event plus **£1.00** for each additional event.
- Entries on the day **£2.00** per event.
- **Cheques payable** to Havant Athletic Club.
- Maximum events: U13 x 3, U15/U17/U20 x 4.
- Send entries to : **Havant Athletic Club Open, 95, Magpie Walk, Cowplain, Waterlooville, Hants. PO8 9XA.**  
*Please enclose a stamped addressed envelope if you require directions.*

Approximate timetable will be as follows:

09.30 Hammer	09.45 300m
10.00 3000m, Shot Putt,	10.20 200m
10.45 800m, Long Jump (women),	11.15 400m
11.40 100m,	11.45 Pole Vault, Long Jump (men)

### 1215 The 1 Mile Challenge

*Field events, minimum of 4 trials.*



SURNAME ..... FIRST NAME ..... SEX .....

ADDRESS .....

COUNTY ..... POST CODE ..... Tel No .....

Club (UKA affiliated) .....

Age category (please tick):

<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>U20</b>	<b>Senior</b>	<b>Veteran</b>

Please tick selected event(s)

<b>LJ</b>	<b>SP</b>	<b>Hammer</b>	<b>PV</b>					

<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1 Mile</b>	<b>3000m</b>		

Entry Fee enclosed .....

Please send to : Havant Athletic Club Open, 95, Magpie Walk, Cowplain, Waterlooville, Hants. PO8 9XA